

The 507 Express

Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

This Month:

- Tots and Moms
- Covid-19 & influenza vaccine
- Pickleball – winter schedule
- Haliburton Highlands Land trust
- Christmas Hamper
- Winter Driving
- Home Escape Plan
- The 507 Express Cookbook
- Rabies Clinic
- Fire Safety Tips – Heating
In the Kitchen

507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:

Classified - \$2.00 per month
¼ page - \$10.00 per month

1/8th page - \$5.00 per month
½ page - \$15.00 per month

- The lord gave us two ends – one to sit on and the other to think with. Success depends on which one we use the most.
- Old age is like everything else. To make it a success of it, You've got to start young
- Reading while sun-bathing makes you well red.
- When two egotists meet, it's an I for an I.
- A bicycle can't stand on its own because it's two tired.
- What's the definition of a will? It's a dead giveaway.
- A chicken crossing the road is poultry in motion.
- You feel stuck with your debt if you can't budge it.
- Those who get too big for their britches will get exposed in the end.
- Optimism is a cheerful frame of mind that enables a teakettle to Sing, though it is in hot water up to its nose!



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns. Letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

Editor: Katherine Warren

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0
Phone Number: 705-657-8912

Email: kathy507@yahoo.ca

Donations towards publication are gratefully received!

Community Report

Progressive Euchre



Every Thursday Afternoon

1:00 pm until 3:30 pm

Cavendish Community Centre

18 Community Complex Drive,

County Road 507, Ontario

Tel: (705) 657-1192

\$5.00 per person

Knit and Lit



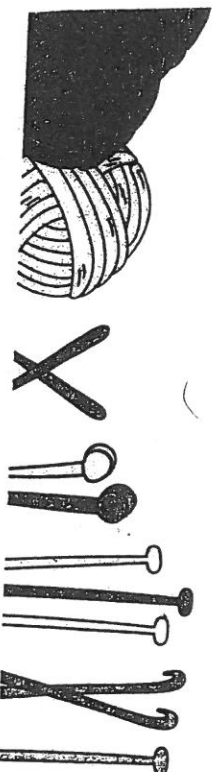
Tuesday mornings at 11:00

Join us at the Buckhorn branch to resume our
Knit and Lit program! Bring whatever project you are working on!

Need yarn? Check out our yarn exchange program!
We have lots of free patterns too!

If you make an item to donate to the Trent Lakes Outreach Centre
or LAWS, TLPL will deliver it!

Please join us every Tuesday morning for the program!



Trent Lakes Public Library
5 George Street
Buckhorn, Ontario K0L 1A0 | 705-657-3695
www.trentlakeslibrary.ca

MUNICIPALITY OF TRENT LAKES CHRISTMAS HAMPER PLANNING IS UNDER WAY NEED A CHRISTMAS HAMPER?

Municipality of Trent Lakes Christmas Hamper Committee is now planning their 2023 program. All those who are a resident in the Municipality and in need of a Christmas Hamper can call the Municipal office at 1-800-374-4009 or 705-738-3800 and request an application. The completed applications must be returned to the Municipal office by FRIDAY, DECEMBER 8TH. It is important that those in need of a hamper fill out and return their application by the deadline, so that the volunteers assembling the hampers have the information about each family make-up. The volunteers who shop for the hampers need this time to get the shopping done. The hampers can be picked up at the Buckhorn Community Centre between NOON and 1p.m. on Saturday December 16.

DONATIONS NEEDED

Those wishing to donate can do so by delivering or mailing a cheque or taking cash to the Municipality of Trent Lakes Office, 760 Peterborough County Road 36, Trent Lakes Ont. K0M 1A0, with clear indication that it is for the Christmas Hamper Fund. An income tax receipt will be issued for donations over \$10. Also look for the decorated collection boxes and jars at local businesses for donations of toys, non-perishable food items, and loose change. Drop-off boxes and /or jars are located at the Municipality of Trent Lakes office, Cavendish Community Centre, Buckhorn Foodland, Buckhorn Community Centre, Flynn's Store, Buckhorn General Store, Buckhorn Pharmacy, Buckhorn Home Hardware, Country Market, Buckhorn Tourist Centre, Oakshore's Community Centre and the Lakehurst Hall. We believe that the need this year will be greater than ever with the world economy, wage freeze, GST tax and high level of unemployment in our rural areas.

Please do what you can to help make the holiday season a little brighter for many families in our area.

"The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$25.00

This would make a great Christmas gift!



In Flanders Fields

By: Lieutenant Colonel John McCrae, MD (1872-1918)
Canadian Army

In Flanders Fields the poppies blow
Between the crosses row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



Last month we asked for help for a friend and neighbour who needed our assistance. Many of you remember Dave Potter from his time working at the Cavendish Transfer Station as well as those who had him do odd jobs for them.

We have had a couple of fire wood bees to help him be prepared for the winter and would like to thank everyone for the great response. We have another day set for the end of October which should supply him with enough wood to do him for the winter. The wood crew were amazing!

We also obtained a larger propane tank for him and donations which will help to cover the cost of the propane which he uses when he is not up to operating the wood stove.

As well, donations of cash and non-perishable food items continue to be dropped off and Dave has also been enjoying some great prepared meals that just had to be reheated – for those days when he isn't up to cooking.

We would like to thank everyone for helping Dave through this difficult time – we are fortunate to live in such a caring community! Donations can be dropped off at the Cavendish Community Centre during regular library hours on Wednesdays and Saturdays.

Thank You!

Tots and Moms

Wednesday Mornings 10:00 – 11:30
Cavendish Community Centre

Active playtime for children five and under accompanied by a parent or responsible caregiver. This is also an opportunity for moms to get together to support one another.



COVID-19 and Influenza Vaccine Eligibility Updated

XBB.1.5 COVID-19 Vaccine and Influenza Vaccine Now Available to Residents 6 Months and Older

Starting today, all residents over the age of 6 months are now eligible to book an appointment for their fall COVID-19 and Influenza vaccines.

The XBB.1.5 COVID-19 vaccine is recommended for all residents over the age of 6 months. This vaccine, which better protects against the new Omicron XBB variant, can be received by those who have not received a COVID-19 vaccine and those who have not received a COVID-19 vaccine within the last 6 months (168 days). Individuals who have been previously vaccinated but have had a COVID-19 infection recently are asked to wait 6 months after the infection, and at least 6 months after the last COVID-19 vaccine dose, to receive their fall dose.

“COVID-19 continues to circulate at a high rate in our community and we have confirmed that Influenza has arrived,” says Dr. Thomas Piggott, Medical Officer of Health. “Receiving a fall COVID-19 vaccine, which is a new vaccine against COVID-19 XBB strains, and the Influenza vaccine is important protection for everyone and I recommend you book an appointment to get yourself protected.”

Booking a Vaccine Appointment: COVID-19 Vaccine -

- Receive the vaccine at a local participating pharmacy. Review appointment information before booking
- Book an appointment with the Provincial Vaccine Booking Centre
 - Online at covid-19.ontario.ca/book-vaccine. OR
 - Over the phone Monday to Friday from 8:30 a.m. to 5:00 p.m. at 1-833-943-3900
- **Please note – Peterborough Public Health COVID-19 Vaccine Clinics are in high demand. If residents do not see clinic availability on the provincial booking system, this means all available clinics are full. Please connect with a local pharmacy OR check back later for more appointment openings.**

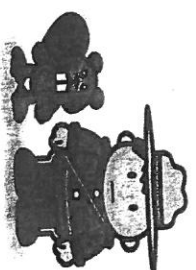
Influenza Vaccine -

- Receive the vaccine at a local participating pharmacy. Please note – local pharmacies only administer the influenza vaccine for residents over the age of 2 years.
- Primary Care Provider

- Book an appointment at a Public Health clinic. **Please note – these clinics are available for residents under the age of 2 years and their immediate family members.**

Novavax XBB COVID 19 vaccines are still awaiting approval from Health Canada and are therefore not available at this time.

For more information about COVID-19, vaccine eligibility, and clinic availability, visit <https://www.peterboroughpublichealth.ca/novel-coronavirus-covid-19/>



How Well Do You Know Your Country?

1. Which of the following provinces or territories is experiencing lower population growth than the national average in Canada?
 - a.) Nunavut
 - b.) Northwest Territories
 - c.) British Columbia
 - d.) Alberta
2. Vehicle licence plates for the northwest territories of Canada are shaped like what Native animal?
3. Which of the following are the top three countries of birth of recent immigrants to Canada?
 - a.) United States, Syria, France
 - b.) South Korea, Syria, China
 - c.) Philippines, India, China
 - d.) Philippines, France, Pakistan
4. Which Canadian singer had a hit with "You're Still The One"?
5. What is the term given to a small coastal community in Newfoundland and Labrador?
6. Canada is home to the global strategic reserve supply of what substance?
7. In which part of the Inuit Nunangat homeland are Nain, Hopedale and Makkovik located?
 - a.) Inuvialuit
 - b.) Nunavut
 - c.) Nunavik
 - d.) Nunatsiavut
8. Where is the novel "Anne of Green Gables" set?
9. Which of the following names do Acadians use to refer to their deportation from Canada in the 1700's?
 - a.) The Great upheaval
 - b.) The Great Expulsion
 - c.) The Great Danger
 - d.) Le Grand Derangement
10. Which famous baseball player hit his first home run on the Toronto Islands when he was a rookie?

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We want your natural corks!



Survivors Abreast Dragon Boat team is thrilled that **The Village Wine Shoppe in Bridgenorth** has offered the proceeds from their cork collection program to our team as a fundraiser!

In partnership with Jelinek Cork Group, your natural corks will be recycled and made into products such as flooring, wall tiles and bulletin boards.

In addition to helping the environment, you will be supporting a great cause!

Money raised will help defer costs for Survivors Abreast dragon boat team to represent Peterborough and surrounding area at International Dragon Boat Festivals.

Please drop your corks off at these locations:

The Village Wine Shoppe- 874
Ward St. Bridgenorth
The Wine Shoppe - 392 Brock St in
Peterborough
Little Gull Marina - 144 Mississauga
Lake Rd, Trent Lakes

OR, if you know a Survivors Abreast
paddler,
give them your corks!

**Thank you
for your
support!**

Cavendish Community Centre is on facebook! Find us and follow us at facebook.com/CavendishCommunityCentre. It's a great way to stay in touch with what's happening at the CCC.



If you are already following us, you may have noticed some recent activity on our page. We are getting it up to date and adding all the activities and events that are happening at the Community Centre. If you would like to update or add an event, please message us through facebook or email kathy507@yahoo.ca. Thanks!

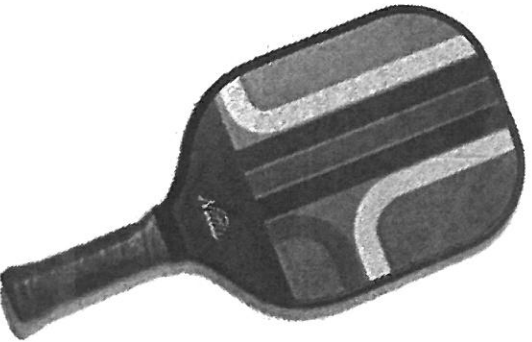


Weather predictions for this month.

The weather for the 1st to the 7th will be warmer than normal for this time of the year. The week of the 8th to the 14th will start out mild but get cooler after the 10th and rain showers are possible every day. There will be seasonable temperatures and mostly sunny for the 15th to the 21st, except for around the 18th and 20th which will bring more showers. The 22nd to the 28th will start out with temperatures in the expected range for this time of the year and then unseasonably warmer to end of the week. Again, you can expect rain on the 24th and 25th of the month. Surprise, surprise – rain and cooler for the 29th and 30th.

Dining Room Suite For Sale

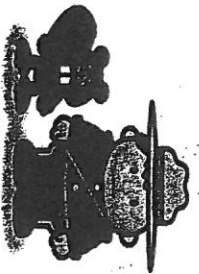
Beautiful older dining room suite for sale, includes dining table with six chairs, sideboard and china cabinet. If interested in viewing please see Sue and Joanne at the Cavendish Library during regular Wednesday and Saturday hours. You can also make arrangements to view by contacting Kathy at 705-657-8912 or 705-772-2090 or by email at kathy507@yahoo.ca



Pickleball – Winter Schedule Cavendish Community Centre

Monday, Wednesday and Saturday
Afternoons 1 – 4

Tuesday, Thursday and Saturday
Mornings 1 – 4



HOW WELL DO YOU KNOW OUR COUNTRY - ANSWERS

1. b.) Northwest Territories
2. Polar Bear
3. c.) Philippines, India, China
4. Shania Twain
5. Outport. Other possible answers: outharbour, out port, out harbour, out-port, out-Harbour
6. Maple Syrup
7. d.) Nunatsiavut
8. Prince Edward Island
9. a.) The Great Upheaval b.) The Great Expulsion and d.) Le Grand Derangement
10. Babe Ruth



THE HOCKEY PUCK



Hockey pucks are kept in a freezer or ice cooler to reduce bounciness during the game. They're changed after every two minutes of playing time. The NHL uses an average of twenty-five to thirty pucks per game.

Early hockey pucks were square blocks of cherrywood. Eventually, someone had the idea of cutting a rubber lacrosse ball into thirds and using the middle section as a puck. The first round pucks appeared in the 1800s, and were developed by the Victoria Hockey Club of Montréal.

In 2012, Swedish player Alexander Wennberg scored by carrying the puck across the goal line in his pants. Wennberg didn't realize the puck was there, and it fell out as he crashed the net. The goal was considered legal.

Canada is one of four major producers of hockey pucks. The others are Russia, the Czech Republic, and China.



Hockey pucks are made of vulcanized rubber. The puck is nicknamed a *biscuit*, and to "put a biscuit in the basket" means to score a goal. In 1978, the song "Rubber Biscuit" was a hit for the Blues Brothers, an R & B band featuring comedians John Belushi and Ottawa-born Dan Aykroyd.

NASA astronauts learn how to move large objects in microgravity by manipulating a "two-ton hockey puck" over a special floor that's similar to a giant air hockey table. But astronauts use real hockey pucks too—in January 2013, Chris Hadfield dropped the ceremonial first puck for a Maple Leafs home opener from the International Space Station.



Dates to Think About

- 1st – Day of the Dead
- 3rd – National Sandwich Day
- 4th – End of Polar Bear Week
- 5th – Daylight Savings Time – clocks go back an hour
- 11th – Remembrance Day
- 13th – World Kindness Day
- 14th - Pickles Day
- 18th – Apple Cider Day
- 24th – Buy nothing Day
- Black Friday
- 26th – National Cake Day
- 28th – Giving Tuesday

Help Wanted: Looking for a high school/college student(s) to assist with lawn care, mowing, weeding and spring/fall clean up. Will pay \$20 per hour. Please email if interested: josephpieggi3051@icloud.com



**Haliburton
Highlands
Land Trust**

Momentum Builds for the Highlands Corridor

Over the past four years the Haliburton Highlands Land Trust (HHLT) has been developing the concept of the Highlands Corridor as a nature-based solution to building climate change resilience, protecting lands and waters, and maintaining biodiversity. The Highlands Corridor covers approximately 100,000 hectares encompassing southern Haliburton County and northern Peterborough County. The Corridor connects three provincial parks in Ontario: Queen Elizabeth II Wildlands, Kawartha Highlands, and Silent Lake.

Perched on the southern edge of the Canadian Shield, the corridor is comprised of a combination of forests, lakes, wetlands, and rocky barrens. Protection and maintenance of healthy habitats in the corridor benefits the whole ecosystem, including the lakes and wildlife we love. Highway 507 runs down the south-central section of the Highlands Corridor from Goodeham to eastern tip of Catchacoma Lake near Baldwin Bay Road. The Catchacoma Forest also lies within the boundary of the Highlands Corridor.

This swath of land is high in biodiversity including 42 identified Species at Risk, 30 provincially significant species and 48 regionally rare species. The HHLT is seeking protection of the 60,000 hectares of unceded Crown land within the Highlands Corridor as a conservation reserve.



Pitcher Plant. Paul Heaven 2021

In February 2023, the County of Haliburton passed a resolution of support. MPP Laurie Scott hosted a very successful reception at Queen's Park in June and in August the Ministry of Environment, Conservation and Parks consulted with HHLT Project Biologist, Paul Heaven to gather information about the Highlands Corridor, commending the HHLT on the comprehensiveness of their research, and the establishment of local and provincial support.

Most recently the Coalition of Haliburton Property Owners' Associations and Northern Kawartha Lakes Association have both endorsed the project.

Private landowners in the Highlands Corridor have also demonstrated support by joining the Partners in Conservation (PIC) program. 18 private landowners have joined PIC by enrolling in the Managed Forest Tax Incentive Program. This program gives a significant tax break to landowners who provide good stewardship of their forested property. Over 1800 hectares of private land has been added, creating an important connectivity component to the Crown land within the corridor.

Is Your property in the Highlands Corridor? Visit the Highlands Corridor website at www.highlandscorridor.ca, which includes a map of the corridor and an interesting video outlining the details of the Highlands Corridor project. If you have any questions about the Highlands Corridor or the Partners in Conservation program, you can contact Rick Whitteker at 705 879-5728 or by email at pic@haliburtonlandtrust.ca.

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on Site

Quality Products and Service

Hours: 6 a.m. to 7 p.m.

ATM Machine, ATV Trail Passes, Baked Goods



Recipe of the Month

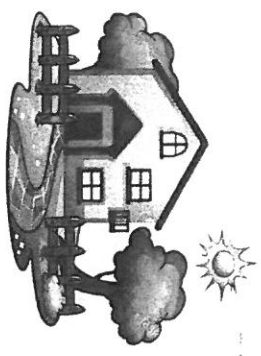


SAVOURY CARROT BAKE

2 lb chopped carrots
1/4 cup chopped onions
1 tsp salt
1 tsp sugar, optional

1/4 tsp basil
1/4 cup butter
1/2 cup boiling water

Cut washed carrots into 1/4 inch thick slices. Put carrots and onions into casserole with tight fitting lid. Sprinkle with salt, sugar and basil. Dot with butter. Pour on boiling water and mix gently. Cover tightly and bake at 350° F for 40 minutes or until tender.



HOUSEHOLD HINTS

- Whiten teeth with a paste of baking soda and water; let sit a few minutes, then rinse.
- Add baking soda to a cool bath to soothe sunburn,, poison ivy, sumac; measles, chicken pox and hives.
- Use a toothbrush dipped in baking soda to clean and freshen retainers and dentures.
- Run baking soda through coffee makers to freshen pots and carafes.
- Fresh potpourri is great in an open dish for the bathroom. Toss it around once in a while to freshen the scent.
- Burning a scented candle in the bathroom occasionally is a great way to freshen the room.
- To remove a decal try to warm the decal a little with a hair dryer. Then scrape off after rubbing with petroleum jelly (Vaseline) or soaking in vinegar and warm water.
- To clean you chrome fixtures rub with undiluted white vinegar. Leave five minutes. Rinse well. Use elbow grease.
- Glass shower doors should be rubbed with a sponge dampened with white vinegar.
- Drop 1 denture tablet or 1000 mg Vitamin C tablet into the toilet tank, once a month to clean away lime and scale build-up from the water Brush off



Mudge Cottage Care

Bill and Marina Mudge Working and Living on the Catchacoma Chain of Lakes

705-657-1694 cell
Or 705-400-7795

Marinamudge@gmail.com

- Tree cutting and brush removed
- Lawn care, mowing and whipper Snipping
- Leaf blowing and raking
- Gutter and eaves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

Please keep the Cavendish Youth Group – Community Centre in mind while getting ready for winter. If you happen to have any of the following items they would be greatly enjoyed by the youth of our community while playing at the Cavendish Community Centre.

Items we are looking for:

- Basketballs
- Soccer balls
- Youth hockey sticks
- Little Tyke Foot Peddled Vehicles

Thank You!



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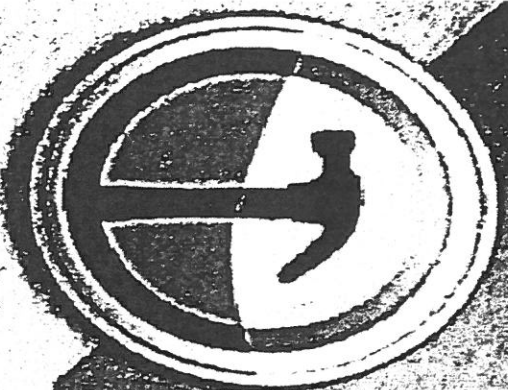
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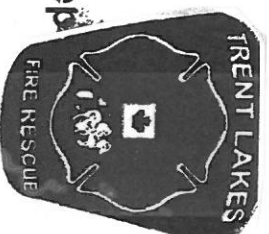


Puzzling Times

116. "You are here"

- [illegible]

Home Escape Plan



When a fire occurs, there is no time to waste. That is why it is so important to sit down with your family today and make a step-by-step plan for escaping from a fire.

Draw a floor plan of your home, marking two ways out of every room - especially sleeping areas. Discuss the escape routes with every member of your household. Agree on a meeting place outside your home where every member of the household will gather to wait for the fire department. This allows you to count heads and inform the fire department if anyone is trapped inside the burning building. Practice your escape plan at least twice a year. Have a fire drill in your home. Appoint someone to be a monitor and have everyone participate. A fire drill is not a race. Get out quickly, but carefully. Make your exit drill realistic. Pretend that some exits are blocked by fire and practice alternative escape routes. Pretend that the lights are out and that some escape routes are filling with smoke.

[Print out an escape plan template](#)

Be Prepared

Make sure everyone in the household can unlock all doors and windows quickly, even in the dark. Windows or doors with security bars need to be equipped with quick-release devices and everyone in the household should know how to use them.

If you live in an apartment building, use stairways to escape. Never use an elevator during a fire. It may stop between floors or take you to a floor where the fire is burning.

If you live in a two storey house, and you must escape from a second storey window, be sure there is a safe way to reach the ground. Make special arrangements for children, older adults and people with disabilities. People who have difficulty moving should have a phone in their sleeping area and, if possible, should sleep on the ground floor.

Test doors before opening them. While kneeling or crouching at the door, reach up as high as you can and touch the door, the knob and the space between the door and its frame with the back of your hand. If the door is hot, use another escape route. If the door is cool, open it with caution.

If you are trapped, close all doors between you and the fire. Stuff the cracks around the doors with towels or blankets to keep out smoke. Wait at a window and signal for help with a light coloured cloth or a flashlight. If there is a phone in the room, call 911 and tell the operator exactly where you are.

Get Out Fast ...

In case of fire, do not stop for anything. Do not try to rescue possessions or pets. Go directly to your meeting place and then call the fire department from a neighbour's phone. Every member of your household should know how to call the fire department.

Crawl low under smoke. Smoke contains deadly gases and heat rises. During a fire, cleaner air will be near the floor. If you encounter smoke when using your primary exit, use your alternate escape plan. If you must exit through smoke, crawl on your hands and knees keeping your head 12 to 24 inches (30 to 60 cm) above the floor.

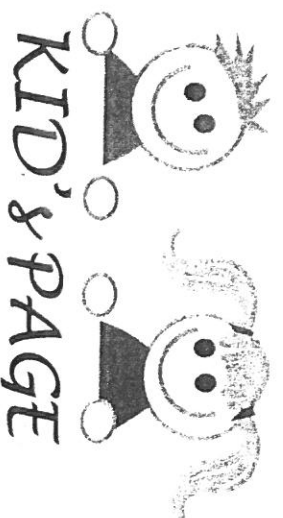
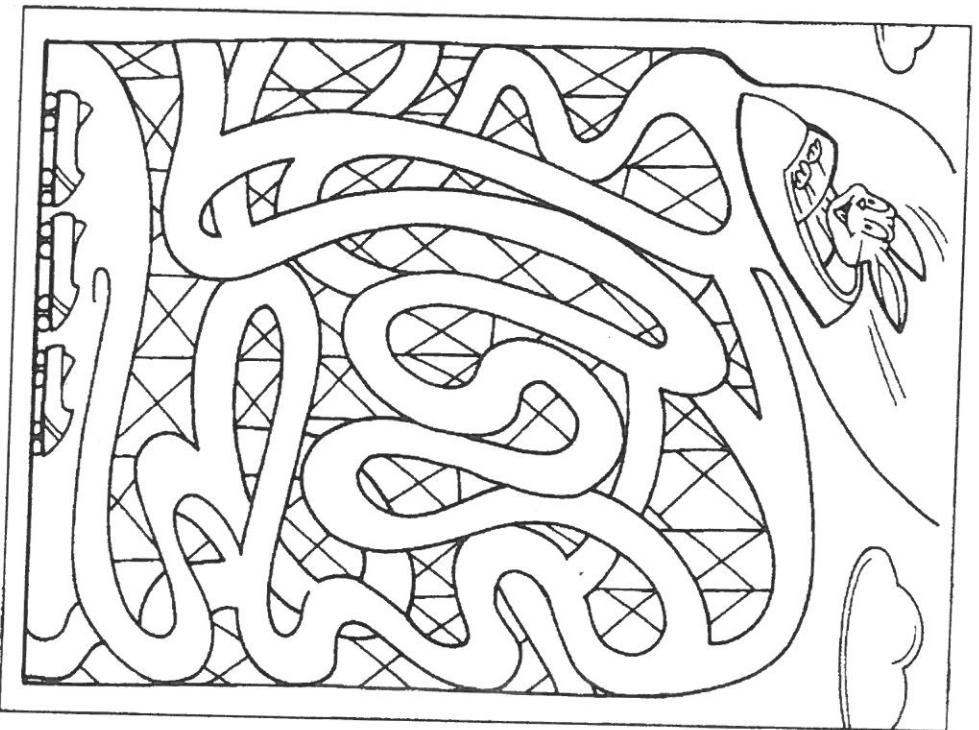
... And Stay Out

Once you are out of your home, do not go back for any reason. If people are trapped, firefighters have the best chance of rescuing them. The heat and smoke of a fire are overpowering. Firefighters have the training, experience and protective equipment needed to enter burning buildings.

Play It Safe....

More than half of all fatal home fires happen at night while people are asleep. Smoke alarms are set off when a fire starts, alerting people before they are trapped or overcome by smoke. With smoke alarms, your risk of dying in a home fire is cut nearly in half. Install smoke alarms outside every sleeping area and on every level of your home, including the basement. Test smoke alarms monthly. Change all smoke alarm batteries at least once a year. If your smoke alarm is more than 10 years old, replace it.

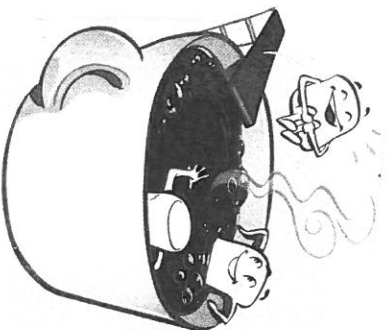
If you have any questions regarding fire safety, please contact your local fire department.



KID'S PAGE

What did the
marshmallow
say to the hot
chocolate?

"I'm coming!"



Say this 10 times fast:

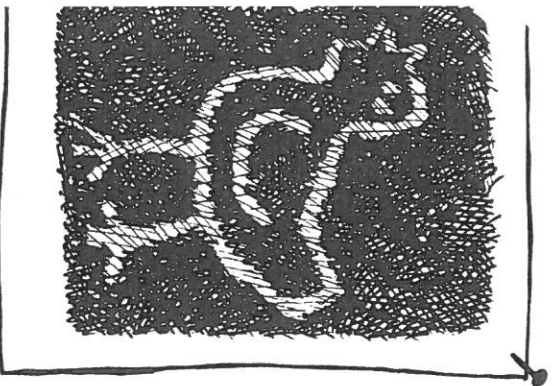
Cool crafty
crafts!

Crayon magic pictures

Use watercolor paints, such as the type you find
in a paint box, for this neat project.

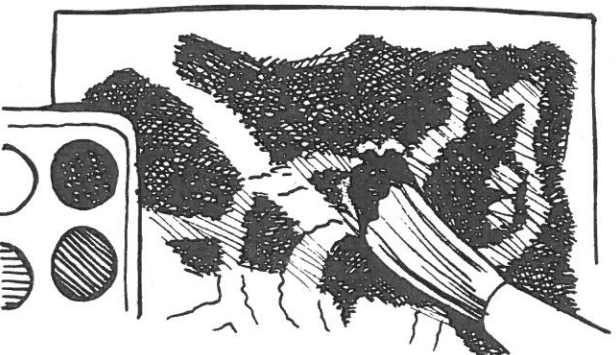
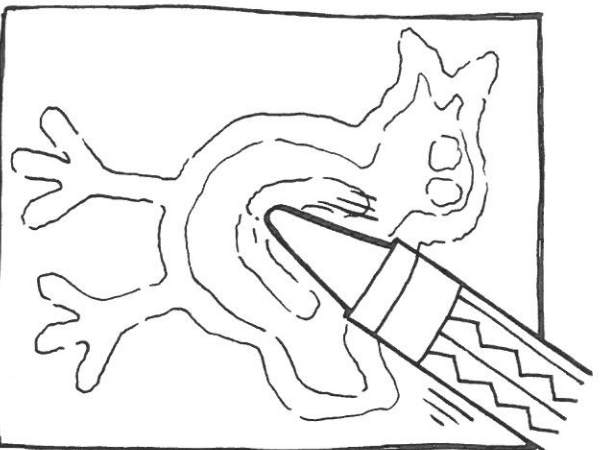
1. Use the white crayon
to draw a picture on the
paper.

2. Paint over it. The
picture will appear like
magic!



Where do polar
bears vote?

The North Poll.



You will need

- white paper
- ⊙
- a white crayon
- ⊙
- watercolor paint
- ⊙
- a paint brush and
water

More ideas

Leave someone a mystery message by using a white
crayon on white paper. He or she will have to paint the
paper to get the message!

⊙

Instead of painting over paper with one color of paint,
use a rainbow of colors.

What is the most
musical bone?

The Trom-bone.

Well-balanced meals!

What do tightrope
walkers eat?



Landscaping
Armour Stone
Lot Clearing
Foundations
Septic Systems
Property Maintenance
and much more....

Connor

705-930-3901

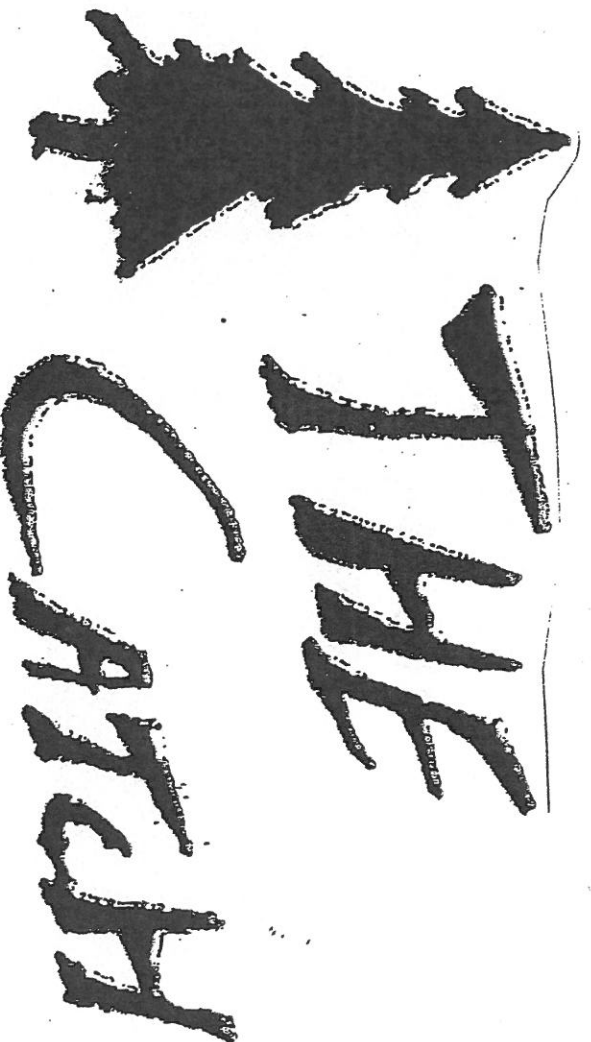
Jim

705-933-0420

NEW HOURS

Thursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays

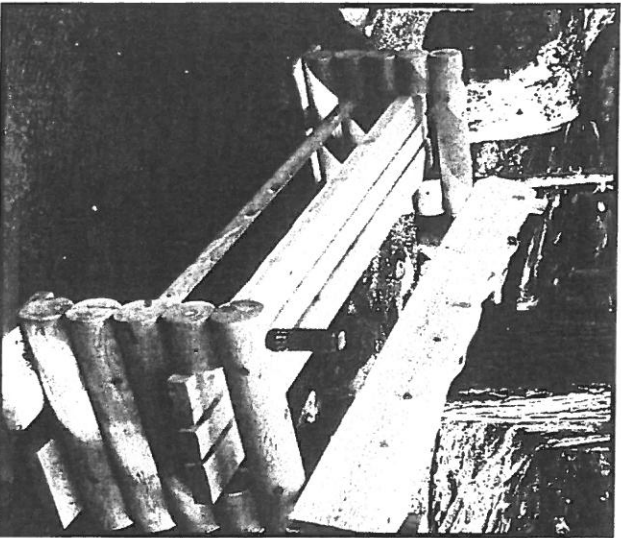


Fast Food Take-Out

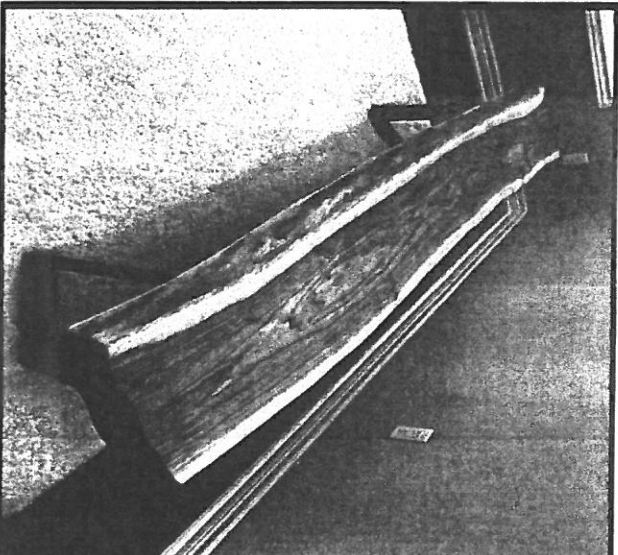
705-313-9947

Unique Cottage furniture pieces. Lumber sourced locally. Samples below. Can also do custom pieces. Please contact Phil: Cell 416 420 1357. Catchacoma Lake.

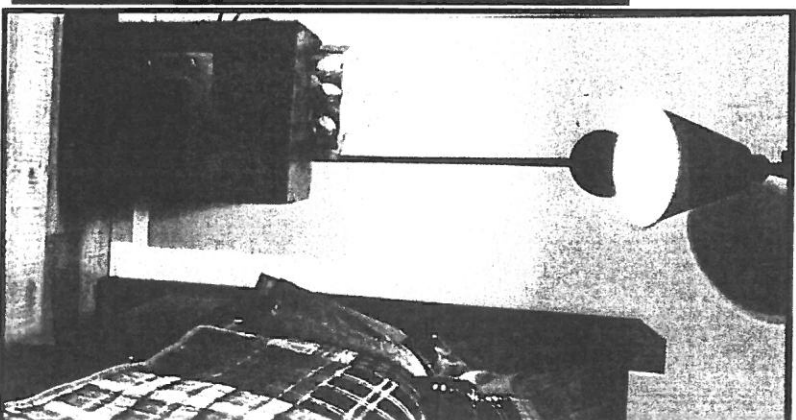
Cedar Fire pit benches.
8" length.



Very unique large Butternut slab benches. 9'1" long, 17" wide, 3 1/2" thick
Cut from Kawartha Ontario.



Trent Dam timber. Night stands



Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$2.00 per person per night. For more information please contact: Rick @ 705-657-3600

Good Buy Room Thrift Store

Hours:

Thursday – Saturday

10am – 4 pm

Lakehurst Road

Buckhorn

(Below Buckhorn Library)



Food for Fines

This summer TLPL is doing a "Food for Fines" program where we will waive your fines with a donation for the Trent Lakes Outreach Centre Food Bank! You can drop off any non-perishable items at either branch of Trent Lakes Public Library.

Items that are needed include:
canned/non-perishable meat, stews,
vegetables, as well as personal hygiene
& laundry/cleaning products.

Let's help out the community and fill
the donation bins!



Trent Lakes Public Library
5, George Street
Buckhorn, Ontario K0L 1J0 | 705-657-3695
www.trentlakeslibrary.ca

507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name: _____

Address: _____

Postal Code: _____

Please make cheque payable to: Cavendish Culture and Recreation Committee

Mailing Address: Cavendish Culture and Recreation Committee

32 Community Complex Drive,

Trent Lakes, Ontario

K0L 1J0



Randy Ross, REALTOR®
CENTURY 21 United Realty Inc. BROKERAGE

Thinking of buying or selling? Put a lifetime of area experience and 25 years as a Catchacoma/Mississagua Lake system cottager to work for you!

I am not just selling a property and building; I am selling a lifestyle that I enjoy and am extremely passionate about.

Big or small, water or road access, new or lifelong family treasure - I have the knowledge and experience to showcase your property the way it deserves.

If you are thinking of selling, please contact me for a no obligation meeting to discuss your unique property, the current market trends and how I will showcase your property to its best potential.

Independently owned & operated. Not intended to solicit those currently under contract with a brokerage.



RICK ASLING PLUMBING

Please be advised that no matter what you might read on Google, Rick is still open for business.

For all your plumbing need please call:

705-657-3600

There is an answering machine but for best results please call between 7 and 10 p.m. and talk to Rick.

Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive
Trent Lakes, Ontario, K0L 1J0

Application for/Renewal of CCRAI Membership

☐ I am RENEWING my membership for 2023

☐ I am APPLYING for membership for 2023

☐ I am donating to CCRAI Lake and Water Quality Programs

Name of Member/Applicant: _____

Additional Member in Household: _____

Address: _____

City: _____

Postal Code: _____

Home Phone: _____

Cavendish Phone: _____

Do you prefer to receive your yearly newsletter electronically via email? _____

Email Address: _____

Cavendish Address (Lake/Lot & Conc): _____

Waterfront: Yes No

The Cavendish Community Ratepayers Association Inc., (CCRAI) hold two public meetings every year, one in June and August. A variety of notable speakers and subject matter experts provide presentations on topics that are important to property owners in Trent Lakes.

The Board of Directors monitor Trent Lakes Council meetings as well as track all large files and projects underway within the Municipality. Our goal is to ensure that all projects are properly prioritized and that our tax revenues are utilized in the most efficient manner possible.

Membership is open to any resident of Trent Lakes. The annual membership fee is still only \$20.00 per year. If you have not renewed your 2023 membership yet, there is still time. If you are not sure we can always check our registry to confirm if you have renewed this year.

For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>

A	V	I	D	A	N	G	L	E	S	A	R	I	A	P	H	I	D
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Puzzling Time Answers:

BIRTHDAYS & ANNIVERSARIES!



2nd Shelby Murphy
 3rd Riley Lambshead
 4th Lauren Hill
 11th Jim Wilson
 13th Meer Serenity von Seuban
 14th Mackenzie Callan
 18th August Pike
 Justin Kukemueller
 19th Mary Dalton
 Molly Cadigan
 21st Don Bowles
 Ryan Harran
 Ari Asling
 Keith Miller
 22nd Bree Blaney
 Margaret Gillingham
 23rd Emily Burke
 Grant Bowles
 24th Clover Parent
 Lochlan Parent
 25th Albert Pantaleo
 Charlynn Asling
 26th Eric Dalton
 29th Mechan Gallacher
 30th Charlotte Cooling



Happy Anniversary

5th Sheila & Al Asling
 14th Doris & Hugh Maclellan
 Nicole & Craig Rixen

If you would like to have a birthday or anniversary added please
 contact Kathy@705-657-8912 or kathy507@yahoo.ca

Ontario Certified Marine Mechanics

Custom Docks
 Service Calls
 Gas & Propane

General Store

Boat & Snowmobile storage

Meat supplied by the Butcher Shoppe
 Chainsaw sharpening and replacement

NEW & USED boat, snowmobile,

trailer & ATV sales

Painting & Structural repairs:
 fiberglass, aluminum, gel coat, etc.

Shrink wrap & Winterization

Tops: new & repairs

Prop repair

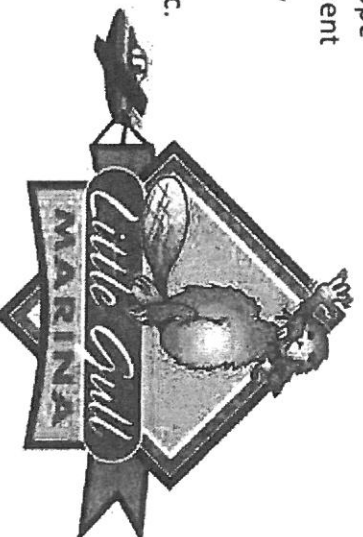
Boat & Canoe Rentals

Snowmobile & ATV repairs

Insurance Claim handling

Spring water

Welding



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Monday-Friday

November Store

Hours:

9am-4pm

CLOSED ON SUNDAY

Customer Service is #1!

Peterborough Public Health Partners with Local Veterinarians to Offer Low-Cost Rabies Clinics

Protect your Pets and Family this Fall

Peterborough Public Health (PPH) is teaming up with local veterinarians to offer multiple clinics across the County and City of Peterborough to protect pet dogs and cats against rabies. These vaccinations are low-cost at \$35 - \$40 per pet (cash only). No appointments needed and walk-ins will be accepted as supplies last. Dogs must remain on leash, and cats must be in a secure carrier or restrained. Owners should bring proof of their pet's most recent rabies vaccinations if available.

Upcoming Clinics

- Saturday, October 28 from 9:00 a.m. to 12:00 p.m. with Buckhorn Veterinary Services at Trent Lakes Municipal Office (7660 Peterborough County Road 36, Bobcaygeon, ON)
- Saturday, October 28 from 10:00 a.m. to 2:00 p.m. with Norwood Veterinary Services at the Asphodel-Norwood Community Centre, Millennium Room (88 Alma Street, Norwood ON)
- Friday, November 3rd from 10 a.m. to 2p.m with VCA Jackson Creek Animal Hospital and St. Vincent de Paul Food Pantry, at the Vinnie's Food Pantry (256 Murray St, Peterborough ON)
- Thursday, November 30 from 6:30 p.m. to 8:00 p.m. with Champlain Animal Hospital at the Marshland Centre (64 Hague Blvd, Lakefield, ON)

The clinic schedule can be found online at www.peterboroughpublichealth.ca/rabies/

"We are very grateful for our veterinary partners who are making rabies vaccination more accessible in our communities," says Julie Bromley, Manager of Environmental Health, who oversees the rabies prevention and control program at PPH.

"So far this year we have investigated 308 potential rabies exposure incidents. Last year we investigated a total of 309 incidents. We are finding that many local dogs and cats are not up to date with their rabies vaccinations." Bromley continues, "Not only is it the law, but vaccination is also the easiest way to protect your pets and family from rabies. If your cat or dog is not up to date, we highly recommend taking advantage of these upcoming low-cost clinics."

All dogs and cats are required to be vaccinated against rabies at three months old and maintain their booster shots under regulation 567 of the Health Protection and Promotion Act. However, vaccinated animals can still become infected with and transmit rabies. It is important to always be mindful of your pet's behaviour and seek the help of a veterinarian if you believe your pet is acting strangely or is exhibiting signs of rabies.

If you believe you or a family member has had contact with an animal suspected to be rabid, or are bitten or scratched by an animal, immediately wash the area thoroughly with soap and water, seek medical advice, and contact Peterborough Public Health at 705-743-1000 to report the incident.

For more information about rabies prevention, please visit www.peterboroughpublichealth.ca/rabies-prevention/



Cavendish Branch Library



Cavendish Branch Library is open Wednesday and Saturdays 10 am to 4 pm. New books continue to arrive at the branch. *Planting for Pollinators* by Heather Angel is Joanne's pick for November. Sue's pick is *In Mary's Kitchen* by Mary Berg. Also new to Cavendish Library is Lee Child's *The Secret*; Michele Campbell's *The Intern*, and Shoichi Tanabe's *Growing Succulents*.

Remember, free Wi-Fi available 24/7 plus your library card gives you online access to books, audiobooks, and magazines any time you want through the **LIBBY** app.

Storytime and crafts also available on a drop-in basis.

Stay warm and read a good book or watch an amazing movie from the library!

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Trent Lakes Fire Rescue Recognition Ceremony

On Monday, October 2nd, 2023 Trent Lakes Fire Rescue held a recognition ceremony to acknowledge the dedication of the firefighters that we have in our municipality. These award were for courses and achievements that had occurred over the past few years and postponed due to Covid 19. They had presentations for those firefighters that had completed certificate courses, years of service awards, retirement recognition and acknowledgment of all the firefighters in Trent Lakes Fire Rescue.

For our hall which is known as Cavendish Hall or Hall #2 there were several awards presented. They are as follows:

NFPA 1001 Firefighter Level 1 & 11

Lawson Hill
Logan Hill

Eastern Ontario Emergency Training Academy Firefighter Maurice Aubrey

NFPA 1002 Fire Apparatus Driver/Operator Logan Hill

NFPA 1035 – Public Life & Safety Educator 1 John Harvey Joanne O'Heron

NFPA 1072 Hazardous Materials –Awareness John Harvey Logan Hill Johanne O'Heron

NFPA 1072 Hazardous Materials – Operations Core with PPE and Product Control Lawson Hill Logan Hill

5 Years of Service Joanne O'Heron

10 Years of Service
John Harvey

15 Years of Service
Joe Staszewski

20 Years of Service Wes Lake

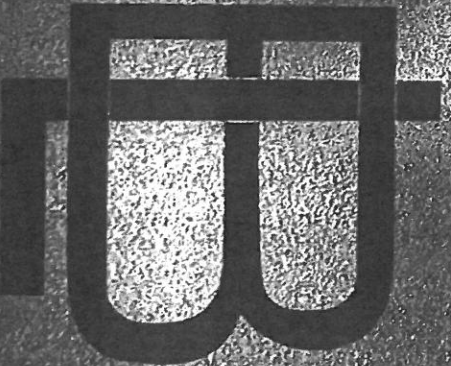
30 Years of Service
Sheila Asling

40 Years of Service
Kathy Warren
Ken Warren

Provincial Fire Service – Service Bars

30 Years – Sheila Asling
35 Years – Kathy Warren, Ken Warren
40 Years – Ken Warren

Congratulations to all of the recipients of the Trent Lakes Fire Rescue and our thanks to all of the firefighters for their dedication and service to our community.



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Specializing in:

- Landscaping
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- Septic Installation
- Road Grading

- Hardscaping
- Lot Clearing
- Aggregate Hauling
- And More

Fire Safety Tips:

Heating

- Keep anything that can burn at least three-feet away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- Have a three-foot "kid-free zone" around open fires and space heaters.
- Never use your oven to heat your home.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the right kind of fuel, specified by the manufacturer, for fuel burning space heaters.
- Be sure all furnace controls and emergency shutoffs are in proper working condition.
- Leave furnace repairs to qualified specialists. Do not attempt repairs yourself unless you are qualified.
- Inspect the walls and ceiling near the furnace and along the chimney line. If the wall is hot or discoloured, additional pipe insulation or clearance may be required.
- Check the flue pipe and pipe seams. Are they well supported, free of holes, and cracks? Soot along or around seams may be an indicator of a leak.
- Is the chimney solid, with cracks or loose bricks? All unused flue openings should be sealed with solid masonry.
- Keep trash and other combustibles away from the heating system.

In the Kitchen

Unattended cooking is the number one cause of home fires in Ontario, so be extra careful when cooking.

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.
- Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

Here's what to do if grease in a pot or pan catches fire:

- Smother the flames by covering the pan with a lid. Do not remove the lid until the pan is completely cooled.
- Turn off the heat immediately.
- Use baking soda (flour can be explosive) on shallow grease fires.
- Never turn on the overhead fan, as this could spread the fire.
- Never throw water on a grease fire.

Important Tip:

Ensure all entry/exits in your home are cleared from snow to ensure you can get out in case of a fire. Make sure all windows are not frozen in case you need to use these as an escape mechanism.

If there is a fire hydrant near your home you can assist the fire department by keeping the hydrant clear of snow so in the event it is needed, it can be located.

Burn Permits

Burn Permits are required - you must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.

It happened this Month....

November 1st, 1959 – After a backhand shot by New York Ranger Andy Bathgate cuts his face, Montreal Canadiens goaltender Jacques Plante gets stitched up in the dressing room of Madison Square Garden. When he returned to the ice, he was wearing a mask. The Canadiens went on to win the game 3 -1, and Plante became the first goalie to wear a protective mask regularly.

November 4th, 1882 – Hockey Hal of farmer Frank McGee, one of the original nine inductees, is born in Ottawa. Blind in one eye, he was known as One-Eyed McGee and was a legendary player, once scoring fourteen goals in a single Stanley Cup game.

November 9th, 1717 – Fur trader and explorer Louis-Joseph Gaultier de La Verendrye was born.

November 10th, 1986 – Singer-songwriter Gordon Lightfoot is inducted into the Canadian Music Hall of Fame. Born and raised in Orillia, Ontario, where he competed in music festivals as a boy.

November 12th, 1980 – Actor Ryan Gosling was born.

November 16th, 1885 – Louis Riel is hanged for treason in Regina. He had been convicted for his part in the North-West Rebellion.

November 19th, 1919 - Actor Alan Young was born.

November 23rd, 1995 – The CBC announces that it will drop all American-produced television programs from its prime-time schedule in order to promote more domestic content and protect its identity as a public broadcaster.

November 26th, 1927 – "Mr. Dressup", Ernie Coombs was born.

November 30th, 1874 – Writer Lucy Maud Montgomery is born in Clifton (now New London), Prince Edward island. Her first novel, *Anne of Green Gables*, published in Boston in 1908, was an instant bestseller.



Gardening Tips

- Fertilize your lawn
- Divide spring and summer blooming perennial plants.
- Turn off outside water connections. Drain garden hoses.
- Buy bulbs to force for winter
- Continue watering trees and shrubs until the ground freezes
- Wrap screening around fruit tree trunks to protect from small animals
- Mulch rose bushes
- Clean fallen leaves in downspouts and gutters

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Winter Driving

Winter weather can start early - follow these tips so you'll be prepared for the first snowfall.

- Get a maintenance checkup to make sure your vehicle is winter-ready.
- Keep your fuel tank at least half full to help reduce moisture in the fuel system and add weight to the vehicle.
- Make sure you have an ice-scraper and washer fluid that works down to -40C.
- Put together a winter survival kit to keep in your vehicle and include:
 - Charged phone
 - Water and non-perishable food
 - Flashlight
 - Blanket and warm clothes
 - Jumper cables
 - Shovel
 - Traction mats or sand
 - Candles and a lighter or matches

Winter Tires

Putting winter tires on your vehicle:

- Improves traction and control in frost, snow and icy conditions
- Shortens braking distances by as much as 25%.
- Be sure to install four winter tires – never mix different types of tires on one vehicle.
- Check your tires regularly for wear and pressure. Cold weather can bring down your tire pressure, and worn or damaged tires make it harder to drive safely.
- A tire that has been designed specifically for severe snow conditions has three-peak mountain snowflake symbol right on the tire.

Driving in Winter Weather:

Winter weather can be unpredictable but some extra preparation and caution can help you stay safe.

- Check the weather forecast. IF it looks bad, delay your trip if you can.
- Visit Ontario 511 to find out where plows are on provincial highways and to check road conditions
- Clear ice and snow from your windows, lights, mirrors and roof

On the Road

1. Slow down and stay in control. Don't use cruise control on wet, snowy or icy pavements – it reduces your reaction time and vehicle control. Steer gently on curves and in slippery conditions. Hard braking, quick acceleration and sudden gear changes can cause you to skid. If you do skid, release your brakes and steer in the direction you want to go. Be careful not to steer too far though or the car could spin.
2. Give space. It takes longer to stop on slippery roads
3. Focus and Stay alert. Stay off the phone and don't drive distracted. Pay attention to the road surface. Asphalt in winter should look grey-white. If it looks black and shiny it could be covered in ice. Remember that shaded areas, bridges and overpasses freeze earlier than other sections of road.
4. See and be seen. Use your vehicle's full lighting system in poor visibility and whiteout conditions. If conditions become dangerous, pull over safely and wait for the weather to improve.

Driving near snowplows

- Stay back from working snowplows and other winter maintenance vehicles with flashing blue lights.
- Never pass a working snowplow – it's very dangerous for you and the plow driver.
- Be patient – it takes time to clear the roads after a snowfall. If you're driving behind a snowplow, wait for it to finish its job.

Cavendish Classifieds

To register ads please contact Kathy @ 705-657-8912 or kathy507@yahoo.ca

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\$12.00 for six

\$24.00 for a dozen

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705 930 1475

**If your ad is not in this issue it may
be because it has expired!**

Cavendish Key Contact Information

Trent Lakes Municipal Council:

Mayor	Terry Lambshead	705-927-4968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-657-7518	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	www.trentlakes.ca	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Shaun Moore	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221
Chief Building Official	Barbara Waldron	EGrieger@trentlakes.ca
Cavendish Transfer Station	Don & Blaine	1-705-738-3800 ext. 225 705-657-2490

Community Service Contacts:

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Cavendish Community Centre		705-657-1192	
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	kathy507@yahoo.ca
507 Express – Editor	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912	
Trent Lakes Outreach Centre-foodbank		705-768-3590	https://tlcfoodbank.wordpress.com/
Cavendish Youth Group	Katherine Warren	705-657-8912	kathy507@yahoo.ca
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

Cottage Association Presidents/Contacts:

Catchacoma Lake	Ric Mackey	mackey@bell.net
Picard Lake	Paul Stenton	pstenton@ryerson.ca
Mississagua District	Carol Thomson	carolt@golden.net
Mississagua –Gold Lake Road	Katie Tingley	mglakeroadgroup.com
Beaver, Cavendish, Bottle & McGinnis	Bryan West	brywest3@gmail.com
Greens Lake	Darren Wilcox	
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

Cavendish Landfill Site Hours of Operation

Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

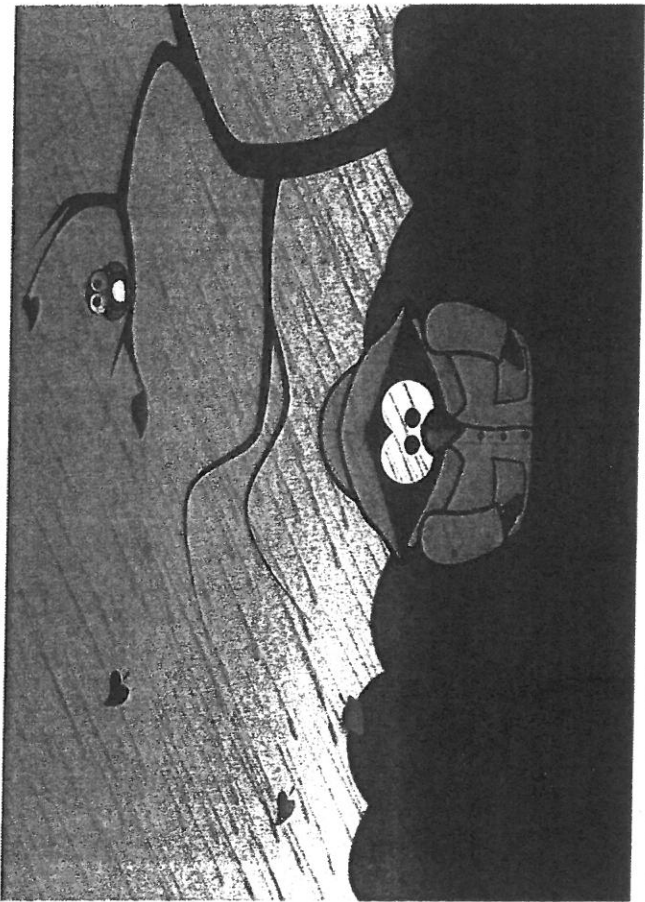
Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

Ethan Harran	705-930-5159
Desiree Callan	705-657-1942
Clover Parent	705-808-2353

Pet Sitting:

EMERGENCY NUMBER: 911
Police Non-Emergency 1-888-310-1122
Ontario Hydro: 1-800-434-1235



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November 2023

Starting November 13th
Pickleball – Monday, Wednesday and Saturday afternoons 1 -4
Tuesday, Thursday and Saturday mornings 9 – 12 (not on November 18th)

			1 Library 10-4 Tots and Moms	2 Euchre Shelby Murphy	3 Riley Lambshead	4 Library 10-4 Lauren Hill
5 Al & Sheila Asling 40 Years	6 Art Group	7 Youth Group	8 Library 10-4 Tots and Moms	9 Euchre	10	11 Library Closed Jim Wilson
12	13 Art Group Meer von Seuban	14 Youth Group Mackenzie Callan Doris & Hugh MacLellan Nicole & Craig Rixen	15 Library 10-4 Tots and Moms	16 Euchre	17	18 Library 10-4 August Pike Justin Kukemueller
19 Mary Dalton Molly Cadigan	20 Art Group	21 Youth Group Culture & Rec Meeting Don Bowles Ryan Harran Ari Asling Keith Miller	22 Library 10-4 Bree Blaney Margaret Gillingham Tots and Moms	23 Euchre Emily Burke Grant Bowles Clover Parent	24 Lochlan Parent	25 Library 10-4 Albert Pantaleo Charlynnne Asling
26 Eric Dalton	27 Art Group	28 Youth Group	29 Library 10-4 Mechan Gallacher Tots and Moms	30 Euchre Charlotte Cooling		