he 507 Express

Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

This Month:

- Covid -19 Risk Index
- Some local Leaders
- Spaghetti Dinner
- Buckhorn School 50th
- Student Accommodations
- Meet and Greet
- Halloween Registry
- Halloween Helpers

Express Policy re: Advertising and Subscriptions

- Subscriptions Renewals are \$30.00 per year or \$2.50 per issue
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:

Classified - \$2.00 per month % page -\$10.00 per month

1/8th page -\$5.00 per month ½ page \$15.00 per month

what would you like them so say?" Three churchgoing friends are asked when you're in your casket and friends and congregation members are mourning over you

a fine spiritual leader and a great family man Artie says: "I would like them to say I was a wonderful husband,

Servant of God who made a huge difference in people's lives. Don: "I'd like them to say, "Look, he's moving"" Eugene: "I would like them to say I was a wonderful teacher and

An old man goes to the wizard to ask him to remove a curse he has

been living with for many years.

The wizard is intrigued: "A curse? Really? Well, you will have to tell me the exact words that were used to put the curse on you." "Certainly," says the old man, "I now pronounce you man and wife."

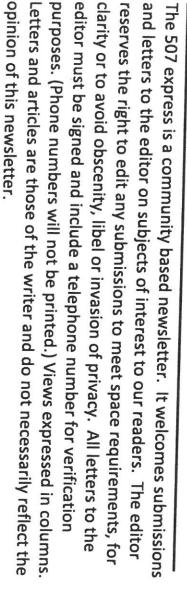
Sam is on his deathbed and gasps pitifully. "Give me one last request, dear," he says to his wife.

"Of course, Sam, she says softly.

"Six months after I die, I want you to marry Bob."

"But I thought you hated Bob

With his last breath, Sam says, "I do!"



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Email: kathy507 @yahoo.ca



Sommunity Report

Progressive Euchre



Every Thursday Afternoon 1:00 pm until 3:30 pm

18 Community Complex Drive, Cavendish Community Centre County Road 507, Ontario Tel: (705) 657-1192

\$5.00 per person

If your ad is not in this issue it may be because it has expired!

STORY TIME - ADVENTURE TIME

Enjoy a free fun filled session of family friendly stories And Activities at the Buckhorn Public Library For kids of all ages and their families!

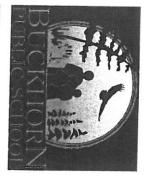
Wednesday mornings from 11 to noon

No registration required!

Questions? Please call us at 705-657-3695

We are located at 5 George Street, Buckhorn

www.trentlakeslibrary.ca







Please join us at Buckhorn Public School on Friday, September 23rd, from 4-8

We will have a BBQ, memorabilia, art activities, trivia tasty desserts, and time to share past and present stories.

If you have any questions, please get in touch with Kirsty Hill at kirsty_hill@kprdsb.ca





S,NNA STORE

1447140 Ontario Ltd

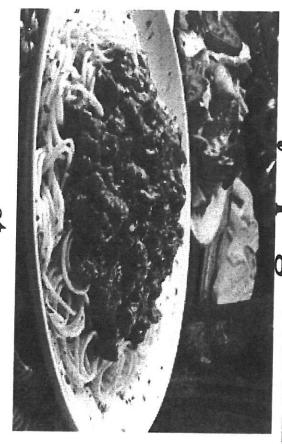
County Road 507 & County Road 36 16 Chio Truck

Quality Products and Service Hours: 6 a.m. to 7 p.m.

ATM Machine, ATV Trail Passes, Baked Goods



Community Spaghetti Dinner BE OUR GUEST



Matthew - St. Aidan Anglican Church 1937 Lakehurst Road, Buckhorn at

Monday, September 19, 2022 5:00 p.m. to 6:30 p.m.

Everyone welcome!

A call to 705-657-2572 with the number in your group will be appreciated

Pet Sitting by Gracie



705-977-4141

It's a Part of Our History

Apsley before moving on to a better hunting area. They set an example which others soon followed. There are camp journals dating back to 1903 carefully registering the conditions and animals taken. dates of arrival, names of hunters, visitors, the watches each hunter took, the weather camp on Catchacoma Lake. They had also tried their luck in the Jack's Lake area near 1860 moved further north through Stoney lake into Cavendish where they built there and shooting boxes. only taking one-day excursions to the back lakes but some were establishing cottages hunting. As the town of Peterborough grew, an increasing number of people were not In 1867, one of the first tourist guide books praised this area for its fishing and The Ketchecum Hunt Club, which started on Chemong Lake about

the supplies to the camp, all going well one would be made the first evening and the the weather was good. They would then have to make four trips by canoe to move all of lunch and to Cochrane's Landing on the west side of Catchacoma Lake by 7:30 p.m. if two horses and a wagon loaded with two weeks of provisions, luggage and a few club rest the next day. the lake for the last part of the journey. An advance party would leave for camp with Cavendish Township, making it more accessible, though it required a canoe trip across housed up to twenty men. Lumber companies had blazed roads into the bush of Ketchecum and established a fishing and hunting camp with a permanent dwelling that Records show that in 1901 the group purchased land on the east side of Lake They would leave Peterborough around 9 a.m. and make it to Buckhorn for

storeys high with a beautiful huge hearth. camp has a professional, dining room that seats dozens, and a stone fireplace two hunting season. They built their new camp in time to hunt in the fall of 2001. The new found themselves in a similar situation with cottage neighbours extending their visits into they club members had stayed in tents. As it had happened on Chemong Lake they Club has moved on to new hunting grounds near Jack's Lake, where a century before After more than a century on the shores of Catchacoma Lake the Ketchecum Hunt

being used more and more for pleasure. moving into o their wilderness homesteads and then moving their produce out, are The waterways, which only a generation or two ago were the vital avenues for settlers

Do You Use Drugs?

Reading This Could Save Your Life!

WARNING: Suspected Poisonings in Peterborough, September 2, 2022

reminder that the street drug supply is unpredictable and harm reduction practices are essential. Beware that suspected to be the result of an opiate product with an increased level of toxicity. This serves as an important using even a small amount of drug can be fatal. Peterborough Public Health reports high numbers of suspected drug poisonings in the community. This is

What to do:

- to 8 p.m., 7 days/week) Don't use drugs alone. Visit the Consumption Treatment Services site at 220 Simcoe Street (open 9:30 a.m
- If using with a friend, do not use at the exact same time
- Have a plan Ask someone to check on you or call the National Overdose Response Service
- Carry a naloxone kit. Keep it visible and close by
- Avoid mixing drugs.
- Test your drug by using a small amount first
- Call 911 immediately if someone cannot be resuscitated after naloxone is administered.

Under Canada's Good Samaritan Drug Overdose Act, if you seek medical help for yourself or for someone else who has overdosed, YOU WILL NOT be charged for possessing or using drugs for your own use.

Signs of POISONING:



Skin feels cold and clammy



Deep snoring or gurgling sounds

Breathing is very slow, erratic or has stopped

Fingernalls or lips are blue or purple













person up



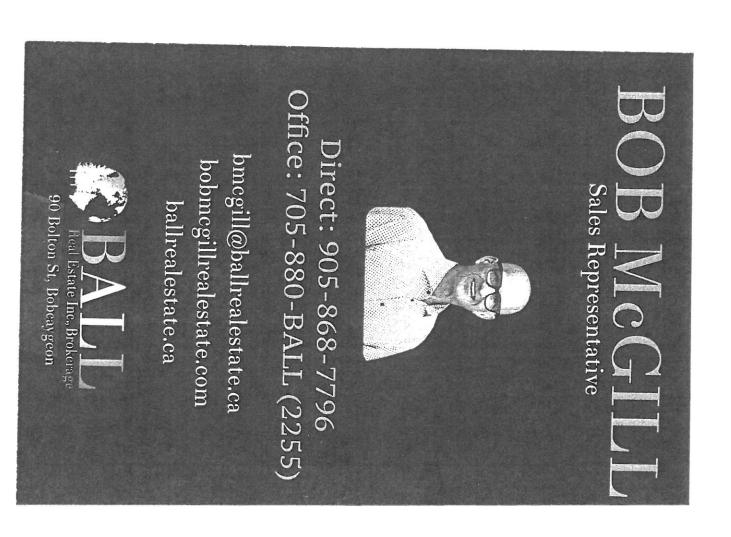


Dates to Remember: September 6th – first Day of School

September 23rd – 50th Ariel Photo- Buckhorn September 9th – all JK & SK students in class

Public School

protect your children. Do not share personal information such as: name, grade, Remember when sharing your first day of school and back to school photos to class, school, and home address.



Some Local Leaders You May Not Know about

If you're a cottager like me, you may be aware of a lot of nearby long-term residents and how much their of special accomplishments of 2 such neighbours. achievements and professional activities that do not involve us directly in the summer. This year I heard skills and activities improve our cottage lives. However, we do not always know about their personal

Trictan Rowles

place at the University of Waterloo in a co-op program. Waterloo is "#1 in Canada for graduate programs were much prized by my classmates who won them. employment rate" (https://uwaterloo.ca/future-students/co-op). Even in my day, places in co-op recently completed high school at IE Weldon Secondary School in Lindsay and has now won a coveted Don Bowles, who have lived, worked and enriched our lives in Cavendish for well over 30 years. Tristan The name "Bowles" may ring a vague bell in your mind – Tristan is the older grandson of MaryLou and

But time has passed and now Paul is married and living a little outside Cavendish. skills and I recently learned they sometimes did some work for my father (though not on a computer) Tristan's father (Paul) and uncle (Grant) grew up in Cavendish. They both had impressive computer

volunteers for the Trent Lakes Fire Rescue living as a building inspector for the City of Kawartha Lakes. He and Maria met when they both were Paul and his wife Maria live in Bobcaygeon with their sons Tristan and Logan. Paul now makes his

(ibo.org/eng/about-the-ib). Clearly, Tristan is happy when intellectually challenged. students to take ownership in their own learning and help them develop future-ready skills" time and made many close friends there even though he was "there" during the COVID lockdowns. And he was able to participate in the International Baccalaureate program which "empower(s) school-aged Tristan went to public school in Bobcaygeon and then opted to go to Weldon. He obviously enjoyed his

starting an amazing career. Stay tuned! Donna Strickland, a 2018 Nobel Prize winner for Physics. At the same time, Tristan will have about 5 terms of work experience as well as completing all the academic terms, and by graduation will be better equipped to understand the theoretical foundations of physics." One of his teachers will be [Maclean's, 2021]). Waterloo says that "by taking more advanced courses in mathematics, you will be What exactly will Tristan be studying? Mathematical physics – (Waterloo is also #1 in mathematics

Michelle Connell

The name "Connell" may not seem as familiar, but Michelle started out as a Flynn, granddaughter of Charlie and older daughter of Tom, who founded and then ran Flynn's store for many years. In fact, the Flynn family will be celebrating 75 years of service to the community next year.

that store, where she first "enjoyed being with people in their various life experiences." Another Michelle is closer to the other end of a highly successful and productive career path. And it all started in meaningful opportunity was working at Case Manor in Bobcaygeon as a student one summer.

Michelle has an impressive resume, and her accomplishments were recently recognized by her colleagues. She was "incredibly honoured" in May with an Honorary Life Membership by the Registered this award and presented it to her at the RNFOO annual gala. (www.rnfoo.org). She was especially touched that one of her former nursing students nominated her for nurses and nursing students in Ontario to further their nursing education or engage in research' Nurses' Foundation of Ontario. RNFOO is "a charitable organization that provides financial support for

students in various health care settings in Ontario. nurse – so, she has done both. After completing her BScN in Nursing, she started her career at The Hospital for Sick Children. By then she knew she wanted to be involved with nursing education. "I like to be as close to the grass roots of my profession as possible," she says and that means working with When Michelle started university at Queen's, she was not sure whether she wanted to be a teacher or a

likes to do things well and that means being passionate about whatever she does papers, prepared and participated in nursing presentations and reviewed professional textbooks. She developed and coordinated in the nursing degree program, conducted nursing research, written nursing Since 1989, Michelle has taught in the nursing programs at Centennial College. She has also

Michelle's says that her career "has been an exciting and rewarding journey," and her dedication and teach her students to provide compassionate, competent and ethical patient and family care commitment to nursing education and the nursing profession are evident as she continues to strive to



Wont YOUR natural corks



Bridgenorth has offered the proceeds from their collection program to the team as a fundraiser! thrilled that The Village Wine Shoppe in Survivors Abreast dragon boat team COL

International Dragon Boat Festival in Waikato New Zealand! Money raised will help defer costs for Survivors Abreast dragon boat team to represent Peterborough at the 2022

be recycled and made into products such as flooring, wall titles In partnership with Jelinek Cork Group, your natural corks and bulletin boards. **%**:

In addition to helping the environment, supporting a great cause! you will be

3

Please drop your corks off at these locations:

The Wine Shoppe - 392 Brock St in Peterborough The Village Wine Shoppe-OR, if you know a Survivors give them your corks! Sun 874 Ward St. Bridgenorth Abreast paddler, may



Thank you for your support!

happening at the CCC facebook.com/CavendishCommunityCentre. It's a great way to stay in touch with what's Cavendish Community Centre is on facebook! Find us and follow us at

through facebook or email kathy507@yahoo.ca. the Community Centre. If you would like to update or add an event, please message us If you are already following us, you may have noticed some recent activity on our page. are getting it up to date and adding all the activities and events that are happening at Thanks!



70 uzzling Times

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Uncovered French feline One loyal to his father, in the Bible Locust bean Dwell —raiser Venetian traveler Old-womanish Batting practice structures Nine-banded U.S. animal Friendless one Sioux tribe "Carrie" event Sword's better Thus Friendless one Sioux tribe "Carrie" event Sword's better Thus Actor Jacob End of a Wilde title Isle most Don Knotts characters Actor Jacob End of a Wilde title Isle most better Type of horse Cast item Watch Shade of brown Outstanding one Mischievous TV sitcom More precious Professor Type of closet Victory-wreath source Certain tire Quoted Radar symbols Tooth covering Deck posts Laborious Morse-code unit Author Parker " O'Hare" (Bette Davis film) Pad at the gym Blunder Actress Francis Clear of taps 100 yrs. Johnny Be irate Ray Hutton Grapevine traveler Proposed for office Prine and nose	ROSS
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Say hat gain 0-3

Five well-known quotations been kept. Can you identify or phrases the original phrases have originals? been reworded below, but the original meanings have

Example: Lackof awareness brings elation. (Answer: Ignorance is bliss.)

- Alms-giving starts where we live
- N Perseverance stems from righteousness.
- 3 Fifty percent of a bread block outshines naught.
- Inquisitiveness did in the feline.
- 5 A pair is needed for sword-crossing.

Vote:



eter Councillor at Large Franz

Election Day: October 24th, 2022



HOUSEHOLD HINTS

- housework. A dust-free bulb shines up to 50 percent brighter than a dirty one. Don't forget to dust. Wipe the dirt from your bulbs as you do your normal
- Be kind to your feet. Replace your exercise shoes as soon as they become absorb shock - leaving you exposed to injury. When the cushioning becomes compressed, the shoes lose their ability to
- eye level and tilt it upward. If you get eye strain when you work at your computer, place the monitor below
- clean cloth with the tea, and hold this compress to your eyes for 10 15 minutes it to cool slightly. Sooth itch, scratchy eyes with chamomile tea. Then, gently rinse your eyes directly with the tea, or soak a Brew a pot of weak tea and allow

THE WELL-STOCKED EMERGENCY KIT

Relief agencies strongly recommend that you maintain emergency kits, one in your home and another in your car. To simplify storage, use large carryalls or heavy-duty plastic bags. The list below details the items that you'll need.

- ▶ Food and Water. A three-day supply of nonperishable packaged or canned food; manual can opener; mess kits or paper plates and plastic utensils; a three-day supply of water (each person needs at least 3.7 L [0.8 gal] a day) stored in sealed, unbreakable containers.
- Clothing and Bedding. One complete set of clothes for each person. Include thermal underwear, hat, gloves, rain gear, and sturdy shoes. Blankets or sleeping bags.
- Supplies and Tools. First-aid kit; battery-operated radio and flashlight; extra batteries; fire extinguisher; cash; tarpaulin; duct tape; waterproof matches; aluminum foil; plastic containers; signal flare; pencil and paper; sewing kit; pliers; crowbar; wrench.
- Personal objects. Special items for babies and the elder ly; prescription drugs; extra eyeglasses and contact lenses; games and books.

Recipe of the Month

SAVOURY CARROT BAKE

2 lb chopped carrots 1/4 cup chopped onions

tsp salt

1 tsp sugar, optional

1/4 tsp basil 1/4 cup butter 1/2 cup boiling water

casserole with tight fitting lid. Sprinkle with salt, sugar and basil. Dot with butter. Pour on boiling water and mix gently. Cover tightly and bake at 350°F for 40 minutes or until tender. Cut washed carrots into 1/4 inch thick slices. Put carrots and onions into

It happened this Month...

and demands for wages - would not return. conditions of the First World War - including inflation that often resulted in social unrest and Trade Board is established. It was created to ensure that the social and economic September 3rd, 1939 – In anticipation of the Second World War, the Wartime Prices

embassy in Tehran and expelled all Iranian diplomats from Canada September 7th, , 2012 – The government declares that it has closed the Canadiar

born in Cardston, Alberta. Reid developed flattering bathing suits and was known for turning swimwear into a fashion item. September 12th, 1906 —Swimwear designer and businesswoman Rose Marie Reid is

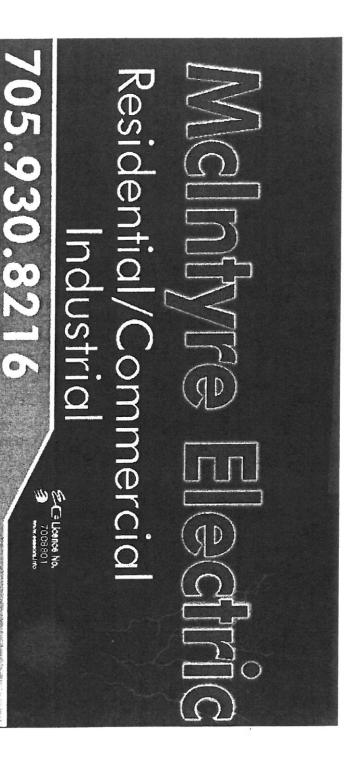
of the First World War. the 26th from New Brunswick capture Courcelette, France, during the Somme Offensive September 15th , 1916 –the 22nd Battalion from Quebec, the 25th from Nova Scotia, and

lieutenant=governor. September 20th, 1985 – Lincoln Alexander is sworn in as Ontario's twenty-fourth He was the first Black person to hold a vice-regal position in

founded September 26th, 1826 - The settlement that developed into Bytown (now Ottawa) is

September 28th, 2000 -Politician, writer, and lawyer Pierre Elliott Trudeau dies in

and 100-metre events Saskatchewan. He was the first man to hold simultaneous world records in the 100-yard September 30th , 1940 - Track and field athlete Harry Jerome is born in Price Albert,



Organize Your Garden:

Divide perennials. Prepare and seed new lawns

Plant evergreens

Air dry onions for storage. Last fertilizing of lawns for the year.

Renovate perennial borders Harvest grapes after first frost

Soak ground around evergreens and transplants.



tudent, Fire Safety Basics for Accommodati

Parents should discuss these basic fire safety rules with their kids before dropping them off at their new dwelling roof. The following is important fire safety information that every student should know before moving away from home. This can be a concern for parents as they try to ensure their children will be safe when they're not living under the same When young people attend college or university, they will often be living away from home for the first time

Cooking

they must follow to prevent cooking fires. Cooking is the number one cause of home fires in Ontario. If the student's accommodation has cooking facilities, there are some basic fire safety rules

- A stovetop fire can start in a flash, so stay in the kitchen when something is cooking on the stove
- Keep all combustible items a safe distance away from the stove. This includes tea towels, wooden or plastic spoons and paper towels. Keep a pot lid near the stove to smother flames if a fire starts in a pot.

Space Heaters

supplemented with space heaters. To prevent heating fires. The central heating systems in older accommodation is often

- Keep the space heater at least one metre away from anything that can burn, such as paper, bedding, furniture and curtains.

 Turn off the space heater before going out or going to bed.

Candles

The use of candles is becoming more and more popular, especially among young people. To prevent candle fires:

- Use tea lights or votive candles in non-combustible containers
- as they are generally a safer choice than tapers.

 Place the candles in a location where they can't be knocked
- over or come in contact with combustible items.

 Blow out all candles before leaving the room or going to bed.

Social Gatherings

parties are harmless fun, the consumption of alcohol combined with cooking or smoking can create a serious fire risk. To minimize the risk of fires during or after parties: Parties are as much a part of student life as attending classes. While most student

- control of the situation. Avoid over-crowding. The more people attending the party, the easier it is to lose
- Encourage guests to smoke outside. Consider putting up no smoking signs that direct guests to an outside smoking area.

 Refrain from burning candles during parties. They can easily be knocked over or ignite nearby combustibles, unnoticed.

Smoking

prevent smoking fires: Fires caused by smoking can be deadly. Even if they don't smoke themselves, chances are the student will have friends that do. To

- Encourage smokers to go outside
- Keep large, deep ashtrays on hand that will reduce the risk of ashes and cigarette butts falling onto rugs or upholstery.

 Allow ashes to cool completely before disposing.

Smoke alarms

occupants as soon as possible If a fire does occur, it is critical that the dwelling have working smoke alarms to alert

- child with a smoke alarm for his or her bedroom. homeowner or landlord, however it is a good idea for parents to provide their The responsibility for smoke alarm installation and maintenance lies with the
- It is against the law for tenants to disable or tamper with a smoke alarm. If a smoke alarm activates due to steam from the shower or cooking on the stove, oven or toaster, ask the landlord to move the alarm to a different location, or to install a smoke alarm with a pause feature.

Electrical Equipment

Overloaded circuits and octopus wiring are dangerous electrical hazards that can be avoided. To prevent fires caused by electrical equipment:

- Use an approved power bar with a circuit breaker and surge protector to plug in computer and stereo
- Avoid the use of extension cords as permanent
- carpets or rugs where they can be easily damaged Make sure electrical cords are not concealed under

Fire Escape Planning

students to develop a fire escape plan, keeping the following in mind: When the smoke alarm sounds, everyone must know what to do and where to go. Encourage

- Know two ways out of every room, if possible. The first way out would be the door, while the alternate escape could be a window that can be exited safely. Make sure all designated escape
- routes are accessible and free of clutter.

 Leave the building as quickly as possible. Once outside, don't re-enter the building for any reason.

 Call 9-1-1 from outside the building using a cell phone or neighbours' phone.

• P 1 5 • • 9

A parent's guide to for students attending college or university finding fire-safe accommodation

Parents have many issues to consider when seeking potential accommodation make the grade when it comes to fire safety. or son attending college or university . The following information will help to determine if suitable accommodation for a daughter

Smoke Alarms

houses have specific regulations about smoke apartments (including basement apartments), single family, semi-detached, townhomes and outside all sleeping areas. The law applies to and detection features in the building and unit. intendent identifies and explains the fire alarm Make sure the landlord, administrator or superschool may also have a building fire alarm system buildings and student residences operated by the alarms within each unit or suite, apartment alarms or fire alarm systems. In addition to smoke whether owner-occupied or rented. Rooming It is the law in Ontario to have working smoke alarms on every storey and

Carbon Monoxide Alarms

the home/apartment. If the building has a service if there is a fuel-burning appliance or fireplace in carbon monoxide alarm outside all sleeping areas a carbon monoxide alarm also must be installed apartment units above, below and beside the be installed outside each sleeping area of all room or a garage, carbon monoxide alarms must in the service room. service room or garage. If there is a service room apartments to have a working Ontario law requires all homes/

Fire Separations

explain the fire safety features. obtained to ensure that fire safety features such as apartments or rooming houses. At the time of with the Building Code and Fire Code and to provided. Ask the owner if the property complies proper exits and fire separations between units are the conversion, a building permit should have been older homes that have been converted to Students often find accommodation in

Office of the Fire Marshal & Emergency Management









Exits

adequate exits that will permit unobstructed escape emergency. Every room or apartment requires as this can pose serious fire safety hazards. Furniture from the building. Make sure to ask the landlord or Stairways and hallways must not be used for storage All windows and doors should open fully and easily. superintendent to identify all of the designated exits escape from a room or apartment in an It is important to consider how people will

Fire Escape Plans

fire. This practice must be strictly avoided

may fill hallways or stairways with smoke if they catch and other obstacles can physically block exits and

student residence buildings require a fire safety plan, to do and where to go. Large apartment buildings and superintendent to explain the procedures in the fire procedures. Ask the building administrator or which informs the occupants about emergency In a fire emergency, everyone must know what

been converted to apartments or lodging rooms may exited in an emergency alternate way out can be a window that can be safely ensure there are two ways out of the unit. The not have a fire safety plan, however it's a good idea to Smaller apartment buildings and houses that have

Security

Security bars on windows should be equipped with a students from escaping in an emergency situation. appealing from a security point of view, it can prevent windows as a security measure. While this may seem quick-opening device on the inside so the bars can be removed quickly. Some property owners install bars on

Electrical Safety

Interrupter (GFCI) type kitchen sink should be the Ground Fault Circuit wiring. Outlets in bathrooms or within one metre of the Many buildings offering lodging to students are older homes that may not have upgraded

in the room or apartment. There should be enough Consider the number and location of electrical outlets can be easily damaged. are not concealed under carpets or rugs where they breaker. Make sure that electrical cords of any kind approved and provide surge protection and a circuit avoided, use multi-outlet power bars that are use of extension cords. If extension cords can't be equipment and stereos can be operated without the outlets so that appliances such as lamps, computer

Avoid overloaded circuits and octopus wiring

information that every student should See the reverse for valuable fire safety know before moving away from home

For more information:

of available accommodation for students. Call the university. They will frequently maintain a registry Contact the administration offices of the college or has been inspected for Fire Code compliance local fire department to determine if the building

www.esainspection.net Electrical Safety Authority website at: Electrical safety tips and information about common electrical hazards can be found at the

www.ofm.gov.on.ca Fire safety tips and information can be found at the Office of the Fire Marshal website

Electrical
Safety
ACCOMMODATION, CONTACT THE LOCAL FIRE DEPARTMENT

Puzzling Times Answers

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SAY THAT AGAIN?

- 3 12 1 Charity begins at home.
- Patience is a virtue. Half a loaf is better than none.
- 4 70 Curiosity killed the cat.
- It takes two to have an argument.

Meet and Greet

and greet at the Cavendish Community hall on Friday, September 9th, 2022 from 6 John Braybrook and I am running for the Harvey Ward Councillor in the upcoming water available" pm to 8 pm. I look forward to meeting all of you. There will be coffee, tea and municipal election. I hope everyone had a fantastic summer! I am hosting a meet "Hello readers of the 507 Express, Cavendish and Galway community, my name is

THANK YOU FOR YOUR GENEROSTIY!

The Fire Fighters Association of Trent Lakes would like to thank all of the that evening at the flashing lights we were able to raise just over \$1,300.00 Food Banks in our municipality. Thanks to all of the people who stopped up a Boot Toll on the Beaver Lake Road in hopes of raising funds for the not aware on Friday, July 29th, volunteers from Fire Hall #2 - Cavendish set people who gave so generously to our Boot Toll. For those of you who are for the cause



The residents of our community never seize to amaze us!



Helpers Needed for Halloween Night!

some scary volunteers to make the evening complete. If you would be interested please email kathy507@yahoo.ca or call 705-772-2090 or 705-657-8912. available again this year to man the doors – we supply the treats we just need handing out treats to the children. We are hoping that there might volunteers The past couple of years we have had volunteers at the community centre

Thanks You!!



Hours:

Thursday – Saturday 10am – 4 pm

Lakehurst Road

Buckhorn

(Below Buckhorn Library)

How Well Do You Know Your Country?

- How high were the waves on Lake Superior during the severe storm on November 10th, 1975, that sank the Edmund Fitzgerald, immortalized in signer Gordon Lightfoot's song "The Wreck of the Edmund Fitzgerald'?
- .) 10 metres .) 15 metres
- 20 metres
- d.) 25 metres
- the year 1978? At which circuit in Montreal has the Canadian Prix been hosted regularly since
- ယ How high is the world's tallest functioning weather vane, located at the Canadian Tractor Museum in Westlock, Alberta?

- .) 5 metres.) 10 metres.) 15metres
- d.) 20 metres
- Olympics, winning a gold and silver medal each? In which event had the Dufour-Lapointe sisters competed at the 2014 Winter
- 5 an area's climate based on human comfort and ell-being, which provincial Based on the climate severity index, developed by Environment Canada to rate capital's weather is the most severe?
- 7.6 Which Canadian athlete was the first to secure a gold medal on home turf?
- number of frost-free days. Put the following cities in order of longest growing season, based on average
-) Halifax
- Toronto
- d.) Vancouver
- 9 In which Olympic games did Canada first take part in?
- Saskatchewan. True or False: The world's first steam-operated foghorn was invented in
- 10. One of North America's longest –lasting franchises, the Ottawa Rough Riders. were founded in which year?



Property Maintenance Septic Systems Armour Stone **Foundations** Landscaping Lot Clearing

and much more....

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705-930-3901

If your ad is not be because 5 it has expired! this issue may



HALLOWEEN REGISTRY

idea of who is prepared to have children come trick-or-treating at their door. issue of the 507 Express. This list of names and addresses gives the parents a better For many years now we have been publishing a Halloween Registry in the October

and they will pass on the message. registry please send an email to kathy507@yahoo.ca or let the ladies in the library know If you would like to have your name added to this years list, or removed from the

How well do you Know Your Country …. Answers

- C 20 metres
- Circuit Giles Villeneuve
- ω C - 15 metres
- Women's Bofuls
- 4 70 St. John's. It cores 59 out of 100
- 0 Alexandre Bilodeau
- Vancouver, Victoria, Toronto, Halifax
- 1900 Paris Olympics
- installed on Partridge Island New Brunswick in 1859 False: It was invented by Robert Foulis in New Brunswick in 1854. The first was
- 10.1876

Burn Permits

Burn Permits are required - you must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.

507 EXPRESS SUBSCRIPTION

If you would like to receive the 507 Express at home or at another destination,

please complete the attached form. \$30.00 per year. The cost for this service is \$2.50 per month or

Name:	
Address:	
Postal Code:	Phone Number:
I would like to receive the 507 Express starting	arting for months.
Please make cheque payable to: Cavendish Culture & Recreation Committee	lish Culture & Recreation Committee
Mailing Address: Cavendish Culture & Recreation Committee	Recreation Committee

32 Community Complex Drive Attention: Tiffany Warren

Mailing Address:

Trent Lakes, Ontario

Local COVID-19 Risk Index Remains in "Moderate"

Residents Encouraged to Stay Up-to-Date with COVID-19 Vaccines

virus shows steady transmission across the region. Peterborough Public Health's Local COVID-19 Risk Index remains in the "Moderate" level this week as the COVID-19

Health. "However, with colder weather around the corner, we anticipate transmission will increase as more people are gathering indoors." "I am cautiously optimistic to see that transmission is remaining steady," said Dr. Thomas Piggott, Medical Officer of

health. Current guidance recommended under the "Moderate" level is to, "Let's get back to the basics. Mask use, outdoor gatherings, staying home when you are sick, and staying up-to-date with your COVID-19 vaccines continue to be very effective tools to keep you safe against COVID-19." Dr. Piggott emphasized Dr. Piggott is reminding residents to revisit COVID-19 prevention measures to protect themselves against the virus, the importance of the <u>Local COVID-19 Risk Index</u> as a tool to help individuals make personal decisions around their

- wear a mask in high-risk indoor settings or when interacting with high-risk individuals
- limit indoor social gatherings to no more than 25 people, and
- limit attendance at high-risk indoor settings

Increased precautions are important for those at risk of severe disease including those not yet vaccinated, with medical risk factors for severe disease, immunocompromised states and the elderly.

Dr. Piggott emphasized the importance of remaining up-to-date with COVID-19 vaccinations. "The COVID-19 vaccine remains the best protection against severe disease related to a COVID-19 infection," said Dr. Piggott. "At this time, residents 6 months of age and older can walk-in for their COVID-19 vaccines at the Peterborough Public Health COVID-

For COVID-19 vaccine eligibility guidance and clinic calendar and clinic location, please visit www.peterboroughpublichealth.ca/vaccineclinics

NEW HOURS

Thursday to Monday 11 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



Fast Food Take-Out

705-313-9947

Cavendish Community Katepayers Association Inc.

32 Community Complex Drive Trent Lakes, Ontario, K0L 1J0

Application for/Renewal of CCRAI Membership	Membership Fees
☐ I am RENEWING my membership for 2022	\$20.00 per household
☐ I am APPLYING for membership for 2022	\$ Additional Voluntary Dor
☐ I am donating to CCRAI Lake and Water Quality Programs	\$
Name of Member/Applicant:	
Additional Member in Household:	
Address:	
City: Postal Code:	
Home Phone: Cavendish Phone:	
Do you prefer to receive your yearly newsletter electronically via email?	nail?
Email Address:	
Cavendish Address (Lake/Lot & Conc):	
Waterfront: Yes No	

on important topics We bring in a variety of speakers to our Public Meetings to present property owners in the Municipality of Trent Lakes. and initiatives that are deemed important to

Sat September 17, 2022 – 10am-11:30am – All Candidates Meeting Sat August 20, 2022 – 10am-11:30am Via Zoom – AGM/Public Meeting

are at the Cavendish Community Centre. Zoom invitations will be Join us via Zoom and possibly in person in the future. All meetings smart phone or land line phone. emailed out in advance and you can connect via laptop, tablet,

Everyone welcome. Stay informed. Be heard. Make a difference

For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application Thank you for your continued support of the Cavendish Community Ratepayers Association.

NOTE: DUE TO INCREASED PRINTING AND POSTAGE COSTS THE CCRAI ANNUAL NEWSLETTER WILL ONLY BE MAILED TO MEMBERS IN GOOD STANDING

Visit us at: https://ccraiassociation.wordpress.com

fun way to get some exercise and the cost is only \$2.00 per 9 p.m. and welcome anyone to come out and join them. Volleyball at the Buckhorn Community Centre. person per night. Interested in Playing Volleyball?
There is a group that meets every Wednesday evening to play They play from 7-This is

For more information please contact: Rick @ 705-657-3600

BELATED HAPPY BIRTHDAY WISHES!



9th		5 t t t t t	_	1 st
Corrie Callan Gail Mackay Eli Campbell	Steve Perrier Sean Leckie Jamie Hofstetter	Patrick Clark Greg Stephens Phillip Herdman Lynda Sayaga	Benjamin Mortensen Ira Robertson Glenn Dalton John Stables	Frank Pageot William Mortensen

24th 21st

Sheila Asling Kay Nickel

25th

18th

17 th	16 th	15 th	11 th
Parker Lobb	Hayley Gillinghan Rachel Gillinghan	Madeleine Watts John Crowe Sr.	Carol Giles Chris Thompson

	We are very sorry that we missed printing the following birthdays last month.
arol Giles	
hris Thompson	August 5th - Kendra Colgan
Nadeleine Watts	August 27th – Mary Anne Sodonis
ohn Crowe Sr.	•
layley Gillingham	į.
Rachel Gillingham	
Mary Young Leckie	
arker Lobb	
3obbi Joe Robertson	
Jan Herdman	90000
Bret Mortensen	



Happy Anniversary

24 th
Cathy & Don Corriveau

30th

Graham McClenaghan

26th

Brea Grant Ethan Rixen Austin Lobb

If you would like to have a birthday or anniversary added please contact Kathy@ 705-657-8912 or kathy507@yahoo.ca

Dan Corriveau

Ontario Certified Marine Mechanics

Custom Docks Service Calls

Gas & Propane General Store

Chainsaw sharpening and replacement Meat supplied by the Butcher Shoppe Boat & Snowmobile storage

NEW & USED boat, snowmobile, trailer & ATV sales

fiberglass, aluminum, gel coat, etc Painting & Structural repairs:

Shrink wrap & Winterization Tops: new & repairs

Boat & Canoe Rentals

Insurance Claim handling

Spring water

Prop repair

Snowmobile & ATV repairs

Welding

Call, we fix them 05-657-9088

Ontario Certified Marine Mechanic on duty Monday-Friday

September Store Hours: starting Sept 6th 7 days a week 9 am-5 pm

Customer Service is #1!



that we would like them to leave their electronic devices at home (unless a phone is needed to for the weather. We like to be out as much as we can. We wold also like to remind the youth attending – all that we ask is that you come prepared to play outside with appropriate clothing once again as well. The date for restarting is Tuesday, September 13th. There is no charge for arrange their ride) School has started again and that means that the Cavendish Youth Group will be starting up

Exception is that if there is no school there is no Youth Group. All children are welcome to joy us, we meet from 6:00 to 7:30 on Tuesday evenings

Peeters. Jade (seven years old) helped to move cans, pick-up cardboard and load into the Warren, Jonathan Warren, Sue Warren, Kathy& Ken Warren, Ray Campbell and of course Jade about two-thirds of the pile. A special thanks to Rick Asling, Al & Sheila Asling, Natalie & Tyler Thank you so much Wes! In two days the volunteers filled about 35 bins, which cleaned up depot in Wilberforce which meant we were finally able to start sorting the bottles and cans. trailer and kept everyone supplied with drinks. and move bottles for the Youth Group. Wes Lake was able to get us just under 50 bins from the We would like to take this opportunity to thank the great helpers that came out to help sort

at the landfill site for the Youth. landfill site as well as Gary Jarosz, Rick Asling, and Tyler and Natalie Warren, Sharron Smith, and Al and Sheila Asling who also helped to move the amazing number of donations that were left Thanks also to Ray Campbell (my hero) who has been amazing at moving bottles from the

Thanks Everyone!

SOMETHING TO THINK ABOUT!

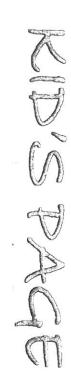
- A cashless society means no cash. Zero.
- If doesn't mean mostly cashless and you can still use a wee bit of cash here and there
- Cashless means fully digital, fully traceable, fully controlled.
- aware of what they're asking for. I think those who support a cashless society aren't fully

A CASHLESS SOCIETY MEANS:

- domestic violence. No more tuck-away cash for those preparing to leave
- No more purchases off marketplace unless you want to risk bank transfer fraud
- No more garage sales.
- No more cash donations to hungry homeless you pass.
- No more cash slipped into the hands of a child from their grandparent.
- No more money in birthday cards.
- No more piggy banks or tooth fairy for your child.
- no longer want/need for a bit of cash in return. No more selling bits and pieces from your home that you
- Less choices of where you purchase based on affordability.

WHAT A CASHLESS SOCIETY DOES GUARANTEE:

- Banks have full control of every single cent you own.
- Every transaction you make is recorded.
- All your movements and actions are traceable



HOW TO

APPROACH

STRANGE

DOG

Every word can precede or follow the word "apple."

ADAMS BAD BIG BLOSSOM BRAEBURN	CART CIDER COOKING CORE CORPS	FUJI JACK JUICE LOVE	PINE POLISHER ROTTEN SAUCE
	COOKING	JACK	2
BLOSSOM	CORE	LOVE	
BRAEBURN	CORPS	MAY	
BUTTER	CRAB	ORCHARD	õ
CANDY	FIONA	PIE	

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Knock, knock

Who's there?

Apple.

Apple who?

Apple.

Apple who??

Old boots

Apple.

doors

Haunted castle

Computer boffins

Fushion designers

Naked runners

Apple who??

Orange.

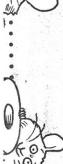
Orange who?

Lots of kids love playing hide and seek.
What do these love playing?

Scaredy-cats Hide and squeak Hide and sneak Hide and leak Hide and shriek Hide and reck

Skonks Spies . Nice

Hide and geek Hide and creak Hide and streak Hide and chic



for a break. But even cute dogs can bite practicing and you need a good excuse Here's how to approach one with ease. An adorable dog strolls by while you're

- Say to the owner: "Hi. Nice dog. Is he/she approaching any unfamiliar animal. (Don't protective of their owners; some are just tish around strangers; some are highly friendly?" Not all dogs are. Some are skitever approach a dog without an owner.) cranky. Get the ok from the owner before
- If the owner says its ok, approach the dog
- If the dog seems ok with you, you may Hold out your hand steadily beneath the This lets the dog get used to your scent. dog's nose and allow the dog to sniff you
- their backs behind the ears or stroked gently along pet it. Most dogs like to be scratched
- If the dog's ear prick, or if it growls in an undertone, step away! This is the dog's way of saying, "Back off!"



CANADIAN with their BIRTHPLACE: Match each

- Ray Bourque (hockey player)
- P Elisha Cuthbert (actress)
- 00 Terry Fox (humanitarian)
- Montgomery Lucy Maud (writer)
- **Ed Robertson** (musician)

- a. Alberta
- III. Manitoba
- 6 Ontario
- Prince Edward
- P. Quebec

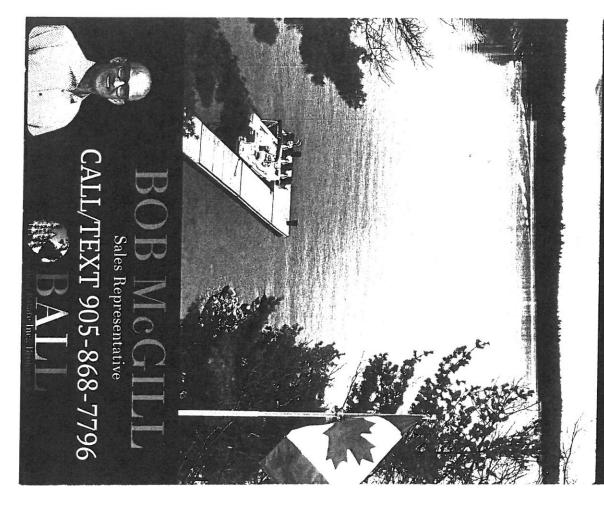
Answers: 1. e; 2. a; 3. b; 4. d; 5. c

activities like running, cycling, engaging in repetitive aerobic solutions to problems while you can often work out chemicals from your brain) that elevate your mood. As a bonus endorphins ("feel-good" and exercise. Get outside for some fresh air Exercise releases

Orange you glad I didn't say apple?

Let's Team Up!

Assist With Your Real Estate Goals.



07/22

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9

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Peggy Hirst or Melissa Watson

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Massey

colleenirlead@hotmail.ca

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01/23

2001 Suzuki DRZ250

Was running well but sitting for past 10 years. Needs 3rd gear, needs batter as well. \$800 O.B.O.

Ray @ 705-657-3930

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E-mail: abalas

For Sale:

- Like New outdoor propane pizza maker \$200
- 40 ft. industrial aluminum extension ladder \$400.
- New hot tub pump (220) \$300.
- Youth orange dirt bike helmet \$20.
- MAXX new in-box bathroom sink faucet set \$25.
- Various pieces of crystal, china, silver, antique bottles make an offer
- 2 new recessed in box white speakers \$50.
- Large hexagon fish tank (12" x 15") \$10.
- Trick water skis \$50.

Please phone 705-657-2828 (Gold Lake)

If your ad be because it has expired! S not 3 this issue it may



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Do you have any old sails, flags or other banners or material that is collecting

that really need to be discarded from your shed, please let me know. my business warehouse to dampen echoes and sounds. If you have any items I am looking for colourful (or plain) windsurfer or boat sails, etc. to hang from

I am willing to pay a small fee or make a contribution to our favourite charity.

Please contact Doug McIntyre at dmcintyre1776@gmail.com or 416-892-3030.

pick up at your convenience I live on the north shore of Mississauga but will gladly come to your cottage to

Proud cottager for approx. 72 years!

Doug McIntyre



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12/22

Cavendish Key Contact Information

Trent Lakes Municipal Council:

Councillor - at large Councillor - Harvey Ward Councillor –Galway Cavendish Deputy Mayor Mayor Terry Lambshead Carol Armstrong Ron Windover Peter Franzen Janet Clarkson 705-927-4968 705-657-7518 705-731-9871 705-738-1486 705-731-9410 pfranzen@trentlakes.ca carmstrong@trentlakes.ca jclarkson@trentlakes.ca tlambshead@trentlakes.ca rwindover@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Roads Superintendent Deputy Fire Chief Fire Chief Municipal Website Municipal Office Evan Grieger Howard Jinkerson Steve Brockbank www.trentlakes.ca fax: 1-705-738-3801 1 705-738-3800 or 1-800-374-4009 1-705-738-3800 ext. 221 EGrieger@trentlakes.ca 1-705-738-3800 ext. 230 1-705-738-3800 ext. 230

Barbara Waldron

1-705-738-3800 ext. 225

705-657-2490

Don & Blaine

Community Service Contacts:

Chief Building Official Cavendish Transfer Station

Cavendish Culture and Recreation King Sports Pad – Rink Cavendish Youth Group Trent Lakes Outreach Centre-foodbank Helen Bowen Branch Library 507 Express – Editor **CCC Rental Inquiries and Bookings** Cavendish Community Centre Sue Warren Molly Cadigan Katherine Warren Katherine Warren Katherine Warren Katherine Warren 705-768-3590 https://tlocfoodbank.wordpress.com/ 705-657-8912 kathy507@yahoo.ca 705-657-2743 705-657-8912 kathy507@yahoo.ca 705-657-1192 or 705-657-8912 705-657-8912 kathy507@yahoo.ca 705-657-8912 kathy507@yahoo.ca 705-657-1192

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

Vice President President Robert Taylor-Vaisey Gary Jarosz 1-416-264-4601 1-905-472-6816

Cottage Association Presidents/Contacts:

Ratty's Narrows Road **Gold Lake Road Association Greens Lake** Beaver, Cavendish, Bottle & McGinnis Mississagua —Gold Lake Road Mississagua District Picard Lake Catchacoma Lake **Greg Harper** Darren Wilcox **Katie Tingley** Paul Stenton Joe Natale Carol Thomson **Bryan West** Jamie Langer 705-657-2573 705-657-9128 brywest3@gmail.com mglakeroadgroup.com carolt@golden.net pstenton@ryerson.ca

Cavendish Landfill Site Hours of Operation

Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

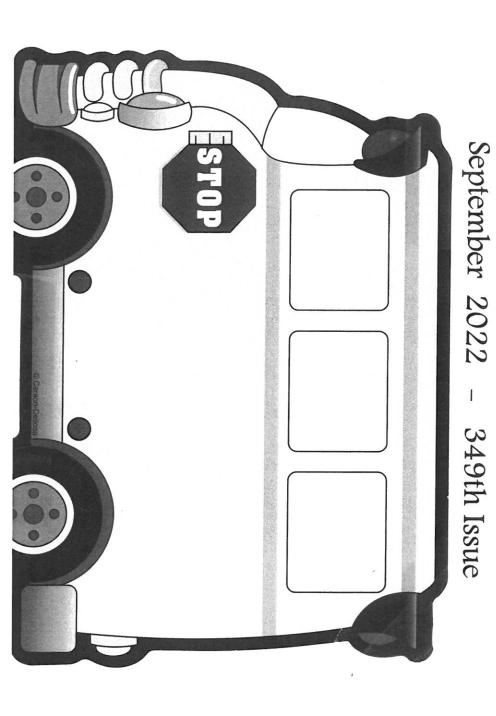
Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

Lilly Cadigan Ethan Harran Desiree Callan 705-657-2743 705-930-5159 705-657-1942 Clover Parent **Brea Grant** 705-808-2353 705-808-2711

Pet Sitting: Grace Grant 705-977-4141

EMERGENCY NUMBER: 911
Police Non-Emergency 1-888-310-1122
Ontario Hydro: 1-800-434-1235



September

0 .5	30 Graham McClenghan Marylou & Don Bowles	29	28 Library 10-4	Library 10-4 Sue & Steve Repath	26 Brea Grant	Kay Nickel Austin Lobb Ethan Rixen
23 Library 10-4 Sheila Asling Cathy & Don Corriveau	č.	22	Library 10-4 Bret Mortensen	20 Library 10-4	19	Bobbi-Joe Robertson Jan Herdman Jean & Gordon Selleck
16 Library 10-4 Parker Lobb	- Rachel Gillingham Mary Young Leckie	Madeleine Watts John Crowe Sr. Hayley Gillingham Jackie & Gerrit Kukemueller	14 Library 10-4	Library 10-4 Emma & Kevin Aspinall	12	Carol Giles Chris Thompson
Uibrary 01-4	Gail Mackay Eli Campbell Dylan Waldock Dan Corriveau	8 Corrie Callan	7 Library 10-4 Sean Leckie Jamie Hofstetter	bibrary 10-4 Phillip Herdman Lynda Savage Steve Perrier Melissa & Shane Watson	Greg Stephens	Patrick Clark
Saturday Library 10-4 John Stables	Filday Ira Robertson Glenn Dalton	Thursday 1 Frank Pageot William Mortensen Benjamin Mortensen	Wednesday	Tuesday	Monday	Sunday