

# The 507 Express

## Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

## This Month:

- Pot Luck Dinner
- Live it Up!
- In Passing
- Earth Day
- A tale of 3 Dogs
- Become Rodent Free
- Summer Soccer
- Spring Tea
- Fire Safety During Power Outages
- Time for Spring Cleaning

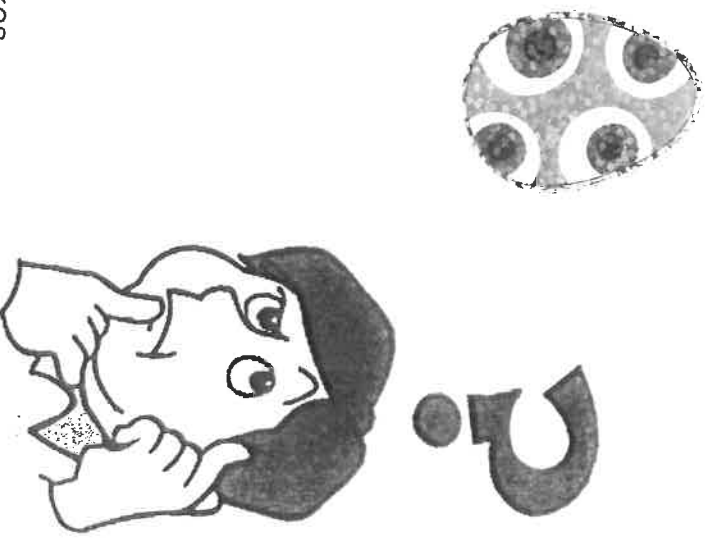
## 507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15<sup>th</sup> of the month.
- Advertising as follows:

Classified - \$2.00 per month  
¼ page - \$10.00 per month

1/8<sup>th</sup> page - \$5.00 per month  
½ page - \$15.00 per month

- A corn maze is a maze of maize.
- Fire trucks are actually water trucks.
- Candles are how we keep fires as pets.
- Every single odd number has an "e" in it.
- Does a straw have one hole or two holes?
- iPhone chargers should be called Apple juice.
- Why do we call it a building if it's already built?
- The object of golf is to play as little as possible.
- If tomatoes are fruit, then ketchup must be jam.
- Which orange came first—the fruit or the color?
- There are two E's in "bee," but they're both silent.
- Humans cut down birdhouses to make birdhouses.
- Restaurant forks have been in thousands of mouths.
- Fingerless gloves can't even be worn without fingers.
- We'll never really know what it smells like underwater.
- Being cool is a compliment, but being cold is an insult.
- Muffins are to cupcakes what smoothies are to milkshakes.



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns. Letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

Editor: Katherine Warren

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0

Phone Number: 705-657-8912

Email: [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

Donations towards publication are gratefully received!

# Community Report

## Changes to the 507 Express Publication

As you may or may not have noticed this is the 390 issue of "The 507 Express". Each year we do fundraisers to help support this publication and will continue to do so in the future. Unfortunately, times are changing and production costs are increasing so time has come for us to make some changes.

Starting in the month of March, 2026 you will no longer be receiving a complimentary 507 Express in your mailbox. If you wish to continue to receive it in this format we ask that you take out a subscription which will be \$36.00 per year or \$3.00 per issue. Subscription forms are available in every issue and payment can be made through e-transfer or in person during library hours.

It will also be available each month on-line at:  
<https://cavendishcommunitycentre.wordpress.com/>  
or simply google Cavendish Community Centre and you will find it under "Press".

### 507 Express Subscription

If you would like to receive "The 507 Express please complete this form. Cost for a subscription is \$3.00 per month or \$36.00 per year. Thank you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Please make cheque payable to Cavendish Culture and Recreation Committee  
Or you can e-transfer payment to [cavendishcandr@yahoo.com](mailto:cavendishcandr@yahoo.com)

**Mailing Address:** Cavendish Culture and Recreation Committee  
32 Community Complex Drive  
Trent Lakes, Ontario  
K0L 1J0

Are you interested in the activities that occur at the Cavendish Community Centre – do you have any suggestions or requests? Please forward your ideas, concerns, suggestions to:  
[cavendishc&r@yahoo.com](mailto:cavendishc&r@yahoo.com), you are also welcome to come out to one of our meetings – next meeting is at 7:30 on March 17<sup>th</sup> 1, 2026

### **Think about Volunteering!**

Volunteers are always needed in our community - Volunteer Firefighters, Community Policing Volunteers, Cavendish Culture Recreation Committee and Cavendish Youth Group. Great ways to give back to the community.

If you have thought about being a volunteer firefighter there are application forms on line through the Trent Lakes Municipal Website.

If you would like to become a member of the Cavendish Community Policing Committee stop by the office when you see the "Volunteer on Duty" sign out front or contact Dave Kuntz to get an application form. They also meet the first Monday of every month if you want to sit in on one of their meetings.

Cavendish Culture and Recreation Committee is the group that oversees the activities and events at the Cavendish Community Centre. If you would be interested in being a volunteer their next meeting will be in May. You can also contact Kathy Warren to get more information. This is a great way for highschool students to get the community service hours that are required for graduation.

The Cavendish Youth Group meets every Tuesday at 6 p.m. (no school - no youth group) and would welcome volunteers to help with activities for the children. Another great way to get the hours needed for graduation.

Think about being a volunteer!

### **Many Thanks!**

We would like to take this opportunity to thank Don Bowles for his many years as a member of the Cavendish Culture and Recreation Committee. He has decided that after forty years it was time to step down from the committee and though we are sorry to have him leave we also understand.

Don has been a valuable member of our committee and we will miss him, especially at our committee meetings. He will have to tutor one of our members on the art of lowering and raising the flags in front of the centre as he has always taken on this responsibility.

Many Thanks Don!

## **Wanted!**

### **A Creative Carpenter or Builder**

### **Who Might Like to be a Community Hero?**

### **What do We Need?**

## **A Quote**

Remember how nice it was when there was a gazebo at the picnic table outside the Library door? We all enjoyed it for many years after it was donated by the Garden Club out of their profits from plant sales. And then one, sad, winter day, something happened. (If anyone knows exactly what befell the structure, they aren't saying.)

**But the result is that the gazebo no longer has a leg to stand on.**

The roof is intact and the material that forms the flexible walls that protect us from mosquitoes can be made almost new.

Therefore, all we need are new legs (4" x 4" wood posts) and a means to either attach them to the concrete pads or ensure that they will stay in place.

**Is this you, or your friend? For more information, contact or visit the Helen Bowen Library (705-657-1192).**



## Gardening Tips

- Get your vegetable beds ready for planting by clearing them of weeds and mulching with well-rotted farmyard manure or garden compost.
- Feed shrubs and trees with a slow-release fertiliser. Roses in particular will appreciate a dose of fertiliser as they come back into new growth.
- Sow lawn seed to fix any bare patches.
- Lift and divide ornamental grasses like miscanthus, as well as summer-flowering perennials such as daylilies and hostas.
- Spring is a good time to be planting new perennials and shrubs. If it is a dry spring be sure to water the new plantings regularly.
- If you are growing fuchsias from cuttings or sweet peas from seed pinch out the growing tips of the seedlings to give you bushy plants that will produce masses of flowers.
- Deadhead spring bulbs like daffodils and tulips once the flowers have faded, but leave the foliage to die back naturally.
- Sow tomato seeds this month in the greenhouse or on a sunny windowsill. It is also a good time to sow pumpkin seed in small pots indoors.

### Plant seed indoors now

Tomatoes • Peppers • Aubergine/Eggplant • Leeks  
Impatiens • Petunias  
Basil • Rosemary • Chives

### Plant seed indoors in April

Broccoli • Cabbage • Kale • Cucumber • Zucchini  
Marigolds • Tithonia • Salvia • Alyssum

### Plant seed outdoors

*April/May before last frost as soon as soil can be worked*

Lettuce • Spinach • Onions • Beets • Carrot • Peas  
Pansies • Sweet Peas • Poppies • Snapdragon • Cosmos  
Cilantro • Parsley • Chives • Dill

Perennials

*Late May/June after last frost when soil is warm*

Beans • Cucumber • Zucchini  
Cosmos • Zinnia • Sunflowers • Nasturtium  
Basil • Borage

### Time for Spring Cleaning!

Hard to believe with all of the snow that keeps falling but spring is here! Time to get that dreaded spring cleaning taken care of. It's still slippery outside and too much snow to do yard work so it's a great time to clean and purge. Please remember that the Cavendish Community Centre has a yard sale every July and would be more than happy to take your unwanted items. They also have a Hidden Auction if you have items you received as a gift but will never use - they would also be welcomed.

Donations can be dropped off at the Community Centre during library hours and there is also a donation bin outside the library window on the lower level. If need be you can also contact Kathy or Jonathan Warren at 705-657-8912 and they will make arrangements to meet you at the centre. There is space to store them till July so that you don't have to hang onto them till then.

### Cavendish Community Centre

## Garden Club

#### What we do:

- Plant and maintain the Community Centre gardens and planters
- Other beautification projects around the Community Centre
- Plant sale every other year in June
- Seed swap
- Group garden excursions such as attending events, visiting garden centres and touring each other's gardens

### Interested in joining us?

Contact Deb Pageot  
dpageot13@gmail.com

# Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive Trent Lakes, Ontario, K0L 1J0

## Application for/Renewal of CCRAI Membership

### Membership Fees

I am RENEWING my membership for 2026

\$20.00 per household

I am APPLYING for membership for 2026

\$ \_\_\_\_\_ Additional Voluntary Donation

I am donating to CCRAI Lake and Water Quality Programs

\$ \_\_\_\_\_

Name of Member/Applicant: \_\_\_\_\_

Additional Member in Household: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cavendish Phone: \_\_\_\_\_

Do you prefer to receive your yearly newsletter electronically via email? \_\_\_\_\_

Email Address: \_\_\_\_\_

Cavendish Address (Lake/Lot & Conc): \_\_\_\_\_

Waterfront: Yes No

**CCRAI is a community-based organization dedicated for over 30 years to working with all local cottage, lake and road associations, residents, and businesses to understand their shared issues and concerns and represent them to all levels of government and other policy makers.**

**We find solutions for important issues that are common to over 7,000 property owners in the Municipality of Trent Lakes.**

**CCRAI works on your behalf to champion a resilient and sustainable community, a healthy natural environment, and a safe, desirable quality of life to protect our personal and family investments.**

**Public Meetings in 2026 - Cavendish Community Centre  
In person and Via Zoom (invitations emailed in advance)**

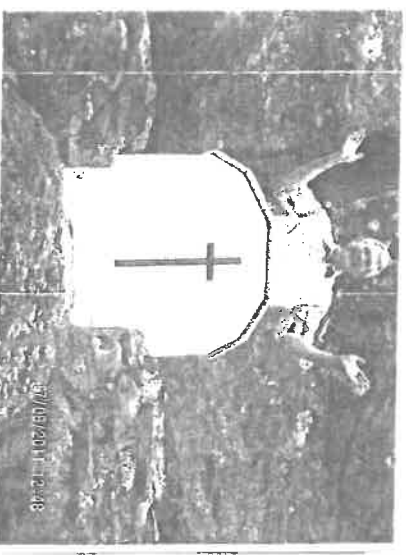
- Saturday June 13, 2026 – 10am-12:00pm – Public Meeting
- Saturday August 15, 2026 – 10am-12:00pm – AGM and Public Meeting
- Saturday September 19, 2026 – 10am-12:00pm – All Candidates Meeting

**Everyone welcome. Stay informed. Be heard. Make a difference**

For online payments, please email in the form and email/E-transfer the membership fee to [CCRAIMAIL@GMAIL.COM](mailto:CCRAIMAIL@GMAIL.COM). You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>



## In Passing.....

Sadly, long-time Catchacoma Lake cottager, Jack Roberts passed away suddenly at his home in Port Perry on March 3rd, 2026.

Jack was known to many cottagers through his work as an Anglican Minister, presiding over many cottage weddings and celebrations of life. Jack enjoyed weekly golf games with friends and neighbours – and the church ladies always appreciated his help in the kitchen after social events. His friends will miss his sense of humor and positive outlook on life. He will long be remembered for his true sympathy and compassion for his fellow man. Jack is survived by his beloved wife Mary and sons Chris and Geoff. His funeral was held on March 17<sup>th</sup> at St. Margaret's in the Pines in Scarborough.

# Certified Insured Arborist Available to Help! 705-933-2757



06/26

St. Matthew - St. Aidan Anglican Church  
1937 Lakehurst Road, Buckhorn

*Presents*  
**SPRING TEA**



*Featuring special presentation by*

**Vikki of Griffin's Greenhouses**

**Saturday, April 25, 2026  
2:00 pm to 4:00 pm**

**Admission \$15.00 at the door**

Includes complimentary ticket on draw for Vikki's  
presentation donation.

Supporting local community outreach

*To confirm attendance please call 705-657-1456*

## **BINGO**

We are still hoping to have a bingo night at the Cavendish Community Centre on a monthly basis. We have run into a small glitch with the permit but hope to have obtained the necessary paperwork by the end of the month.

Please mark **April 24th** on your calendar and watch the advertising sign on the 507 for confirmation of the date. Hope to see you all then!



## **Seeds for Sowing**

If you enjoy gardening stop by the Cavendish Community Centre during library hours and check out the seeds that are available. There may be something that you haven't tried before or one that you didn't want to spend the money on if it wasn't going to grow in our area. Now's your chance - check out the "Seeds for Sewing". If you have seeds you no longer want we will be happy to add them to our selection.

Live @ Up!

Stiff, Sore, Stressed?  
5 Fun, Natural Ways to  
Reclaim Your Health

Saturday, May 30, 2026  
Wellness Workshop  
& Fundraiser for  
Cavendish Community Centre

Imagine how good you'll feel after:

1. Free your joints - Gentle stretching
2. Boost your energy - Movement flows
3. Calm your nervous system - Breathing
4. Discover simple joy & have fun while moving - Mindful positivity
5. Connecting with others who care about their health

Do something good for yourself while supporting the Cavendish Community Centre - the hub of our community.

Bring friends and your weekend visitors.  
14+ years

Do all activities sitting in a chair or standing with chair support - no getting up and down off the floor.

- Healthy snacks and teas
- Special gift bags for all
- Draw prizes

Sheila Cook

- BSc Kinesiology
- Certified Yoga, Yoga for Anxiety & Meditation Teacher
- QiGong Practitioner
- Teaches summer classes in Cavendish + by Zoom

I transformed my health after back surgery, PTSD, and work burnout with these practices. Now I'd like to share them with you!



"My back always feels so much better after Sheila's classes. Her gentle approach is perfect for my body."

"Sheila has a knack for explaining the moves in easy to understand ways. She explains the benefits of each pose and breath - I like that."

"She's really good at adapting classes for people with injuries and arthritis. She focuses on what each of us can do, rather than on our limitations. Make me feel hopeful!"

**Date:** Saturday, May 30, 2026

**Location:** Cavendish Community Hall - 18 Community Complex Drive, County Road 507

**Time:** 0930 a.m. - 1200 noon (Check-in at 9:15 a.m.)

**Ticket:** \$60 for one person. Bring a friend \$50 each. \$40/ticket given back to CCC.

**Easy to Register:**

**Fill-Out Form**

<https://www.surveymonkey.com/tr/CCCMay26>

**OR Email your interest to**

[sheila.cook@invizzen.com](mailto:sheila.cook@invizzen.com)

**Payment Options:**

- 1) Etransfer: [sheila.cook@invizzen.com](mailto:sheila.cook@invizzen.com)
- 2) Cash or cheque at the door.

What to bring list will be sent after you register.

# Pot Luck Dinner

Saturday, April 18th @ 6 p.m.

Cavendish Community Centre

"Remembering the ice storm of 2025"

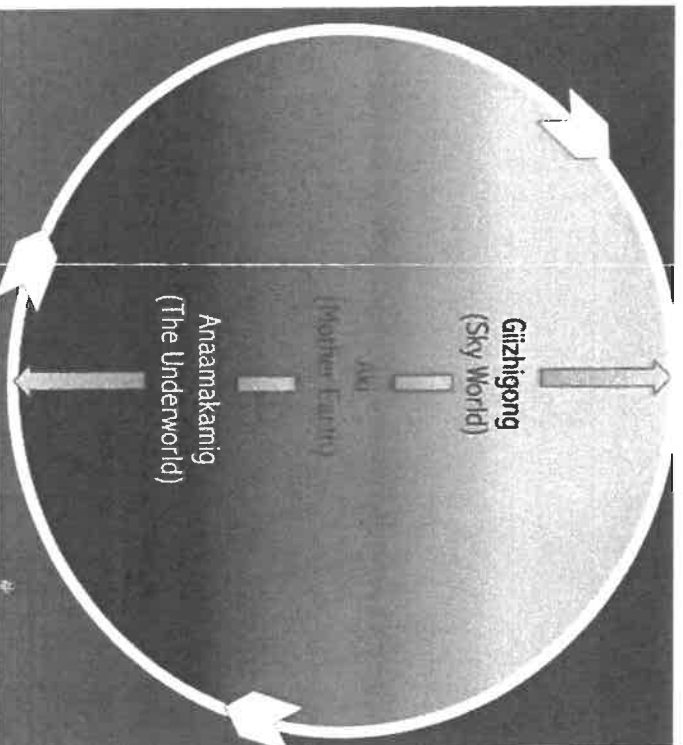
## The Michi Saagiig Nishnaabeg Understanding of How the Universe Works

**Editor's Note:** Eric Knott, the author of this article, is a resident of Curve Lake First Nation and a member of Trent Lakes' Environmental Advisory Committee. Here, he shares his cultural understanding of the universe we all share and need to work together to protect. You can see or meet him on May 23: in the morning he will be at a Kawartha Lakes Water Stewards' event at the Buckhorn Community Centre; at 2 pm he will be at the entrance to the Catchacoma Old Growth Forest on Highway 507 where another water walk will start.

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Preserving nature is important to our Michi Saagiig Nishnaabeg culture, as it is for all Indigenous peoples. Nature is wholly integrated into our understanding of how the universe works.

The Michi Saagiig identify 3 interconnected spiritual territories – Gizhigong (the Sky World), Aki (the Earth) and Anaamakamig (the Underworld). This is similar to the Western religious traditions of Heaven, Earth and Hell, and to the Greek and Roman world view as seen in their myths and legends. However, there are differences – we Michi Saagiig do not see ourselves in the centre. Instead, we see that all 3 spheres are equals and equally essential to our existence.



In Michi Saagiig teachings,

the stars are relatives, and knowledge of dodeemag (clans) comes from Gizhigong. The clans organize responsibilities, relationships and governance. We call our understanding of how the world works Bimaadiziwin (the good way of life). It guides us on how to conduct and live our lives within these spheres in peace, harmony and balance.

When any of the spheres is out of balance, our relationship with them is disrupted, including our Circadian rhythms. Only by practising the teachings of the ceremonies and stories that originated from the spheres are we able to restore a reciprocal balance in life.

Carla Salvador  
[carla@carlasalvador.ca](mailto:carla@carlasalvador.ca)



## Dates to Think About

- 1<sup>st</sup> – April Fool's Day
- 2<sup>nd</sup> – National Burrito Day
- 3<sup>rd</sup> – Good Friday
- 4<sup>th</sup> – International Pillow Fight Day
- 5<sup>th</sup> – Easter Sunday
- 6<sup>th</sup> – Easter Monday
- 7<sup>th</sup> – World Health Day
- 10<sup>th</sup> – Day of Silence
- 16<sup>th</sup> – World Voice day
- 17<sup>th</sup> – International Bat Appreciation Day
- 18<sup>th</sup> – World Heritage Day
- 20<sup>th</sup> – World Look Alike Day
- 22<sup>nd</sup> – Earth Day
- 23<sup>rd</sup> – World book Day
- 25<sup>th</sup> – World Penguin day
- 26<sup>th</sup> – Pretzel day

### KITCHEN TRIVIA

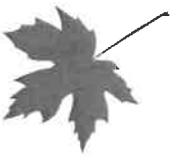
**Q.** How many M&M's™ are sold each day?

**A.** The estimated count is 200,000,000

## KID BREAK!

### How to Make Mosaics

MOSAICS are easy to make using common ingredients found in your kitchen. Have your child find a picture they like in a coloring book and tear the page out. Glue it on a piece of cardboard. Then set out a small dish of the following: red beans, navy beans, rice, various pasta shapes, unpopped popcorn, etc. Or you may want to use food coloring and color white rice. Colored rice can be used alone. Then using the various items (or colors of rice) fill in the spaces of the coloring picture with the art forms and all-purpose art glue. Small children should be carefully supervised to keep them from putting the glue in their mouths. Be generous with the glue—it will dry clear. The same thing can be done with egg shells crumbled into pieces, but using egg shells is a bit more difficult. Avoid using marshmallows, sugared items such as cereal, or anything that will draw ants or other unwanted critters.



## MAPLE SYRUP



Until the mid-1800s, the maple tree was used mainly to produce sugar. When cheaper cane sugar became more widely available, sugar producers shifted their focus to the delicious syrup.

Most maple syrup comes from Québec. The province produces about three-quarters of the world's maple syrup.

In 2011, scientists discovered an antioxidant compound in maple syrup that had never been seen before in nature. They named it *quebecol*.

Québécois sometimes refer to imitation maple syrup as *sirup de poteau*, or "pole syrup." They say the syrup is produced by tapping wooden telephone poles.



Maple syrup was discovered by Aboriginal peoples living in what is now eastern Canada and the northeastern United States.

It's sometimes said that the leaf on the Canadian flag is that of the sugar maple. According to the government, however, it's actually a stylized leaf representing a "generic maple species." Canada has ten native maple species, and at least one grows in every province.

## Cavendish Branch Library

Hello Spring! The Cavendish Library is open on the Saturday of the Easter long weekend – drop in, pick up a book, DVD or just to say HI!

Upcoming Coffee and Chat dates:

On Wednesday, April 29, **Alison Hansen from Rodenticide Free Ontario** will speak at the **Buckhorn Library** about the harmful effects of rodenticides on pets and wildlife.

On Wednesday, May 27, **Ted Spence from the Coalition for Equitable Water Flow** will discuss how water levels affect shorelines and answer questions regarding drought, flooding, navigation and the environmental impact of water management in the Trent Watershed. This presentation will take place at the **Cavendish Library**.

On Wednesday, June 3, **Trent Lakes Fire Rescue** will present a session on wildland fire preparedness and awareness at the **Cavendish Library**.

**All presentations are free and open to the public.**

A library offers so much more than books! In addition to **free passes to Lang Pioneer Village, Canadian Canoe Museum, and Ontario Parks**, we also offer **free DVD rentals, magazines and Wi-Fi**, and a welcoming space to study, work, or gather as a community.

Cavendish Library hours: Tuesdays 4:00 pm to 8:00 pm; Wednesdays and Saturdays 10:00am to 4:00 pm.

### • **Want to Become Rodent-proof and Rodenticide-free?**

The information below came from Rodenticide Free Ontario (RFO, [rodenticidefree.ca](http://rodenticidefree.ca)):

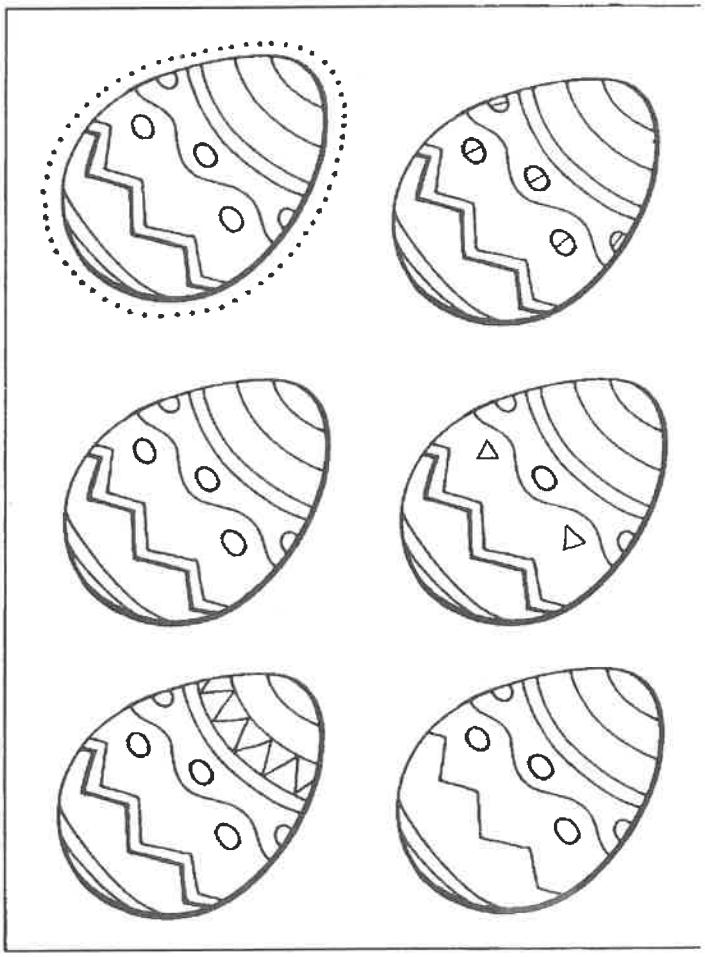
- identify and seal any entry ways around the perimeter of your house/cottage. (I know, a lot easier said than done.) Bonus - your house will also be more energy efficient!
- trim branches near the structure to avoid providing roof access
- remove food and garbage attractants:
  - rinse recyclables, and keep garbage in a sealed container
  - keep your BBQ and fire pit clean and free from food scraps
  - do not leave human or animal food outside (e.g., pet food, bird food, and deer food)
  - remove fruit from trees and shrubs as quickly as possible.
- Hire a humane wildlife removal company. Contact Allison Hansen [hansenallison@gmail.com](mailto:hansenallison@gmail.com) for names of humane companies that service our area
- Spread the word about dangers of rodenticides and encourage others to discontinue their use.

I have another suggestion – make your house a food desert for mice and rats. All my (human) guests think I'm a nag and a pain, but, last year, it worked for me. No fruit on the table, no butter on the counter, no nuts or candies in a pretty dish, and all kitchen cabinets and drawers were rebuilt to be mouse-proof. **Do you have any other safe suggestions to discourage unwanted mice and rats? If so, please let me know.** [carla@carlasalvador.ca](mailto:carla@carlasalvador.ca).

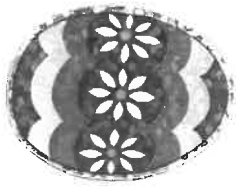
# KIDS PAGE

DID YOU KNOW  
... the sting of  
most jellyfish will  
not harm  
swimmers.

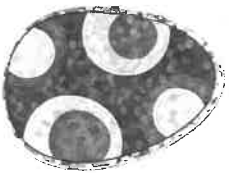
Find the identical twin



# Earth Day Word Search



E L C O N S E R V E H  
Y C W S R S A E E P T  
E Q O E O N U C R L W  
L A U L I I U Y E A O  
Y S R M O D L C T N R  
E F A T E G L L A T G  
M L E R H W Y E W U V  
T N E M N O R I V N E



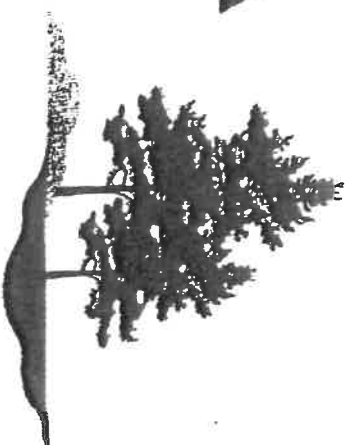
animal  
conserve  
earth  
ecology  
environment  
growth



plant  
recycle  
reduce  
reuse  
soil  
water

# CATCHACOMA MARINA

Serving Cottagers & Community



## CONVENIENCE STORE FULL SERVICE MARINA

Marine Repair · Boat Cleaning & Detailing  
Canoe & Boat Rental · Winterizing & Storage



705-657-3354

OPEN MAY-OCTOBER

[catchacomamarina.com](http://catchacomamarina.com)

07/26

### How Well Do You Know Your Country?

1. Which famous Canadian singer sang "Baby"?
2. In which Canadian city were the 2010 Winter Olympics held?
3. Which Canadian Dessert consists of fries, cheese curds, and Gravy?
4. What colorful natural light display can be seen in Northern Canada?
5. Which Canadian river is the longest?
6. What is the primary color of the Canadian Flag?
7. What bird appears on the Canadian one-dollar coin?
8. Which province is known as "The Birthplace of Confederation"?
9. What Canadian City is known for its Jazz Festival?
10. Which large bay is found in the northern part of Canada?

### Gardeners

I have a lovely garden and all of the tools

- all I lack is a green thumb
- anyone want to partner?

Contact Rick @ 705-657-3600



### Mudge Cottage Care

Bill and Marina Mudge Working and  
Living on the Catchacoma Chain of  
Lakes

- Tree cutting and brush removed
- Lawn care, mowing and whipper Snipping
- Leaf blowing and raking
- Gutter and eaves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

705-657-1694 cell  
Or 705-400-7795

[Marinamudge@gmail.com](mailto:Marinamudge@gmail.com)

03/28



## Canoeing/Kayaking

- Know your limitations. Choose water that matches your skill level and never paddle near dams.
- Keep warm. Dress appropriately and consider investing in a neoprene suit, gloves and footwear.
- Always wear a properly fitted, approved Personal Flotation Device (PFD).

## Stream Fishing

- Make sure your fishing locations have safe access points and a manageable current.
- Don't wade too deep, and wear a belt over waders to prevent water from seeping over the top.
- Bring along a wading staff for stability and probing bottom.

## Hiking

- Be prepared! Have a map of your route and leave a copy with someone at home, and always let them know when to expect you back.
- Keep to marked trails and obey all posted signs; they're there for your safety.
- Avoid hiking too close to moving water during the spring. Water levels can rise to dangerous levels if a dam is released or the weather turns.

## Tips for Kids

Kids must wear a life jacket when in a canoe or kayak, but consider always putting a PFD on younger kids when you're around water.

# It's a Part of Our History

**\*\* Between the years of 1885 to 1912, the following places and things not only existed in the immediate areas of Bottle/Sucker Lakes, but they were indeed a very functional part of the logging industry which took place here.**

**The Mill Pond** --- Go for a paddle up the creek which flows into the north end of Bottle Lake. When you reach the rapids located in the creek, go ashore on the west side. Take the walking trail (notice the white quartz vein) which leads you right to the Mill Pond and what's left of the man made dam.

Although the dam holds very little water back now, you can see from the lay of the land that when this dam was in place, it would have formed quite a sized pond. The Mill Pond not only held a large number of logs afloat, but it also provided a head of water to power the saw mill.

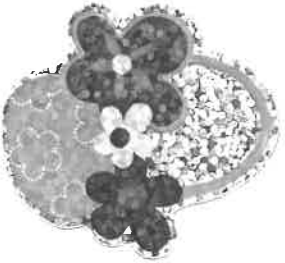
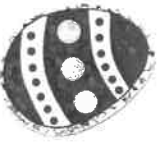
**The Saw Mill** -- this Mill was on a small scale and was used to only square the timbers --- There are still a few steel parts and pieces scattered amongst the rocks and brush - This mill was enclosed within a building. No dates available as to when or for how long this Mill was actually in use.

**The Shanty Bottom** - located (below the rapids) just down stream from the Old Mill on the east side of Stoney Creek. These buildings were long gone by 1938 --- You're still able today, to see the depressions in the ground where these buildings once stood. Back in the days when these buildings were inhabited, a trail lead from here and ran all the way to the Black Smiths Shop on Nixon Lake. Parts of this trail are still recognizable today.

If your advertisement is no longer in the 507 Express is might be that it is past time to renew. Check the umber is the lower right corner of your ad to see when it runs out! If in doubt please contact Kathy at 705-657-8912 or [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

## It happened this Month....

- 1st, 2004 – Google launches Gmail, with some believing it to be an April Fools' joke.
- 2nd, 1805 – Author Hans Christian Andersen is born in Odense, Denmark.
- 3rd, 1973 – Martin Cooper, an engineer at Motorola, makes the world's first cell phone call.
- 6th, 1968 – Pierre Trudeau becomes the Prime Minister of Canada
- 7th, 1948 – World Health Organization was founded
- 8th, 1892 – Mary Pickford a Canadian Actress was born – she was known as “America’s sweetheart”.
- 9th, 2005 – British heir to the throne Prince Charles and Camilla Parker Bowles finally marry, more than 30 years after their romance first began.
- 14th, 1912 – at 11:40 p.m., the RMS Titanic hits and iceberg in the North Atlantic Ocean.
- 21st, 1926 – Elizabeth 11 became Queen of England.
- 29th, 2011 – Prince William and Catherine Middleton marry at Westminster Abbey in London, England.



# FLYNN'S STORE

1447140 Ontario Ltd.

**Corner of County Roads 507 & 36**

Fuel, Baked Goods, Groceries  
Hoodies, T-Shirts, and Track Pants

**QUALITY PRODUCTS AND SERVICES**  
**Winter Hours 6:30 a.m. to 6 p.m.**  
**Sundays 8 a.m. to 6 p.m.**

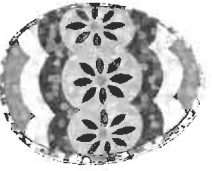
11/26

## Earth Day

Earth Day is celebrated each year on April 22<sup>nd</sup>. Events around the world are used to help teach people how they can help our planet. It has been reported that over 1 billion people do something on or around Earth Day each year in an effort to help the environment.

The best thing that you can do on Earth Day is to get out there and do some actual work on helping to improve our environment. Here are a few ideas you can use for your family. If you are a child be sure to check with your parents before you do anything and hopefully get them to do it as well.

- Pick up trash- doesn't sound like fun but is great for the environment.
- Plant a tree – trees help turn carbon dioxide into oxygen in a process called photosynthesis.
- Plant a vegetable garden
- Use Reusable bags
- Save energy – lower the temperature in your home, turn off the TV, computer, and lights when you leave a room. Watch less television and play less video games and go play outside instead.



# Unanges 10 Ine Blue Box Program Items Now Accepted with Containers



Blister Packs



Medication Bottles



Dispensers



Squeeze Tubes



Cereal Bags



Plastic Cutlery



Take-Out Cups/Lids



Deodorant



Pet Food Bags



Toothpaste Tubes



Plastic Straws



Styrofoam

**These Items Should be Placed in a Bag Along with Flexible/Film Plastics and Placed with Fibres**



Granola/Candy Wrappers



Bubble Wrap



Chip Bags

Any questions may be answered by Circular Materials or by consulting their website:  
[Circularmaterials.ca/ON](http://Circularmaterials.ca/ON).  
[customerservice@circularmaterials.ca](mailto:customerservice@circularmaterials.ca)  
**1.877.667.2626**

Interested in Playing Volleyball?

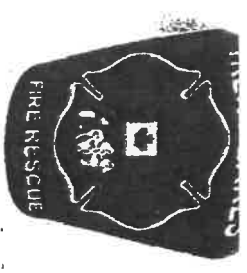


There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$3.00 per person per night. For more information please contact: Jonathan Warren 705-657-8912

### Apply for a Burn Permit

Are you planning on having an open air burn in Trent Lakes? If so, you must have a burn permit. Permits are free and they are valid until December 31st of the year you obtained it.

Burn permit application available at:  
(<https://form.trentlakes.ca/Fire-Department/2026-Open-Air-Burn-Permit>)  
or by calling 1-705-738-3800 ext. 249



## Fire safety during power outages and floods

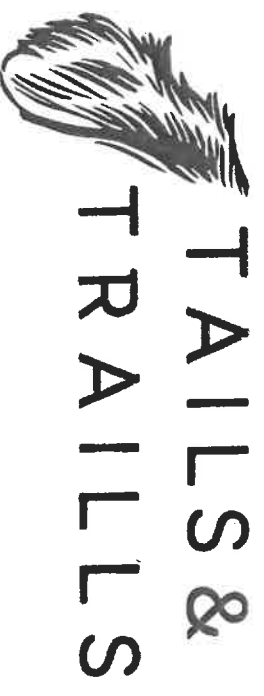
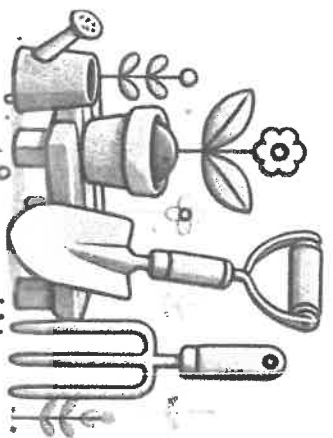
The following tips will help reduce fire risk during a power outage:

- Make sure your home has battery-operated smoke alarms and carbon monoxide alarms. Electrically connected smoke alarms and carbon monoxide alarms will not work when the power is out unless they have battery back-ups.
- Use flashlights or battery-operated lanterns instead of candles or hurricane lamps. If using candles, place them in a secure holder and cover them with a glass chimney, away from children and pets.
- Only use propane and charcoal barbecues outdoors. Do not bring them inside.
- Purchase generators with recognized approval labels. Make sure the unit has proper connection receptacles and circuit breakers.
- Only use portable generators outdoors and ensure that exhaust fumes do not enter the home. Allow the generator to cool before refueling. Refuel the generator outside, following the manufacturer's instructions — store fuel for the generator in approved containers outside the home.
- Use only portable space heaters that have been designed for indoor use and follow the manufacturer's instructions. Provide adequate ventilation by opening a window slightly while the heater is in use. Before refueling, turn off the heater, wait for it to cool and take the heater outside to refuel.
- Make sure electric stove elements and small appliances are off or unplugged to prevent fires from occurring when the electricity is restored.
- Have at least one phone that does not require electricity to operate. Cordless phones will not work when the power is out.

### Gardener Needed!

Gardener needed for multiple gardens on a property just off County Road 507 near the community centre.

If interested please text: 416-904-9565



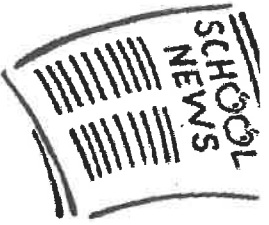
## Pack Hikes | Dog Training | Boarding House Sitting

Reliable, Experienced, and Dog-Loving Team!

Serving dog families who want more than just a walk around the block!

Fully insured – Passionate about dogs - Tailored to your dog's needs

[tailsandtrails.com](http://tailsandtrails.com)

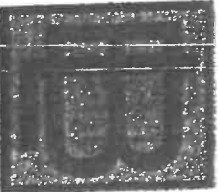


Mark on your Calander:  
 April 3rd - no school - Good Friday  
 April 6th - no school - Easter Monday  
 April 17th - no school - P.A. Day - all schools

**Bullying**

Bullying, by definition, is aggressive and typically repeated behaviour by an individual where:

- » the behaviour is intended by the student to have the effect of, or the student ought to know that the behaviour would be likely to have the effect of:
  - causing harm, fear, or distress to another individual including physical, psychological, social or academic harm to the individual person's reputation or harm to the individual's property; or
  - creating a negative environment at a school for another individual.
- » the behaviour occurs in a context where there is a real or perceived power imbalance between the student and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education; the behaviour includes the use of any physical, verbal, electronic, written or other means,
- » cyber-bullying includes bullying by electronic means including, but not limited to:
  - impersonating another person as the author of content or messages posted on the Internet,
  - communicating inappropriate material electronically to one or more than one individual or posting inappropriate material on a website that may be accessed by one or more individuals,
  - using social media, or other digital tools, including Artificial Intelligence (AI) to bully, harass, impersonate or otherwise defame any member of the school community.
- » bullying adversely affects a student's ability to learn,
- » bullying adversely affects healthy relationships and the school climate,
- » bullying adversely affects a school's ability to educate its students,
- » bullying will not be accepted on school property, at school-related activities, on school buses, or in any other circumstances (e.g., online) where engaging in bullying will have a negative impact on the school climate.



**Specializing In:**

- Landscaping/Hardscaping
- Excavation
- Septic Installation
- Road Grading
- Stump Grinding/Lot Clearing
- Aggregate Haulage and More!

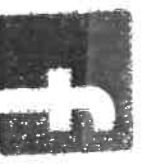
LAMB BROS

Call, Text or Email Blake and Colby Lambshhead for your free estimate!

705-875-0648 / [lambbrosinc@gmail.com](mailto:lambbrosinc@gmail.com)

06/26

Cavendish Community Centre is on Facebook! Find us and follow us at [facebook.com/CavendishCommunityCentre](https://www.facebook.com/CavendishCommunityCentre). It's a great way to stay in touch with what's happening at the CCC.





# Recipe of the Month



## Buffalo Style Chicken Wings

### Ingredients:

|         |   |         |  |
|---------|---|---------|--|
| 2 cups  | All-purpose flour   | 1/2 cup | Unsalted butter, melted                    |
| 1/2 tsp | Fine salt   | 2 tbsps | Freshly squeezed lemon                     |
| 1/2 tsp | Cayenne   | 1/4 cup | Hot sauce (or to taste)                    |
| 2 lbs   | Vegetable oil for frying  |         | Lemon juice                                |
|         | Chicken wings, split at the joint, wingtips removed and discarded |         | Blue Cheese Dressing (recipe on next page) |
|         |   |         | Celery sticks                              |

### Preparation:

Preheat oven to 400°F. In a large bowl, whisk together flour, salt and cayenne. In a large heavy-bottomed pot, pour in the oil to a depth of 2". Place over Medium heat and heat until a deep-fry thermometer inserted in the oil registers 375°F. Working in 3 batches, dredge the wings in the flour mixture and fry until lightly browned, about 10-12 minutes per batch. Using a slotted spoon, transfer the wings to a paper towel-lined plate. (Make sure the oil returns to the proper temperature before frying each batch.) In a large bowl, combine butter, lemon juice and hot sauce. Toss the fried wings in the hot sauce mixture. Transfer the wings, with the sauce, to a large foil-lined baking sheet, or 2 small ones, and bake, turning the wings occasionally, until crispy and they have absorbed most of the sauce, about 35 minutes. Transfer the wings to a serving platter and serve with the blue cheese dressing and celery sticks.



## Games Night

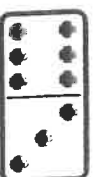
### Cavendish Community Centre

Every Saturday Evening

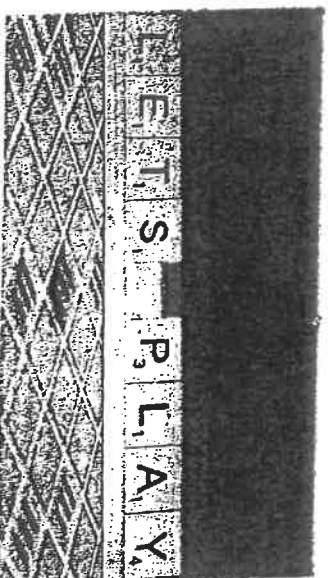
@ 7 p.m.



Come out to the Community Centre and join your neighbors and enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome!



**Scrabble Night**  
**Cavendish Community Centre**  
**Thursday Evening - Starting at 7 p.m.**



# Good Buy Room Thrift Store

## Hours:

Thursday and Friday 10 am - 4 pm  
Saturdays 10:30 am – 2:30 pm

Lakehurst Road  
Buckhorn  
(Below Buckhorn Library)



705-761-4832

Interior Wood Finishing  
Window/Door Trims  
Baseboards  
Decks  
Repairs & More

No job too small

twbcarpentry3101@gmail.com  
Rich Mortensen

06/26

# CAVENDISH JIGSAW PUZZLES



We have puzzles you can sign out for three weeks.

Sign up to the Municipality of Trent Lakes  
Monthly Newsletter!

SCAN THE QR CODE OR HEAD TO:  
<https://mailchi.mp/trentlakes/sign-u>



Municipality of  
**Trent Lakes**

## "The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$15.00

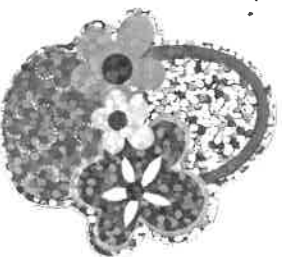
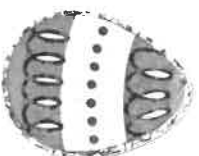
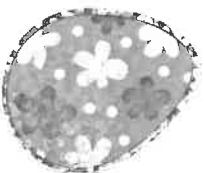


# BIRTHDAYS & ANNIVERSARIES!



## BIRTHDAYS THIS MONTH

4<sup>th</sup> Harold Dalton  
5<sup>th</sup> Ric Mackey  
Austin Pearce  
6<sup>th</sup> Nick Cadigan  
Jenna Cadigan  
Nicholas Callan  
7<sup>th</sup> Sarah Lakatos  
11<sup>th</sup> Dalton Smith  
14<sup>th</sup> Barbara Hawkins  
Jade Peeters  
19<sup>th</sup> Cynthia Longa  
20<sup>th</sup> Terry Higgins  
22<sup>nd</sup> Katie Herdman  
Terry Lambshead  
23<sup>rd</sup> Adam Shepski  
26<sup>th</sup> Doris MacLellan  
Keith Leckie  
30<sup>th</sup> Rick Asling



15<sup>th</sup> Julia & Aidan Sawyers  
16<sup>th</sup> Sarah & Rick Parent  
24<sup>th</sup> Mary & Lance Coulthard



Happy Anniversary

If you would like to have a birthday or anniversary added please  
contact [Kathy@705-657-8912](mailto:Kathy@705-657-8912) or [kathv507@yahoo.ca](mailto:kathv507@yahoo.ca)

Ontario Certified Marine Mechanics

Custom Docks  
Service Calls  
Gas & Propane  
General Store  
Boat & Snowmobile storage

Call, we fix them all!

705-657-9088

Meat supplied by the Butcher Shoppe  
Chainsaw sharpening and replacement  
NEW & USED boat, snowmobile,  
trailer & ATV sales

Painting & Structural repairs:  
fiberglass, aluminum, gel coat, etc.  
Shrink wrap & Winterization  
Tops: new & repairs  
Prop repair

Boat & Canoe Rentals  
Snowmobile & ATV repairs  
Insurance Claim handling  
Spring water  
Welding



Ontario Certified Marine  
Mechanic on duty  
Monday-Friday

April Store Hours:  
Monday – Friday  
9am-4pm  
Closed Saturday & Sunday  
Closed GOOD FRIDAY

Customer Service is #1!

## A Tale of 3 Dogs: Part 1

Chances are that your family includes a dog or 2, or maybe even more. I don't actually have a dog, but I keep a bag of (apparently) delicious "dog bones" in my car, to help ensure I am warmly greeted by my friends' furry kin and, possibly, even by those friends.

Unfortunately, some dogs end up eating items that do not produce the same happy effect. Just the opposite. I have recently heard of 3 such dogs. My friend Allison Hansen's beloved rescue dog named Torchy; Coco, a treasured companion of Allison's friend Janice Freun; and Riley, whose guardian was Councilor Maurice Brenner from Pickering. Below is a very abbreviated version of Torchy's tragedy. Coco's and Riley's sad tales will appear in subsequent articles.

### Torchy's Story

Allison reports, "Our sweet rescue dog Torchy always seemed to be an adept hunter, catching many rodents and even gifting us the odd one. She caught her first mouse shortly after we rescued her: she saw a mound lying in the middle of the sidewalk by a popular restaurant. As we approached, Torchy quickly picked it up and turned to look at me. Before I could stop her, she swallowed that mouse whole. I now realize why she was able to catch mice so easily – they were sick and slow, dying painful deaths themselves.

"Our first clue that Torchy was ill was that she started to chew her food. This quickly turned into full-blown anorexia. The vet found that she was in critical need of "inpatient" liver support. We visited her daily with no improvements. As her health continued to decline, we were allowed to bring her home in hopes that this would brighten her mood and she might eat. When she came home she stopped drinking, at which point we had to syringe water and food into her. Her belly became hard and bloated, she started to have trouble walking and developed sores in her mouth. Because her blood was not clotting properly her outlook was bleak. When she lay in the bush to hide from us, we knew that it was time to set her free from her pain. In the course of a few months, she had gone from a vibrant 55-lb dog to 42 lbs of sadness. Torchy ultimately died an awful and slow death due to liver failure caused by the build-up of rodenticides.

### What Is Going On?

All too often our companion animals are poisoned. **Poisoned?** Someone is out there poisoning our furry family members? And also our wildlife!

The poisoning of pets is not deliberate but, it is frequently deadly. Poisoning of some wildlife (e.g., mice, rats) is deliberate but inevitably our furry friends and non-target wildlife become collateral damage. Rodenticide was detected in 62% of raptors tested in Ontario from 2017-2019. Other small wildlife species (e.g., squirrels, chipmunks and songbirds) may eat the poison. Other mammals and raptors – owls, coyotes, skunks, foxes, eagles – then eat the poisoned prey species. And then they get sick, and usually die. Usually long, painful, slow deaths (<https://www.instagram.com/rodenticidefreeontario/>).

Sub-lethal effects of rodenticide poisoning in wildlife include lethargy, decreased hunting and reproductive fitness, shortness of breath, anorexia, bloody diarrhea, changes in behaviour, tenderness in joints, decreased clutch sizes, increased risk of vehicular and window strikes, and extreme cases of mange.

If that isn't alarming enough (it is to me), rodenticide poisoning can also affect humans. After all, we are at the top of many food chains and poisoned wildlife or farm animals may enter those chains. The American Association of Poison Control Centers receives about 10,000 reports of rodenticide exposure in children every year. Health Canada believes Canadian exposure levels are similar (<https://www.instagram.com/rodenticidefreeontario/>).

However, there are much safer alternatives for us to use to control the unwanted rats and mice in our lives. Want to know more? Come out to hear Allison Hansen's **Coffee and Chat** at the Buckhorn Library on April 29 (1:30). And/or check out Rodenticide Free Ontario at Facebook (<https://www.facebook.com/RFONtario>) or the Instagram document cited above. And, of course, if you hire a pesticide company to manage your unwanted mice and rats, tell them that you need them to use safer methods.

Carla Salvador

[carla@cartasalvador.ca](mailto:carla@cartasalvador.ca)

# Buckhorn Lions Summer Soccer

Join Us For An Exciting Soccer Experience In 2026!

8 Week Summer Program

**7/8 Year Olds:** Tuesdays, June 9 – July 28, 6:00 – 7:00 pm

**9/10 Year Olds:** Tuesdays, June 9 – July 28, 7:00 – 8:00 pm

**11/12 Year Olds:** Wednesdays, June 10 – Aug 5, 6:00 – 7:00 pm

**Location:** Buckhorn Public School, 1783 Lakehurst Road,

**Cost:** \$80.00 (Includes a jersey and ball for each player)

**Why Choose Us?**

- **Certified Coaching:** Expert guidance for all stages of player development.
- **Skill Improvement:** Focus on ball mastery, dribbling, passing, shooting, and group play.
- **Build Confidence:** Encourage personal growth and self-esteem.
- **Make New Friends:** Foster social connections through teamwork.
- **Physical Literacy:** Develop agility, balance, coordination, flexibility,

and suppleness with and without the ball.

Registration Link [Buckhorn Lions Soccer 2026](#)



For more information - Email

[buckhornlionsoccer@gmail.com](mailto:buckhornlionsoccer@gmail.com)



## VOLUNTEERS NEEDED!

ARE YOU INTERESTED IN HELPING OTHERS  
MAKING A DIFFERENCE?

CAVENDISH COMMUNITY POLICING COMMITTEE  
WANTS YOU!

### BENEFITS OF VOLUNTEERING:

- DEVELOP NEW SKILLS
- MEET NEW PEOPLE
- CONNECT WITH COMMUNITY

Assist with special events  
Attend community events and promote positive interaction  
with the community and the police.

### BASIC REQUIREMENTS:

Are over 18 years old  
Canadian Citizen or permanent resident of Canada  
Be of good moral character and habits

For More Information Contact

Dave Kuntz: 705-657-8737



## Easter Basket Raffle

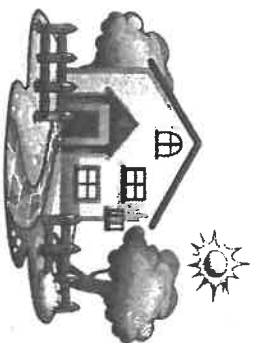
Draw on April 4th @ 2 p.m.

Tickets \$200 each or 3 for \$5.00

Tickets available at the

Cavendish Community Centre

Proceeds in support of children's programs



# HOUSEHOLD HINTS

- Unclog your kitchen sink with a mixture of dish soap and coffee grounds. Pour the mixture into your drain following with a lengthy pour of boiling water.
- Coffee grounds can also be rubbed onto the soap rin on your bathtub. Once you have rubbed the coffee into the grime you should rinse with warm water.
- If you ever spill candle wax on a piece of furniture, don't risk ruining its finish by trying to scrape it off. Instead, fill a plastic bag with icecubes, place it over the wax, and let it sit for a few minutes. Once the wax is sufficiently cooled and hardened you can pickit up easily without ruining your furniture finish or fabric.
- Use a hairdryer to get crayon marks off the walls. The hairdryer will soften the crayon's wax and then you can remove the marks with a soft cloth.
- Use cooking oil to get rid of sticky label residue. Use a cotton pad to apply the cooking oil to the sticky area and let sit for a few minutes. Once the oil has sunk in, it'll wipe away easily.
- Freshen your microwave by placing a bowl of vinegar inside for around five minutes and simply wipe it afterwards.
- Use a mixture of water and vinegar in a spray bottle to clean your windows and mirrors.
- Clean your toilet bowl with mouthwash. Pour a capful of the stuff into your toilet bowl and let it sit for half an hour. Give the bowl a scrub and flush away the grime.
- Is the mess from dinner not budging from your pan? Fill it with hot water, drip in an Alka-Seltzer tablet, and let it sit. In about 15 minutes, that mess should wipe up easily.
- Having trouble getting your blender clean? Rinse it out and then add 2 cups of warm water and a little dish soap and turn on the blender and let it clean itself. Rinse with warm water when finished.

## Answers to Puzzling Times

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| 5 | 3 | 6 | 9 | 4 | 2 | 8 | 1 | 7 |
| 4 | 9 | 8 | 6 | 1 | 7 | 3 | 5 | 2 |
| 1 | 7 | 2 | 3 | 8 | 5 | 4 | 9 | 6 |

• Trouble with many of the part-time workers is they are employed on full-time basis.

It is fairly easy to discover the genuine egotist in a group—he is the fellow me-deep in conversation.

A really happy home is a lot more than a roof over your head—it is a very firm foundation under your feet.

## How well do you know your country? Answers

1. Justin Bieber
2. Vancouver
3. Poutine
4. Aurora Borealis
5. Mackenzie River
6. Red
7. Loon
8. Prince Edward Island
9. Montreal
10. Hudson Bay

### FOOD FOR THOUGHT

A woman's age doesn't really matter, what matters most is how long she has been that age.

One of the troubles with growing old is that you stop feeling your oats and start feeling your corns instead.

The best way to improve your appetite is to go on a diet.

Falling in love in awfully simple, but falling out is simply awful.

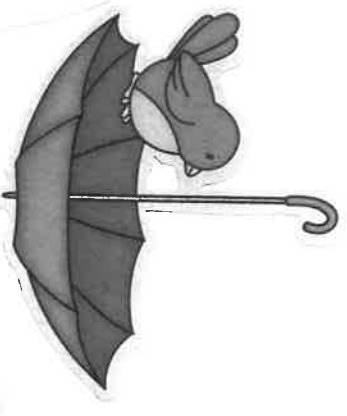
He who laughs last didn't get the joke at first.



## Weather predictions for this month.

While temperatures are trending upwards, Ontario can expect a mix of sunshine, rain and even some snow flurries during the month of April

- 1st to the 4th - rain and snow
- 5th to the 9th - steady rain with temperatures below normal
- 10th to the 17th - milder conditions with plenty of sunshine
- 18th to the 30th - showers before clear skies emerge. The last part of the month will be the warmest with temperatures above seasonal norms.



## Things you might not have known about this month...

- April is the fourth month of the year, but it was originally the second month in the ancient Roman calendar before January and February were added by King Numa Pompilius around 700 BCE.
- The name April likely comes from the Latin word "aperire" meaning "to open", referring to the blossoming of flowers and trees in spring.
- April showers bring May flowers.
- April 1st is April Fool's Day celebrated with pranks and jokes.
- The birthstone for the month is the Diamond, symbolizing innocence and strength.
- The flowers for the month of April are the daisy and the sweet pea, representing purity and pleasure.
- The zodiac signs for April are Aries which covers March 21st to the 19th of April and Taurus which is from April 20th to the 20th of May.
- In some cultures babies born in April are considered lucky and strong-willed.

# Progressive Euchre

Every Thursday Afternoon

1:00 p.m. until 3:30 p.m.

Cavendish Community Centre

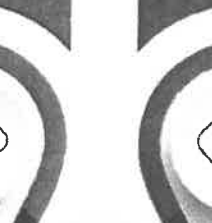
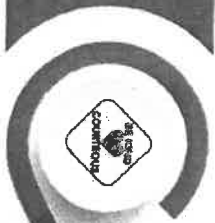
\$5.00 per person

# CODE OF THE ROAD

*Based on the Share-the-Road Charities by Citizens for Alternative Transportation in Trent Lakes (CATL), sponsored by the Municipality of Trent Lakes and the Cavendish Community Palapayars Association (CCRAA)*



- Make eye contact, smile and wave
- Don't track other road users
- Do not impede the passage of others



- Look out for obstacles and others
- Vehicles turn your lights on
- Cyclists have required reflectors/lights



- Be prepared to stop
- Yield all things crossing the road
- Stop and help turtles cross safely

## Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

# BUTTERARTS

Made Special just for You!



\$15.00per ½ dozen \$30.00 per dozen

Contact Lauren @ 705-977-1886

06/26

# CARPENTRY

STAIRS SHEDS  
DOCKS DECKS

**CALL JR @705-657-2143**

04/27

# House Cleaning



**Leasa Thompson**  
705-931-5501

12/26

# SCENTSY

INDEPENDENT CONSULTANT

TIFFANY LAURA

705-875-0974

tiffany.warren@ymail.com

tiffanylaura.scenttsy.ca



12/26

**NEED WOOD SPLIT &/or BRUSH REMOVAL**

**CALL: JOHN HARVEY**  
705-760-6637

07/26

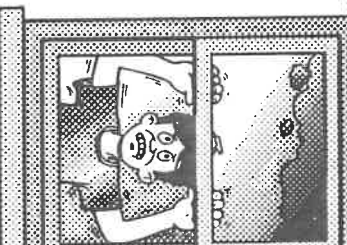
*Threads by Janice*



Sewing and Alterations  
705-760-6785  
janice\_hill4@hotmail.com

03/27 ;

# PLAN YOUR ESCAPE



If you plan to use a window as a second way out in a fire, make sure it can be opened easily!



Credit Union



If your ad is not in this issue it may be because it has expired!

## Cavendish Key Contact Information

### Trent Lakes Municipal Council:

|                              |                  |              |                           |
|------------------------------|------------------|--------------|---------------------------|
| Mayor                        | Terry Lambshhead | 705-927-4968 | tlambshhead@trentlakes.ca |
| Deputy Mayor                 | Carol Armstrong  | 705-657-7518 | carmstrong@trentlakes.ca  |
| Councillor –Galway Cavendish | Joe Cadigan      | 705-731-9410 | jcadigan@trentlakes.ca    |
| Councillor – at large        | Peter Franzen    | 705-738-1486 | pfranzen@trentlakes.ca    |
| Councillor – Harvey          | John Braybrook   | 705-731-9871 | jbraybrook@trentlakes.ca  |

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

### Municipal Service Contacts:

|                            |  |                         |                         |
|----------------------------|--|-------------------------|-------------------------|
| Municipal Office           | fax: 1-705-738-3801 1 705-738-3800 or 1-800-374-4009     |                         |                         |
| Municipal Website          | <a href="http://www.trentlakes.ca">www.trentlakes.ca</a> |                         |                         |
| Fire Chief                 | Steve Brockbank  | 1-705-738-3800 ext. 230 | 1-705-738-3800 ext. 230 |
| Deputy Fire Chief          |  |                         |                         |
| Roads Superintendent       | Evan Grieger   | 1-705-738-3800 ext. 221 | EGrieger@trentlakes.ca  |
| Chief Building Official    | Eric Guay  | 1-705-738-3800 ext. 225 |                         |
| Cavendish Transfer Station | Don & Blaine   | 705-657-2490            |                         |

### Community Service Contacts:

|                                      |  |                              |   |
|--------------------------------------|--|------------------------------|---|
| Cavendish Culture and Recreation     | Katherine Warren   | 705-657-8912                 | <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>                            |
| Cavendish Community Centre           | <a href="mailto:cavendishcandr@yahoo.com">cavendishcandr@yahoo.com</a> | 705-657-1192                 |   |
| CCC Rental Inquiries and Bookings    | Katherine Warren   | 705-657-8912                 | <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>                            |
| 507 Express – Editor                 | Katherine Warren   | 705-657-8912                 | <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>                            |
| Helen Bowen Branch Library           | Sue Warren   | 705-657-1192 or 705-657-8912 |   |
| Trent Lakes Outreach Centre-foodbank |  | 705-768-3590                 | <a href="https://tlofoodbank.wordpress.com/">https://tlofoodbank.wordpress.com/</a> |
| Cavendish Youth Group                | Katherine Warren   | 705-657-8912                 | <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>                            |
| King Sports Pad – Rink               | Molly Cadigan  | 705-657-2743                 |   |

### Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

|                |                      |                |  |
|----------------|----------------------|----------------|--|
| President      | Garv Jarosz          | 1-416-543-8839 |  |
| Vice President | Robert Taylor-Vaisey | 1-416-264-4601 |  |

### Cottage Association Presidents/Contacts:

|                                      |               |  |  |
|--------------------------------------|---------------|--|--|
| Catchacoma Lake                      | Ric Mackey    | <a href="mailto:rmackey@bell.net">rmackey@bell.net</a>       |  |
| Picard Lake                          | Paul Stenton  | <a href="mailto:pstenton@ryerson.ca">pstenton@ryerson.ca</a> |  |
| Mississauga District                 | Carol Thomson | <a href="mailto:carolt@golden.net">carolt@golden.net</a>     |  |
| Mississauga –Gold Lake Road          | Katie Tingley | <a href="http://mglakeroadgroup.com">mglakeroadgroup.com</a> |  |
| Beaver, Cavendish, Bottle & McGinnis | Bryan West    | <a href="mailto:brywest3@gmail.com">brywest3@gmail.com</a>   |  |
| Greens Lake                          |               |  |  |
| Gold Lake Road Association           | Greg Harper   | 705-657-9128   |  |
| Ratty's Narrows Road                 | Jamie Langer  | 705-657-2573   |  |

### Cavendish Landfill Site Hours of Operation

**Summer Hours:** April 15<sup>th</sup> to September 15<sup>th</sup>: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon  
**Winter Hours:** September 16<sup>th</sup> to April 14<sup>th</sup>: Saturday 8-4, Sunday 11-4, Wednesday 8 -12  
**Closed:** Christmas Day, New Year's Day, Family Day & Easter Monday

**Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301**

**Burn Permits:** available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

### Babysitters:

### Pet Sitting:

**EMERGENCY NUMBER: 911**  
**Police Non-Emergency 1-888-310-1122**  
**Ontario Hydro: 1-800-434-1235**

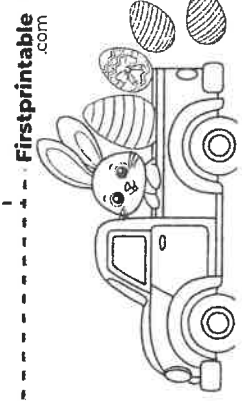


April 2026, 391st Issue

# The 507 Express

| SUNDAY |             | MONDAY       |              | TUESDAY                 |                         | WEDNESDAY    |              | THURSDAY        |                 | FRIDAY |                   | SATURDAY                      |                          |                          |
|--------|-------------|--------------|--------------|-------------------------|-------------------------|--------------|--------------|-----------------|-----------------|--------|-------------------|-------------------------------|--------------------------|--------------------------|
| 5      |             | 6            | 13 Art Group | 7                       | Library 4-8 Youth Group | 8            | Library 10-4 | 9               | Euclre Scrabble | 10     |                   | 11                            | Library 10-4 Games Night |                          |
| 12     |             | 13 Art Group | 14           | Library 4-8 Youth Group | 15                      | Library 10-4 | 16           | Euclre Scrabble | 17              |        | 18                | Library 10-4 Pot Luck @ 6p.m. | 19                       | Library 10-4 Games Night |
| 19     | Games Night | 20           | Art Group    | 21                      | Library 4-8 Youth Group | 22           | Library 10-4 | 23              | Euclre Scrabble | 24     | Bingo (Hopefully) | 25                            | Library 10-4 Games Night |                          |
| 26     |             | 27 Art Group | 28           | Library 4-8 Youth Group | 29                      | Library 10-4 | 30           | Euclre Scrabble |                 |        |                   |                               |                          |                          |

APRIL 2026



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