press

Regular Features:

- Community Report
- **Key Contact Information**
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

This Month:

- Volunteers Needed
- **Plant Sale**
- Letter to the Editor Candles
- **Greater Harvey Historical Society**
- Cavendish Round-up
- Children's Water Festival
- Well Water Sampling
- Stopping Substance Use Community Chatters

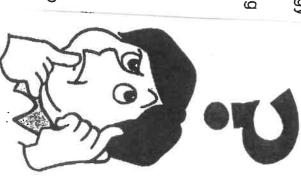
Express Policy re: Advertising and Subscriptions

- Subscriptions Renewals are \$30.00 per year or \$2.50 per issue
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:

Classified - \$2.00 per month % page -\$10.00 per month

1/8th page -\$5.00 per month ½ page - \$15.00 per month

- movies of us killing them. If aliens came to Earth, we would have to explain why we have so many
- Being afraid to check your bank account is the adult version of being afraid to check your grades
- How long does someone have to be dead before it's considered archaeology
- in a verbal argument. Making a typo in an online argument is the equivalent of your voice cracking instead of grave robbing?
- they've got all the time in the world. Teenagers drive like they're on borrowed time. Elderly people drive like
- than you goes from pathetic to impressive. There comes a time in everyone's life where beating up someone younger
- beforehand saved countless husbands from hours of dress shopping. Whoever created the tradition of not seeing the bride in the wedding dress
- see if our standards have dropped enough to eat what was available We don't check the refrigerator multiple times to find new food, we check to



opinion of this newsletter. Letters and articles are those of the writer and do not necessarily reflect the purposes. (Phone numbers will not be printed.) Views expressed in columns. editor must be signed and include a telephone number for verification clarity or to avoid obscenity, libel or invasion of privacy. All letters to the reserves the right to edit any submissions to meet space requirements, for and letters to the editor on subjects of interest to our readers. The editor The 507 express is a community based newsletter. It welcomes submissions

Editor: Katherine Warren

*

Phone Number: Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario KOL 1J0 705-657-8912

Email: kathy507 @yahoo.ca



VOLUNTEERS NEEDED!

ARE YOU INTERESTED IN HELPING OTHERS MAKING A DIFFERENCE?

CAVENDISH COMMUNITY POLICING COMMITTEE

WANTS YOU!

BENEFITS OF VOLUNTEERING:

- DEVELOP NEW SKILLS
- MEET NEW PEOPLE
- CONNECT WITH COMMUNITY

Attend community events and promote positive interaction with the community and the police Assist with special events

BASIC REQUIREMENTS:

Canadian Citizen or permanent resident of Canada Be of good moral character and habits Are over 18 years old

For More Information Contact

Dave Kuntz: 705-657-8737

Progressive Euchre

Every Thursday Afternoon
1:00 p.m. until 3:30 p.m.

Cavendish Community Centre

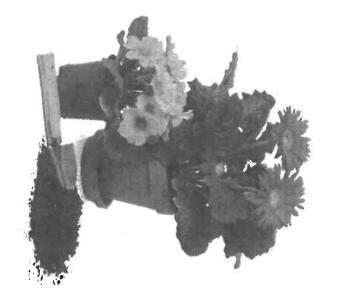
\$5.00 per person

Cavendish Community Centre Saturday, June 7, 2025 8:30 to 11:00 am

- CASH ONLY -

Proceeds will be used to beautify our Community Centre Sale hosted by the Cavendish Garden Club

Perennials • Annuals • Herbs • Vegetables • Houseplants



donation of plants in the week or two prior to the sale if you need assistance. (Friday morning before the sale preferred). We may To donate plants or pots: We will gratefully accept any even be able to send a crew to your place to help you dig

Empty pots are needed immediately (especially larger ones and hanging baskets) and can be donated anytime. Please leave plant and pot donations outside the shed at the back of the Fire Hall.

We are also looking for volunteers! We could use some extra hands for set up and take down as well as during the sale. If you are able to help out for a few hours, it would be much appreciated!

Contact Deborah Pageot at dpageot@sympatico.ca

Community Centre – do you have any suggestions or requests? Please Are you interested in the activities that occur at the Cavendish forward your ideas, concerns, suggestions to:

cavendishc&r@yahoo.com, you are also welcome to come out to one of our meetings – next meeting is at 7:30 on May 20th

Bingo????

77

We are looking at trying Bingo once again at the Cavendish Community Centre and wondering if there is any interest out there? Considering a dinner and bingo combination or just a bingo night – what are your thoughts. Please let us know at the library or by emailing cavendishcandr@yahoo.com

Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive Trent Lakes, Ontario, K0L 1J0

Application for/Renewal of CCRAI Membership	Membership Fees
☐ I am RENEWING my membership for 2025	\$20.00 per household
☐ I am APPLYING for membership for 2025	\$ Additional Voluntary Donation
☐ I am donating to CCRAI Lake and Water Quality Programs	e9
Name of Member/Applicant:	
Additional Member in Household:	
Address:	
City: Postal Code:	
Home Phone: Cavendish Phone:	
Do you prefer to receive your yearly newsletter electronically via email?	email?
Email Address:	
Cavendish Address (Lake/Lot & Conc):	
Waterfront: Yes No	

We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.

Live at the Cavendish Community Centre and via Zoom Saturday June 21, 2025 – 10am-12:00pm – Public Meeting

Live at the Cavendish Community Centre and via Zoom Saturday August 16, 2025 – 10am-12:00pm – AGM and Public Meeting

Join us in person at the Cavendish Community Centre or via Zoom. connect via laptop, tablet, smart phone or land line phone Zoom invitations will be emailed out in advance and you can

Everyone welcome. Stay informed. Be heard. Make a difference

For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association

Visit us at: https://ccraiassociation.wordpress.com

Clerical Help Needed!

Building consultant firm is looking for part timers clerical help in the Catchacoma area. Duties to include word processing, helping to establish a reference library. Contact Doug Fishburn – 705-657-3944 or 416-806-3191 Email dfishburn@fishburnroofingsciences.com

Cavendish Community Ratepayers Association Inc. (CCRAI) Public Meeting Saturday June 21, 2025 – 10am-12:00pm

Live at the Cavendish Community Centre and virtually via Zoom Everyone Welcome

virtually via Zoom Register in advance using the link below if you want to attend the meeting

https://us02web.zoom.us/meeting/register/tZlpduCurzoqE9UY68cDskyG-hO0sZTXffbT

After registering, you will receive a confirmation email containing information about joining the meeting with a Zoom Link.

MEETING AGENDA

Gary Jarosz, President, CCRAI

Citizens For Alternative Transportation in Trent Lakes (CATTL) Karen Shearer – Founder Trent Lakes Road Charette

Trent Lakes Environmental Advisory Committee

Update on key work plan initiatives Ted Spence – Chair

Karen Shearer - Member Environmental Advisory Committee Preserving the natural nighttime environment Trent Lakes – Protect the Night

The Impact of Artificial Light at Night on Birds

Professor Gary Burness, Biology Department Trent University

Trent Lakes Municipal Update

Joe Cadigan – Councillor Galway Cavendish Carol Armstrong – Deputy Mayor

Abandoned Dock Initiative

Children's Water Festival

Water Levels Update

Ted Spence-CCRAI Board Member and Chair CEWF

507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name:	
Address:	
Postal Code:	

Please make cheque payable to Cavendish Culture and Recreation Or you can e-transfer payment to cavendishcandr@yahoo.com Committee

Mailing Address: Cavendish Culture and Recreation Committee 32 Community Complex Drive Trent Lakes, Ontario

KPL 150

Save the Date

Water Festiva avendish Children's

ways we can protect it Fun, hands-on learning activities about life-giving water and

Saturday, August 30, 2025 10:00 am - 12:30 pm

Cavendish Community
Centre

RSVP to Kathy Warren at cavendishcandr@yahoo.com





This is a family friendly event!

While activities for ages 3-10 to enjoy in small groups will be planned, ways for whole families, including supervising adults to soak in fun learning are offered.

Please let us know the number of people and the ages of the children you are bringing so we can plan activities accordingly.

Brought to you by the Cavendish Youth Group in partnership with the Cavendish Community Ratepayers Association and FEEL (Friends of Ecological and Environmental Learning).







We seek teenage and adult volunteers who will step up as water heroes to help run activities at this event. Training, refreshments and feel-good rewards offered to all who join our friendly team.



ertified Insured Arborist Available to Help! 705-933-2757



CRISPY BAKED BARBECUED CHICKEN

1/2 cup fine bread crumbs
1 tsp brown sugar
1 tsp chili powder
1/2 tsp garlic powder
1/4 tsp dry mustard

1/4 tsp celery seed
1/8 tsp cayenne (or more)
2 1/2 lb broiler fryer chicken,
cut up
1/4 cup margarine

Combine bread crumbs, sugar and spices. Season chicken with salt and pepper. Brush each piece with melted margarine and roll in the bread crumb mixture. Arrange in pan, not touching each other, and sprinkle with remaining crumbs. Bake uncovered in 375°F oven for 50 minutes or until tender. Do not turn. Makes 6 servings.

Good Buy Room Thrift Store

Hours:

Thursday and Friday 10 am - 4 pm Saturdays 10:30 am - 2:30 pm

Lakehurst Road
Buckhorn
(Below Buckhorn Library)

FLYNN'S STORE

1447140 Ontario Ltd.

Corner of County Roads 507 & 36

Hoodies, T-Shirts, Groceries and Track Pants Fuel, ATM, ATV Trail Passes, Baked Goods,

QUALITY PRODUCTS AND SERVICES Summer Hours: 6:30 to 7 p.m.

It's a Part of Our History

eniors new Were community the driving force centre

By PAUL IRWIN
Examiner Staff Writer
CATCHACOMA — Galway-Cavendish Reeve Bill Barnes says the new Cavendish Community Centre just south of here will encourage community activities in the area.
"It will certainly be a central focus of social activity up there,"
Rarnes said this usely

Barnes said this week

spot for all ages. I think it's tremendous — it will a real meeting and gathering for all ages."

Senior citizens were the driving rce which built the centre using

mainly volunteer labor

But young people, too, pitched in by doing such things as installing drywall in a high ceiling area on the upper floor of the facility.

And cottagers and their associations have helped with things like d with things for the pro

cash donations for the project which includes a baseball diamond. "All of our activities up to now have taken place in the (neighboring) firehall garage," said Lloyd Bowen, 66, a member of the volunteer building committee.

"For any activities there, we had to move the fire truck outside."

The new community centre, serving Cavendish Township, is on Highway 507, about 15 kilometres

ing Cavelling Ca

meet, other than a garage," Bowen said. "We had to have a (proper) meeting hall."

Total cost of the project — incling construction and furnishings includ-

Of that, \$150,000 cor \$150,000 comes from a

Recreation Sub-Committee contributing \$30,000 from the proceeds of a variety of fund-raisers such as dances, auctions and bake sales; donated la nd \$35,000 which is to way-Cavendish Township kic in \$50,000; Cavendish Culture The balance — \$175,000 — comes from the local community with Gal-The balance kuckung

be covered by a mortgage.

Ownership of the building was turned over to the township by the culture and recreation sub-committee last Saturday at the grand opening of the building.

That was followed by a dance "We have built not only a building, but I think we are building a community, too," Bowen said.

community, too," Bowen said.
The project has brought the town

ship together, he said, to create something that will benefit many

nity centre saw it used for such things as a church, library, dancing spot, and a meeting location for cottage associations. The fire hall's use as a fire hall and also as a make-shift commutage associations

"It's like I moved out of the slums and into a mansion," said Louise Jackson, 64, referring to the new building. "I think this will this a tighter-knit commu-

As a helper at the library which until now has been run out of the firehall. Jackson will now find herself in more spacious accommodation when the fibrary reopens in the new building.

The new building also means a wider range of activities — such as

craft and exercise programs.
darts, table tennis, snooker and
shuffle board — can be added to the
more limited recreational events
that were possible in the firehall.
Events in the community centre
will include church services, bingo,
card parties and dances.
Cavendish has about 220 permanent residents, a figure that swells
by about 10 times when seasonal
residents arrive in the summer.
Contruction on the building

started about 14 months ago.
Lloyd Bowen said a survey sent to Cavendish property owners had a return rate of 53 per cent of which about 90 per cent supported the proposal to build the centre.

Some who opposed the project

Some who opposed the project now support it, he said.

About 40 people — including permanent residents and cottagers—donated their time to help build the

Jack did much of the work and has an average age of 67— is comprised of Bowen, Jack Clarke, John Jackson, Ernie Lockwood. Oliver Lloyd facility.

The building committee — wh
did much of the work and has an Reynolds and Evelyn - which

John Jackson es imated struction of the building alone—not struction of the building alone—not counting furnishings—would have been about \$450,000 if volunteer labor had not been used.

Some of those who helped build it have a construction background.

But others are retired from occupations including accounting, engineering and truck driving.

Bowen said

Bowen said

Women helping with the project have installed insulation, painted, and kept the construction site

clean.

Some things were contracted out to contractors: drilling of a well, installation of the septic system, pouring of the concrete floor, taping of the drywall and some ceiling work, installation of the main electrical pannel (but not of the rest of the wiring) and the above-ground block work.

9 Bowen said one of the most diffi-cult jobs was putting the steel roof

The sheets making up the roof—58 of them—are 26 feet long and required 85 screws each to fasten into

place.
Some of the contracting and supplies were provided at discounted

With two storeys, the new building has about four times as much space as the firehall.

The new building is 70 feet by 40

leet

The upper level has a main hall seating 140 people, a main kitchen and washrooms.

On the lower level, about 60 people can be seated in the main meeting room. The library room and a small kitchen are on that floor, plus two storage rooms and washrooms.

Both floors are accessible by

wheelchair. Decorativ

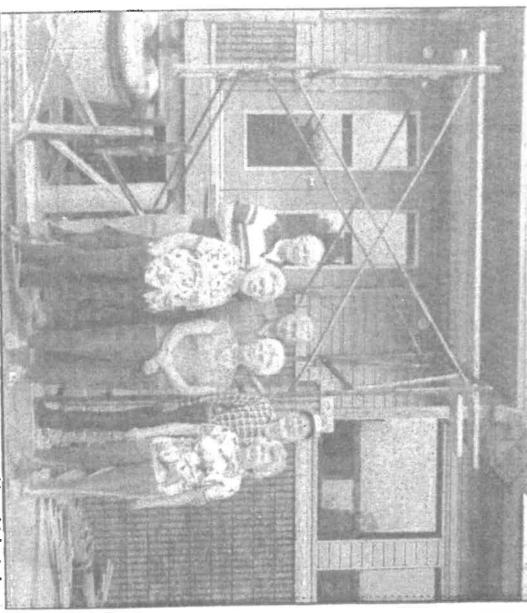
Decorative block and steel siding are on the outside of the building.

The baseball diamond in the future might be used as an emergency landing spot for helicopters transporting injured people.

Helen, 68. "The fire chief are leaving," joke joked Bowen's wife,



August 30th -June July Cavendish Community Centre Upcoming Events: Mark on Your Calendar July 19th, 19th – 7th 22nd, 23rd, 26th Plant Sale Carnival Day Children's Water Festival **Hidden Auction**



Some of the senior volunteer workers at the Cavendish Community Centre before it was opened last week, back row from left.

Lioyd Bowen, Jack Reynolds and John Jackson and, front, their wives Heien Bowen, June Reynolds and Louise Jackson

How Well Do You Know Your Country?

- In what year did the Mounted Police merge with the Dominion Police to become the Royal Mounted Police?
- Located in Montreal, what is the oldest brewery in North America?
- Canadian physician James Naismith invented which popular game while living in the United States?
- 75% of Canada's population lives within 100 miles of the US/Canada border. False?
- In 1970, Janis Joplin, Grateful Dead, and The Band and others toured together

Who was the first Canadian in space?

- If you "tap" a tree, what are you doing?
 What was the nickname of the 1983 emergency plane landing in Gimli, Manitoba?
 In which year did Canada gain independence from the United Kingdom? across Canada using what mode of transport?

- <u>10</u>. As of 2018, what is the most popular liquor among Canadians?





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- Mason's tool
- Tolerates
- 28 Increase over time

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- Actress Tomei

Malayan sailboat

Horse racing triple

Jazz singer Laine

Hams it up

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Bottom of the barrel

Norma Rae director

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Candles



number of things you can do to reduce the health and safety risks when Candles can be a serious fire hazard if not used properly. There are burning candles

- Use flameless candles whenever possible
- leave burning candles unattended. Extinguish all candles before going to bed or leaving the room. Never
- Do not extinguish a candle with water. Snuff it instead
- curtains, bedding, combustible decorations, and clothing). Do not burn candles on or near anything that can catch fire (like
- Keep candles out of the reach of children and pets
- Place burning candles somewhere they cannot be knocked over.
- Cut candle wicks short to prevent high flames
- Use sturdy candle holders that won't easily tip over.
- Avoid placing lit candles on flammable surfaces



Seeds for Sowing

wasn't going to grow in our area. Now's your chance -Sewing". If you have seeds you no longer want we will If you enjoy gardening stop by the Cavendish Community Centre during library hours and check out the seeds that are available. There may be something that you haven't tried before or one that you didn't want to spend the money on if it If you have seeds you no longer want we will be happy to add them to check out the "Seeds for



Crerar Mechanical Maynooth, Ont.

Karl Crerar crerar.mechanical@gmail.com 613-553-7077

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NIVERS.



5# 314 Kristen Neumann-Stephens Anne Marie Lake Jacob Ferguson

11th Aiden Sawyers

9th Xavier Nekkers-Doucette Kimberly Jase Asling

13th 12th Brenda O'Brien Kathy Warren

Lennon Aspinall

14th Dani Warburton

16th 15th Leah Carroll

Hugh MacLellan Frank O'Heron

> 20th Anderson Campbell lan Aubrey

21st

22nd **Brent Robinson** Ken Warren

23rd Sue Repath

26th Wesley Lake

27th Wesley Asling

28th Sue Warren

30th Dave Mistlebacher Staci May



Happy Anniversary

Michelle & Darin Botting

4th

8 g Mary & Harry Geverink Linda & Steve Waldock

If you would like to have a birthday or anniversary added please contact Kathy@ 705-657-8912 or kathy507@yahoo.ca

Ontario Certified Marine Mechanics

Custom Docks

Service Calls

Gas & Propane

General Store

Boat & Snowmobile storage

Chainsaw sharpening and replacement Meat supplied by the Butcher Shoppe NEW & USED boat, snowmobile,

trailer & ATV sales

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Shrink wrap & Winterization

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, we fix them al

05-657-9088



Ontario Certified Marine Mechanic on duty Monday-Friday

May Store Hours: Sunday in May 9 am - 5 pm Closed First

Customer Service is #1!



Letter to the Editor

April 2025

Dear Editor

they are "aimed" or positioned In regards to the bright headlights, it isn't always about how bright they are, but also about how

longer come with adjustments. wife's SUV into the dealer and asked them to adjust the lights, they informed me that new cars no right, up or down, to get good illumination of the road without blinding people. When I took my example, headlights in most older vehicles are actually adjustable. You can point the beam left, I have done some investigating, as my wife's SUV has those pesky lights and we sometimes get flashed, as if our high beams are on. The issue seems to be that auto-makers have gotten lazy. For

vehicle that is lower than a newer SUV, you are going to be blinded (This seems to have happened mainly in imports, but is also in some local brands.) If you are in a So, apparently, some dummies at the design stage have now set the headlights aiming far too high

People need to petition the government or pressure dealers so that any vehicles without adjustable headlights are banned from sale in Canada. Unfortunately, this may well be a losing battle :(

Any takers?

A Reader





Cavendish Branch Library

colouring sheet at either branch and return it by May 30th for a chance to win a Both branches will have another colouring contest for the month of May. Pick up

time between 10:00 am and 3:00 pm. For a nominal fee of \$5.00, all supplies are included. Pre-register to pick a suitable Mug*. With a Cricut and a Mug Press, you can make a personalized coffee mug. On Wednesday, June 11th, join us at the Cavendish branch to *Design Your Own

put a Hold on the pass. Lakes Library so if you think you may want to visit the museum, you may wish to to use it once/year. There is only one Canadian Canoe Museum pass for the Trent Museum pass. The pass can be borrowed for a week, but a family is only allowed borrow for a week. Also, new this year, patrons can borrow a Canadian Canoe Besides books and DVDs, we have Ontario Parks Daily Vehicle Permit Passes to

Saturdays 10:00 am to 4:00 pm. Cavendish branch hours - Tuesdays 4:00 pm to 8:00 pm; Wednesdays and

building 24/7 Trent Lakes library card. Also, free access to Wi-Fi is available outside of the LIBBY is always available for e-books, e-audio books, and magazines with a valid



LEAF MAZE
Our ladybird wants to visit a friend. Please help!

START

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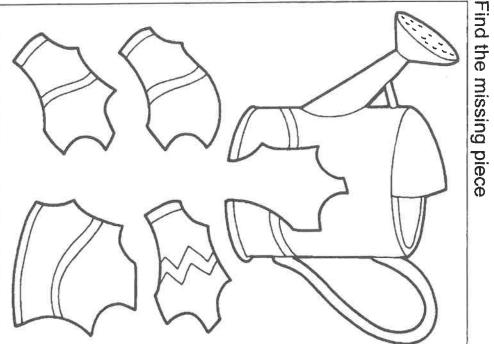
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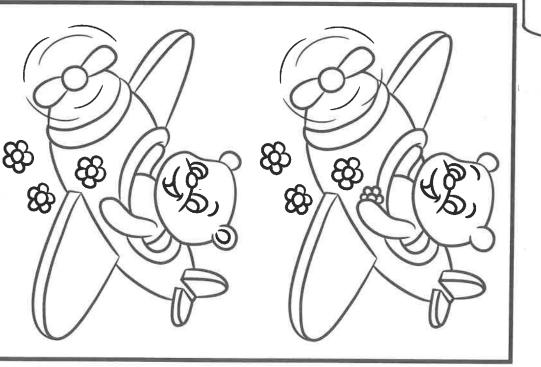
The letter "G"!

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It happened this Month...

- May 1st. 1997 – The Red River reaches its peak in the worst flood in southern Manitoba since 1950
- May 4th, 1992 A daytime demonstration against the acquittal of police officers in the Rodney King case in Los Angeles descends into a night-time riot on Toronto's Yonge Street.
- May 6th, 1898 The Yukon Field Force, consisting of 203 volunteers, leaves Ottawa for Sam Steele maintain order during the Klondike Gold Rush. Dawson City, Yukon, to help the North-West Mounted Police un Sir
- May9th, 1909 F May 10th, 1844 Fiddler and band leader Don Messer was born.
- overly vulnerable to American attack. Montreal, Canada East over fears that Kingston's location made it The capital of Canada is moved from Kinston, Canada West to
- May15th, 1914 May 22nd, 1838 Hockey Hall of Famer Walter "Tuck" Broda was born
- shoots and kill Major Henry Warde in the last fatal duel recorded in Canada. In Verdun, Lower Canada (now Quebec), lawyer Robert Sweeny
- May 24th, 1975 May 28th, 1934 Speed skater Marc Gagnon was born
- The Dionne Quintuplets are born to Oliva and Elzire Dionne in Corbeil, Ontario. Annette, Emilie, Yvonne, Cecile, and Marie were the first quintuplets to survive for more than a few days.
- May 31st, 1903 Hockey Hall of Famer Tiny Thompson was born

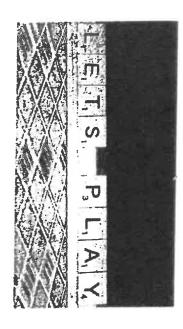
Tiny Tots Time

Wednesday Afternoon 1:00 to 2:30 Cavendish Community Centre

support one another with the challenges of raising a toddler Parent or responsible caregiver. Active playtime for children five and under accompanied by a This is also an opportunity to



Thursday Evening - Starting at 7 p.m. Cavendish Community Centre Scrabble Z ght





Gardening Tips

- Continue weeding
- Deadhead spring-flowering perennials
- Prune lavender when leaf buds break
- Prune spring-flowering shrubs immediately after they bloom
- Remove unwanted perennial seedlings
- Watch for pests such as aphids



Victoria Day

official holiday in 1845. Canada. In the province of Quebec this day is celebrated as National Patriots Day. The Queen Victoria was born on May 24th, 1819 and ruled from 1837 to 1901. It became an Victoria Day celebrates the birthday of Queen Victoria. It also celebrates the tof Canada's current monarch or Sovereign. Victoria Day is a national holiday in In 1952 the day was moved to the Monday preceding May 25th It also celebrates the birthday

gardening stars, it's time to open the cottage and start camping season. host parades and fireworks. to as the May two-four The holiday is a day off from school and work for most Canadian and many cities st parades and fireworks. It is well known as the kick off weekend for summer, Often referred

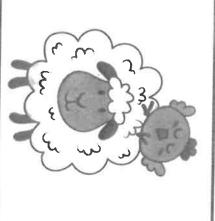
Mother's Day

Mother's Day is a holiday set aside to honor our mothers. Most all of us owe our mothers so much for all the hard work, love and patience they showed while raising us. There is nothing quite like the love of a mother.

The Following animals are for sale

- Sheep
- Doves
- Lavender Orpington Chickens

For more information please call: 705-657-7669



The Greater Harvey Historical Society

The Greater Harvey Historical Society (serving the municipality of Trent Lakes) is looking for photos, stories and anything historical about Cavendish Township.

We are especially seeking the following:

- Old photos of cottaging on Cavendish Lakes
- Any stories you may have such as tales of past cottaging, travel to the lake boating/fishing and "tall tales" just for fun.
- ω 4. Stories or photos from the lumbering /farming era
- Any tips where we can find more material

to contact me about anything including sending material We are working on a project that was started many years ago – The History of Cavendish" and hope to have the book published by the end of 2025. Please feel free My contact information is as follows

Guy Scott GHHS

Box 249 Kinmount Ontario K0M 2A0 705-488-3182 gyscottkinmount@gmail.com



⊢st – May Day

2nd National Brothers and Sisters Day

World Tuna Day

4th Star Wars Day

11th – Mother's Day

17th – World baking Day

19th – Victoria Day

20th – World Bee Day

21st – Bike to Work Day

25th – Towel Day

31st – World No Tobacco Day

Trivia for the month of May

- May Full Moon is called the Flower Moon, it appears on May $12^{
 m th}$, reaching peak illumination at 12:56.
- sweetness or the return of happiness. Birth Flower for the month are the Hawthorn and the Lily-of-the-valley symbolizing
- The emerald is the birthstone for the month of May
- Zodiac Signs for May are :Taurus April 21st to May 20th Gemini – May 21st to June 20th



Or 705-400-7795 705-657-1694 cell

Mudge Cottage Care

Living on the Catchacoma Chain of Bill and Marina Mudge Working and

Marinamudge@gmail.com

- Tree cutting and brush removed
- Snipping Lawn care, mowing and whipper
- Leaf blowing and raking
- **Gutter and eves cleaning**
- Staining and Painting Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery 12/25



W

Specializing In:

- Landscaping/Hardscaping
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OPEN MAY-OCTOBER catchacomamarina.com

Care

Community Care Buckhorn Social & Healthy Living Group Alummult Chatters

Join us for light refreshments at our social group the 3rd Tuesday of each month, with some

Blood Pressure Clinic

special presentations/workshops as well as our

BUCKHORN DISTRICT LIONS

FOODLAND FOR

SPONSORING THIS EVENT

Cost:

PRI

UNDERSTANDING STRESS HELP WITH HEALTH SERIES

Melissa McNamara, Ontario Health at Home

UNDERSTANDING FOOD LABELS PREVENTING FALLS AT HOME HELP WITH HEALTH SERIES Melissa McNamara, Ontario Health at Home

Shannon Burton, Supervisor of Wellness & Exersize Community Care Peterborough ROOM BY ROOM

Time: 10am-12pm *presentations begin at 10:30 Location: St. Matthews Church - Hartley Hall

1937 Lakehurst Road, Buckhorn *Accessible parking and ramp at back of building

PLEASE RSVP: 705-657-2171 or buckhorn@commcareptbo.or *Inclement Weather - If school buses are cancelled, event will be cancelled



≪e ¥ant your natural corks!

1 015



their cork collection program to our team as Bridgenorth has offered the proceeds from is thrilled that The Village Wine Shoppe Survivors **Abreast Dragon Boat team** a fundraiser! 3

In partnership with Jelinek Cork Group, your natural corks will be recycled and made into as flooring, wall tiles and bulletin boards. products such

In addition to helping the environment, you will be supporting a great cause!

to represent Peterborough Abreast dragon boat team International Dragon Boat and surrounding area at defer costs for Survivors Money raised will help Festivals

SNOH Please drop your corks off at these locations:

Ward St. Bridgenorth The Village Wine Shoppe-874

The Wine Shoppe -392 Brock St in

Peterborough

Little Gull Marina -144 Mississagua

Lake Rd, Trent Lakes

OR, if you know a Survivors Abreast paddler,

give them your corks!

> Thank you for your supporti

happening at the CCC. facebook.com/CavendishCommunityCentre. It's a great way to stay in touch with what's Cavendish Community Centre is on facebook! Find us and follow us at



through facebook or email kathy507@yahoo.ca. Thanks! the Community Centre. If you would like to update or add an event, please message us If you are already following us, you may have noticed some recent activity on our page. are getting it up to date and adding all the activities and events that are happening at

657-8912 or kathy507@yahoo.ca it runs out! If in doubt please contact Kathy at 705umber is the lower right corner of your ad to see when If your advertisement is no longer in the is might be that it is past time to renew. 507 Express Check the

Come Play With Us!



Peterborough New Horizons Bands

Learn to read music and play an instrument in our Green Band. Don't worry, no experience is necessary. We'll teach you.

Or, if you've played before, join one of our concert bands, one that will be right for you.

For more fun, fellowship, learning and healthy activity, you can also join one of our ensembles.

It's never too late to start..

For more information: contact Harlene Annett 705-745-0077 hannett@sympatico.ca, or: www.nhbpeterborough.com

Cavendish Community Centre **Every Saturday Evening Games Night** @ 7 p.m.



enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome! Come out to the Community Centre and join your neighbors and

Interested in Playing Volleyball?



way to get some exercise and the cost is only \$3.00 per person per night To play Volleyball at the Buckhorn Community Centre. 7 to 9 and welcome anyone to come out and join them. This is a fun For more information please contact: Jonathan Warren 705-657-8912 There is a group that meets Mondays and Wednesday evenings They play from

Cavendish Round-up

When Will Someone Do Something about Highway 507? Well, Actually, This Summer!

confirm that but I will get back to you. I have been told that Highway 507 is the most deadly road in Peterborough County. I'm still trying to Highway 507 often seems to be like the old joke about the weather – everyone complains about it but no

Allen Road. You may remember that last year there was one of those speed sensors across the road near the Charlie one ever does anything about it. The black cord we drove over was attached to a solar speed sign that records your speed and This summer though, some things are in the works (the road works - pun

speeding so much! that every one of us who drives along that road can do something about the dangerous road - stop is supposed to show you what it is. Much of the time it just showed a flashing light, but it did actually record the speed. It revealed that the average speed in that 80-km area was 96 km! All of which tells me

I can hear it now - ha, ha, as if that's going to happen.

Fortunately, Peterborough County is also taking action this summer. 507 is a county road and, therefore, while our Trent Lakes Council is probably more concerned than any other level of government, it is the county that has to make the decision to do something. As it happens, our mayor and deputy mayor sit on County Council, and Harvey Councillor John Braybrook keeps an eye on road issues and, from time to time, makes a motion at Trent Lakes Council to update them with information to take to the County Council (e.g., July 16, 2024).

Wow! It is thorough and detailed (from Flynn's Corner to the Beaver Lake Road), well organized and comprehensive in its recommendations. Later this year I will write in more detail about its reflections and recommendations. In the meantime, suggestions for work this year include: As I am writing this, I have received an electronic copy of the county's Road Safety Audit Report (2024).

- regrading the shoulder at Tiedeman's corner so water (and ice) does not pool on the roadway improving the deteriorating road surfaces between Charlie Allen Road and Mississagua Dam
- Mississagua Dam Road, and improving the slope of the roadway and removing brush blocking motorists' sight lines at the
- possibly, providing road signs to improve "wayfinding" for northbound traffic approaching the Cavendish Community Centre entrance.

other hand, don't be surprised if these plans are delayed because of the devastation our ice storm created for the county's budget this year. So, don't be surprised if you have to slow or stop for roadworks in any of these areas this summer. On the

Great News about Community Policing in Cavendish

building – named for Roy Lawson is about to reopen and be staffed starting next month. alas, wood structures don't last forever. However, the dangerous deck has now been removed and the never have been inside it - after all it has been closed and inaccessible for the last few years because You know that building nestled between the Cavendish Fire Hall and the Community Centre? You may

some of it is revealed elsewhere in this issue of the newsletter – look for the poster entitled **Community Report**(Volunteers Needed). Hey, this means **you** have an opportunity to become part of the resurrection of this service. Me too – the listed requirements do not actually exclude an old girl like me, and I find the more involved I am with our community, the more fun I have. How did this happen? Who was Roy Lawson? What happens there? All will be revealed in June. Actually,

Stay Tuned for the Old-growth Hemlock Forest Hike and Ceremonies

did not take place. At least not yet. Not really all that surprising, given the chaos in all our plans that was produced by the spring ice storm. By then, many people in Cavendish were still without Hydro and all the services and comforts (heat, coffee, charging!) that provides. Some had enough of a hike just to get to their cars or even out of their doors. No one was feeling the need of extra outdoor exercise that week. Sadly, the hike and ceremonies associated with the Old-growth Hemlock Forest announced for April 12

into the hikes. That needs to be replaced. The storm also created havoc at Curve Lake, which has had the effect of delaying the visit of the elders to perform the much anticipated Water and Fire ceremonies. And the forest itself did not escape damage. Not to mention the bridge over the creek that is incorporated

https://catchacomaforest.org/website for the rescheduled hike and all future news However, a new date is being sought for this important event. Watch the

Parent - Job Description

Position: Mom, Mommy, Mama, Ma, dad, Daddy Dada, Pa, Pop

Job Description

skills and be willing to work variable hours, which will include evenings and weekends environment. primitive camping sites on rainy weekends and endless sports tournaments in far- away cities! Travel expenses not reimbursed. Extensive courier duties also required. and frequent 24 hour shifts on call. Long term, team players needed, for challenging permanent work in an often chaotic Candidates must possess excellent communication and organizational Some overnight travel required, including trips

Responsibilities:

The rest of your life

- Must be willing to be hated, at least temporarily, until some needs \$5.00
- Must be willing to bite tongue repeatedly.
- backyard are not someone just crying wolf. zero to sixty mph in three seconds flat in case, this time, the screams from the Also, must possess the physical stamina of a pack mule and be able to go from
- repair, mysteriously sluggish toilets and stuck zippers Must be willing to face stimulating technical challenges, such as small gadget
- multiple homework projects Must screen phone calls, maintain calendars and coordinate production of
- mental outlooks. Must have ability to plan and organize social gatherings for clients of al ages and
- Must be willing to be indispensable one minute, and embarrassment the next
- toys, and battery operated devices. Must handle assembly and product safety testing of a half million cheap, plastic
- Must always hope for the best but be prepared for the worst
- Must assume final, complete accountability for the quality of the end product.
- Responsibilities also include floor maintenance and janitorial work thought the

Possibility for Advancement and Promotion:

surpass you. None. Your job is to remain in the same position for years, constantly retraining and updating your skills, so that those without complaining, in your charge can ultimately

Previous Experience:

None required unfortunately. On-the-job training offered on a continually exhausting

Wages and compensation:

financially independent. When you die, you give them whatever is left. due when they turn 18 because of the assumption that college will help them become Get this! You pay them! Offering frequent raises and bonuses. A balloon payment is The oddest

do more. thing about this reverse-salary scheme is that you actually enjoy it and wish you could

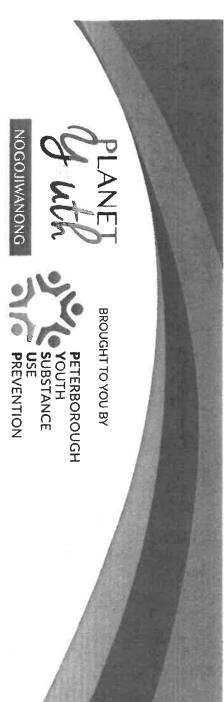
Benefits:

Personal growth unconditional love, and free hugs and kisses for life if you play your holidays and no stock options are offered; this job supplies limitless opportunities for While no health or dental insurance, no pension, no tuition reimbursement, no paid

There is no Retirement – Ever!

Burn Permits

are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301. Burn Permits are required - you must have a permit for ANY open air burning. **Fire Permits**



Thursday, May 1, 2025

Stopping Substance Use Before It Starts – Local Youth Substance Use Prevention Initiative Introduced

Local Agencies Collaborate to Bring the Icelandic Prevention Model Close to Home

reduce substance use harm among youth. PYSUP aims to improve social environments where children live, learn, and play, to ultimately prevent or (PYSUP) initiative. This week, 38 local community groups and leaders came together to learn about the new Peterborough Youth Substance Use Prevention (PYSUP) initiative. As a collaborative of local agencies, Stopping substance use before it starts is the aim of the new Peterborough Youth Substance Use Prevention

from starting to use substances, our community needs to build a social environment where healthier choices are the easier, more accessible choices," said Lora Keitel, Coordinator of the Peterborough Drug Strategy. To be successful, prevention of substance use must go beyond individual education. "To truly prevent youth

The initiative uses the Icelandic Prevention Model (IPM), a process first used in Iceland, wherein a community works together to improve social environments via supports and opportunities for youth, to prevent the initiation of substance use. Planet Youth, the organization who developed the program in Iceland, has since taken the IPM around the world, citing successes in more than 20 counties.

Ridge; PARN Rainbow Youth Program; Rotary Club of Peterborough; Community Foundations of Greater Peterborough; Trent Community Research Centre; John Howard Society Peterborough; and local community Peterborough Community Health Centre; Peterborough Police Services; CMHA Haliburton, Kawartha, Pine School Board; Peterborough Victoria Northumberland and Clarington Catholic District School Board; YMCA; Attendees included: Peterborough Drug Strategy; Peterborough Public Health; Kawartha Pine Ridge District virtually from Iceland at the event. members impacted by substance use. Jon Sigfusson, Planet Youth's Chairman of the Board, also spoke

generously supported with donations from the Community Foundation of Greater Peterborough (\$10,000) and Canada grant to support working with Planet Youth to adapt the IPM to the local context. PYSUP has been Last year, Peterborough was one of seven Canadian communities to be awarded a Public Health Agency of CMHA HKPR (\$25,000). CMHA HKPR has also pledge to donate funds from Change the Cycle in June.

Health, said in his address. "But we also owe it to young people to listen to and empower their voices." a community around them to ensure they have the best start possible," Dr. Thomas Piggott, Medical Officer of "I strongly believe we owe it to young people to do all we can to address these challenges, to wrap our arms as

collaboration, communities can lay the foundation for meaningful and enduring change environments for their young people. Through sustained local leadership, supported by shared knowledge and Jon Sigfusson. "It is a privilege for Planet Youth to stand alongside a people so committed to shaping healthier when a community leads with a deep understanding of the value of long-term, data-driven prevention," said schools, parents, and community groups. "The work underway in Nogojiwanong speaks to what's possible The IPM is rooted in community engagement; all decisions will be led by community voices – including youth

For Sale:

Echo Timberwolf Chainsaw
Was about \$700 plus tax.
Very lightly used as I have two.
Probably about 6 tanks of gas total.
Asking \$550

1-647-519-2620

Well Water Sampling Program Resumes North Kawartha and Trent Lakes

Spring Melt Brings Higher Risk for Contamination of Well Water

sample drop-off through these municipal offices. North Kawartha and the Municipality of Trent Lakes. The program offers free water sample collection kit pick-up and The well water sampling drop off program will resume for the 2025 season on Tuesday April 22nd in the Township of

Beginning Tuesday, April 22nd, water samples can be dropped off at:

- North Kawartha Municipal Office 280 Burleigh Street, Apsley, ON
- Tuesdays and Thursdays, 9:00 a.m. to 10:00 a.m.
- Trent Lakes Municipal Office 760 County Road 36, Trent Lakes, ON
- Tuesday and Thursdays, 8:30 a.m. to 10:00 a.m.

Samples are then couriered to the Public Health Ontario Lab in Peterborough for testing. Empty sample bottles can be be delivered to the front desk at the municipal office. Staff will then place it in a fridge until it is collected by the courier. offices within 24 hours of collection to ensure they reach the lab and are processed in a timely manner. Residents are encouraged to carefully read the sampling and collection instructions included with each kit. Filled sample bottles should picked up from these offices at any time during regular business hours. Samples must be dropped off at the municipal

young people, older adults, and immunocompromised individuals are at higher risk. of bacterial contamination: total coliforms and E. coli. Anyone can become ill if they consume contaminated water, but Well water testing is recommended at least twice a year, in the Spring and Fall. Water samples are tested for two types

Water samples can also be dropped off year-round at the following locations:

- Havelock-Belmont-Methuen Township Office, 1 Ottawa Street, Havelock
- Monday to Thursday, 8:30 a.m. to 4:30 p.m.
- Peterborough Public Health, 185 King Street, Peterborough
- o Monday to Thursday, 8:30 a.m. to 4:30 p.m
- o Friday., 8:30 a.m. to 12 noon
- Public Health Ontario Laboratory, 99 Hospital Drive
- Monday to Friday, 8:30 a.m. to 4:30 p.m.

877-723-3426. If you have questions about your test results, please call the PPH Safe Water Program at 705-743-1000 Residents will receive water quality results by mail or can call Public Health Ontario's Interactive Voice Response at 1ext. 232, for more information.

To learn more about well water safety, visit www.peterboroughpublichealth.ca/well-water-safety

NEED WOOD SPLIT &/or BRUSH REMOVAL

CALL: JOHN HARVEY 705-760-6637

Answers to Puzzling Times

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[.] Whenever a fellow makes a mistake, at least it proves he stopped talking and tried to do something.

[.] A modern pioneer is a mother of four youngsters who survives a rainy weekend when the television is not working.

Blackouts in Canada

September 20, 1977: 85 percent of the population of Québec affected March 13, 1989: Six million people left in the dark after a geomagnetic storm causes

Storm cuts power to more than four million people in eastern Canada and parts of the United States

August 14, 2003: The Great

a power failure

Blackout affects more than fifty million people in Ontario and the northeastern United States



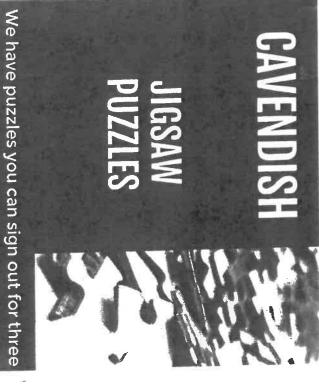
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twbcarpentry3101@gmail.com Rich Mortensen



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weeks.

"The 507 Express Cookbook"

from the sale of this book will be donated to the Cavendish and it is finally finished and available to purchase. The Cavendish Youth Group has been working on a cookbook publication of "The 507 Express" Culture and Recreation Committee to help with the **Proceeds**

Store and Little Gull Marina. The cookbook is available at the Cavendish Library, Flynn's Cost of the cookbook is \$15.00



Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

Cleaning Available



Please call: 705-761-5216

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Contact Lauren @ 705-977-1886

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- tiffanylaura.scentsy.ca





- tiffany.warren@ymail.com

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3.0

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Cavendish Key Contact Information

Trent Lakes Municipal Council:

Councillor – Harvey Councillor – at large Councillor – Galway Cavendish **Deputy Mayor** Terry Lambshead John Braybrook Peter Franzen Carol Armstrong Joe Cadigan 705-657-7518 705-927-4968 705-731-9871 705-738-1486 705-731-9410 tlambshead@trentlakes.ca jcadigan@trentlakes.ca carmstrong@trentlakes.ca pfranzen@trentlakes.ca jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Municipal Website Municipal Office www.trentlakes.ca fax: 1-705-738-3801 1 705-738-3800 or 1-800-374-4009

Cavendish Transfer Station Chief Building Official Roads Superintendent Deputy Fire Chief Fire Chief Steve Brockbank Barbara Waldron Evan Grieger Luc Shewen Don & Blaine 1-705-738-3800 ext. 221 EGrieger@trentlakes.ca 1-705-738-3800 ext. 225 1-705-738-3800 ext. 230 1-705-738-3800 ext. 230 705-657-2490

Community Service Contacts:

Helen Bowen Branch Library 507 Express – Editor **CCC Rental Inquiries and Bookings Cavendish Community Centre** Cavendish Culture and Recreation Trent Lakes Outreach Centre-foodbank Sue Warren Katherine Warren Katherine Warren Katherine Warren cavendishcandr@yahoo.com 705-657-8912 kathy507@yahoo.ca 705-657-8912 kathy507@yahoo.ca 705-657-8912 kathy507@yahoo.ca 705-657-1192 or 705-657-8912 705-657-1192

King Sports Pad – Rink Cavendish Youth Group Molly Cadigan Katherine Warren 705-768-3590 https://tlocfoodbank.wordpress.com/ 705-657-8912 kathy507@yahoo.ca 705-657-2743

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

Vice President President Robert Taylor-Vaisey Gary Jarosz 1-416-264-4601 1-905-472-6816

Cottage Association Presidents Contacts:

Ratty's Narrows Road Gold Lake Road Association **Greens Lake** Beaver, Cavendish, Bottle & McGinnis Mississagua –Gold Lake Road Mississagua District Picard Lake Catchacoma Lake **Katie Tingley Paul Stenton** Ric Mackey **Greg Harper Bryan West** Carol Thomson 705-657-2573 705-657-9128 rmackey@bell.net brywest3@gmail.com pstenton@ryerson.ca mglakeroadgroup.com carolt@golden.net

Jamie Langer

Cavendish Landfill Site Hours of Operation

than they are 12-8), Wednesday 8 to 12 noon Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11-7, Monday 8-1 (except on a Holiday Monday

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

Pet Sitting

Police Non-Emergency 1-888-310-1122 **EMERGENCY NUMBER: 911**

Ontario Hydro: 1-800-434-1235

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Tiny Tots	Library 10-4		Tiny Tots	Library 10-4		Tiny Tots	Library 10-4		Tiny Tots	Library 10-4						Wednesday	
		20			21			14			7					38	
Scrabble	Euchre		Scrabble	Euchre		Scrabble	Euchre		Scrabble	Euchre		Line Dancing	Scrabble	Euchre		Thursday	
		29			22			15			00				4		
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Games Night	Library 10-4		Games Night	Library 10-4		Games Night	Library 10-4		Games Night	Library 10-4			Games Night	Library 10-4		Saturday	
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