

The 507 Express

Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

This Month:

- Christmas Pot Luck Dinner
- I was smug and shouldn't have been
- Christmas Hamper Fund
- Heating your Home
- Ontario drivers over 70 - changes
- Ontario drivers over 80 - changes
- Police say ...
- Water sample Courier

507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15th of the month.
- Advertising as follows:
Classified - \$2.00 per month
¼ page - \$10.00 per month
1/8th page - \$5.00 per month
½ page - \$15.00 per month

- There's nothing sadder in the world than to awake Christmas morning and not be a child.
- Sometimes the best Christmas present is remembering what you've already got.
- Christmas is a season not only of regoicing but of reflection.
- The joy of brightening other lives, becomes for us the magic of Christmas.
- Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plentious in mercym, is to have to have the real spirit of Christmas.
- May you never be to grown up to search the skies on Christmas Eve!
- Christmas magis is silent. You don't hear it - you feel it, you know it, you believe.
- The best opf all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other
- Seeing is believing, but sometimes the most real thing in the world are the things we can't see.



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns, letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

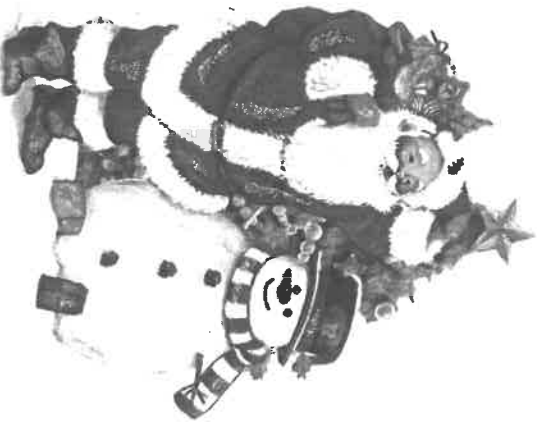
Editor: Katherine Warren

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario K0L 1J0
Phone Number: 705-657-8912

Email: kathy507@yahoo.ca

Donations towards publication are gratefully received!

Community Report



CHRISTMAS POT LUCK DINNER

Join us as we celebrate the holiday season.
Everyone Welcome!

6:00 P.M.

SATURDAY, DECEMBER 20TH, 2025
at the

CAVENDISH COMMUNITY CENTRE



Progressive Euchre

Every Thursday Afternoon

1:00 p.m. until 3:30 p.m.

Cavendish Community Centre

\$5.00 per person

Cavendish Community Centre – Upcoming Events!

- December 20th – Christmas Pot Luck
- Art Group – Monday mornings
- Yoga – Mondays
- Youth Group – Tuesday evenings
- Euchre – Thursday afternoons
- Scrabble – Thursday evenings
- Games Night – Saturday evenings

Recipe of the Month

PEANUT BRITTLE

1 cup white sugar
1/2 cup light corn syrup
3/4 cup coarsely chopped
peanuts

3/4 cup coarsely chopped
almonds
1 Tbsp butter
2 tsp vanilla extract
1 tsp baking soda

Combine sugar and corn syrup in a 1 1/2 quart microwave safe bowl. Microwave on High for 5 minutes. Stir in nuts and microwave on High for 4 to 5 minutes or until candy thermometer reads 300°F (hard crack stage). Quickly stir in butter, vanilla and baking soda until mixture is light and foamy. When bubbles subside, pour onto a lightly greased cookie sheet, spreading as thinly as possible with a metal spatula or wooden spoon. Cool completely. Break into pieces. Store in an airtight container with waxed paper between layers. Yield: about 1 pound.

Note: This recipe was tested using a 700 watt microwave. Cooking time may vary depending on microwave.



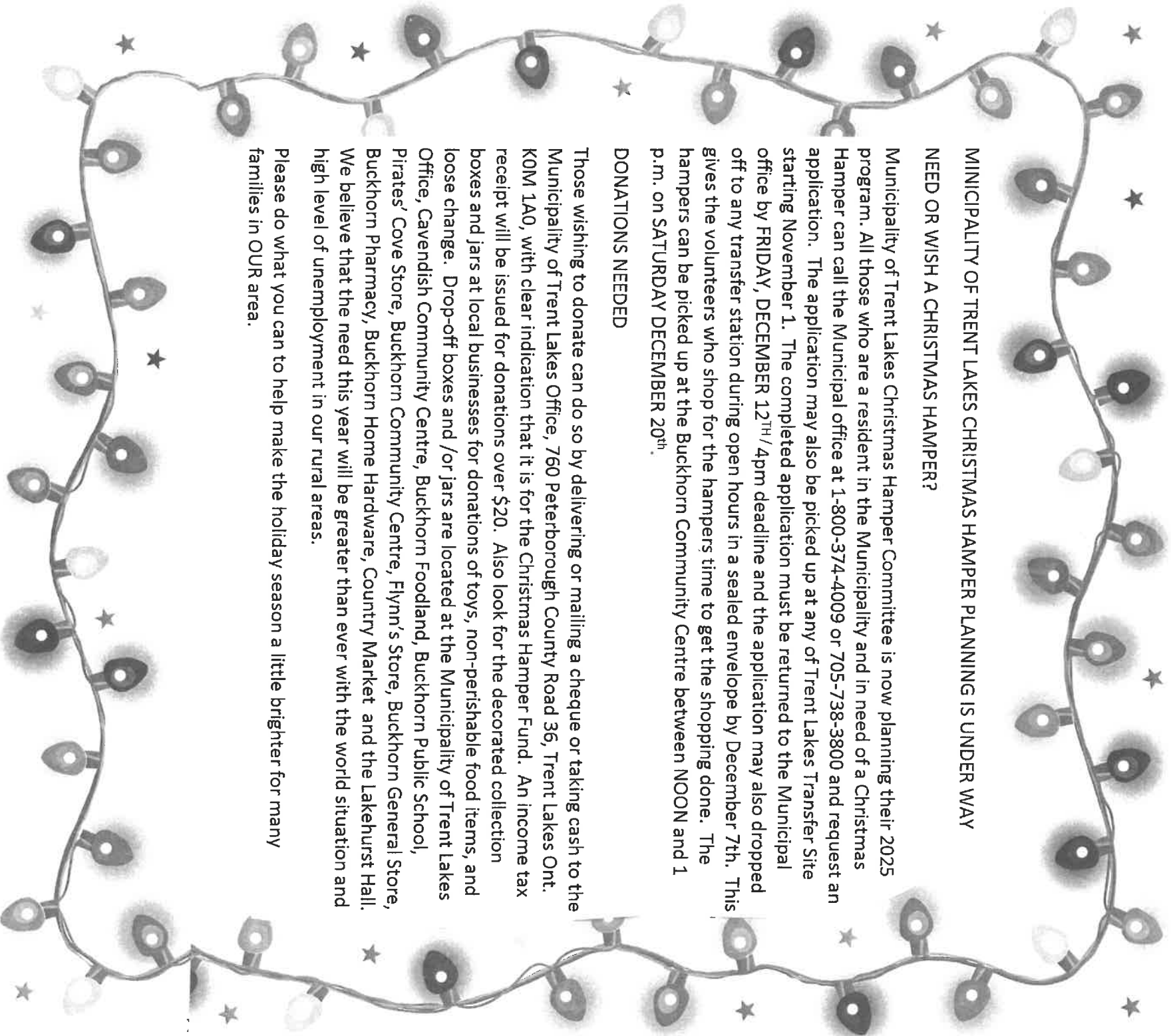
MINICIPALITY OF TRENT LAKES CHRISTMAS HAMPER PLANNING IS UNDER WAY NEED OR WISH A CHRISTMAS HAMPER?

Municipality of Trent Lakes Christmas Hamper Committee is now planning their 2025 program. All those who are a resident in the Municipality and in need of a Christmas Hamper can call the Municipal office at 1-800-374-4009 or 705-738-3800 and request an application. The application may also be picked up at any of Trent Lakes Transfer Site starting November 1. The completed application must be returned to the Municipal office by FRIDAY, DECEMBER 12TH/4pm deadline and the application may also dropped off to any transfer station during open hours in a sealed envelope by December 7th. This gives the volunteers who shop for the hampers time to get the shopping done. The hampers can be picked up at the Buckhorn Community Centre between NOON and 1 p.m. on SATURDAY DECEMBER 20th.

DONATIONS NEEDED

Those wishing to donate can do so by delivering or mailing a cheque or taking cash to the Municipality of Trent Lakes Office, 760 Peterborough County Road 36, Trent Lakes Ont. K0M 1A0, with clear indication that it is for the Christmas Hamper Fund. An income tax receipt will be issued for donations over \$20. Also look for the decorated collection boxes and jars at local businesses for donations of toys, non-perishable food items, and loose change. Drop-off boxes and /or jars are located at the Municipality of Trent Lakes Office, Cavendish Community Centre, Buckhorn Foodland, Buckhorn Public School, Pirates' Cove Store, Buckhorn Community Centre, Flynn's Store, Buckhorn General Store, Buckhorn Pharmacy, Buckhorn Home Hardware, Country Market and the Lakehurst Hall. We believe that the need this year will be greater than ever with the world situation and high level of unemployment in our rural areas.

Please do what you can to help make the holiday season a little brighter for many families in OUR area.



Seasonal Water Sample Courier Service Paused for the Winter

Service Resumes Spring 2026 in North Kawartha and Trent Lakes

City of Peterborough, ON (November 17, 2025) – The Township of North Kawartha and the Municipality of Trent Lakes will pause their seasonal well water test sample drop-off program locations for the winter. The last day to drop off test samples at these municipal offices is Thursday, November 27, 2025. Seasonal service at both locations will resume in early April 2026.

During the winter months, residents who would regularly use the seasonal drop-off sites can drop off their well water test samples at the following nearest location(s):

- **Lakelands Public Health, 185 King Street, Peterborough**
 - 8:30 a.m. to 4:30 p.m., Monday to Thursday
 - 8:30 a.m. to 12 noon, Friday
- **Public Health Ontario Laboratory, 99 Hospital Drive, Peterborough**
 - 8:30 a.m. to 4:30 p.m., Monday to Friday
- **Havelock-Belmont-Methuen Township Office, 1 Ottawa Street, Havelock**
 - 8:30 a.m. to 4:30 p.m., Monday to Thursday

A full list of well water test sample pick-up and drop-off locations throughout the Lakelands Public Health district area is available on our website at LakelandsPH.ca/WellWaterTesting.

Lakelands Public Health recommends regular testing of your drinking water. Water samples are checked for two types of bacteria: total coliforms and E. coli. If E. coli is found, it means the water may be contaminated with fecal material that can cause serious stomach and intestinal illnesses. While anyone can get sick from contaminated water, young children, seniors, and people with weakened immune systems are more vulnerable.

“Well water should be tested year-round, especially after a thaw or heavy rain,” said Chris Eaton, Public Health Inspector, with Lakelands Public Health. “Testing your water is the best way to ensure it is free from pathogens and that your treatment system is effective.”

Well water sample test results are now available online. Residents will receive results through Public Health Ontario’s [Online Water Testing Portal](http://OnlineWaterTestingPortal), Interactive Voice Response at 1-877-723-3426, or by mail.

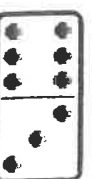
For help interpreting test results or how to test for other contaminants, please call Lakelands Public Health at 1-844-575-4567 or visit LakelandsPH.ca/WellWaterTesting.



Games Night Cavendish Community Centre Every Saturday Evening @ 7 p.m.



Come out to the Community Centre and join your neighbors and enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome!



BIRTHDAYS & ANNIVERSARIES!



BIRTHDAYS
THIS MONTH

1 st	Jeanette Haywood
3 rd	Paul Flanagan
5 th	Wayne Connell
	Penny Mistlebacher
	Margaret Lake
	Maximus Rollingson
6 th	Joan McCausland
8 th	Jake May
11 th	Anne Stupavsky
16 th	Rees Shepsi
17 th	Amanda Brown
18 th	Emma Gallacher
	Joey Peeters
21 st	Natalie Warren
	Johnathan Hofstetter
	Rick Parent
23 rd	Ginny Robinson
	John Crowe Jr.
26 th	Conner O'Brien
	Jasmine Duruz
27 th	Michelle Ferguson
	Heather Carroll
28 th	Paul Bowles
	Ray Ann Whalen
31 st	Joshua Kukemueller



Happy Anniversary

1 st	Lynda & Don Savage
18 th	Judy & Fred Lloyd
2 nd	Nan & Al Ross

**If you would like to have a birthday or anniversary added please
contact Kathy@705-657-8912 or kathy507@yahoo.ca**

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December Store Hours:

Monday – Friday 9 am – 4 pm

Closed Dec 20th re-open Jan 5th

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HEALTHY NEW YEAR

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Thursday and Friday 10 am - 4 pm
Saturdays 10:30 am – 2:30 pm

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We have puzzles you can sign out for three weeks.

Sign up to the Municipality of Trent Lakes
Monthly Newsletter!

SCAN THE QR CODE OR HEAD TO:
<https://mailchi.mp/trentlakes/sign-up>



"The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$15.00



Santa's Elf Patrol

Four years ago, Santa's Elf Patrol was created by a group of volunteers to provide Christmas hampers to area seniors whom are alone at Christmas and are on a very limited income.

Community Care Buckhorn shares names of clients that are in need, along with our local council. In addition, area Churches are helping to identify additional seniors that would qualify for this program.

This program is partially funded by The Municipality of Trent Lakes, the Buckhorn Lions Club, Big Bald Lake Cottagers Association and private individuals.

We were able to provide 25 seniors with at least a full month's worth of meals, including fresh produce and numerous surprises last year. (A decorated table top Christmas tree and a fleece blanket)

We would like to expand our program and are reaching out to Trent Lakes residents asking if you know of any senior in need. If so, please let us know. Any referrals are kept private. They are only shared with the volunteer driver who will be doing the deliveries.

Pam Dickey (705) 657-1926

pamdickeyuel@sympatico.ca

Ellen Dumas (705) 657-8840

Ellen8dumas@gmail.com



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705-657-1694 cell
Or 705-400-7795

Marinamudge@gmail.com

12/25

Burn Permits

Burn Permits are required – you must have a permit for ANY open air burning. Fire Permits are available on –line through the Municipality of Trent Lakes web site or by phoning:

705-738-3800 extension #301 or 1-800-374-4009 Extension #301

Confession – I Was Smug and I Shouldn't Have Been

You have probably heard of the Dark Skies project that the Trent Lakes Environmental Advisory Committee (EAC) has undertaken. Like many other communities, we have a lot of people concerned about the loss of our ability to see the stars at night (not to mention the Northern Lights, [especially this year!] because of a lot of unnecessary artificial lighting outdoors).

I liked the concept of having a dark skies movement because I am well aware that our skies in Cavendish are not as dark as they used to be. I can remember as a child lying out on lawn chaises (wrapped in blankets) on August nights watching for the "falling stars." And, even more vividly, lying on a long dock down the shore in the summer of 1958 looking for Sputnik. It was pretty easy to see as it was the only "star" in the sky that moved about as fast as you can blink. Unless an airplane happened to go by. Can you imagine that? Now it seems like most things we can see in the sky move all night as fast as jets.

So, over the years, I have endeavoured to avoid contributing to light pollution at my cottage. I do have 5 outdoor lights – 4 at the back (the driveway side) and 1 facing the lake. The front light is used only when someone is staying overnight in the sleeping cabin. And my 4 back lights are turned on only when someone (including me) is expected to drive to my cottage after dark. Therefore, I had become very smug about how I was avoiding light pollution.

Then, suddenly, 1 night this summer I was walking through my kitchen, which overlooks my driveway and my tile bed – all fondly known as my back yard – and I happened to look at the big, black windows. Yikes! It suddenly occurred to me that those naked glassy areas must be letting a lot of light escape, creating terrible light pollution. So, having heard about the dark skies project, led by Karen Shearer for the EAC, I decided to ask her advice. She kindly came 1 fall evening with her meter and her questionnaire and we reviewed my situation. We started by turning on the outside lights at the back and visiting each one to assess its benefit as a light in comparison to its cost as a polluter. Each of these lights now has a name, like a pet.

There are 5 criteria to judge each light. Is the light

useful	targeted	low-level	controlled	warm-coloured?
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It turned out that they all had issues: 3 lights were useful but not the fourth (so we simultaneously decided to name it "useless and put it is now on my list for removal this fall). The useful ones are pretty well targeted and controlled although they are brighter than needed, and Karen suggested that I consider getting motion sensors. I will do that. Then I won't have to leave the lights on all day just so I can see to get to the cottage at night – they will come on when someone drives up. I will look into getting all of them warmer light bulbs.

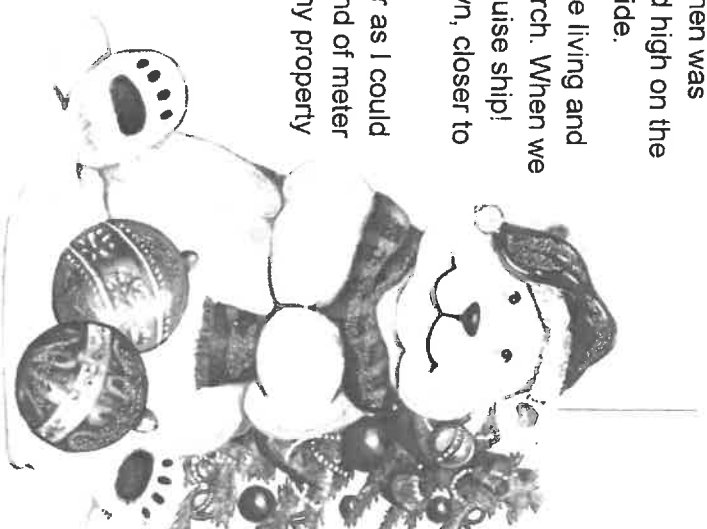
To my surprise, the light pollution from the inside lights in the kitchen was negligible – I'm not sure why except that the lights are all mounted high on the wall or on the ceiling and so shine more inside and very little outside.

Then we went to the front (lake side) of the cottage. I turned on the living and dining room lights, and a reading lamp I sometimes use on the porch. When we went out front I was appalled to see that the place looked like a cruise ship! Good grief! I guess that's because all those lights hang lower down, closer to the windows. I do have to do something about that pollution!

The other check we made required something akin to magic as far as I could tell. Karen was able to use the camera on her phone and some kind of meter (and magic, as I said), and determine how bright the sky around my property was. The meter reports 5 levels:

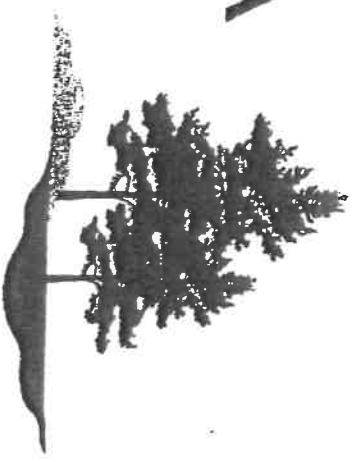
- dark-black
- rural-blue
- grey-suburban
- yellow-bright suburban, and
- white-city sky.

I was horrified to learn that my sky was considered "yellow-bright suburban"! Terrible, though not the worst in Cavendish. But that will be a story for another month. Watch this space!



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Christmas Cookie Exchange



We will be hosting our annual Christmas Cookied Exchange on Friday December 19th at 7 p.m. at the Cavendish Community Centre. This is a great way to have a variety of cookies in your home for Christmas with only having to bake one type of cookie yourself. If you are interested in participating please register early as space is limited. You can register in the library with Sue and Joanne or by emailing cavendishcandr@yahoo.com.



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Sheila Cook

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As we prepare for the winter months, keep active with on-line, gentle movement classes. Whether you're cozy at home, traveling or staying in the area, join classes as you're able. You'll experience:

- Greater physical strength and endurance so you can enjoy winter activities.
- Perkier mental health during the shorter, darker days.
- More flexibility and less pain in your joints.
- Improved balance.
- Less anxiety and better sleep.
- Fun combinations and flows: Yoga, chi gong, breath work, and mindfulness practices.

Zoom Schedule:

Mondays – November 3, 10, 17 & 24 [\$20 cash or e-transfer]

Mondays - December 1, 8, 15, 22 [\$20 or e-transfer]

\$10/class for dropping in

Contact: Sheila.cook@invizzen.com

Age +14 years. Experienced and *this is new to me* participants are most welcome.

More Calm and Greater Energy

5:00 – 6:00 p.m.

A special blend of movement flows, breath practices and stress busting techniques to help with anxiety, headaches, worries and sleep challenges while boosting energy levels, focus and concentration. If you're experiencing on-going health challenges or are recovering from an illness or surgery this is your class.[Chair and standing]

Back, Neck & Shoulder Relief + Core Strength

6:30 – 7:30 p.m.

An ideal combo to release tension in these pesky areas, plus spine-friendly core strengtheners. Good option for active people wanting to stay fit (e.g. skiing, curling, skating, snowshoeing, skiing). [Mat required]

Facilitated Workshops and Coaching On Demand:

For small and medium sized businesses, organizations and non-profits – strategic plans, growth plans, better meetings, culture change, process improvements, measuring impact, training and team building. sheila.cook@invizzen.com

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Sundays 8 a.m. to 6 p.m.

11/25

Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive
Trent Lakes, Ontario, K0L 1J0

Application for/Renewal of CCRAI Membership

☐ I am RENEWING my membership for 2025

Membership Fees

\$20.00 per household

☐ I am APPLYING for membership for 2025

\$ _____ Additional Voluntary Donation

☐ I am donating to CCRAI Lake and Water Quality Programs

\$ _____

Name of Member/Applicant: _____

Additional Member in Household: _____

Address: _____

City: _____ Postal Code: _____

Home Phone: _____ Cavendish Phone: _____

Do you prefer to receive your yearly newsletter electronically via email? _____

Email Address: _____

Cavendish Address (Lake/Lot & Conc): _____

Waterfront: Yes No

We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.

Join us in person at the Cavendish Community Centre

Everyone welcome. Stay informed. Be heard. Make a difference

For online payments, please email in the form and email/E-transfer the membership fee to CCRAIMAIL@GMAIL.COM. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiaassociation.wordpress.com>

Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$3.00 per person per night. For more information please contact: Jonathan Warren 705-657-8912

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705-933-2757





Police Say Spreading Holiday Cheer Starts With Sober, Drug And Alcohol-Free Driving

ONTARIO-With impaired driving on the rise on Ontario Provincial Police (OPP)-patrolled roads in recent years, the OPP is wasting no time in keeping roads safe, as holiday season gatherings and travels ramp up and the provincial Festive RIDE campaign gets underway.

34 people have died on OPP-patrolled roads in alcohol/drug-related collisions so far this year according to police.

During the annual campaign, road users can expect to see an increase in OPP RIDE initiatives throughout the province, as officers work around the clock to ensure motorists are driving sober and drug-free.

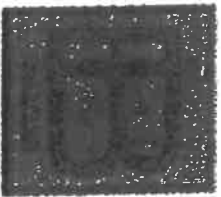
Drivers pulled over at RIDE checkpoints who are suspected of being impaired can expect to get a rare glimpse of the sophisticated, methodical process, tools and expertise OPP officers apply to investigating and detecting alcohol and/or drugs in a driver.

The OPP thanks the citizens who have placed more than 21,000 calls to the OPP to report suspected impaired drivers this year. They encourage people to continue being proactive with those extra eyes and voices that are needed to help take these dangerous drivers off the road.

Being proactive also means being a host or a guest at a holiday party who is part of a solid plan that ensures no one drives impaired. This is one of the most impactful ways people can help make roads safer for family, friends and fellow-citizens.

The OPP thanks everyone who does their part to help keep Ontario roads free of impaired driving – not just during the holidays, but throughout the year.

The Festive Reduce Impaired Driving Everywhere (RIDE) campaign is led by the Ontario Association of Chiefs of Police (OACP) Traffic Committee and runs from November 20, 2025 to January 1, 2026.



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705-875-0648 / lambbrosinc@gmail.com

Jig-Saw Corner

The library now has Jig-Saw Puzzles that you can sign out of the library and put together at home. As well, in case you don't have a safe place to do a puzzle at home there are puzzle tables set up in the community centre, one in the lower level meeting room and one in the main hall upstairs. Please stop by and add a piece or two or three.....

NEED WOOD SPLIT &/or BRUSH REMOVAL

**CALL: JOHN HARVEY
705-760-6637**

PUZZLING TIMES!

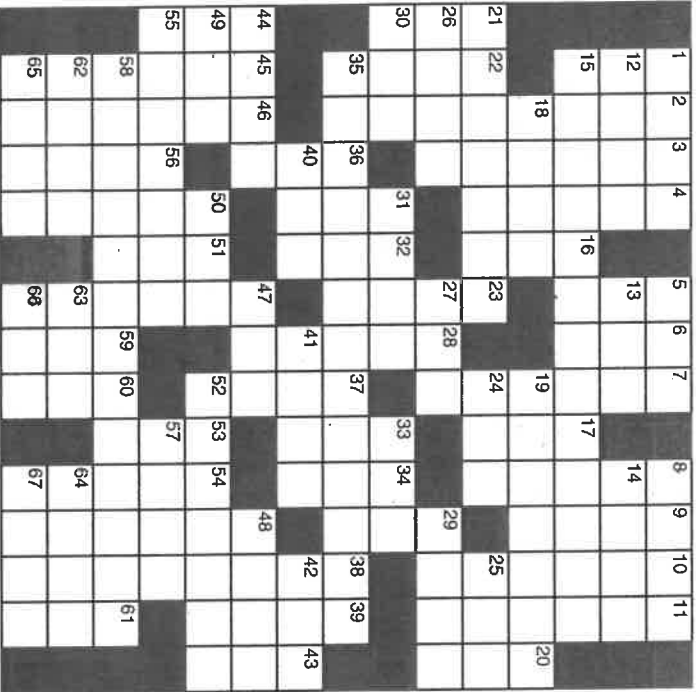
ACROSS

- 1. Adam's family member
- 5. Favoring
- 8. Innocent one
- 12. Geisha's lacquer box
- 13. ___ Lima
- 14. Lay ___ the line
- 15. Start of a quote by Irving Berlin
- 18. Has ___ with (knows someone)
- 19. Part 2 of the quote
- 21. Surgical knives
- 24. Spanish queen
- 25. Genetic-code carrier
- 26. "...a fool ___ as I"
- 27. Whichever
- 29. Sluggish
- 30. Amount past *due*?
- 31. Pacific salmon
- 33. Rage
- 35. Part 3 of the quote
- 40. Mass wear
- 41. Native Oklahomans
- 42. Outback bird
- 44. "Walk Like ___" (Four Seasons)
- 47. Doughboys' conflict: abbr.
- 48. Part 4 of the quote
- 49. Tennis do-over
- 50. *Fräulein's* "Oh, no!"
- 52. Chinese-menu section
- 55. Part 5 of the quote
- 57. Karma
- 58. End of the quote
- 62. One billionth: prefix
- 63. Cattle call?
- 64. Locomotives: abbr.
- 65. Pearl Buck heroine
- 66. Suffix meaning somewhat
- 67. Army surgeon Walter

DOWN

- 1. Convene
- 2. Intensifies
- 3. 47-Across camouflage
- 4. "AGT" judge Mandel
- 5. Christmas tree choice
- 6. Temple's mascot
- 7. Comic Dangerfield
- 8. Region's flora and fauna
- 9. "...three men in ___"
- 10. Ravel classic
- 11. Finale
- 16. Que. neighbor
- 17. Copped the cup
- 20. "Not so, Sir Galahad!"
- 21. GI transport
- 22. General air.
- 23. Satirist Mort
- 28. Never, slangily
- 29. Tony winner Salonga
- 31. Orioles' Ripken
- 32. Symbol of sovereignty
- 33. Solemn assent
- 34. 6 ___ *Riv Vu*
- 36. One of the Bobseys
- 37. Suffix with idiom
- 38. Appear again
- 39. Mutant movie heroes
- 43. Merkel or O'Connor
- 44. H.S. subject
- 45. Fine wool
- 46. Keyless, musically
- 47. Amnesia's question
- 48. Lighter fuel
- 50. ___ Bell (Brontë pseudonym)
- 51. *Evita* narrator
- 53. "Buzz ___!"
- 54. Magic Johnson, once
- 56. Annapolis sch.
- 59. Coiffures, informally
- 60. Gasp of delight
- 61. Pounds or pence: abbr.

Solution is on page 95.



5									
2	4	3							8
				7	1				
					8			3	
3	7							5	4
	9				6				
					4	5			
6							8	1	2
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		4						9	5	
9	2	8	3					1		
										8
	4							3	6	



" V J D H V T E X J J I A V J B X N G J X J Y A W V
H V J G N A W D H V Q T G N J B G G N H G J G N A W
D H V ' E P J V E A V G , " E H T I O T V P J O V .

L J Z Y B Z G U B J Q V Y H I B J Q V K O Y G N P
W V G Z B P , W O H K I B P , H C P L Q Q Z B P , W C H T T B P ,
U G Z Z B C B P , H C P L B N Z B P , Z Y B W C Q X Y H W
U B N Z B P .



To renew an Ontario driver's license at age 70, you will receive a **renewal notice by mail approximately 90 days before your license expires**. You will need to watch an educational video, attend a group session with a vision test and a cognitive screening (like the clock drawing test), and then renew in person or online, with an appointment booked ahead of time. Additional steps, like a medical report or road test, may be required depending on your individual results. ⓘ

Step 1: Receive and prepare for your renewal

- You will get a renewal notice in the mail around 90 days before your license expires.
- Watch the required Senior Driver Education Video and review the Driver's Handbook to prepare for your tests.
- Book an appointment online or by calling the number provided in the notice. ⓘ

Step 2: Attend your renewal appointment ⓘ

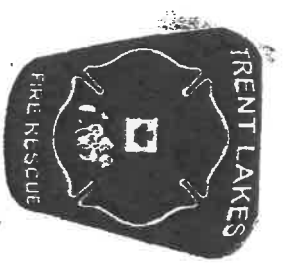
- Bring your driver's license, the renewal form, and any glasses or hearing aids you may need.
- At the session, you will complete a vision test and a cognitive screening exercise.
- The cognitive test includes exercises like drawing a clock and a specific time, and crossing out all the letter "H"s on a list of letters. ⓘ

Step 3: Renew your license

- After completing the required tests, you can pay the renewal fee at the appointment to get your new license.
- The required renewal is every two years for seniors aged 80 and older, but at age 70, this is your first renewal under the new system. ⓘ

Step 4: Be aware of potential additional requirements

- If you do not pass the initial screenings, you may need to provide a medical examination report from your doctor or take an on-road driving test.
- You will be notified by mail if any additional steps are required.
- You can renew your driver's license at a DriveTest Centre or a ServiceOntario office if no tests are required. ⓘ



On Saturday, November 15th, 2025 Trent Lakes Fire Rescue held a ceremony to recognize and thank all our firefighters for their service to the community.

During the ceremony members of the Cavendish Platoon were recognized for years of service:

Trent Lakes Fire Rescue Service Pin for 25 Years of Service: Wes Lake
Provincial Fire-Service Bars for 40 Years of Service: Kathy Warren
Federal Fire Service - 30 Years - Sheila Asling
- 40 Years -Ken Warren and Kathy Warren
Retirement Recognition - John Harvey

As well over the past two years many of the firefighters have completed many hours of courses. In Cavendish the following people were recognized:

NFPA 1001 Firefighter Level 1 & 11 -EOEA - Ian Aubrey, Marise Aubrey,

-Emma Hartleib

NFPA 1001 Firefighter Level 1 & 11 -in House - Joanne O'Heron

NFPA 1072 Hazardous Materials - Awareness - Ian Aubrey, Marise Aubrey,

Emma Hartleib

NFPA 1041 Fire Service Instructor Level 1 - Logan Hill

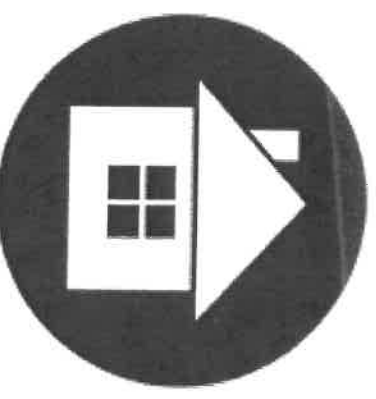
Heating your Home

Central Heating

- Get your central heating system cleaned, inspected and serviced by a certified heating, venting and air conditioning (HVAC) contractor every year before using it.
- If you have a gas heater, make sure that you have a sufficient quantity of fully functioning CO alarms installed in your home.
- Keep all flammable materials away from your furnace. This includes, clothing, paint products, toxic materials, cardboard and more.

Fireplaces and Woodstoves

- Have heating appliances serviced and chimney flues examined for defects.
- Have fireplaces and fireplace dampers checked.
- Fireplaces should be equipped with an appropriate screen or glass enclosure to prevent sparks from flying out.
- Wood burning stoves should be examined and the flue and chimney checked for creosote buildup. Creosote is a deposit from smoke that can build up in a chimney and can start a fire.
- Use only seasoned woods, and avoid soft woods like Pine, etc.
- Never use a flammable liquid to start a fireplace.
- Never overload the hearth with wood or artificial logs, the resulting fire may be too large for the unit.
- Put all ashes outdoors and away from the house in a metal container.



Space Heaters

- Make sure that any space heaters are surrounded by at least three feet of empty space.
- Never place clothing or any other objects on a space heater to dry.
- Do not place space heaters near furniture or drapery.
- Turn space heaters off when you leave the house or go to bed.
- Avoid storing any combustible items near heaters.

For More Information

This information is provided by the members of the Ontario Association of Fire Chiefs, the Ontario Fire Service, the Ontario Fire and Life Safety Educators (OFLSE) committee and the Office of the Fire Marshal and Emergency Management. Questions regarding fire education and prevention should be directed to your local fire department.



MEMORANDUM

To: All user groups of municipal community recreational facilities
From: Tobacco Enforcement Team
Date: December 2025
Subject: Smoke-Free Ontario Act enforcement at local arenas

Coaches, athletes, and team supporters,

We want to remind you about the Smoke-Free Ontario Act and your role in protecting all Ontarians from secondhand smoke and vapour.

Since 2018, it has been illegal to smoke or vape on or within 20m of a community recreation facility; this includes the indoor areas AND outdoor areas of all arenas in the Province. Plainly, there is to be no smoking or vaping on arena property.

Failure to comply with these rules can result in a \$305.00 fine.

It's worth noting that:

- Most people DON'T smoke; only 9.9% of Ontarians smoke
- Nearly half of all people that smoke, want to quit smoking; smoke-free spaces help people with their quit attempts
- There is no safe level of exposure to secondhand smoke

Secondhand vapour contains heavy metals and ultrafine particles that are dangerous when inhaled. Most notably, "when youth and young adults see others smoking, it can influence them to start smoking and gives the perception that it is acceptable." (Health Canada)

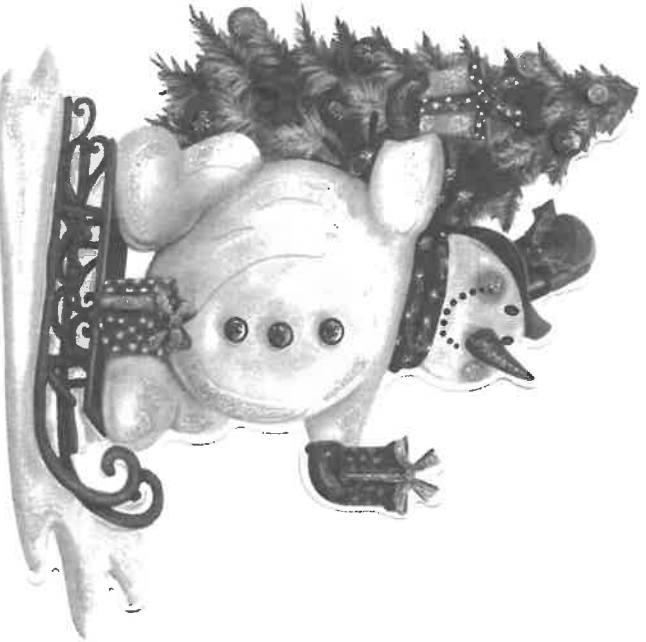
Resources for parents and guardians:

- Talking with your teen about vaping: A tip sheet for parents
- Don't treat your health like an experiment, talk about vaping with your athlete
- What's in a vape, and how to have a conversation with your teens about it

Resources to quit smoking or vaping:

- Smokers' Helpline provides both cessation counselors and trial nicotine replacement therapy, and STOP on the Net is an online program to help you quit smoking that also comes with free nicotine replacement therapy.

Thank you for your help in protecting the health of our community – especially those that are going to an arena to participate in a sport or an event that they love.
Sincerely,



VOLUNTEERS NEEDED!

ARE YOU INTERESTED IN HELPING OTHERS
MAKING A DIFFERENCE?

CAVENDISH COMMUNITY POLICING COMMITTEE
WANTS YOU!

BENEFITS OF VOLUNTEERING:

- DEVELOP NEW SKILLS
- MEET NEW PEOPLE
- CONNECT WITH COMMUNITY

Assist with special events
Attend community events and promote positive interaction
with the community and the police.

BASIC REQUIREMENTS:

Are over 18 years old
Canadian Citizen or permanent resident of Canada
Be of good moral character and habits

For More Information Contact

Dave Kuntz: 705-657-8737

KIDS PAGE

What do road crews use at the North Pole?
Snow cones.

Why did Rudolph get a bad grade on his report card?
Because he went down in history.

What wears a red suit and goes, "Oh, oh, oh"?
Santa walking backwards.

Where does a snowman keep his money?
In a snow bank.

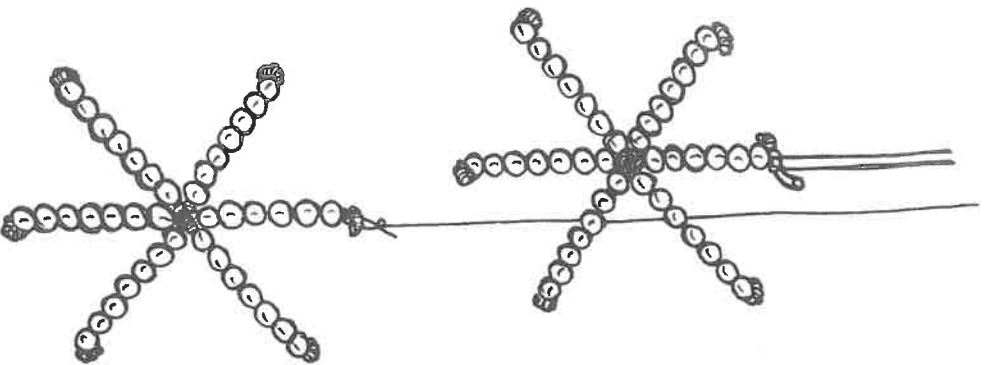
What do you get when you combine a Christmas tree with a computer?
A pine-apple.



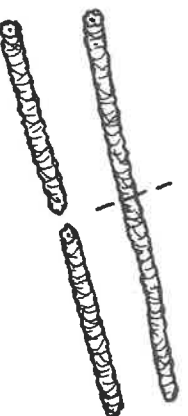
DRAW A FUNNY FACE

Beaded star

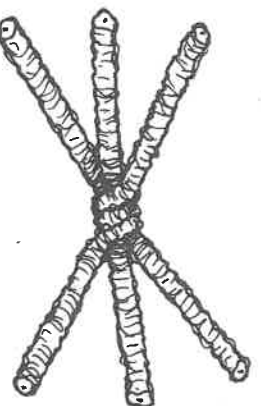
Once you've made this star, try using white beads on white or blue pipe cleaners to make a snowflake.



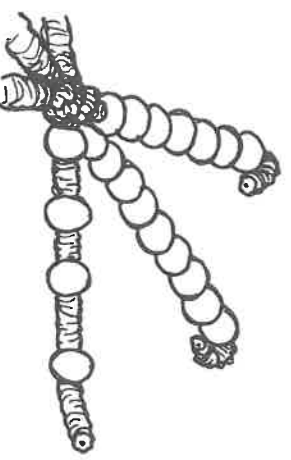
1. Cut both pipe cleaners in half. Set one half piece aside for a different project.



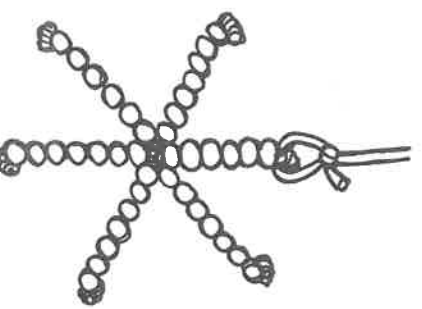
2. Hold the three pipe-cleaner pieces so the ends are even. Twist them together in the center. Spread the pipe cleaners apart to make a star shape.



3. Thread beads on one point of the star. Fold over the end of the pipe cleaner to keep the beads in place. Bead the other five points the same way.

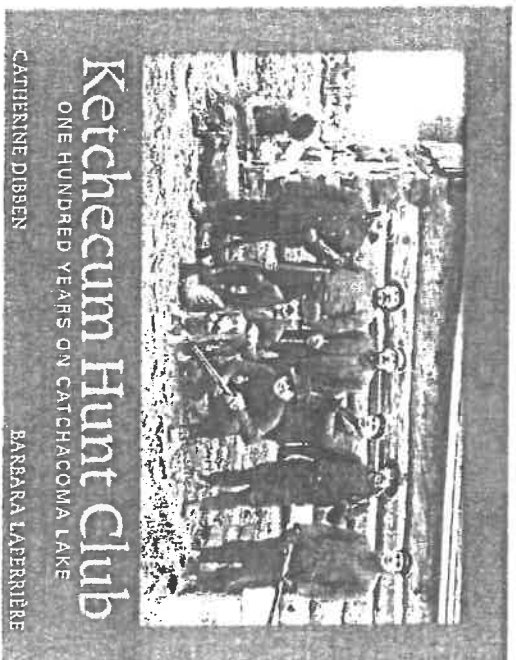
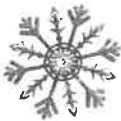


4. To hang up your star, tie thread or fishing line on one of the points. It looks nice in a window.



You will need

- 2 pipe cleaners
- scissors
- sparkling beads
- thread or fishing line



Did you ever wonder who owned the hunt camp building and beautiful beach on Catchacoma Lake? Here's your chance to read about the history of the

Ketchicum Hunt Club

From 1901 to 2000, the Club was located on Catchacoma and was used for 1 or 2 weeks in November by prominent businessmen and professionals from Peterborough to hunt deer. Remember the regattas on the beach?

The books are for sale at Catchacoma Marina and Little Gull Marina for \$ 30.00

Available from our website – www.ketchicumhuntclub.ca for \$ 35.00 incl. shipping

A Perfect Book for your Cottage



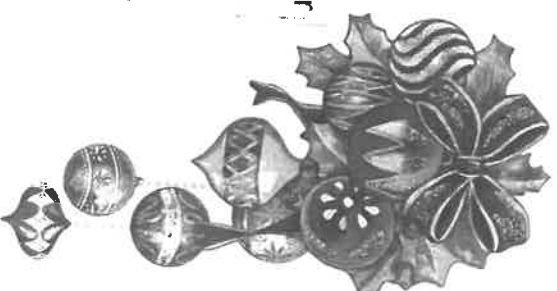
*Warmest Wishes for a happy Holiday
season and a wonderful New Year!*

Don & Blain
Cavendish
Transfer Station

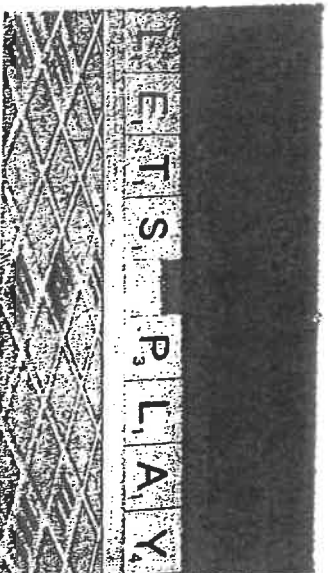


Wishing you and your
family a wonderful
Holiday Season!

The Cadigan Family



Scrabble Night
Cavendish Community Centre
Thursday Evening - Starting at 7 p.m.



In Passing...

It is with deep sadness that the family announces the passing of Kenneth Lloyd Carson on Wednesday, November 5th, 2025, at the Turnbull Nursing Home in Saint John, N.B. Born in Oak Point, N.B. on June 2nd, 1934, Ken was the beloved son of the late James Hugh and Margaret Jane (Queen) Carson.



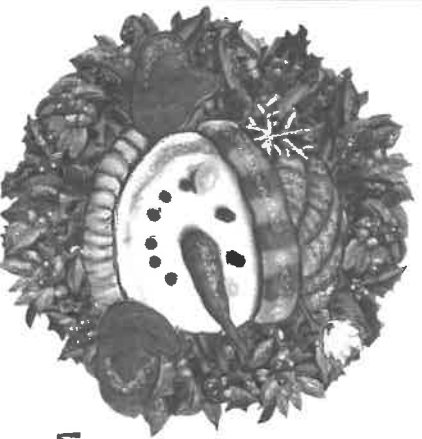
Ken is survived by his brother Glendon Carson of Oak Point, along with many cherished nieces, nephews, cousins, and friends from Ontario. He was predeceased by his parents and sibling: Douglas (Gertrude Muir) Carson, Edison (Helen Muir) Carson, Donald Carson, Roy Carson, and sister-in-law Ethel Carson.

Ken began his distinguished career with CP Rail in 1952, serving in Saint John and Montreal before promotions led him to Toronto in 1957 and later to Vancouver in 1988. He retired in 1992 as a senior officer. His professional excellence was recognized with a first-place honor at the General Claims Conference for his essay, The Art of Negotiation.

Beyond his career, Ken was deeply committed to public service. He served as a school trustee on the Toronto School Board and as a member to the Metropolitan Toronto School Board. He was also an elected councillor in the Township of Galway and Cavendish, contributing to several committees. Ken volunteered for over a decade with Kawartha O.P.P. - Cavendish Community Policing Volunteers, embodying his dedication to community and civic engagement.

A passionate debater and independent thinker, Ken returned to Catchacoma Lake, Ontario after retirement where he led Carson & Associated Consulting Services. In 2022, he moved back to New Brunswick to be closer to family as his health declined.

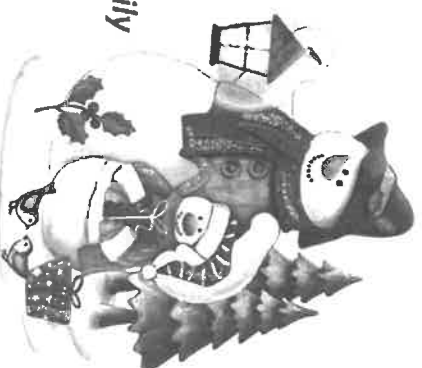
A special thanks to the staff at Turnbull Nursing Home for their dedication and care over the last two years.



*Wishing you peace,
love and joy this
Holiday Season!*

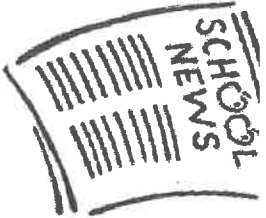
The Franzen Family

*Warmest thoughts and best wishes
for a wonderful Holiday season
and a very happy New Year.*



*The Gillinham Family
Flynn's Store*

If your advertisement is no longer in the 507 Express is might be that it is past time to renew. Check the umber is the lower right corner of your ad to see when it runs out! If in doubt please contact Kathy at 705-657-8912 or kathy507@yahoo.ca



Dates to Remember: **December 19th** - last day of school
before Christmas Break
January 5th - first day back to school
following Christmas Break

Responsibilities

In order to uphold the right of members of the KPR community to access safe and caring schools, there are specific responsibilities for which all members of KPR must be accountable to ensure a positive learning environment.

Parent(s)/Guardian(s)

Parents/guardians play an important role in the education of their children and can support the efforts of school staff in maintaining a safe, inclusive, accepting, and respectful learning environment for all students. Parents/guardians do this by:

- attending to their child's physical and emotional well-being,
- proactively engaging in their child's schoolwork and progress,
- communicating regularly with the school,
- helping their child be adequately prepared for learning at school,
- ensuring that their child attends school regularly and on time,
- promptly reporting to the school their child's absence or late arrival,
- becoming familiar with the Student Code of Conduct and school rules,
- encouraging and assisting their child in following the rules of behaviour,
- assisting school staff in dealing with disciplinary issues involving their child.

507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

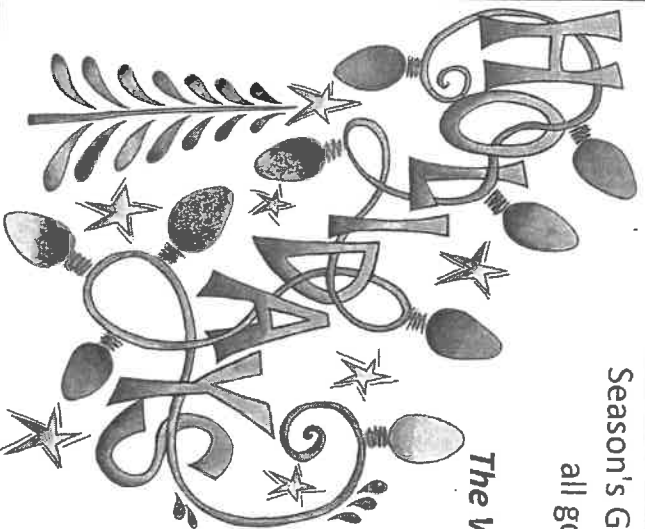
Name: _____

Address: _____

Postal Code: _____

Please make cheque payable to Cavendish Culture and Recreation Committee
Or you can e-transfer payment to cavendishcandr@yahoo.com

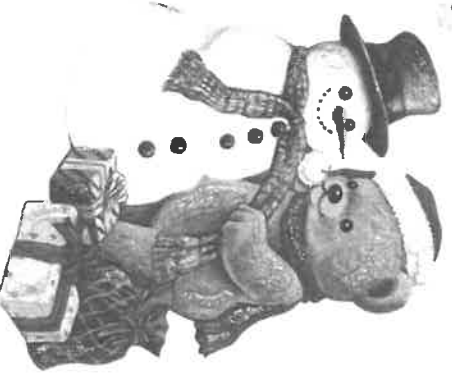
Mailing Address: Cavendish Culture and Recreation Committee
32 Community Complex Drive
Trent Lakes, Ontario
K0L 1J0



Season's Greetings with
all good wishes for
the New Year.
The Warren Family

HAPPY
Holidays

Cavendish
Community
Policing
Volunteers

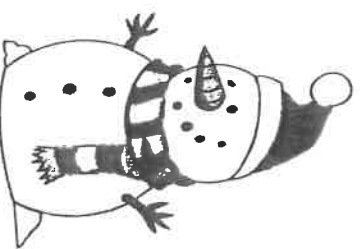


It happened this Month....

- December 3rd, 1997 – Officials from 122 countries gather in Ottawa to sign a treaty aimed at ridding the world of landmines.
- December 8th, 1869 – Timothy Eaton opens a tiny dry-goods and haberdashery business with just four employees on Toronto's Yonge Street. His pioneering policies – cash only, no haggling and "Goods satisfactory or money refunded" helped turn the store into one of the largest retailers in North America.
- December 12th, 1938 – Al Rashid, the first mosque in Canada, opens in Edmonton. Canada's Muslim population dates back to the middle of the nineteenth century.
- December 16th, 1967 – Runner Donovan Bailey was born
- December 17th, 1946 – Actor, writer, director and producer Eugene Levy is born in Hamilton, Ontario.
- December 18th, 1961 – figure skater Brian Orser was born
- December 20th, 1943 – Supported by their armoured brigade, Canadian troops attack Ortona, Italy, during the Second World War.
- December 22nd, 1985 – The CBC airs a documentary on the creation of "Tears Are Not Enough" a charity single recorded by Northern Lights, a super group of more than fifty of Canada's biggest recording artists. This song was written and recorded to raise funds for famine relief in Ethiopia. The song was also a chart-topping hit in Canada and by 1990 proceeds from the effort had exceeded \$3.2 million
- December 26th, 1937 – musician and comedian Ronnie Prophet was born
- December 31st, 1954 – musician, singer and songwriter Burton Cummings was born.

Snowman Building Contest

Don't forget to send us a picture of this year's snowman. Remember to include the dimensions as well. You can drop them off at the Cavendish Library or email them to kathy507@yahoo.ca



Trent Lakes Public Library Board and Staff

LET IT
Snow



Have a Merry Christmas!

Cavendish Youth Group



Gardening Tips

As houseplants grow more slowly in December light, cut down on watering by half until active growth resumes in the spring. Hold off on fertilizing as well.

Things you might not have known about this month...

In Roman times, the calendar only had ten months and began with March! The winter period was not even assigned months because it was not an active time for military, agriculture, or civil life.

The month of December originally consisted of 30 days. After January and February were added to the calendar (around 700BCE), December was shortened to 29 days. Then, two days were added to December in the subsequent Julian calendar, making it 31 days long.

- Birthstone for the month of December is the turquoise - a symbol of good fortune and success. Zircon and Tanzanite are also considered to be December birthstones.
- December's birth flowers are the holly and the paperwhite Narcissus
- Zodiac signs for the month are Sagittarius from November 23rd to December 21st and Capricorn from December 22nd to January 19th.
- Frost on the shortest day is said to indicate a severe winter.
- Thunder in December presages fine weather.
- December is the 12 month of the year and has 31 days.
- It is the first month of winter and the last month of the year.



Weather predictions for this month.

In December Ontario is expected to experience cold temperatures, significant snowfall, and a mix of winter weather conditions.

December 1st to 11th - weather will include rain and snow showers, snowy periods and colder temperatures.

December 12th - 15th - will be sunny but "very cold".

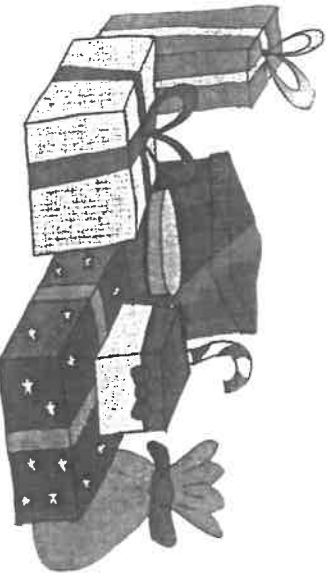
December 16th - 21st - snow showers and "bitter cold".

December 22nd - 31st - weather temperatures become "frigid"



May the blessings of peace, good will,
and happiness be with you at Christmas
and alsways.

**Don & Marylou Bowles
& family**



We hope you have a fabulous Christmas
surrounded by family and friends,
and we wish you all the best for
the New Year!

The Asling Clan



Dates to Think About

December

- 1st - World Aids Day
- 2nd - National Mutt Day
- 3rd - International Day of Persons with Disabilities
- 7th - National Cotton Candy Day
- 8th - National Brownie Day
- 11th - International Mountain Day
- 12th - Gingerbread House Day
- 14th - beginning of Hanukkah this year
- 17th - Anti-bullying Day
- 20th - National Ugly Sweater Day
- 21st - is the Winter Solstice- the astronomical day when the hemisphere is tilted as far away from the Sun as possible.
- 24th - Christmas Eve
- 25th - Christmas Day
- 26th - Boxing Day
- 28th - National Call a Friend Day
- 31st - New Years Eve - kiss the person you hope to keep kissing!



Merry
Christmas
and a
Happy
New Year!



Sharron and the
all of the animals
at Dragonfly Ridge!

'TIS the
Season
to be jolly



Best Wishes for the Holiday season
and a very happy New Year.

Cavendish Ratepayers Association

Crerar Mechanical

Maynooth, Ont.

Karl Crerar 613-553-7077
crerar.mechanical@gmail.com

GENERAC

Authorised Service Dealer

Generator Service & Maintenance
Home Standby Generators
Portable Generators



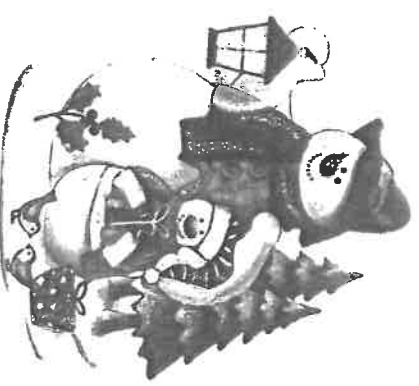
Ontario has changed the driver's license renewal process for drivers aged 80 and over, making it more convenient while maintaining safety. **Starting February 3, 2025, seniors can complete mandatory vision and cognitive screenings and renew their licenses in a single visit at select ServiceOntario centers;** this service will expand to all locations by Spring 2025. Each renewal still requires a 45-minute group education session, a vision test, cognitive screening, and a review of their driving record, with a potential road test if needed. ☺

Simplified renewal process (for drivers 80+)

- **One-stop service:** Vision and cognitive screenings and license renewal can be completed during a single appointment at a ServiceOntario center.
- **Convenient booking:** Seniors receive renewal notices 90 days before their license expires and can book appointments online or by phone.
- **Availability:** The streamlined service is available at select ServiceOntario locations since February 3, 2025, and will be available at all locations by Spring 2025. ☺

Renewal requirements for seniors (age 80 and over)

- **Frequency:** License renewal is required every two years.
- **Vision test:** A vision test is mandatory.
- **Group education session:** A 45-minute session on aging and driving, rules of the road, and safe driving tips is required.
- **Cognitive screening:** Two short, written exercises assess cognitive skills.
- **Driving record:** Driving history is reviewed for any issues.
- **Road test:** A road test may be required based on the results of the other screenings. ☺



CHRISTMAS CRAFT NIGHT

Are you interested in making a Christmas Decoration. We are planning a craft night for Wednesday, December 10th at 7 p.m. at the Cavendish Community Centre.

The project for the evening will be making a decoration for the season using a blade from a ceiling fan - we have a supply on hand.

We are asking that you register for this evening which you can do by letting Sue or Joanne know in the library or by emailing cavendishcandr@yahoo.com. Cost for the evening will be \$5.00 to help cover cost of materials and will be collected that evening.

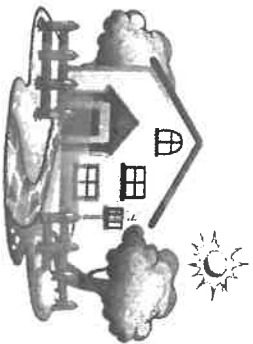
Certified Insured Arborist

Available to Help!

705-933-2757



HOUSEHOLD HINTS



- Instead of wasting duct tape by folding it over to mark where the roll ends, use a paper clip. You won't have to feel around to find the end and won't waste tape.
- Clean your microwave the easy way - heat a bowl of lemon juice for two minutes or until it comes to a boil. Just a swipe of a cloth and you have a fresh smelling, clean microwave.
- Fan blades need to be dusted - slip a pillow case over the blade, one at a time. Wipe the blade with the case and all the dust will fall into the pillowcase.
- Window blinds are always an issue - easy way to clean - cover your hand with a sock, spritz with water than grip each blind panel and slide the sock-covered hand from one end to the other - removes dust from both sides.
- Tried every way possible to get the dust and cobwebs from your ceiling. Try using a damp high-nap paint roller to pick up the dust and cobwebs.



TREE PROBLEMS OR QUESTIONS?

ASK AN ARBORIST.

Call (705) 657-6916 or visit bartlett.com

PRUNING | FERTILIZATION | CABLING & BRACING | INSECT & DISEASE MANAGEMENT
TREE INSPECTIONS | STORM DAMAGE | LIGHTNING PROTECTION | REMOVALS

WE'VE JOINED THE BARTLETT CANADA FAMILY!
SAME GREAT PEOPLE. SAME GREAT SERVICE.



Answers to Puzzling Times

S	E	I	T	H	F	O	R	B	A	B	E
I	N	T	R	O	T	W	O	R	L	D	W
T	H	E	W	O	R	L	D	W	O	R	L
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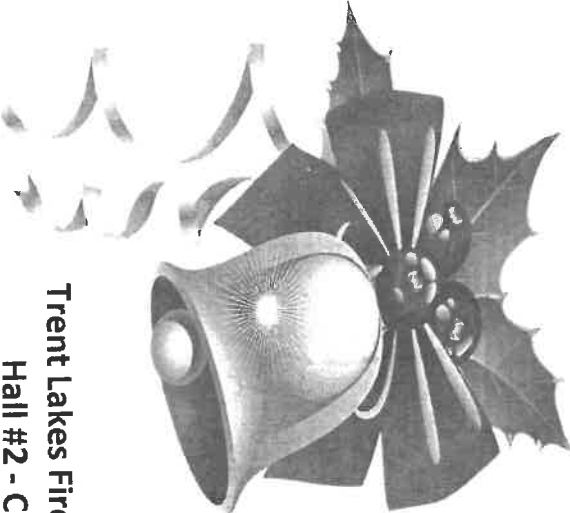
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3	5	6	4	1	9	2	7	8
7	4	1	2	5	8	3	6	9

"No man is good enough to govern another man
without that other man's consent," said Lincoln.

• By the time you have your child suited, scarved, and
booted, snapped, mitted, and belted, the snow has
melted.



Merry Christmas
Cavendish Culture & Recreation
Committee



Wishing you
a merry
Christmas
and a safe
and Happy
New Year

Trent Lakes Fire Department
Hall #2 - Cavendish

Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

BUTTER TARTS

Made Special just for You!



\$15.00per ½ dozen \$30.00 per dozen

Contact Lauren @ 705-977-1886

CARPENTRY

STAIRS SHEDS

DOCKS DECKS


CALL JR @705-657-2143


SCENTSY

INDEPENDENT CONSULTANT

TIFFANY LAURA

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 tiffanylaura.scentisy.ca



Scan Me!



It's a fact that many fire deaths are caused by people attempting to cook or smoke while under the influence of alcohol.

There's more to responsible drinking than taking a cab. Don't put yourself—or your family—at risk to fire.



Need some help around the house?



**Help is just
a phone call away!
705-657-7455**

Whether you're looking to make a major renovation to your home or you've accumulated a list of small repair projects

HELPING HAND can help.

Installations, repairs, renos, maintenances
Local family based business since 2008

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<https://helpinghandhandymanservices.com>

We do it all!

House Cleaning



Leasa Thompson
705-931-5501

If your ad is not in this issue it may because it has expired!

Cavendish Key Contact Information

Trent Lakes Municipal Council:

Mayor	Terry Lambshead	705-927-4968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-657-7518	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

Municipal Service Contacts:

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	www.trentlakes.ca	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Luc Shewen	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221
Chief Building Official	Barbara Waldron	EGrieger@trentlakes.ca
Cavendish Transfer Station	Don & Blaine	1-705-738-3800 ext. 225 705-657-2490

Community Service Contacts:

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Cavendish Community Centre	cavendishcandr@yahoo.com	705-657-1192	
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	kathy507@yahoo.ca
507 Express – Editor	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912	
Trent Lakes Outreach Centre-foodbank		705-768-3590	https://tlofoodbank.wordpress.com/
Cavendish Youth Group	Katherine Warren	705-657-8912	kathy507@yahoo.ca
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

Cavendish Ratepayers Association Inc. (C.C.R.A.I.):

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

Cottage Association Presidents/Contacts:

Catchacoma Lake	Ric Mackey	rmackey@bell.net
Picard Lake	Paul Stenton	pstenton@ryerson.ca
Mississauga District	Carol Thomson	carolt@golden.net
Mississauga –Gold Lake Road	Katie Tingley	mglakeroadgroup.com
Beaver, Cavendish, Bottle & McGinnis	Bryan West	brywest3@gmail.com
Greens Lake		
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

Cavendish Landfill Site Hours of Operation

Summer Hours: April 15th to September 15th: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

Winter Hours: September 16th to April 14th: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

Closed: Christmas Day, New Year's Day, Family Day & Easter Monday

Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301

Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

Babysitters:

Pet Sitting:

EMERGENCY NUMBER: 911

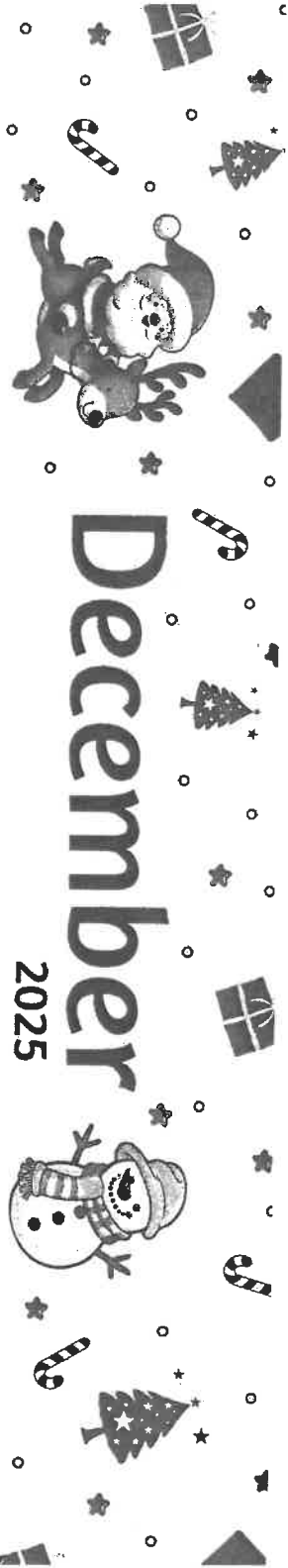
Police Non-Emergency 1-888-310-1122

Ontario Hydro: 1-800-434-1235



December 2025, 388th Issue

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December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Art Group	2 Library 4 - 8 Youth Group	3 Library 10-4	4 Euchre Scrabble	5	6 Library 10-4 Games Night
7	8 Art Group	9 Library 4 - 8 Youth Group	10 Library 10-4 Craft Night	11 Euchre Scrabble	12	13 Library 20-4 Games Night
14	15 Art Group	16 Library 4 - 8 Youth Group	17 Library 10-4	18 Euchre Scrabble	19 Cookie Exchange	20 Library 10 - 4 Christmas Pot Luck Dinner
21 Games Night	22 Art Group	23	24	25 Christmas Day	26 Boxing Day	27 Games Night
28	29 Art Group	30	31 New Years Eve			