

# The 507 Express

## Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

## This Month:

- Family Day Celebration
- No Ice is Safe Ice
- Cavendish Rink
- Immunization enforcement
- Pancake Dinner
- Food Handler Course
- Snowman Contest
- Chili Cook-off
- In Passing...
- Council Update

## 507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15<sup>th</sup> of the month.
- Advertising as follows:

Classified - \$2.00 per month	1/8 <sup>th</sup> page - \$5.00 per month
¼ page - \$10.00 per month	½ page - \$15.00 per month

Is it "complete, finished" or "completely finished"? No English dictionary has been able to adequately explain the difference between these two words – "complete" or "finished". In a recent linguistic competition held in London and attended by, supposedly, the best in the world, Samdar Balgobin, a Guyanese man, was the clear winner with a standing ovation which lasted over five minutes. The final question was "How do you explain the difference between COMPLETE and FINISHED in a way that is easy to understand?"

Some people say there is no difference between COMPLETE and FINISHED."

Here is his astute answer: "when you marry the right woman, you are COMPLETE. When you marry the wrong woman, you are FINISHED> When the right one catches you with the wrong one, you are COMPLETELY FINISHED!"

He won a trip around the world and a case of 25-year old Scotch!

Long ago, dishes and cookware in Europe were made of dense orange clay called "pygg". When people saved coins in jars made of this clay, the jars became known as "pygg banks." When an English potter misunderstood the word, he made a container that resembled a pig. As you know it caught on.



The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns. Letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

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**Phone Number:** 705-657-8912

**Email:** kathy507@yahoo.ca

**Donations towards publication are gratefully received!**



# Community Report



## Family Day Celebration



Monday, February 20<sup>th</sup>, 2023  
10 a.m. to 2 p.m.

Come out for hotdogs and hot chocolate!  
Join your neighbors around the camp fire.  
board games inside if it's cold and  
skating if the ice co-operates.  
Don't forget to participate in the Chili Cook-off!

## ***Progressive Euchre***



***Every Thursday Afternoon***

***1:00 pm until 3:30 pm***

***Cavendish Community Centre  
18 Community Complex Drive,  
County Road 507, Ontario  
Tel: (705) 657-1192***

***\$5.00 per person***

## Chili Cook- Off

Cook-off to take place during Family Day Celebration on  
Monday February 20<sup>th</sup>, 2023.

### Rules:

1. Entry should include your name, phone number and list of ingredients. -quantities or procedures not required.
2. Each entry should be a minimum of 12 cups.
3. Please deliver your entry to the Cavendish Community Centre by 11:00 a.m.
4. Judging will begin at 11:00 and continue until 2 p.m. at which time ballots will be counted and the winner will be announced.  
In the event of a tie the Cavendish Culture and Recreation

## Lakehurst Hall Fundraiser



Please join us for a  
**SOUP & CHILI LUNCH**  
Saturday, February 4th  
@ 12 pm

\$8 includes bowl of soup or chili with a bun and dessert  
(Ham & Potato Soup or Turkey Soup)  
Coffee and Tea will be available as well

Please call Wendy @ 705.657.7992

To reserve your spot

*We will have tables set up in the Hall from  
12pm -1:30pm for your to enjoy your lunch!*

*Please let us know when you reserve  
your spot if you would like your meal to go.*



# In passing...



KIDD, Murray Alden

We are saddened to announce the passing of Murray Kidd on Friday, January 6, 2023 in his 81st year. Best friend and most loved husband to Janice Platt for 52 years. Loving and proud father of Greg (Judy) and Michael (Chris). Favorite brother-in-law to Bob Platt and Paula Platt Weaver (Paul). Murray was predeceased by his Dad and Mom, Orville and Clara Kidd, his brothers Doug (Vera) and Ross "Bud" (Betty and Ann) and his brother-in-law Wayne Platt. He will be missed by his favourite grandchildren, great grandchildren, nieces, nephews and cousins that enriched his life in so many ways. Murray cottaged on Catchacoma Lake since he was 12 years old. He and Janice build their dream cottage where he was happiest when entertaining family and friends, fishing with his special buddy Karina, teaching kids how to catch and clean fish and driving his pontoon boat at a very slow speed! He fancied himself a "foodie" who loved to cook, eat, drink and try anything new. He was at his best when he could make people laugh with his goofy stories and corny jokes. Although he took a lot of teasing he remained a loyal fan to his Montreal Canadians and his Green Bay Packers. He thoroughly enjoyed winters in Florida, betting horses, following the stock market, all types of music and bid euchre with his buddies. He always had a twinkle in his eye, a smile on his face and a kind word. Over his career as a Funeral Director he helped many people with his kind, compassionate and confidential approach. He was a licensed trapper, taxidermist, legion member and community volunteer. Murray sat on many boards/committees both local and provincial. He was past President of the Lakefield Jolly Seniors and the Trent Lakes Seniors. His proudest achievements were being a Charter Director of the Kawartha Highlands Signature Site and member of management advisory board for 14 years, 11 years on Board of Victim Services Peterborough/Northumberland and his 6 year involvement as a Director with Guaranteed Funeral Deposits of Canada (GFD). Friends may call at Ashburnham Funeral Home, 840 Armour Road, Peterborough from 10 a.m. until 12 p.m. on Saturday, January 14th. Funeral Service in the Chapel at 12 p.m. Interment Lakefield Cemetery. In memory of Murray, donations can be made to the Buckhorn Public School Breakfast Program, the Buckhorn Community Centre or charity of your choice.

"My life has been full, I've savoured much, good friends, good times  
And a loved ones touch ..... Lift up your hearts and share with me  
God wanted me now .... He set me free"



## FEBRUARY

Propagate indoor plants and start your geraniums from cuttings.  
Send in your mail orders for shrubs and hedges.  
Check for dates of Garden shows that are held in early Spring.

**Don't forget it's time to order your seeds for spring!**



# In passing...

Kent Crosby formerly of Catchacoma Narrows passed peacefully with his family by his side on Monday January 2, 2023 in Sault Ste. Marie, in his 67<sup>th</sup> year. He is now reunited with his soulmate and best friend Judy. He was father to Terry (Pat) and Andy (Amanda) and Grampy of Sienna, Carson, Cole and Chase.

He was the loving brother to Glen (late Pam), Merrill Thomson, Skip (Marg) and Becky (John Hofstetter) and uncle to many nieces and nephews.

Our condolences are extended to his family.

## **Are You Interested in Becoming a Volunteer?**

Volunteering can be a very rewarding experience – whether you are volunteering at a school breakfast program – making friendly phone calls for community care – flooding your local rink or helping out with community events. It's a great feeling to be helping someone else - being out with neighbors – getting to know the people in your community.

Schools and Nursing homes are always looking for volunteers, our local Community Policing Service has not been operating – partly to do with Covid-19 but also due to a need for more volunteers. The Trent Lakes Fire Department also has a need for dedicated volunteers.


We here at the Cavendish Community Centre are also always happy to see volunteers. There is always way to help – watering gardens during the nicer months of the year, helping with decorating for various holidays, setting up for events, helping with flea markets, bake sales, fund raising events .....the list goes on.

We have a committee that oversees events and activities at the community centre known as the Cavendish Culture and Recreation Committee. New members are always welcome...new ideas are welcome whether you sit on the committee or not. You also don't have to be a member to just come out and volunteers for an hour or two. Our fundraising events help us to support such things as the "507 Express" and lets us contribute to events like Halloween and Christmas Pot Luck parties and Family Day celebrations.

The next Culture and Recreation Committee meeting will be on Wednesday, March 22<sup>nd</sup> starting at 7 p.m. and guests are always welcome.

**McIntyre Electric**  
Residential/Commercial  
Industrial

**705.930.8216**

 Licence No.  
7008801  
www.eao.org



# Peterborough Public Health Resuming Student Immunization Enforcement

## *Parents/Guardians Reminded to Update Student Immunization Records*

In alignment with other health units across the province, starting January 11, 2023, Peterborough Public Health (PPH) will begin enforcement of the Immunization of School Pupils Act (ISPA).

"Immunizations protect children from highly infectious viruses and bacteria that can lead to severe disease," says Dr. Thomas Piggott, Medical Officer of Health. "Ensuring that all students are immunized and records are reported to public health will keep children safe in the classroom and prevent or manage potential outbreaks of disease."

All students between the ages of 4 to 17 must be vaccinated according to Ontario's Immunization Schedule, which includes vaccinations against **diphtheria, tetanus, polio, measles, mumps, rubella, pertussis (whooping cough), varicella (chickenpox) and meningococcal disease** OR have a valid exemption on file with public health.

Dr. Piggott explains, "Routine immunization opportunities resumed in 2022 after being paused due to the pandemic response. Starting in January, we are resuming enforcement of routine immunizations to ensure all students are compliant with ISPA and those who are not compliant may be at risk of school suspension. This will begin with the education of parents and guardians of students who are in Grade 3 and not up-to-date with their immunizations. The goal of our efforts is to support accessing vaccination, and getting our community protected. We have availability in our Routine Immunization Clinic to support those who do not have access to a health care provider."

Immunization records can be found online at [peterboroughpublichealth.ca](https://peterboroughpublichealth.ca). A valid Ontario health card is required to access the record of immunization. Parents and guardians may also ask their health care provider to fax immunization records to Peterborough Public Health. Children who are not up-to-date should book an appointment with a health care provider to receive a vaccine. Residents who do not have a local health care provider can book an appointment at Peterborough Public Health's Routine Immunization Clinic by calling 705-743-1000 ext. 331.

## Good Buy Room Thrift Store

Hours:

Thursday – Saturday

10am – 4 pm

Lakehurst Road

Buckhorn

(Below Buckhorn Library)





## Deputy Mayor

**Carol Armstrong**

Welcome to the first newsletter of the new term of Council! I am pleased to serve with our Mayor, **Terry Lamshead**, who is a team player and a consensus builder and with our other **Council members**, profiled on the next page.

Council moved quickly to address two significant issues early in its term:

The size and cost of the **new facility** for public works, vehicle maintenance/repairs and recreation/facilities were escalating. By reducing the building size and eliminating the crane, the building cost is now estimated at \$5.5MM.

The **Dewdney Quarry** was proposing to reconstruct and utilize Quarry and Ledge Roads for a haul route. Council declared this is incompatible with the current residential use of that area.

PHONE: 705-457-7518

EMAIL: [carmstrong@trentlakes.ca](mailto:carmstrong@trentlakes.ca)

# TRENT LAKES

## COUNCIL UPDATE

Highlights of Trent Lakes Council Meetings

**JANUARY 2023**

### COUNCIL DECISIONS: NOVEMBER –JANUARY 2023

- Approve 2023 OPP billing at \$223.39 per property, a 2.13% decrease YOY
- Approve \$500 donation to TL/Selwyn Seniors for Christmas food hampers
- Expand role of Committee of Adjustments to rule on Property Standards and Muzzle Order appeals
- Reduce the size of the proposed new Dedicated Mechanics Facility by two bays and not include a crane in order to reduce the cost of the building. Plan for 2023 construction as the first phase of municipal facility replacements
- Add a staff position for the building department - Building Inspector / Bylaw enforcement officer
- Advise Dewdney Mountain Farms Ltd that the municipality will not support their proposed haul route utilizing any or all of Quarry or Ledge Roads, and recommends that the applicant identify an alternative haul route
- Direct consultant to proceed with completion of the Open Spaces & Trails Master Plan and extend Parks, Recreation and Culture Advisory Committee to the end of March for the purpose of providing feedback and comments on the final report
- Approve municipal assumption of the Granite Ridge Phase 1 Road Network, subject to conditions
- Approve the 2023 - 2027 Accessibility Status Report and Implementation Plan

**NOTE:** These are updates selected by me to keep the public informed. Any errors or omissions are mine alone. For more, and to see video recordings of past Council meetings, go to [www.trentlakes.ca/council/meetings-agendas-minutes/](http://www.trentlakes.ca/council/meetings-agendas-minutes/)

### KEY Activities for Council 1<sup>st</sup> Half 2023

ACTION/PLAN	DELIVERY DATE
Economic Development, Recovery and Tourism Plan	February
2023 Budget and Taxes	February
Open Spaces (ie; Trails and Parklands) Master Plan	March
Determine Committee Structure for this term of Council and recruit members	May / June
Strategic Plan for 2022 - 2026	May / June
Short Term Rental Phases ONE and TWO	June
Review and Update Zoning Bylaws to conform with the new Official Plan (Pending Provincial approval)	June
Construction of shared Public Works, Mechanics Facility and Recreation & Facilities on HWY 49	Summer

### Meet your 2022 – 2026 COUNCIL members!



Mayor **Terry Lamshead** was born and raised in this community. He is married with one daughter and enjoys time with many family members and friends here. Terry was an active member of the Trent Lakes volunteer fire and rescue team for over 20 years and has volunteered with many organizations and events for decades. He owns and manages his own construction business and is well known in the building community. Terry enjoys all outdoor activities, including fishing, hunting, swimming, and hiking. He is grateful and proud to be your Mayor and looks forward to four productive years of Council.





Deputy Mayor **Carol Armstrong** moved here 15 years ago, after being a cottager since 1990. She loves living on the water and is an avid swimmer and kayaker. She had a successful executive career with Xerox in finance, marketing, procurement and customer service, and leveraged that experience into a consulting practice and then economic development with Community Futures. Carol has 3 stepchildren and 2 grandchildren, who are not the least bit interested in taking up her favorite sport – scuba diving. She is passionate about responsible and accountable government and looks forward to working with the new Council.



Councillor at Large **Peter Franzen** was a self-employed stone mason for 50 years and has lived in Trent Lakes for 40 years. He and his wife of 35 years have 4 children and 8 grandchildren. They are immigrants to Canada - Rica was born in a small village in the Philippines and Peter immigrated as a young child with his sister and parents from the historic city of Cleve in Germany. His parents were typical immigrants with \$100, two and a half children, and speaking no English. Some of his interests are taking online courses on subjects like Moral Foundations of Politics, Introduction to American Law, Environmental Law and Indigenous Awareness.



**John Braybrook**, Councillor for Harvey, has been coming to Buckhorn since 1963. His grandparents built in Buckhorn 1950 where he and his wife, Joanne, have resided since 2015. They once owned the building in downtown Buckhorn where Mariloos Ice Cream is currently, but sold in 2021 because Braybrook was spending too much time and money at Mariloos! John brings his 31 years of policing experience to council which includes a wide variety of investigative and administrative experience. He has a keen interest in music, reading (non-fiction), played competitive hockey and rugby, and he and Joanne enjoy their yearly road trips (mainly to Cape Cod)! John enjoys interacting with his constituents and looks forward to working with fellow council members and staff this term.



**Joe Cadigan**, Councillor for Galway and Cavendish, has been a full time resident of Trent Lakes since 1995 and part time since 1984. Joe is married with 3 children and grandchildren all living in Catchacoma. Retiring from Peterborough Fire services as a Captain in 2019 has allowed Joe time to focus on family. His interests include fishing, hunting, and woodworking. Going forward, Joe hopes to assist residents of Trent Lakes with their interactions with the municipality and playing pickle ball this spring on the Cavendish (King) sports pad.

#### Contact information for Council members:

<https://www.trentlakes.ca/en/government/council.aspx>

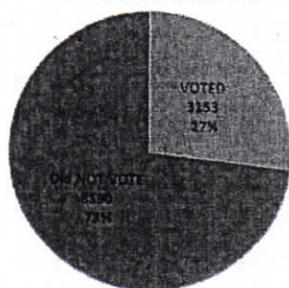
### Council representation on local Committees and Boards

NAME	COUNCIL REP	WEBSITE
<b>Community Centres</b>		
Lakehurst	John Braybrook	<a href="https://www.lakehursthall.com/index.html">https://www.lakehursthall.com/index.html</a>
Cavendish	Joe Cadigan	<a href="https://cavendishcommunitycentre.wordpress.com/">https://cavendishcommunitycentre.wordpress.com/</a>
Galway	Peter Franzen	<a href="https://galwayhall.ca/">https://galwayhall.ca/</a>
Buckhorn	Peter Franzen	<a href="https://www.buckhorncommunitycentre.com/">https://www.buckhorncommunitycentre.com/</a>
<b>Statutory Committees</b>		
Committee of Adjustment / Property Standards	Terry Lambshead / Peter Franzen	<a href="https://trentlakes.civicweb.net/filepro/documents/83/">https://trentlakes.civicweb.net/filepro/documents/83/</a>
Police Services Board	John Braybrook	<a href="https://trentlakes.civicweb.net/filepro/documents/48041/">https://trentlakes.civicweb.net/filepro/documents/48041/</a>
Library Board	Carol Armstrong	<a href="https://www.trentlakeslibrary.ca/en/index.aspx">https://www.trentlakeslibrary.ca/en/index.aspx</a>
<b>Outside Committees</b>		
Upper Trent Water Management Partnership Council	Joe Cadigan	<a href="https://cewf.typepad.com/coalition_for_equitable_w/">https://cewf.typepad.com/coalition_for_equitable_w/</a>
Kawartha Conservation Authority	Peter Franzen	<a href="https://www.kawarthaconservation.com/en/index.aspx">https://www.kawarthaconservation.com/en/index.aspx</a>
Otonabee-Peterborough Water Source Protection Authority	Peter Franzen	<a href="https://www.otonabeeconservation.com/programs/water-programs/drinking-water-source-protection/otonabee-peterborough-source-protection-area/">https://www.otonabeeconservation.com/programs/water-programs/drinking-water-source-protection/otonabee-peterborough-source-protection-area/</a>
Buckhorn District Tourism Association	Carol Armstrong	<a href="https://buckhorn.ca/">https://buckhorn.ca/</a>
Kinmount District Health Centre Liaison Committee	Carol Armstrong	<a href="https://www.kdhc.ca/">https://www.kdhc.ca/</a>



## 2022 Municipal Election Turnout

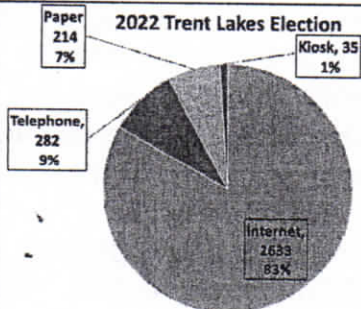
2022 Trent Lakes Election



**KEY MESSAGES:**

- Of the total 11,743 eligible voters, 27% voted – compared to 35% in 2018
- For Ontario, voter turnout was 33%, the lowest since 1982
- Lower turnout likely due to election fatigue – 3 elections in 13 months

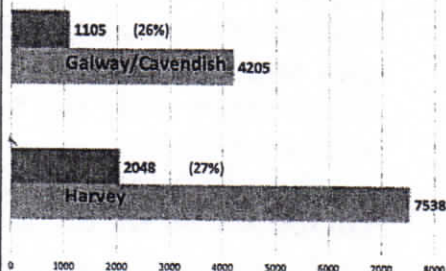
2022 Trent Lakes Election



**KEY MESSAGES:**

- Of the 3,153 voters, the vast majority (83%) voted by internet
- Telephone and Paper ballot voting were next highest methods, at 9% and 7% respectively

2022 Trent Lakes Election by WARD



**KEY MESSAGES:**

- Voter turnout was almost the same percentage for Harvey and for Galway/Cavendish
- The 1 point higher turnout for Harvey was the same in the 2018 election

## COMING Next Newsletter:

What does County Council DO? What Decisions are made there??

What is 39% of your Tax Dollars Spent on???

## Burn Permits

Burn Permits are required - you must have a permit for ANY open air burning. Fire Permits are available on line through the Municipality of Trent Lakes web site or phone 705-738-3800 extension #301 or 1-800-374-4009 Extension #301.

## 507 EXPRESS SUBSCRIPTION

If you would like to receive the 507 Express at home or at another destination, please complete the attached form. The cost for this service is \$2.50 per month or \$30.00 per year.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

I would like to receive the 507 Express starting \_\_\_\_\_ for \_\_\_\_\_ months.

Please make cheque payable to: Cavendish Culture & Recreation Committee

Mailing Address: Cavendish Culture & Recreation Committee

Attention: Tiffany Warren

32 Community Complex Drive,

Trent Lakes, Ontario

K0L 1J0





## Cavendish Rink

Many people have been asking about the rink at the Cavendish Community Centre and wondering if skating is available or not. For those who are not aware we rely completely on volunteers to clear the snow from the sports pad and to flood the rink and maintain it. The municipality has their roads department clear the snow away from the entrance to the rink so that it is easily accessed.

Whether or not we have ice also depends greatly on the weather conditions as we do not have a refrigerated pad. We first have to let the frost get into the pad prior to commencement of applying water. We then have to have enough nights that are consistently cold to be able to make and retain ice.

The weather has not been co-operating this season to say the least. First a pile of snow, then milder than normal temperatures, then rain and more snow. Our thanks to Bryan Carroll who has been working hard trying to make skating a possibility – keep your fingers crossed. You may have noticed his truck at the rink he can be found there mid-afternoon, late in the evening and he is often there when I go to work at five in the morning.

In the meantime if you want to skate the Asling family have cleared a rink on the pond across from their driveway on the Beaver Lake Road – all are welcome to enjoy. Please be sure to take your garbage with you and leave the bull rushes where they are, not on the rink.

## It's a Part of Our History

### Wagar's Point (con't)

In 1954 Floyd Wagar and his wife Aileen decided to convert the Wager property, located on Catchacoma Lake, to a full-fledged seasonal business. Floyd was working at that time in Buffalo, New York which meant that Aileen was left with the task. Bit by bit she cleared the ground to make room for a trailer park and tent area, then a lakefront coffee shop was added. Wagar's Point became a popular spot for tourists with 43 camp sites complete with water and hydro so close to Catchacoma Lake.

In the 1960's their oldest son Dorland, a mechanic, opened a marina on the site. Cottager and local residents brought their motors to the dealership for year-round repairs and maintenance. Aileen would tell you that it was not easy to raise five children and keep Wagar's Point afloat. Things got worse when the business was destroyed by fire, later to be determined to be arson. With the help of her brother, Russell Faulkner, they gradually rebuilt, and added another three motel units to the large building near the lakeshore. In 1977 they sold the business to their nephew Gary Faulkner.



### Dates to remember:

- February 1 – exams for secondary students
- February 2 – exams for secondary students
- February 3<sup>rd</sup> – No School – PA day for all students
- February 6<sup>th</sup> – second semester for secondary students starts
- February 10<sup>th</sup> – Grad Photo's (absence or new students) Buckhorn Public School
- February 20<sup>th</sup> – No School – Family day
- February 23<sup>rd</sup> – National Pink Day





## How Well Do You Know Your Country?

1. What was the first professional team with which Wayne Gretzky was associated?
2. Why is the Haskell Free Library and Opera House one of the most interesting libraries in the world?
  - a.) It is a magician's library
  - b.) Librarians have to learn a specific style of handwriting to work there.
  - c.) It had one of the world's most overdue library books returned after 122 years.
  - d.) It is one of the only libraries in the world to operate in two countries at once.
3. When Team Canada won the Olympic double gold for the first time, where were the Olympics being held?
4. Which Canadian Lighthouse is the oldest in North America?
  - a.) Peggy's Cove Lighthouse, Nova Scotia
  - b.) Cape Spear Lighthouse New Brunswick
  - c.) Ogden Point Lighthouse, British Columbia
  - d.) Sambro Island Lighthouse, Nova Scotia
5. Which athlete won the silver medal at the World Figure Skating championships in 1988?
6. True or False? Chilliwack, British Columbia gets its name from the Halq'emeylem word "Ts'elxweyeqw" – meaning "rough water". Elder Albert Louie of Yakwekwioose named it in reference to travelling by canoe up the Chilliwack River.
7. What is Calgary's football team known as?
8. In what east coast town does the Broadway musical "Come from Away" take place?
  - a.) Halifax, Nova Scotia
  - b.) Gaspé, Quebec
  - c.) Gander, Newfoundland
  - d.) Cavendish, Prince Edward Island
9. Which Canadian city plays home to the Canucks?
10. The longest place name in Manitoba is Pekwachnamaykoskwaskwaypinwanik Lake. It is a Cree name meaning what?
  - a.) A place where people fish with a line for wild trout
  - b.) The water where the cranes land in the spring
  - c.) The place beyond the berry trees
  - d.) Fishing place at the boundaries, neutral meeting ground.



**Course coming soon – watch for details or for more information contact Martin @ 705-657-7039**



# BIRTHDAYS & ANNIVERSARIES!



2<sup>ND</sup> Harry Geverink  
 4<sup>th</sup> Leslie May  
       Trinity Callan  
 5<sup>th</sup> Toban Leckie  
 6<sup>th</sup> Mary Geverink  
 7<sup>th</sup> Melissa Rollingson  
 8<sup>th</sup> Phil Gillingham  
       Phil Clark  
 12<sup>th</sup> Sarah Repath  
 15<sup>th</sup> Austin Rixen  
 20<sup>th</sup> Allison Stephens  
 22<sup>nd</sup> Edith Frahm  
 23<sup>rd</sup> Richard Carroll  
 26<sup>th</sup> Jeremy Lloyd  
 27<sup>th</sup> Debra Mullen  
 28<sup>th</sup> Sarah Eveleigh



Happy Anniversary

5<sup>th</sup> Cynthia & Andy Logan

If you would like to have a birthday or anniversary added please contact Kathy@ 705-657-8912 or [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

## Ontario Certified Marine Mechanics

Custom Docks

Service Calls

Gas & Propane

General Store

Boat & Snowmobile storage

Meat supplied by the Butcher Shoppe

Chainsaw sharpening and replacement

NEW & USED boat, snowmobile,  
trailer & ATV sales

Painting & Structural repairs:  
fiberglass, aluminum, gel coat, etc.

Shrink wrap & Winterization

Tops: new & repairs

Prop repair

Boat & Canoe Rentals

Snowmobile & ATV repairs

Insurance Claim handling

Spring water

Welding

## Call, we fix them all!

### 705-657-9088



## Ontario Certified Marine

Mechanic on duty

Monday-Friday

February Store Hours:

9am-4pm

CLOSED FAMILY DAY

When snowmobile trails are  
officially closed, we are closed on  
Sunday

## Customer Service is #1!





## Weather predictions for this month.

From the 1<sup>st</sup> to the 7<sup>th</sup> expect it to be very cold with clear skies.

From the 8<sup>th</sup> to the 14<sup>th</sup> it will be snow showers

From the 15<sup>th</sup> to the 21<sup>st</sup> it will start cold and become milder as the week passes.

Snow on the 18<sup>th</sup> and 19<sup>th</sup> and rain showers if you live in the south on the 20<sup>th</sup>.

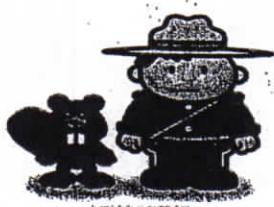
From the 22<sup>nd</sup> to the 28<sup>th</sup> it will be mild and possibly rain on the 24<sup>th</sup> and 27<sup>th</sup>.

## RICK ASLING PLUMBING

Please be advised that no matter what you might read on Goggle,  
Rick is still open for business.

For all your plumbing needs please call:

**705-657-3600**



## HOW WELL DO YOU KNOW OUR COUNTRY - ANSWERS

1. Indianapolis Racers
2. d.) it is one of the only libraries in the world to operate in two countries at once. It straddles the official line between Vermont and Quebec.
3. Salt Lake City Olympics
4. d.) Sambro Island Lighthouse, Nova Scotia
5. Elizabeth Manley
6. False. Elder Albert Louie talked about "Ts'elxweyeqw" meaning "going as far as you can go upriver paddling a canoe."
7. Stampeders
8. c.) Gander, Newfoundland
9. Vancouver
10. a.) a place where people fish with a line for wild trout.



### It's a Boy...

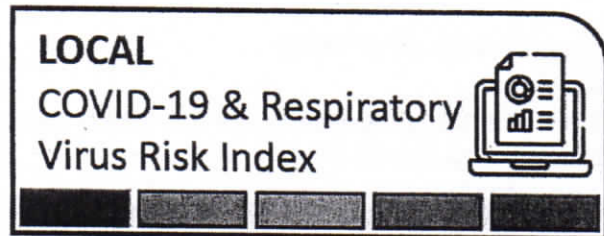
Wyatt Christopher Mark Baker made his grand appearance at 4:14 p.m. weighing 7 pounds and 1 ounce, he was 20.5 inches long. We would like to congratulate his parents Sarah Eveleigh and Brian Baker on the safe arrival of their beautiful baby boy.





# Peterborough Public Health COVID-19 and Respiratory Virus Risk Index Moves to High Risk

## COVID-19 Wastewater Data Indicates Transmission is Rising



Peterborough Public Health COVID-19 and Respiratory Virus Risk Index has moved to the High-Risk level this week.

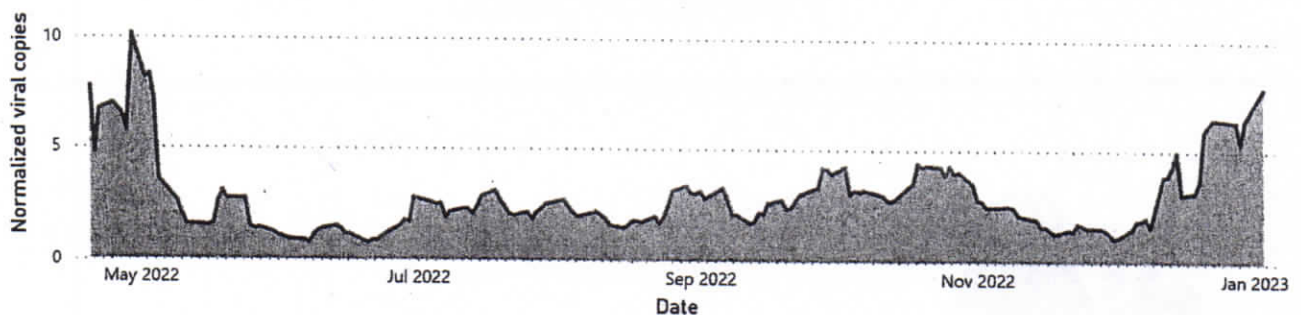
"The increase in risk level today is driven by increases in transmission of COVID-19 and other respiratory viruses" says Dr. Thomas Piggott, Medical Officer of Health. "As we continue to see the effects of transmission over the holiday period and

people return to work and school we anticipate increases to continue. This appears to be part of a provincial and international trend with new variants that are more transmissible yet again."

"We are already seeing the impacts of this increased transmission on the health care system and health of our community," Dr. Piggott shared. "Within the last week, we have received 5 new institutional outbreaks related to respiratory infections. We are also seeing high and very high rates of emergency department visits and hospital admissions due to respiratory illness among residents in our community." Dr. Piggott shared that we are now seeing COVID-19 wastewater levels at a height that we haven't seen since May 2022. It is anticipated that this increase is likely the result of holiday gatherings, travel, and more time being spent indoors.

COVID-19 Wastewater Viral Signal (7 days rolling average)

Site Name ● Peterborough



In the high-risk level, residents are encouraged to wear a mask when interacting with those from outside their household, gather in outdoors and in smaller groups as much as possible, and limit attendance at high-risk settings. Those who are at higher risk for severe outcomes related to a respiratory infection include older adults, young children and infants, those with compromising medical conditions, and those who are not up to date with COVID-19 and influenza vaccines. For those who are at higher risk, mask use in all interactions with those outside the home is strongly recommended.

In general, Peterborough Public Health recommends the following guidance for local residents:

- Stay up to date with COVID-19 and influenza vaccines. This means having a dose within the last 6 months.
- Continue to use a mask indoors and around others with a respirator, e.g. N95 or KN95 (especially if you're at high-risk).
- Stay home if sick, even if you have mild symptoms, these could be deadly to someone you pass it along to.
- Use rapid antigen tests and continue to report both positive and negative test results to PPH using our confidential online reporting survey: [chkmkt.com/RAT21](https://chkmkt.com/RAT21).
- Practice proper hand washing and cough/sneeze etiquette.
- Get tested and treated if you're eligible. The assessment centre at Peterborough Regional Health Centre can test and treat patients who are presenting with any respiratory symptoms.
- Plan ahead. Determine if you are eligible for COVID-19 antiviral treatment and find a location that is prescribing it before you become ill.

### February – dates to think about.

- 2<sup>nd</sup> – Groundhog Day
- 3<sup>rd</sup> – Feed the birds day
- 4<sup>th</sup> – National Homemade Soup Day
- 9<sup>th</sup> – National Pizza Day
- 10<sup>th</sup> – International Winter Bike to Work Day
- 14<sup>th</sup> – Valentine's Day
- 15<sup>th</sup> – Canada's Agriculture Day
- 18<sup>th</sup> – National Drink Wine Day
- 20<sup>th</sup> – Family Day
- 24<sup>th</sup> – Fat Tuesday also known as Shrove Tuesday or Pancake Tuesday
- 26<sup>th</sup> – International Polar Bear Day.





## Remember: NO ICE IS SAFE ICE!

Conditions on all ice can change in an instant. Heed warning messages and stay off frozen waterways if possible.

### Know the dangers of ice

#### Ice Factors

Many factors affect ice thickness including: type of water, location, the time of year and other environmental factors such as:

- Water depth and size of body of water.
- Currents, tides and other moving water.
- Chemicals including salt.
- Fluctuations in water levels.
- Logs, rocks and docks absorbing heat from the sun.
- Changing air temperature.
- Shock waves from vehicles traveling on the ice.

#### Ice Colour

- The colour of ice may be an indication of its strength.
- Clear blue ice is strongest.
- White opaque or snow ice is half as strong as blue ice. Opaque ice is formed by wet snow freezing on the ice.
- Grey ice is unsafe. The grayness indicates the presence of water.

#### Did you know ice thickness should be:

- 15 cm for walking or skating alone
- 20 cm for skating parties or games
- 25 cm for snowmobiles.

Check with local authorities before heading out. Avoid going out on ice at night.

#### When You Are Alone On Ice

If you get into trouble on ice and you're by yourself:

- Call for help.
- Resist the immediate urge to climb back out where you fell in. The ice is weak in this area.
- Try to relax and catch your breath. Turn yourself toward shore so you are looking at where you entered onto the ice. The ice is more stable close to shore.
- Reach forward onto the broken ice without pushing down. Kick your legs to try to get your body into a horizontal position.
- Continue kicking your legs, and crawl onto the ice.
- When you are back on the ice, crawl on your stomach or roll away from the open area with your arms and legs spread out as far as possible to evenly distribute your body weight. Do not stand up! Look for shore and make sure you are crawling in the right direction.

#### When You Are With Others On Ice

- Rescuing another person from ice can be dangerous. The safest way to perform a rescue is from shore.
- Call for help. Consider whether you can quickly get help from trained professionals (police, fire fighters or ambulance) or bystanders.
- Check if you can reach the person using a long pole or branch from shore – if so, lie down and extend the pole to the person.
- If you go onto ice, wear a PFD and carry a long pole or branch to test the ice in front of you. Bring something to reach or throw to the person (e.g. pole, weighted rope, line or tree branch).
- When near the break, lie down to distribute your weight and slowly crawl toward the hole.
- Remaining low, extend or throw your emergency rescue device (pole, rope, line or branch) to the person.
- Have the person kick while you pull them out.

Move the person to a safe position on shore or where you are sure the ice is thick. Signal for help.





Landscaping  
Armour Stone  
Lot Clearing  
Foundations  
Septic Systems  
Property Maintenance  
and much more....

Connor

705-930-3901

Jim

705-933-0420

## NEW HOURS

Thursday to Monday 7 a.m. to 6 p.m.

Closed Tuesday and Wednesdays



Fast Food Take-Out

705-313-9947



## It happened this Month....

- February 4<sup>th</sup>, 1855– Canada's first female senator, Cairine Wilson, is born in Montreal. A dedicated philanthropist, Wilson championed many social causes, including those supporting women and refugees.
- February 6<sup>th</sup>, 1952 – King George VI dies in his sleep while his eldest daughter, twenty-five-year-old Princess Elizabeth, is visiting Africa. Following his death she became Queen Elizabeth II
- February 9<sup>th</sup>, 1936 – one of the most iconic figures in Canadian music, country and folk singer-songwriter Stompin' Tom Connors is born in Saint John, New Brunswick.
- February 12<sup>th</sup>, 1949 – During the first round of the ice Hockey World Championships in Sweden, Canada beats Denmark in a very lopsided international hockey game with the final score being 47-0.
- February 16<sup>th</sup>, 1953 - Hockey Hall of Famer Lanny McDonald was born.
- February 20<sup>th</sup>, 1959 - the federal government announced that they were cancelling the Avro Arrow – an advanced supersonic, twin-engined, all-weather jet. They also ordered all plans and prototypes destroyed.
- February 22<sup>nd</sup>, 1855 – women's education pioneer Grace Lockhart was born.
- February 26<sup>th</sup>, 1937 – Musician Hagood Hardy was born.
- February 29<sup>th</sup>, 1936 –hockey player Henri "Pocket Rocket" Richard was born.
- February 29<sup>th</sup> – 1860 – The wife of merchant Kwong Lee arrives in Victoria, British Columbia – she was the first Chinese woman in Canada.



## HOUSEHOLD HINTS

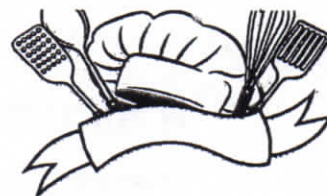
- No bottle brush to clean the inside of a narrow necked bottle – add some coffee grounds and a little soap and water and shake. The grounds are abrasive and scour the glass without scratching it.
- For the freshest taste and most juice, shop for the heavy, thin-skinned evenly yellow lemons with not tint of green.
- To remove lipstick stains try rubbing the stain with cold cream or petroleum jelly and rinsing with club soda. Soak white garment in lemon juice.
- Cut the fat content of a chicken in half by removing the skin before cooking.
- Freshen soggy crackers or potato chips by microwaving on high for 30-60 seconds. Let them stand for 2 minute then enjoy.
- Have a mess in your microwave that is cooked-on, cover the area with a wet paper towel and run the oven on high for 10 seconds. The mess should wipe right up.
- Use an amber lightbulb on your porch or deck – mosquitoes find them less attractive than the white bulb.
- Put onions in the freezer for up to 30 minutes before cutting them. This will reduce the onion spray that is released into the air, keeping the tears away.
- Freeze uncooked chopped onions in an airtight plastic bag, pressing out all the air. Use them for cooked dishes within three months – no need to thaw first.
- Each spring flip your wooden lawn furniture upside down and brush some shellac on the feet. This prevents rot at its starting point – where the wood touches the ground.

### Snowman Building Contest

Don't forget to send us a picture of this year's snowman. Remember to include the dimensions as well. You can drop them off at the Cavendish Library or email them to [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)







## Caramel Apple Dip

Kathy Warren

1 package cream cheese – 8 oz.

$\frac{3}{4}$  cup brown sugar

1 package Skor chipits

1 cup caramel sauce

3 or 4 apples sliced

In a bowl cream together the brown sugar and cream cheese. Spread this mixture over your serving dish. Drizzle the caramel sauce over the cream cheese mixture and top with the Skor chipits. Place in your fridge for minimum of 30 minutes. Great treat that can be made ahead of time.

This is a real treat and is especially great with granny smith apples.

### Food Handler Certificate Course

The Peterborough Public Health Unit will be at the Cavendish Community Centre on February 14<sup>th</sup> to teach the Food Handler Course. If you are interested in taking this course please contact Kathy at 705-657-8912 or by email at [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

### Christmas Hamper Thank You

The Municipality of Trent Lakes Hamper Committee would like to thank everyone for all their help with the 2022 Christmas Hamper. We were able to brighten Christmas for twenty families. It was heartwarming to see all the donations of money, toys and food that you all gave us for this even special event. We would like to thank all the papers for placing this announcement in their paper and also thank the Community Business, Real State Offices, Community Supporters at large and everyone else who donated their time for going out of their way to add their touch to this day YOU made it special. We would also like to give a special thank you to Buckhorn Foodland for that extra mile and for getting the school to decorate the paper bags which were filled with food. These bags made a big hit with the people who picked up the hampers. It was also a pleasure to see the Mayor of this township out and leading a hand at filling the hampers. Foodland again really showed us how much this Community means to them. So once again we thank you, from all of us, to all of you, have a wonderful 2023.

Yours in Community Service

Municipality of Trent Lakes Hamper Committee



# Kid's Page...

## Hamburger Helpers

K E T A H B B H E S E Q E  
E S C O T A M O T J L X C  
T E S O C R D S J Q P N U  
C E V O L B R G H Z P M T  
H H N H N E S A L S A P T  
U C K O P C S K A Y E I E  
P F I P U U D L O J N C L  
F N E P L E S N A U I K I  
O P W T A S N S O W P L G  
S E L O M A C A U G F E T  
C H I L I U D R A T S U M  
D H I S K C R E L I S H M  
J U E C T E R I Y A K I T

**Directions:** In the puzzle, find these 18 things you can put on a hamburger.

BACON

BARBECUE  
SAUCE

CHEESE

CHILI

COLESLAW

GUACAMOLE

KETCHUP

LETTUCE

MAYONNAISE

MUSTARD

ONION

PEPPERS

PICKLE

PINEAPPLE

RELISH

SALSA

TERIYAKI

TOMATO



Where do cows like to go on the weekend?

19

To the MOOVies!

What do cows like to listen to on their headphones?

MOOsic of course!

Why did the scarecrow win an award?

Because he was the best in his field!

Knock, knock

Who's there?

Doris

Doris who?

Doris locked! Please let me in!

Knock, knock

Who's there?

Interrupting cow.

Interrupting co...

## Winter Maze

Help Jo find her way down the toboggan hill.

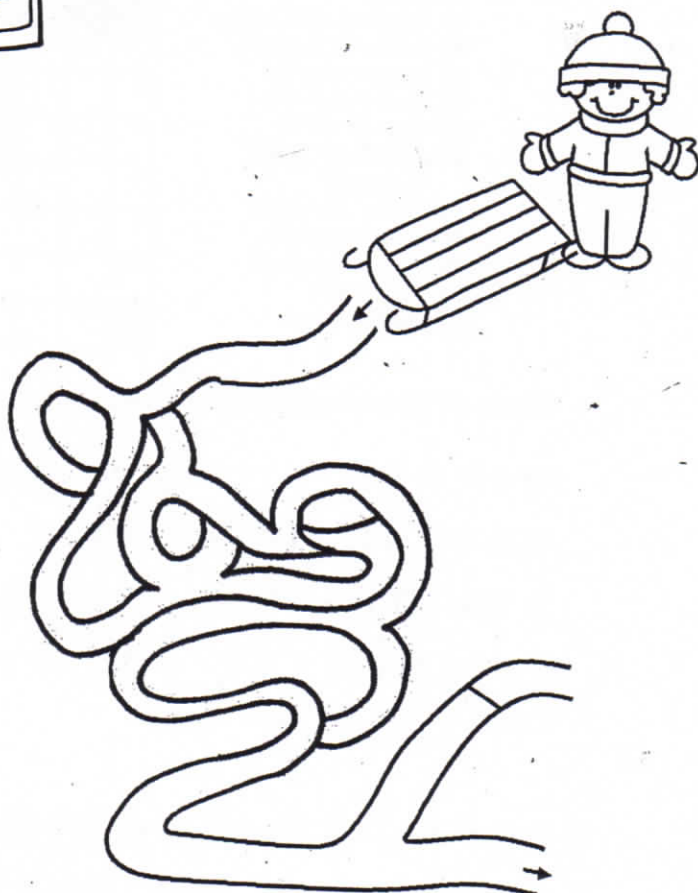
## Winter Word Search

F S N O W M A N Y P V W R U E  
X I U E I L I G O F I A R H T  
U C R C T U O L D N G K L I A  
C S E E G I A Z T S O R F B R  
C N O N P R H E O M H Q C E G  
H M E P B L R W C Y P K M R I  
I P O E E K A L F W O N S N M  
L O A G T O Q C I Z U C P A U  
L R Z A K O C P E I J J D T Z  
Y T H O T C H O C O L A T E J

chilly  
fireplace  
frost  
hibernate  
hot chocolate  
migrate



penguin  
polar bear  
snowflake  
snowman  
white  
winter







# Puzzling Times

## ACROSS

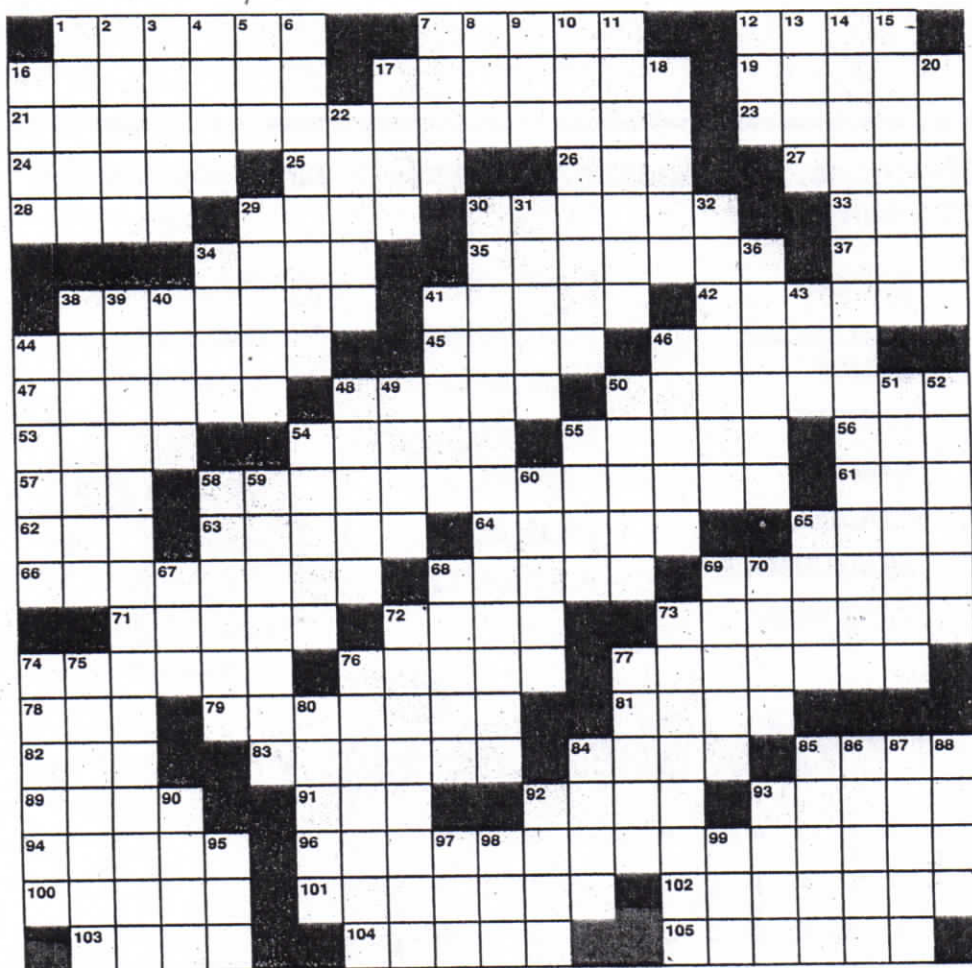
- 1 "Come into my parlor" speaker
- 7 Volcanic rock
- 12 Fair
- 16 "The \_\_\_ Cuckoo"
- 17 Mexican blankets
- 19 Malay boats
- 21 Well-behaved football player?
- 23 Commonplace
- 24 Ms. Castle
- 25 Falsehoods
- 26 Formerly named
- 27 Time \_\_\_ half
- 28 Golf mounds
- 29 Actor Richard
- 30 Sears
- 33 Terrific cartoon character
- 34 Carp's cousin
- 35 Stomped
- 37 Mr. Cool
- 38 Segregates
- 41 Kills, as a dragon
- 42 LP
- 44 Go-\_\_\_ (aggressive people)
- 45hovels
- 46 Rubbish
- 47 Wanderers
- 48 "But every woman is at heart \_\_\_" (Pope)
- 50 Shipping routes
- 53 Actor Rachins
- 54 Alarm
- 55 Midler of "Beaches"
- 56 Enervate
- 57 Naught
- 58 Leeward Island
- 61 Lingerie item
- 62 Digit, to a Scot
- 63 Gay \_\_\_
- 64 Grain towers
- 65 Extra dry
- 66 University of Michigan locale
- 68 Tarnish
- 69 Moon goddess
- 71 Musical chord
- 72 Monkey
- 73 Motley crowds
- 74 Out of bed
- 76 Stalks
- 77 Neptune and Jupiter
- 78 Press for payment
- 79 Heart protector
- 81 Snaky swimmers
- 82 Opp. of WSW
- 83 British dry-goods merchant
- 84 "Eliza" composer
- 85 Bosom buddies
- 89 Speech problem
- 91 Had lunch
- 92 Author Kazan

- 93 Old region of Asia Minor
- 94 Done
- 96 Light boat
- 100 Gawk
- 101 Some fishing boats
- 102 City on the Adriatic
- 103 \_\_\_ and terminator
- 104 Fixed charges
- 105 Talks back

## DOWN

- 1 Cubic meter
- 2 Phoebe
- 3 Actor Jeremy
- 4 Disastrous
- 5 Plumbing joint
- 6 Appoints again
- 7 Actress Harper
- 8 Train systs.
- 9 Bond rating
- 10 Groves
- 11 Milkwort roots
- 12 Harbor city: abbr.
- 13 Extra, in Scotland
- 14 Carob
- 15 Alfresco
- 16 Agitated state
- 17 Snick's pal
- 18 Spirited horse
- 20 Furrowed
- 22 Tunes: Sp.
- 29 Actress Teri et al.
- 30 Period of mild weather
- 31 Angered
- 32 Saw-toothed
- 34 Achiever
- 36 Merchant
- 38 Wind-blown
- 39 Lovers' holiday
- 40 Tommy's gun
- 41 Actress Belafonte-Harper
- 43 Civil War gp.
- 44 Noted British literary magazine
- 46 Hebrew letters
- 48 Complainer
- 49 Extraordinary
- 50 Indian soldier
- 51 Sail fasteners
- 52 Card suit
- 54 Young haddock
- 55 \_\_\_ weevil
- 58 More nimble
- 59 Horsefly
- 60 Mosaic pieces
- 65 Countertenor
- 67 "\_\_\_ longa, vita brevis"

- 68 Attack
- 69 German river
- 70 Quiche needs
- 72 Plant of South Africa
- 73 Performs over
- 74 Fred's sister et al.
- 75 Meet accidentally
- 76 Strew
- 77 European finch
- 80 Gall
- 84 Malt brews
- 85 Jabs
- 86 Star \_\_\_
- 87 Raises
- 88 Vault
- 90 French father
- 92 Proves human
- 93 Mother of Horus
- 95 Ulm article
- 97 Certain farm insect
- 98 Pee-\_\_\_ Herman
- 99 Time to remember



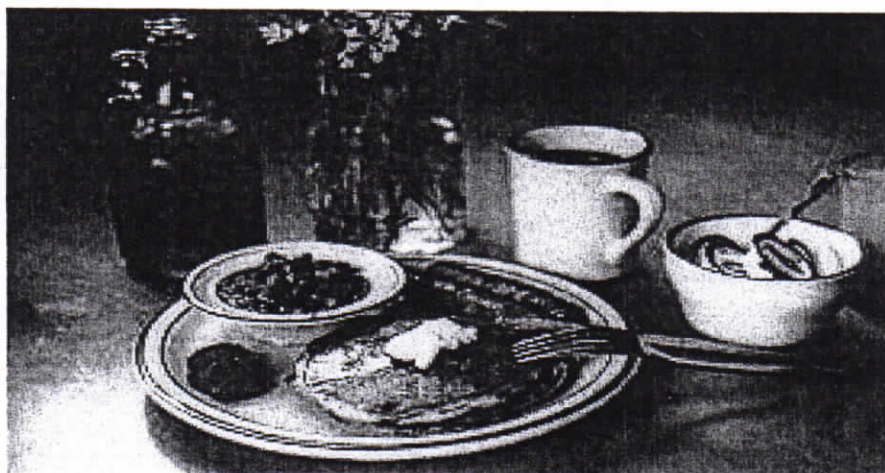
Each of these cryptograms is a message in substitution code. Solve the puzzle.

MSVNV'I U IXGIMLMXMV HPN UZAPIM  
VDVNOMSLYQ MSVIV JUOI, GXM YPGPJO SUI  
OVM HLQXNVJ PXM SPK MP AUEV U  
IXGIMLMXMV HPN SUNJ KPNE.

ADKR GHR ADHA XIMITR ZG NKSEKUA. ADKX  
ADKR AKPP RIL NSHUAZUK WHCKG NKSEKUA.  
Z VZGD ADKR'T WHCK LN ADKZS WZXTG.  
(VZPA UDHWMKSPHZX)



*Please join us*  
for  
**PANCAKE DINNER**



at  
St. Matthew - St. Aidan Anglican Church  
1937 Lakehurst Road, Buckhorn  
(Across from the Locks)

Tuesday, February 21, 2023  
4:30 p.m. to 6:30 p.m.

Adults - \$10.00

Children 6 to 12 - \$5.00

Under 5 free

## **FLYNN'S STORE**

1447140 Ontario Ltd.

**County Road 507 & County Road 36**

**Quality Products and Service**

**Hours: 6 a.m. to 7 p.m.**

**ATM Machine, ATV Trail Passes, Baked Goods**

**Chip Truck  
on Site**



08/22



# Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive  
Trent Lakes, Ontario, K0L 1J0

## Application for/Renewal of CCRAI Membership

- ☐ I am RENEWING my membership for 2023
- ☐ I am APPLYING for membership for 2023
- ☐ I am donating to CCRAI Lake and Water Quality Programs

## Membership Fees

\$20.00 per household

\$ \_\_\_\_\_ Additional Voluntary Donation

\$ \_\_\_\_\_

Name of Member/Applicant: \_\_\_\_\_

Additional Member in Household: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cavendish Phone: \_\_\_\_\_

Do you prefer to receive your yearly newsletter electronically via email? \_\_\_\_\_

Email Address: \_\_\_\_\_

Cavendish Address (Lake/Lot & Conc): \_\_\_\_\_

Waterfront: Yes No

**We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.**

**Saturday June 24, 2023 – 10am-12:00 - Public Meeting**

**Saturday August 19, 2023 – 10am-12:00 – AGM and Public Meeting**

**Join us in person at the Cavendish Community Centre or via Zoom. Zoom invitations will be emailed out in advance and you can connect via laptop, tablet, smart phone or land line phone.**

**Everyone welcome. Stay informed. Be heard. Make a difference.**

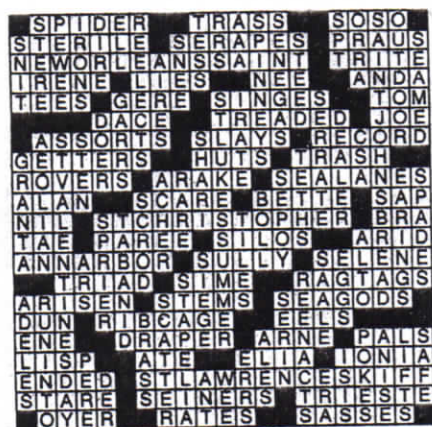
For online payments, please email in the form and email/E-transfer the membership fee to [CCRAIMAIL@GMAIL.COM](mailto:CCRAIMAIL@GMAIL.COM). You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application Thank you for your continued support of the Cavendish Community Ratepayers Association.

**NOTE: DUE TO INCREASED PRINTING AND POSTAGE COSTS THE CCRAI ANNUAL NEWSLETTER WILL ONLY BE MAILED TO MEMBERS IN GOOD STANDING**

Visit us at: <https://ccraassociation.wordpress.com>



## Answers to: Puzzling Times



There's a substitute for almost everything these days, but nobody has yet figured out how to make a substitute for hard-work.

They say that nobody is perfect. Then they tell you practice makes perfect. I wish they'd make up their minds. (Wilt Chamberlain)



# Peterborough Public Health Issues Drug Poisoning Alert

## *Residents Urged to Carry Naloxone and Avoid Using Drugs Alone*

Today, Peterborough Public Health issued a warning following an increase in suspected drug poisonings.

On Monday, January 9, Peterborough Public Health detected a high number of drug poisonings that occurred over the weekend in Peterborough City/County. A total of 7 drug-related poisonings were responded to by 911 first responders and the Emergency Department. This is presumed to be the result of an opioid product that is pink in colour and has an increased level of toxicity. These reports have prompted Peterborough Public Health to issue a public warning in the hope of preventing further harms to the community.

Peterborough Public Health is reminding the public that street drugs may be cut or mixed with toxic substances. Beware that using even a small amount of drug can be fatal.

Residents who suspect an individual is experiencing a drug poisoning should give naloxone. This may improve breathing, but may not help the individual regain consciousness. It is important to call 911, and continue to monitor breathing until medical help arrives.

If you inject, inhale, snort or ingest drugs, Peterborough Public Health recommends that you:

- Drug poisoning is possible from inhaling drugs.
- Never share supplies. Avoid using damaged or modified pipes/needles.
- Don't use drugs alone. Visit the Consumption Treatment Services site at 220 Simcoe St., open 9:30am-8:00pm, 7 days/week.
- If using with a friend, do not use at the exact same time.
- Have a plan – Ask someone to check on you or call the National Overdose Response Service 1-888-688-6677.
- Carry a naloxone kit. Keep it visible and close by.
- Avoid mixing drugs.
- Test your drug by using a small amount first.
- Call 911 immediately if someone cannot be resuscitated after naloxone is administered.

Peterborough Public Health encourages everyone to recognize the signs of opioid overdose and know what to do:

- Skin is cold and clammy
  - Fingernails or lips are blue or purple
  - Body is very limp
  - Can't wake the person up
  - Deep snoring or gurgling sounds
  - Breathing is very slow, erratic or has stopped
  - Pupils are very small
- If an overdose is witnessed, call 911. Give naloxone. Continue to check for breathing. Stay with the person until help arrives.
  - Under Canada's *Good Samaritan Drug Overdose Act*, anyone who seeks medical help for themselves or for someone else who has overdosed, WILL NOT be charged for possessing or using drugs for personal use.

Residents can anonymously report drug poisonings and other bad drug reactions using the 'Drug Reporting Tool'. Any information shared through the tool supports Peterborough Public Health and community partners in responding to and preventing drug poisonings in the Peterborough area.

### **Interested in Playing Volleyball?**

There is a group that meets every Wednesday evening to play Volleyball at the Buckhorn Community Centre. They play from 7-9 p.m. and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$2.00 per person per night.

For more information please contact: Rick @ 705-657-3600.





## CARPENTRY

STAIRS, SHEDS, RENOS, DOCKS, DECKS

Call JR: 705-657-2143 or 705-930-1475



### Mudge Cottage Care

Bill and Marina Mudge Working and  
Living on the Catchacoma Chain of  
Lakes

705-657-1694 cell  
Or 705-400-7795

[Marinamudge@gmail.com](mailto:Marinamudge@gmail.com)

- Tree cutting and brush removed
- Lawn care, mowing and whipper Snipping
- Leaf blowing and raking
- Gutter and eaves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

# Ice Safety

## Minimum Ice Depth

No ice is 100% safe



5 cm/2 in  
or less



15 cm/6 in  
one person  
and gear



20 cm/8 in  
group in  
single file



25 cm/10 in  
snowmobile  
or ATV



30 cm/12 in  
one vehicle  
car or small  
pick-up truck

Based on solid blue lake ice.

No ice is without some risk. Be sure to measure!

Source: Ontario Ministry of Natural Resources

### Valentine's Day Trivia

- The first Valentine's Day celebration occurred in Paris.
- Passing out Valentines is a 600-year-old tradition.
- Candy hearts were originally medical Lozenges.
- Roses are the flowers of love.
- Valentine's Day is the biggest holiday for florists.
- A king from Sweden started the tradition of sending flowers.
- Teachers are the number one recipient of Valentines.
- In Japan, women do most of the gifting on Valentine's Day.
- Alexander Graham Bell applied for his telephone patent on Valentine's Day in 1876.



**We want your natural corks!**

**Survivors Abreast dragon boat team**  
is thrilled that **The Village Wine Shoppe in**  
**Bridgenorth** has offered the proceeds from their cork  
collection program to the team as a fundraiser!

Money raised will help defer costs for Survivors Abreast  
dragon boat team to represent Peterborough at the 2022  
International Dragon Boat Festival in Waikato New Zealand!

In partnership with Jellinek Cork Group, your natural corks will  
be recycled and made into products such as flooring, wall tiles  
and bulletin boards.

**In addition to helping the environment, you will be  
supporting a great cause!**

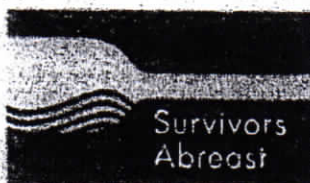
**Please drop your corks off at these locations:**

**The Village Wine Shoppe- 874 Ward St. Bridgenorth**

**The Wine Shoppe - 392 Brock St in Peterborough**

**LITTLE GULL MARINA**

**OR, if you know a Survivors Abreast paddler,  
give them your corks!**



**Thank you for your support!**



Cavendish Community Centre is on facebook! Find us and follow us at  
[facebook.com/CavendishCommunityCentre](https://facebook.com/CavendishCommunityCentre). It's a great way to stay in touch with what's  
happening at the CCC.

If you are already following us, you may have noticed some recent activity on our page.  
We are getting it up to date and adding all the activities and events that are happening at  
the Community Centre. If you would like to update or add an event, please message us  
through facebook or email [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca). Thanks!



## **Cavendish Classifieds**

To register ads please contact Kathy @ 705-657-8912 or [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)

### **BUTTERTARTS**

Made Special just for You!



\$2.50 each  
\$12.00 for six  
\$24.00 for a dozen

Contact Lauren @  
705-977-1886

### **Pet Sitting by Gracie**



705-977-4141

*If your commercial Business Insurance Policy  
Needs a tune up and you need someone  
you can talk to I'm the guy to call  
Email: [sbaker@rgins.ca](mailto:sbaker@rgins.ca)*



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### **Colleen's**

### **Colours**

Interior/Exterior  
Painting & Staining

Free Quotes  
Colleen Ireland-  
Massey

[colleenirlead@hotmail.ca](mailto:colleenirlead@hotmail.ca)

705-933-2015

01/23

Free!  
Treadmill  
Healthtrainer HT501  
Programs time, speed,  
incline & more!  
Still 'runs' well.  
Ph. 705-657-9333

### **KITTENS**



705-657-7669

Free!

**If your ad is not in this issue it may  
be because it has expired!**



## **Cavendish Key Contact Information**

### **Trent Lakes Municipal Council:**

Mayor	Terry Lambshead	705-927-1968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-731-9087	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

### **Municipal Service Contacts:**

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	<a href="http://www.trentlakes.ca">www.trentlakes.ca</a>	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Shaun Moore	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221 EGrieger@trentlakes.ca
Chief Building Official	Barbara Waldron	1-705-738-3800 ext. 225
Cavendish Transfer Station	Don & Blaine	705-657-2490

### **Community Service Contacts:**

Cavendish Culture and Recreation	Katherine Warren	705-657-8912 <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Cavendish Community Centre		705-657-1192
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912 <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
507 Express – Editor	Katherine Warren	705-657-8912 <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912
Trent Lakes Outreach Centre-foodbank		705-768-3590 <a href="https://tlocfoodbank.wordpress.com/">https://tlocfoodbank.wordpress.com/</a>
Cavendish Youth Group	Katherine Warren	705-657-8912 <a href="mailto:kathy507@yahoo.ca">kathy507@yahoo.ca</a>
King Sports Pad – Rink	Molly Cadigan	705-657-2743

### **Cavendish Ratepayers Association Inc. (C.C.R.A.I.):**

President	Gary Jarosz	1-905-472-6816
Vice President	Robert Taylor-Vaisey	1-416-264-4601

### **Cottage Association Presidents/Contacts:**

Catchacoma Lake	Joe Natale	
Picard Lake	Paul Stenton	<a href="mailto:pstenton@ryerson.ca">pstenton@ryerson.ca</a>
Mississagua District	Carol Thomson	<a href="mailto:carolt@golden.net">carolt@golden.net</a>
Mississagua –Gold Lake Road	Katie Tingley	<a href="http://mglakeroadgroup.com">mglakeroadgroup.com</a>
Beaver, Cavendish, Bottle & McGinnis	Bryan West	<a href="mailto:brywest3@gmail.com">brywest3@gmail.com</a>
Greens Lake	Darren Wilcox	
Gold Lake Road Association	Greg Harper	705-657-9128
Ratty's Narrows Road	Jamie Langer	705-657-2573

### **Cavendish Landfill Site Hours of Operation**

**Summer Hours:** April 15<sup>th</sup> to September 15<sup>th</sup>: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

**Winter Hours:** September 16<sup>th</sup> to April 14<sup>th</sup>: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

**Closed:** Christmas Day, New Year's Day, Family Day & Easter Monday

### **Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301**

**Burn Permits:** available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

### **Babysitters:**

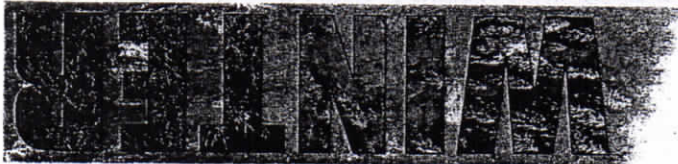
Ethan Harran	705-930-5159	Brea Grant	705-808-2711
Desiree Callan	705-657-1942	Clover Parent	705-808-2353
Lilly Cadigan	705-657-2743		

**Pet Sitting:** Grace Grant 705-977-4141

**EMERGENCY NUMBER: 911**  
**Police Non-Emergency 1-888-310-1122**  
**Ontario Hydro: 1-800-434-1235**



	5					
	26	Jeremy Lloyd	Debra Mullen	27	Youth Group	28
	19	Family Day Celebration	Allison Stephens	20	Youth Group	21
	12	Sarah Repath	Food Handler Course	14	Youth Group	15
	5	Toban Leckie Cynthia & Andy Logan	Mary Geveink	6	Youth Group	7
	29			30		31
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Library 10-4	1	2	3
			Euchre	Harry Geveink		4
						Library 10-4 Leslie May Trinity Callan
			Library 10-4	8	9	10
			Library 10-4 Phil Gillingham Phil Clark			11
			14	15	16	17
			Food Handler Course	Library 10-4 Austin Rixen	Euchre	Library 10-4
			20	21	22	23
			Family Day Celebration	Youth Group	Library 10-4 Edith Frohm	Library 10-4
			26	27	28	29
			Jeremy Lloyd	Debra Mullen	Youth Group	4
			5	6		



February 2023

# 507 Express

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