

# The 507 Express

## Regular Features:

- Community Report
- Key Contact Information
- How well do you know your country
- Birthdays and Anniversary's
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage
- School News

## This Month:

- How Lumbering Started
- Contacting the OPP
- 750 Free Radon Test Kits
- Ready for a New Year Pick-me-up
- If you see something suspicious
- Electrical Safety
- Debuty Moyors Update
- It's a Girl!

## 507 Express Policy re: Advertising and Subscriptions

- Subscriptions – Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15<sup>th</sup> of the month.
- Advertising as follows:

Classified - \$2.00 per month

¼ page - \$10.00 per month

1/8<sup>th</sup> page - \$5.00 per month

½ page - \$15.00 per month

- Your skeleton is always wet.
- Firefly is the opposite of waterfall.
- Your stomach thinks all potatoes are mashed.
- Honey is the tastiest insect vomit in the world.
- It's a good thing that blinking doesn't make a noise.
- Salt is the only rock that's socially acceptable to eat.
- How come you can kill a fire, but you can't kill a water?
- Why do people say "tuna fish" but don't say "chicken bird?"
- If you're over 30, you were born before every dog in the world.
- Every machine is a smoke machine if you operate it wrong enough.
- Cults are only cults until they become so big that they're socially acceptable.
- Brushing your teeth is the closest you'll ever come to cleaning your skeleton.
- Do teeth taste like nothing or does your mouth get used to the taste of teeth?
- There's nothing stopping you from using someone else's voice when you think.

The 507 express is a community based newsletter. It welcomes submissions and letters to the editor on subjects of interest to our readers. The editor reserves the right to edit any submissions to meet space requirements, for clarity or to avoid obscenity, libel or invasion of privacy. All letters to the editor must be signed and include a telephone number for verification purposes. (Phone numbers will not be printed.) Views expressed in columns. Letters and articles are those of the writer and do not necessarily reflect the opinion of this newsletter.

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Donations towards publication are gratefully received!

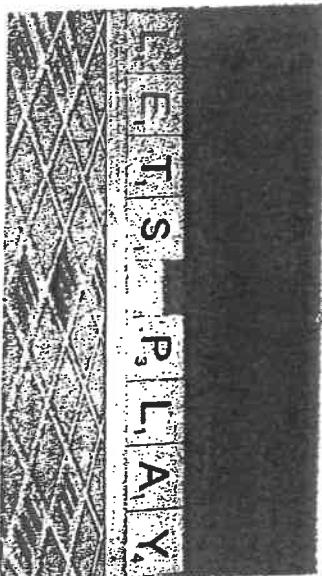


# Community Report

## Jig-Saw Corner

The library now has Jig-Saw Puzzles that you can sign out of the library and put together at home. As well, in case you don't have a safe place to do a puzzle at home there are puzzle tables set up in the community centre, one in the lower level meeting room and one in the main hall upstairs. Please stop by and add a piece or two or three.....

**Scrabble Night**  
**Cavendish Community Centre**  
**Thursday Evening - Starting at 7 p.m.**



## Progressive Euchre

**Every Thursday Afternoon**

1:00 p.m. until 3:30 p.m.

Cavendish Community Centre

\$5.00 per person

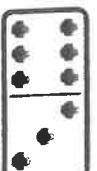


## Games Night

**Cavendish Community Centre**  
**Every Saturday Evening**

**@ 7 p.m.**

Come out to the Community Centre and join your neighbors and enjoy an evening together. Bring a snack and your favorite game to share. We also have lots of games on hand that you can check out as well. Everyone is welcome!



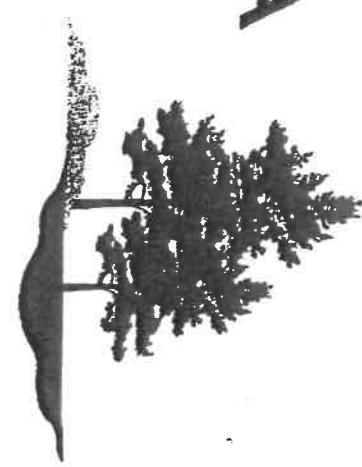


## Gardening Tips

Plants can instantly brighten up any home, but heavy flower pots can often seem like more trouble than they're worth—especially since they have a bad habit of scraping the surfaces they sit on top of. To help keep your pots from damaging your floors or windowsills, simply place furniture sliders under each pot. You'll feel good knowing that your flower-lined surfaces are scuff-free.

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### Things you might not have known about this month...

- New Years Day is the first day of the year. It celebrates both the successes of the past year and the hopes for the coming year.
- January is the first month of the year and has thirty-one days.
- This is known as the winter season
- The birthstone for January is the garnet.
- The flower for the month of January is the carnation
- Capricorn and Aquarius are the zodiac signs for the month of January.
- January was named after the Roman god Janus. Janus is also the Roman word for door. The god Janus had two faces which allowed him to look forwards into the coming year and backwards into the past year.
- The original Roman calendar only had ten months. January and February were not included, but were added later.
- On average, it is the coldest month of the year in the Northern Hemisphere.
- It is the second month of winter.
- Sometimes the Saxons called January the wolf month because hungry wolves would come into their towns searching for food this time of year.

## How Well Do You Know Your Country?

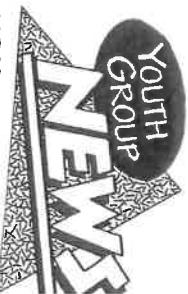
1. Which province produces the most maple syrup?
2. Which Canadian Maritime province is not an island?
3. Which Canadian Museum is dedicated to human rights and located in Winnipeg?
4. Which two colors make up the Canadian Flag?
5. What body of water separates Ontario from the USA?
6. Which famous Canadian is known as "The Great One" in the hockey world?
7. Which bird is the provincial bird of Alberta?
8. In which Canadian city can you find the historic site of Signal Hill?
9. What is Canada's most populous province?
10. Which Canadian province has the rocky mountains?

<i>The Ten Largest National Parks in Canada</i>
1. Wood Buffalo; Alberta and Northwest Territories; 3,775,1982
2. Quttinirpaaq Nunavut; 37,775, 1988
3. Nahanni; Northwest Territories; 30,000; 1976
4. Sirmilik; Nunavut; 22,252; 1999
5. Kluane; Yukon; 22,061; 1972
6. Auyuittuq; Nunavut; 19,089; 1976
7. Ukkusiksalik; Nunavut; 20,880; 2003
8. Tuktut Nogait; Northwest Territories; 18,181; 1996
9. Aulavik; Northwest Territories; 12,200; 1992
10. Wapusk; Manitoba; 11,475; 1996

<b>Recipe for a Happy New Year</b>	
Author Unknown	44,778, 1922
Clean thoroughly 12 whole months	37,775, 1988
Divide into 365 parts; set aside, prepare as follows:	
MIX WELL INTO EACH DAY: <i>1 part generosity</i>	
<i>1 part patience</i>	<i>1 part kindness</i>
<i>1 part work</i>	BLEND WITH:
<i>1 part courage</i>	<i>1 part prayer</i>
ADD TO EACH DAY:	<i>1 part meditation</i>
<i>1 part hope</i>	<i>1 good deed</i>
<i>1 part faithfulness</i>	
Season the mixture with <i>a dash of good spirits, a sprinkle of fun, a pinch of play and a cup of good humor. Pour mixture into a vessel of love. Cook over radiant joy, garnish with a smile. Serve with quietness, unselfishness and cheer.</i>	

**Remember to wear the appropriate outdoor clothing when you arrive for youth group - hat, mitts, boots, coat. When the ice is available we will spend time out on the rink for those that want to skate so bring your skates as well.**

**Also would like to remind everyone that if there is no school there is no youth group! Everyone welcome to join us! Tuesday evening from 6 to 7:30 at the Cavendish Community Centre - lower level entrance.**



### It's A Girl!

We would like to congratulate Hayley Gillingham and Adam Vatcher on the safe arrival of their beautiful baby girl. Della Anastasia May Vatcher was born on December 3rd weighing in at eight pounds and five ounces. You gave them a scare for the first few days but all is well now. Congratulations Hayley and Adam and welcome Della!

### Apply for a Burn Permit

Are you planning on having an open air burn in Trent Lakes? If so, you must have a burn permit. Permits are free and they are valid until December 31st of the year you obtained it.

Burn permit application available at:

<https://form.trentlakes.ca/Fire-Department/2026-Open-Air-Burn-Permit> or by calling 1-705-738-3800 ext. 249

# We want your natural corks!

Survivors  
Abreast



**Survivors Abreast Dragon Boat team**  
is thrilled that **The Village Wine Shoppe in**

**Bridgenorth** has offered the proceeds from  
their cork collection program to our team as

a fundraiser!

In partnership with Jelinek Cork Group, your natural  
corks will be **recycled** and made into products such  
as flooring, wall tiles and bulletin boards.

In addition to helping the environment, you will be  
supporting a great cause!

**ROCKS  
2002**

Please drop your corks off at these  
locations:

**The Village Wine Shoppe** - 874  
Ward St. Bridgenorth  
**The Wine Shoppe** - 392 Brock St in  
Peterborough  
**Little Gull Marina** - 144 Mississauga  
Lake Rd, Trent Lakes

OR, if you know a **Survivors Abreast**  
paddler,  
give them your corks!

Thank you  
for your  
support!

Money raised will help

defray costs for **Survivors**

Abreast dragon boat team  
to represent Peterborough  
and surrounding area at

International Dragon Boat  
Festivals.

**Cavendish Community Centre** is on **facebook!** Find us and follow us at  
[facebook.com/CavendishCommunityCentre](http://facebook.com/CavendishCommunityCentre). It's a great way to stay in touch with what's  
happening at the CCC.

If you are already following us, you may have noticed some recent activity on our page.  
We are getting it up to date and adding all the activities and events that are happening at  
the Community Centre. If you would like to update or add an event, please message us  
through **facebook** or email [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca). Thanks!

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## It's a Part of Our History

### A Look at How Lumbering Started ....

Samuel Dickson arrived from Ireland and made his way to the pioneer settlement of Peterborough in the year 1830. He built a saw mill on the Otonabee River in 1840. In the year 1860, Samuel Dickson obtained from Adam Scott, the timber rights for two land parcels, one in Cavendish Township and the other in Anstruther, both adding up to 104 square miles of timber lands. This was Crown owned timber, the licensee paying ground rent and a stumpage per thousand feet when measured after cutting.

Dickson sawmills were located at Lakefield, Harwood and again to Quebec, and loaded in ships for delivery in the Old Country.

Samuel Dickson's own life ended in a drowning accident on the Otonabee River in 1870. The affairs of the Dickson Lumber Co. ended in 1906 by the emerging of The Peterborough Lumber Co. Ltd.

Logging operations continued in the Cavendish Woods and from 1906-1911 the logging unit was named the Cavendish Lumber Co. Each spring brought a new cut of logs down the lakes and river and the company's sawmill boomed on Burnham's Point, producing lumber for the domestic market. Now the wood products went into the building of Peterborough for homes, schools, churches, industrial and merchandising establishments. Builders came to the Burnham Point yards, took a look at the piled lumber and bought the pile they fancied. Delivery was made to the customer by team and wagon.

In 1933 The Peterborough Lumber Co. bought the planning mill plant on Monaghan Road, formerly owned by the Canadian Aladdin Co. Ltd. This expansion permitted a broadening of service in the community by manufacturing on the premises a complete range of all types of woodworking. The equipment and stocks of lumber on Burnham's Point were moved in 1935 to the Monaghan Road Plant, transferring the company's operations from the local waterfront for the first time in its history. It must also be mentioned that the Company's last horse was retired in 1958.

The Peterborough Lumber Company had sections of these same Cavendish Woods logged again in the early 1950's. Now with the help of motor trucks and good roads much more sophisticated equipment was brought into the woods to do the work. Truck drivers replaced river drivers.



The Municipality of Trent Lakes has a contract with the Ontario Provincial Police (OPP) (<https://www.opp.ca/>) to provide policing services for our Municipality.

## Contacting the OPP

Call 911 only in the event of an emergency! An emergency is any serious medical problem, fire, life-threatening situation or a crime in progress.

Be prepared to provide:

- Your exact location, address and town or city
- Your telephone number including area code
- Nature of your call and services required
- Stay on the line until advised to hang up

If you call 911 in error, do not hang up, stay on the line and explain to the dispatcher that you do not have an emergency. If you hang up, the dispatcher will call back to confirm that there is no emergency. If you don't answer, a police officer will be dispatched to check on your wellbeing.

In a non-emergency, you can call 1-888-310-1122 or 1-888-310-1133 (TTY).

## Report a crime

You can report a crime online through the Citizen Self Reporting (<https://www.opp.ca/index.php?id=132>) tool.

## Peterborough County OPP detachment

Visit the Peterborough County OPP detachment (<https://www.opp.ca/index.php?id=115&lng=en&entryid=569e9a668f94accf35758753>) for more information about local law enforcement, to get a police background check or to access police services.

Peterborough County Ontario Provincial Police  
453 Lansdowne Street East  
Peterborough, ON K9L 0A4

Non-emergency phone number: 705-742-0401

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# live it up!

## Live it Up this Winter with Fun, Gentle Movement Classes

**Sheila Cook**

BSc Kinesiology, Certified Yoga Teacher, Meditation Guide and Life Coach

As we prepare for the winter months, keep active with on-line, gentle movement classes. Whether you're cozy at home, traveling or staying in the area, join classes as you're able. You'll experience:

- Greater physical strength and endurance so you can enjoy winter activities.
- Perkier mental health during the shorter, darker days.
- More flexibility and less pain in your joints.
- Improved balance.
- Less anxiety and better sleep.
- Fun combinations and flows: Yoga, chi gong, breath work, and mindfulness practices.

### Zoom Schedule:

Mondays – November 3, 10, 17 & 24 [\$20 cash or e-transfer]

Mondays - December 1, 8, 15, 22 [\$20 or e-transfer]

\$10/class for dropping in

Contact: Sheila.cook@invizzen.com

Age +14 years. Experienced and this is new to me participants are most welcome.

### More Calm and Greater Energy

5:00 – 6:00 p.m.

A special blend of movement flows, breath practices and stress busting techniques to help with anxiety, headaches, worries and sleep challenges while boosting energy levels, focus and concentration. If you're experiencing on-going health challenges or are recovering from an illness or surgery this is your class.[Chair and standing]

### Back, Neck & Shoulder Relief + Core Strength

6:30 – 7:30 p.m.

An ideal combo to release tension in these pesky areas, plus spine-friendly core strengtheners. Good option for active people wanting to stay fit (e.g. skiing, curling, skating, snowshoeing, skiing). [Mat required]

### Facilitated Workshops and Coaching On Demand:

For small and medium sized businesses, organizations and non-profits – strategic plans, growth plans, better meetings, culture change, process improvements, measuring impact, training and team building. [sheila.cook@invizzen.com](mailto:sheila.cook@invizzen.com)

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**Sundays 8 a.m. to 6 p.m.**





## Weather predictions for this month.

January 1st to the 5th - Flurries, bitterly cold temperatures

January 6th to the 9th - occasional snow mixed with rain

January 10th to the 18th - mix of scattered rain and snow

January 19th to the 21st - milder weather with snow mixed with rain

January 22nd to the 31st - snowy periods ahead of a very cold finish to the month.

### 507 Express Subscription

If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Please make cheque payable to Cavendish Culture and Recreation Committee  
Or you can e-transfer payment to [cavendishcandr@yahoo.com](mailto:cavendishcandr@yahoo.com)

**Mailing Address:** Cavendish Culture and Recreation Committee  
32 Community Complex Drive  
Trent Lakes, Ontario  
K0L 1J0



### Cavendish Branch Library

Happy New Year!

The Trent Lakes Public Library would like to invite you to our **New Year's Levee** on Saturday, January 10<sup>th</sup> at 1:00 pm. This is a drop-in *Meet and Greet* to casually meet up with old friends and new! Light refreshments will be available.

The first **Coffee and Chat** for 2026 will be Wednesday, January 21<sup>st</sup> at 1:00 pm at the Buckhorn branch. Philosophy professor, Mike Landry, will have a discussion on artificial intelligence. This talk will be perfect for anyone curious about AI, from beginners to those who want to get a better handle on these powerful tools. Enjoy a cup of coffee, ask questions, and join the conversation!

A library offers so much more than books. Besides free passes to Ontario Parks and the Canadian Canoe Museum, free DVD rentals, free borrowing of magazines and audio books, free Wi-Fi, and a free place to study or work - it can be a place of community gathering. Visit the Cavendish library and enjoy some social interaction with others - coffee and tea on us!

## Ready for a New Year Pick-me-up?

So, we've all survived the Christmas rush, the excess of turkey, gravy, Christmas sweets and cheer, not to mention visits from old friends and relatives near and dear (or perhaps less near and dear, and sometimes too opinionated). Some of us (mostly children, I suspect) may even have thrived. But whether the holiday season was an unmitigated pleasure or eventually just a little overwhelming, January may be starting to feel like a bit of a letdown.

I have a friend who used to give huge, noisy, potluck parties at the end of January (he probably still does but, as he now lives in Spain, I'm not invited). His theory was that by then everyone needed a pick-me-up – after the excitement of the holiday season followed by the almost desert of celebrations after Hogmanay, he thought people would be feeling a little down. I suspect he chose the end of the month in the belief that there would be no risk of leftover turkey showing up.

Well, perhaps on the same theory of a January letdown, the Trent Lakes Library is inviting all of us to a less extravagant but equally welcoming and happy get together somewhat earlier in this doldrum month. January 10, to be specific, at the Buckhorn Library branch, starting at 1 pm. And don't worry – it's not potluck and there will be no turkey. And if you have opted for a "dry January" (see 507 Express January 2021) your resolve will not be challenged then.

You probably often go to the library on Saturdays anyway, and I know an awful lot of us go regardless of whether we need a book or other object from there. We always enjoy chatting with or ranting to the librarians (also known as Bartenders with Books – see 507 Express February 2025). So, on Saturday January 10, we can all chat with everyone who hangs out at the library, including volunteers, Library Board members and probably Trent Lakes Council members as well as our other neighbours. You never know, just as your new year's resolutions will probably be biting the dust, talking and listening to a cross-section of others in the same boat may inspire you to start something new or return to something you've been neglecting.

I'll be looking out to see you!

Carla Salvador  
carla@carlasalvador.ca

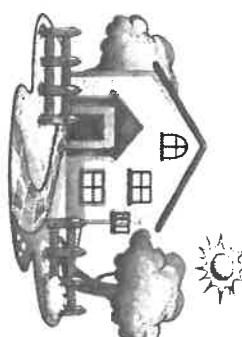
## If You See Something Suspicious, Don't Hesitate to Call the Community Policing Volunteer or the OPP

You may recall that I said I was planning to volunteer for the Cavendish Community Policing (see 507 Express May 2025). Well, I have applied and the OPP finally reported that they could find no evidence that I have a criminal record so I have been accepted – now all I need is an appointment to be sworn in. Patience is a virtue, though not often one of mine.

But, fear not, things will move quickly if you report any suspicious activity to either the Community Policing (705-657-8737) or directly to the OPP in Peterborough (911 – other numbers are 705-742-0401 [office], 1-888-310-1122 [toll-free 24-hr non-emergency], 1-888-310-1133 TTY [toll-free 24-hr non-emergency]). The OPP are aware that winter is often when much mischief can occur in our area because so many properties are either abandoned or infrequently visited. They know that if they appear shortly after someone has been snooping around, chances are that that someone will decide against getting more adventurous. So, be a good neighbour – prevention is always your best bet.

Carla Salvador  
carla@carlasalvador.ca

# HOUSEHOLD HINTS



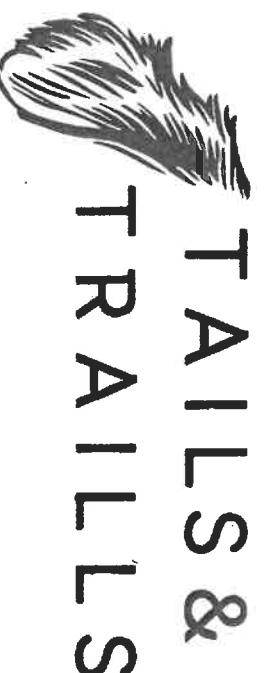
- Save money by buying the least expensive dishwasher soap, then add a few teaspoons of vinegar to the dishwasher. The vinegar cuts the grease and elaves the dishes spot-free and sparkling.
- Keep an empty soda bottle handy, in case you need a hot water bottle. Just fill it up with hot water and wrap in a towel.
- To slow the tarnishing process of silver, place a piece of chalk in your silver chest or drawer. The chalk will absorb moisture and your silver will not tarnish as quickly.
- Mice don't like the smell of fresh peppermint so plant it around your house or put some oil of peppermint on a piece of cloth and place it in locations you suspect the mice may be visiting.
- Empty ketchup and mustard bottles are great for decorating a cake.
- To unclog plugged drain, try using a cup of salt mixed with a cup of baking soda - no liquid. Pour the dry solution into the drain, followed by a pot of boiling water.
- To raise the amp of carpeting after heavy furniture has matted it down, place one or two ice cubes on the area overnight. In the morning the carpet should be back up.
- To remove most coffee stains from fabric, mix egg yolk with warm water and apply until the stain is gone.
- Corningware cookware can be cleaned by filling them with water and dropping in a couple of denture cleaning tablets. Let stand for 30 - 45 minutes.
- Any cloth material that has chewing gum stuck to it can be placed into the freezer. After about an hour the gum should break off easily.

## A Special Thanks!

We would like to thank the volunteers that came out to help decorate the community centre for the Christmas Season. It was great to have the help to put up the giant tree in the main hall and the small tree on the front porch. Not to mention all of the other trimmings that were put up for the occasion.

Thanks to Mary and Lance Coulthard, Jonathan Warren, Joe Cadigan, Kathy Warren, Kaarina and Steve O'Lech, Mary Anne Burnie, and Deb Pageot. You did an amazing job!

THANK YOU!



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## Electrical safety

Electrical equipment is a leading cause of home fires in Ontario. To prevent electrical fires:

- avoid running cords under rugs which can damage the cord and cause a fire
- avoid overloading a circuit. If additional outlets or circuits are required, have them installed by a licensed electrician
- use extension cords only as a temporary connection, if permanent wiring is required, have additional outlets installed by a licensed electrician
- do not link extension cords together, use an extension cord that is long enough
- plug air conditioners and other heavy appliances directly into an outlet
- install ground fault circuit interrupters (GFCIs) in bathrooms, kitchens and garages (GFCIs shut off an electrical circuit when it becomes a shock hazard)
- check electrical cords for damage, such as fraying or nicks as a damaged cord can expose wires and result in a potential shock or fire hazard



### Mudge Cottage Care

Bill and Marina Mudge Working and

Living on the CATCHACOMA Chain of

Lakes

- Tree cutting and brush removed
- Lawn care, mowing and whipper
- Leaf blowing and raking
- Gutter and eves cleaning
- Staining and Painting
- Waterfront cleanup
- Pressure washing of decks/docks
- Mold removed on Boat upholstery

705-657-1694 cell  
Or 705-400-7795

[Marinamudge@gmail.com](mailto:Marinamudge@gmail.com)

12/25

## It happened this Month....

January 8<sup>th</sup>, 1979 – Actress and director Sarah Polley is born in Toronto. She came to notice for her role as Sara Stanley in TV's Road to Avonlea, and went on to star in and direct movies.

January 10<sup>th</sup>, 1938 – Hockey Hall of Famer Frank Mahovlich was born

January 14<sup>th</sup>, 1961 – Gertrude Guerin becomes the first woman elected chief of the Musqueam Indian band, on the north shore of British Columbia's Fraser River.

January 17<sup>th</sup>, 1962 – Actor Jim Carrey was born

January 18<sup>th</sup>, 1961 – Hockey Hall of Famer Mark Messier was born

January 19<sup>th</sup>, 1843 – Mount Allison University, in Sackville, New Brunswick, is established.

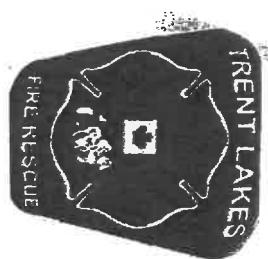
January 22<sup>nd</sup> – 1957 – Hockey Hall of Famer Mike Bossy was born

## Burn Permits

**Burn Permits are required** – you must have a permit for ANY open air burning. Fire Permits are available on-line through the Municipality of Trent Lakes web site

or by phoning:

705-738-3800 extension #301 or 1-800-374-4009 Extension #301



# PUZZLING TIMES!

## ACROSS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

1 Recipient of many questions, in India  
 5 Convoluted  
 11 The first day of August (harvest festival of old)  
 13 Mumbai melody  
 14 Slight error or irregularity (var.)  
 16 Skeptical retort  
 17 Release  
 18 Tubb, the Texas Troubadour  
 20 Crock-pot meal  
 21 Practiced  
 23 Early PC game, "City"  
 24 Fire, in Paris  
 25 Animal with luxurious fur  
 29 State's lawful and justified private land taking  
 32 Auto adornment  
 33 "That's gross!"  
 34 "Everybody Hurts" band  
 35 Clearing  
 37 Venetian chief  
 38 Heavy shoe  
 41 Runway models?  
 43 Erie, for one  
 44 Quite unripe  
 46 Letting in some air  
 47 Hereditary  
 48 Country bumpkin  
 49 Chilean money

## DOWN

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

1 Quickly skied down a slope  
 2 Relating to a medieval study of transmutation  
 3 Big-beaked bird  
 4 Springsteen "Fire"  
 5 Chasing game  
 6 Deathly pale  
 7 Certain Pontiac  
 8 Perform surgery, in a way  
 9 Crusading knight's chestpiece (var.)  
 10 Loony in London  
 12 Coot mistaken for a duck  
 15 Promptly enough

I V K S C V E I V K C A P O R H P X H R H R X W W I

A H V E J C A K Z E M R C O M R I P O X H O X P S J C A

L K R P O J V C P O M X O M X T R W V A J D X W X C P E R H P.

5	4							1	

4	9								

D M G K L T G K P C J P C G Y E J V D V D A T J J K J V E  
 H J E Z J J V E Z G L J G L I J, J D M Q G Y Z Q G K J V N C  
 R L Z P E Q C G K J E Q P V A Q J N G J C V G E D M E R D I X  
 Z D V E.

U H K E H O X X S Z S Y M S R D X X D S Y H P T C H Y J Y H  
 O D Y X B K Y J E E X C H C J X D Y P O J I P T D X H K  
 E D B O H X R S Y X C H R C J T H K R S Z B I X D Y H J B R I V.

# Cavendish Community Ratepayers Association Inc.

32 Community Complex Drive  
Trent Lakes, Ontario, K0L 1J0

## Application for/Renewal of CCRAI Membership

I am RENEWING my membership for 2025

\$ 20.00 per household

I am APPLYING for membership for 2025

\$ Additional Voluntary Donation

I am donating to CCRAI Lake and Water Quality Programs

\$ \_\_\_\_\_

Name of Member/Applicant: \_\_\_\_\_

Additional Member in Household: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cavendish Phone: \_\_\_\_\_

Do you prefer to receive your yearly newsletter electronically via email? \_\_\_\_\_

Email Address: \_\_\_\_\_

Cavendish Address (Lake/Lot & Conc): \_\_\_\_\_

Waterfront: Yes \_\_\_\_\_ No \_\_\_\_\_

**We bring in a variety of speakers to our Public Meetings to present on important topics and initiatives that are deemed important to property owners in the Municipality of Trent Lakes.**

**Join us in person at the Cavendish Community Centre**

**Everyone welcome. Stay informed. Be heard. Make a difference**

For online payments, please email in the form and email/E-transfer the membership fee to [CCRAIMAIL@GMAIL.COM](mailto:CCRAIMAIL@GMAIL.COM). You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: <https://ccraiassociation.wordpress.com>

## Interested in Playing Volleyball?



There is a group that meets Mondays and Wednesday evenings To play Volleyball at the Buckhorn Community Centre. They play from 7 to 9 and welcome anyone to come out and join them. This is a fun way to get some exercise and the cost is only \$3.00 per person per night. For more information please contact: Jonathan Warren 705-657-8912



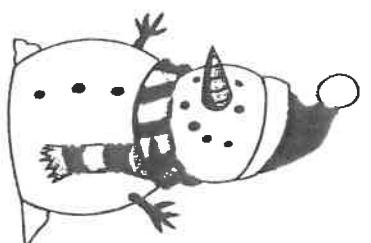
**Certified Insured Arborist**

**Available to Help!**

**705-933-2757**

## Snowman Building Contest

Don't forget to send us a picture of this year's snowman. Remember to include the dimensions as well. You can drop them off at the Cavendish Library or email them to [kathy507@yahoo.ca](mailto:kathy507@yahoo.ca)



## TRENT LAKES

### DEPUTY MAYOR UPDATE

Sept - Nov 2025



#### Deputy Mayor

Carol Armstrong

Welcome to the 13th newsletter for this term of Council!

PHONE

705-657-7518

NOTICES:

- Applications for 2026 Community Grants are due January 9th
- Donations for Holiday hampers close on December 10th
- The second 2026 Budget meeting is January 22nd

For details: <https://www.trentlakes.ca>

*Trent Lakes is proud to be a vibrant, resilient, sustainable and environmentally friendly community*

NOTE: These updates were selected to keep the public informed. Any errors or omissions are mine alone. For more, and to see video recordings of past Council meetings, go to [www.trentlakes.ca/council/meetings-agendas-minutes/](http://www.trentlakes.ca/council/meetings-agendas-minutes/)

### Ice Storm Recovery – After Action

Resources that worked well/were necessary	Resources recommended or needed for future incidents
<ul style="list-style-type: none"><li>• Fire Department readiness, satellite radios and wellness checks</li><li>• Municipal Staff coordination, flexibility and business continuity</li><li>• Public Works opening roads within days</li><li>• Buckhorn (Private) and Cavendish Community Centre warming and charging centres</li><li>• Emergency Operations Centre early engagement and teamwork</li><li>• Starlink Satellite backup for office telecommunications</li><li>• Generator at 49 Depot enabled fueling municipal vehicles</li><li>• Daily social media/Website updates and frequent emails to subscribers</li><li>• Private companies' assistance in brush clean up</li><li>• Support from County and OPP</li></ul>	<ul style="list-style-type: none"><li>• Accurate Hydro One outage numbers</li><li>• Wellness checklist to allow for consistent information collected by personnel doing checks and a pamphlet to leave if someone was not there</li><li>• Back up internet</li><li>• Generators for all municipal facilities</li><li>• Emergency inquiry/registration process (i.e., on our website)</li><li>• Dedicated charging and warming station for residents</li></ul>

## Annual QUAD Council Meeting

Trent Lakes joined with North Kawartha, Selwyn and Curve Lake First Nations for a third annual joint council meeting. Curve Lake held an election this summer and their new Chief is Laurie Hockaday, succeeding long time Chief Keith Knott. The Mayor/Chief of each Council shared current projects and priorities. (See below.)

Areas of common focus include:

- Community Safety
- Emergency Preparedness
- Economic Development
- Land Use Planning
- Transportation

### Selwyn

- Recovery plan for fire at Home Hardware and upstairs apartments
- Renewal for The Link bus service under review
- Assumption of Lakefield campground by township
- New subdivision proceeding
- Abbeyfield House (seniors living) under construction
- Installation of traffic signals at HWY 23 and Curve Lake Road
- Specially trained paramedics expanding coverage at Morton Health Centre

### Trent Lakes

- Facilities Replacement plan proceeding: 49 Public Works/Maintenance/Recreation facility completed.
- Buckhorn joint Fire and Public Works facility commencing.
- Cavendish and Galway in the queue.
- STR Mandatory Registration program proceeding
- Expanded organics collection capability at transfer sites
- Communications strategy continuing to reach more residents
- Housing developments planned: 39 houses near Buckhorn; 50 - 70 near Bobcaygeon
- Additional Residential Units now approved for select areas
- Community Grants awarded every year - \$60k in 2025
- Environmental Advisory Committee mailed educational brochures on Dark Skies and Shoreline Protection, added "Environmental Implications" to every staff report and completed a Lake Inventory for 50 lakes



**Kawartha Land Trust** (KLT) recently purchased a 435-acre property in Trent Lakes. KLT's newest nature reserve is home to iconic granite rock barrens, expansive forests, wetlands, and natural shoreline along 1.2 kilometres of the Mississagua River. The property is bordered on three sides by Kawartha Highlands Provincial Park. KLT now owns and manages 3400 acres of protected lands in our Municipality, with existing or planned trails and outdoor activities and events.



- Renovated Health Centre
- Master plan for Apsley downtown revitalization
- Road Safety Audit for HWY 28 – nine municipalities involved
- Public Art – Murals on rock faces



- 14 -15 major projects are under way (~ \$200 - \$300 MM). These include:

- Water storage and distribution system
- Early Childhood Learning Centre
- Commercial aquaponics project combining aquaculture and hydroponics in a 45,000 square foot greenhouse facility
- New police services facility
- Renovated health centre
- Family resource centre
- New wellness centre
- New ice arena

- Negotiating with YMCA for construction of a recreational centre and pool
- Curve Lake FN is now the steward for the Petroglyphs Teaching Rocks and Infrastructure
- There are 11 active committees of Council

If your advertisement is no longer in the 507 Express is might be that it is past time to renew. Check the number is the lower right corner of your ad to see when it runs out! If in doubt please contact Kathy at 705-657-8912 or kathy507@yahoo.ca

## KIDS PAGE

# New Years Word Scramble

Scrambled Words

Definitions

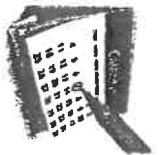
1. KEROSFWRI
2. COTWNDNOU
3. YPRTA
4. AJARVUN
5. EEV
6. REALNADC
7. TIGDNMH
8. NEIOUTLRSO
9. REYA
10. LEITANECBOR

## Frosty Word Search

U P B R Y L R X C S O J L S  
T R I A D S S M J R U M O I L  
X L L H F A O D E V A W L M Y  
X P E N S V N C Z G V E A O O  
H A T M A D Q C I K J R U Y B  
S N O W M A N C E T O O G R E  
R E T E M O D E E P S L H Y Q  
W Q O A E L G S I E L P V P N  
H V L A Z J E O T R L X M O R  
R Z Q Y I V A N H K F E U D M

DANCE MELT  
EXPLORE NOSE  
FRIENDSHIP PLAY  
HAT SNOWMAN  
LAUGH SPEEDOMETER  
MAGIC WAVED





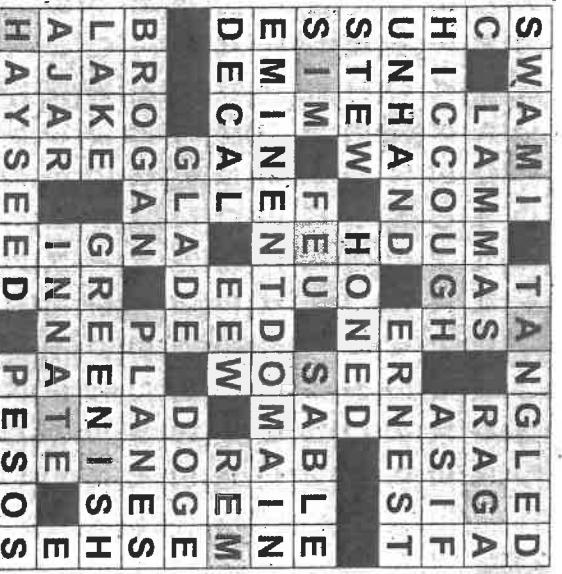
## Dates to Think About

1st - New Year's Day  
 4th - World Braille Day  
 5th - World Environment Day  
 6th - National Bean Day  
 10th - World Laughter Day  
 14th - National Dress UP Your Pet Day  
 15th - National Bagel Day  
 18th - National Thesaurus Day  
 23rd - National Fun at Work Day  
 26th - Bell Lets Talk Day  
 27th - National Chocolate Cake Day  
 28th - National Lego Day  
 29th - National Puzzle Day  
 31st - National Backward Day  
 National Hot Chocolate Day

Are you interested in the activities that occur at the Cavendish Community Centre – do you have any suggestions or requests? Please forward your ideas, concerns, suggestions to: [cavendishc&r@yahoo.com](mailto:cavendishc&r@yahoo.com), you are also welcome to come out to one of our meetings – next meeting is at 7:30 on January 20th, 2026

### New Years Word Scramble

1. Fireworks
2. Countdown
3. Party
4. January
5. Eve
6. Calendar
7. Midnight
8. Resolution
9. Year
10. Celebration



## Answers to Puzzling Times

### Comic Book Canadiana

Superman is only one in a long line of unforgettable characters to come from the fertile imaginations of Canadian comic book artists and graphic novelists. From postwar favourites like Nipper and Jasper the Bear to more modern incarnations like Scott Pilgrim and the Patterson family of *For Better or for Worse*, Canadians have contributed a great deal to the comic landscape. Even iconic real-world figures like Louis Riel and strongman Louis Cyr have been given the graphic novel treatment, while Kate Beaton's popular webcomic, *Hark! A Vagrant*, takes a lighter look at Canadian history.



You know youngsters are really growing up when they start asking questions that have logical answers.

A compromise is often an agreement between two people, each of whom ends up with something he does not actually want.

Perfect timing is attained when one can turn off the hot and cold water faucets in the shower simultaneously.

## Lakelands Public Health Offering 750 Free Radon Test Kits to Community

*Radon, an invisible gas, is the second-leading cause of lung cancer in Canada.*

(December 15<sup>th</sup>, 2025) – Lakelands Public Health is pleased to be offering 750 free radon test kits to community members this year, as part of the Evict Radon National Study. Community members who receive a kit must agree to be a part of the study, set up the device for at least 91 days, and then send the kit (pre-paid envelope included) to be analyzed.

“The Lakelands Public Health region has been identified as priority for the researchers at Evict Radon – not necessarily because there are high levels of radon in our area, but because there is insufficient data about the radon levels in our area,” said Dr. Thomas Piggott, Medical Officer of Health and Chief Executive Officer at Lakelands Public Health. “The study results will help us learn more about radon levels in our community to support future programming so that we can work with municipalities to better understand and mitigate local risks,” he added.

### What is Radon?

Radon is a naturally occurring, radioactive gas that comes from the breakdown of uranium found in rocks and soil. It can seep into cracks, gaps, and openings in a home’s foundation. When radon enters confined spaces, like a house, it can build up and become harmful.

Radon is invisible, odourless, and tasteless, so testing is the only way to know how much radon is in one’s home and whether action is needed. When inhaled, radon traps radioactive particles in the lungs. This creates damage and, over years, can develop into lung cancer. In Canada, radon is the second-leading cause of lung cancer – after tobacco smoke.

### Where Can I Get a Kit?

Test kits are limited to one per household and must be picked up by a person who lives in the residence. Test kits are available while quantities last, and will be distributed “first come, first served”. Starting today, December 15, 2025, radon test kits can be picked up at:

- Northumberland County, Haliburton County, and the City of Kawartha Lakes:
  - Local public libraries
  - County of Peterborough:
    - Local municipal offices
    - City of Peterborough:
      - Lakelands Public Health – Peterborough Office, 3<sup>rd</sup> Floor, 185 King Street

Distribution locations are subject to change, and new locations may be added. Visit [LakelandsPH.ca/radon](http://LakelandsPH.ca/radon) or contact our office to determine the location closest to you. Community members of Alderville First Nation, Curve Lake First Nation, or Hiawatha First Nation who are interested in participating in the Evict Radon National Study are invited to contact Lakelands Public Health for more information.

### Did You Know...

THE BRIGHT colorful parts of poinsettias are not really their flowers. Instead, they are special types of leaves called “bracts.”

The actual flowers are the small yellow cupped-shaped objects in the center of the bracts. Because leaves normally stay on the plant longer than flowers, poinsettias hold their color for many weeks.

Also, eating poinsettias is NOT fatal! According to the Society of American Florists, there is no evidence that they are toxic.

This is not to recommend poinsettia leaves be used to garnish your salad or feed your pet. As with any nonfood item, poinsettias, if eaten, can cause discomfort for both people and pets.



## How well do you Know Your Country? Answers

1. Quebec
2. Nova Scotia
3. Canadian Museum For Human Rights
4. Red and white
5. Lake Ontario
6. Wayne Gretzky
7. Great Horned Owl
8. St. John's
9. Ontario
10. British Columbia

## Recipe of the Month

### MARS BAR KRISPIE

3 regular sized Mars bars      2 1/2 cups Rice Krispies  
1/3 cup margarine      1/2 bar Baker's milk chocolate

Melt Mars bars over low heat. Add the margarine. When melted, add the Rice Krispies. Put in a 9x13 inch cake pan. Melt Baker's milk chocolate and cover bars.



### VOLUNTEERS NEEDED!

ARE YOU INTERESTED IN HELPING OTHERS  
MAKING A DIFFERENCE?

#### CAVENDISH COMMUNITY POLICING COMMITTEE WANTS YOU!

##### BENEFITS OF VOLUNTEERING:

- DEVELOP NEW SKILLS
- MEET NEW PEOPLE
- CONNECT WITH COMMUNITY

Attend community events and promote positive interaction  
with the community and the police.

##### BASIC REQUIREMENTS:

- Are over 18 years old
- Canadian Citizen or permanent resident of Canada
- Be of good moral character and habits

For More Information Contact

Dave Kuntz: 705-657-8737

**Emergency Survival Kit**

In the event of an emergency, everyone should be prepared to take care of themselves and their families for up to three days. Make sure that your emergency survival kit has:

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries
- First-aid kit
- Candles and matches/lighter
- Important papers (identification)
- Food and bottled water
- Clothing and footwear
- Blankets or sleeping bags
- Toilet paper and other personal items
- Medication
- Whistle (to attract attention, if needed)
- Playing cards, games

**Be prepared! Not Scared!**

For more information please visit  
Emergency Management Ontario at  
[www.ontario.ca/emo](http://www.ontario.ca/emo)

Ontario

## TREE PROBLEMS OR QUESTIONS? ASK AN ARBORIST.

Call (705) 657-6916 or visit [bartlett.com](http://bartlett.com)

PRUNING | FERTILIZATION | CABLING & BRACING | INSECT & DISEASE MANAGEMENT  
TREE INSPECTIONS | STORM DAMAGE | LIGHTNING PROTECTION | REMOVALS

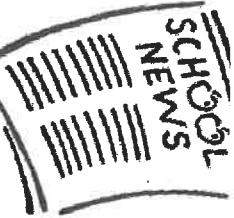
WE'VE JOINED THE BARTLETT CANADA FAMILY!  
SAME GREAT PEOPLE. SAME GREAT SERVICE.



**LOGAN**  
TREE EXPERTS

A Division of BARTLETT, A Quality Tree Care Company, Inc.





January 5<sup>th</sup> =First day back to school after Christmas  
January 23<sup>rd</sup> – 29<sup>th</sup> – Secondary School Exams  
January 30<sup>th</sup> – P.A Day – all schools

## Responsibilities

In order to uphold the right of members of the KPR community to access safe and caring schools, there are specific responsibilities for which all members of KPR must be accountable to ensure a positive learning environment.

### Principals

In addition to the responsibilities of staff, Principals, or their designates, maintain a leadership role in the daily operation of the school. They do this by:

- demonstrating care for the school community and a commitment to student achievement and well-being in a safe, inclusive, and accepting learning environment,
- ensuring accountability for individual behaviour and actions,
- empowering students to be positive leaders in their school and community,
- communicating regularly and meaningfully with all members of their school community,
- outlining in the school, the common practices and procedures of the school. These may include daily routines that have an impact on behaviour (e.g., in classrooms, the use of lockers, lunchtime, hall monitoring, playground, buses, attendance, and general deportment).



*Did you ever wonder who owned the hunt camp building and beautiful beach on Catchacoma Lake? Here's your chance to read about the history of the*

### **Ketchecum Hunt Club**

*From 1901 to 2000, the Club was located on Catchacoma and was used for 1 or 2 weeks in November by prominent businessmen and professionals from Peterborough to hunt deer. Remember the regattas on the beach?*

*The books are for sale at Catchacoma Marina and Little Gull Marina for \$ 30.00*

*Available from our website – [www.ketchecumhuntclub.ca](http://www.ketchecumhuntclub.ca) for \$ 35.00 incl. shipping*

### **A Perfect Book for your Cottage**

**NEED WOOD SPLIT &/or BRUSH REMOVAL**

**CALL: JOHN HARVEY**  
**705-760-6637**

## Cavendish Classifieds

To have your ad included please contact Kathy @705-657-8912 or kathy507@yahoo.ca

## BUTTER TARTS

Made Special just for You!



\$15.00 per  $\frac{1}{2}$  dozen \$30.00 per dozen

Contact Lauren @ 705-977-1886

## CARPENTRY

STAIRS SHEDS  
DOCKS DECKS

**CALL JR @705-657-2143**

**Made Special just for You!**

## A DANGEROUS MIX



It's a fact that many fire deaths are caused by people attempting to cook or smoke while under the influence of alcohol. There's more to responsible drinking than taking a cab. Don't put yourself... or your family... at risk to fire.



## House Cleaning



**Help is just  
a phone call away!  
705-657-7455**



**Need some help around the  
house?**

Whether you're looking to make a major renovation to your home or you've accumulated a list of small repair projects HELPING HAND can help.  
Installations, repairs, renos, maintenances  
Local family based business since 2008  
Visit  
<https://helpinghandhandmanservices.com>  
We do it all!

**Leasa Thompson**  
705-931-5501

If your ad is not in this issue it may because it has expired!

# Good Buy Room

## Thrift Store

### Hours:

Thursday and Friday 10 am - 4 pm

Saturdays 10:30 am - 2:30 pm

Lakehurst Road

Buckhorn

(Below Buckhorn Library)

705-761-4832

Interior Wood Finishing  
Window/Door Trims  
Baseboards  
Decks  
Repairs & More  
No job too small  
twbcarpentry3101@gmail.com  
Rich Mortensen

## CAVENDISH

### JIGSAW PUZZLES



We have puzzles you can sign out for three weeks.

Sign up to the Municipality of Trent Lakes  
Monthly Newsletter!

SCAN THE QR CODE OR HEAD TO:  
<https://mailchi.mp/trentlakes/sign-up>

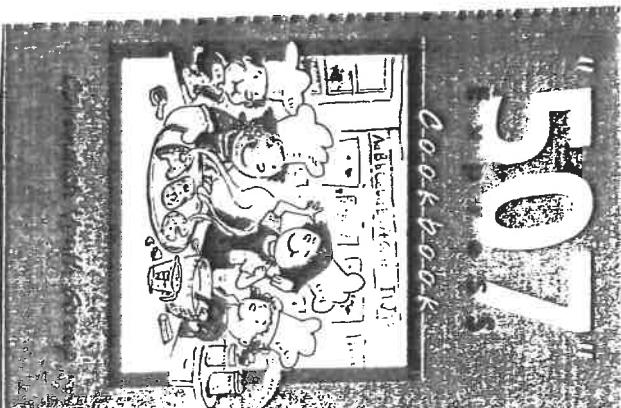


Trent Lakes

### "The 507 Express Cookbook"

The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express".

The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$15.00



CARPENTRY  
TWB

## Cavendish Key Contact Information

### **Trent Lakes Municipal Council:**

Mayor	Terry Lambshead	705-927-4968	tlambshead@trentlakes.ca
Deputy Mayor	Carol Armstrong	705-657-7518	carmstrong@trentlakes.ca
Councillor –Galway Cavendish	Joe Cadigan	705-731-9410	jcadigan@trentlakes.ca
Councillor – at large	Peter Franzen	705-738-1486	pfranzen@trentlakes.ca
Councillor – Harvey	John Braybrook	705-731-9871	jbraybrook@trentlakes.ca

Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office

### **Municipal Service Contacts:**

Municipal Office	fax: 1-705-738-3801	1 705-738-3800 or 1-800-374-4009
Municipal Website	www.trentlakes.ca	
Fire Chief	Steve Brockbank	1-705-738-3800 ext. 230
Deputy Fire Chief	Luc Shewen	1-705-738-3800 ext. 230
Roads Superintendent	Evan Grieger	1-705-738-3800 ext. 221 EGrieger@trentlakes.ca
Chief Building Official	Barbara Waldron	1-705-738-3800 ext. 225
Cavendish Transfer Station	Don & Blaine	705-657-2490

### **Community Service Contacts:**

Cavendish Culture and Recreation	Katherine Warren	705-657-8912	kathy507@yahoo.ca
CCC Rental Inquiries and Bookings	Katherine Warren	705-657-8912	kathy507@yahoo.ca
507 Express – Editor	Katherine Warren	705-657-8912	kathy507@yahoo.ca
Helen Bowen Branch Library	Sue Warren	705-657-1192 or 705-657-8912	
Trent Lakes Outreach Centre-foodbank	Katherine Warren	705-768-3590	https://tloutreachcentre-foodbank.wordpress.com/
Cavendish Youth Group	Katherine Warren	705-657-8912	kathy507@yahoo.ca
King Sports Pad – Rink	Molly Cadigan	705-657-2743	

### **Cavendish Ratepayers Association Inc. (C.C.R.A.I.):**

President	Gary Jarosz	705-657-8912	kathy507@yahoo.ca
Vice President	Robert Taylor-Vaisey	1-905-472-6816	

### **Cottage Association Presidents/Contacts:**

Catchacoma Lake	Ric Mackey	r.mackey@bell.net	
Picard Lake	Paul Stenton	pstenton@ryerson.ca	
Mississauga District	Carol Thomson	carolit@golden.net	
Mississauga –Gold Lake Road	Katie Tingley	mg.lakeroadgroup.com	
Beaver, Cavendish, Bottle & McGinnis	Bryan West	brywest3@gmail.com	
Greens Lake			
Gold Lake Road Association	Greg Harper	705-657-9128	
Ratty's Narrows Road	Jamie Langer	705-657-2573	

### **Cavendish Landfill Site Hours of Operation**

**Summer Hours:** April 15<sup>th</sup> to September 15<sup>th</sup>: Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday than they are 12-8), Wednesday 8 to 12 noon

**Winter Hours:** September 16<sup>th</sup> to April 14<sup>th</sup>: Saturday 8-4, Sunday 11-4, Wednesday 8 -12

**Closed:** Christmas Day, New Year's Day, Family Day & Easter Monday

**Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301**

**Burn Permits:** available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230

### **Babysitters:**

### **Pet Sitting:**

**EMERGENCY NUMBER: 911**

**Police Non-Emergency 1-888-310-1122**

**Ontario Hydro: 1-800-434-1235**

# The 507 Express January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Games Night
					3	
					4	Art Group
					5	Library 4 - 8 Youth Group
					6	Library 10-4
					7	Euchre Scrabble
					8	
					9	Library 10-4 Games Night
					10	
					11	Art Group
					12	Library 4 - 8 Youth Group
					13	Library 10-4
					14	Euchre Scrabble
					15	
					16	Library 10-4 Games Night
					17	
					18	Art Group
					19	Library 4 - 8 Youth Group C & R Com. Mtg.
					20	Library 10-4
					21	Euchre Scrabble
					22	
					23	Library 10-4 Games Night
					24	
					25	Art Group
					26	Library 4 - 8 Youth Group
					27	Library 10-4
					28	Euchre Scrabble
					29	
					30	Library 10-4 Games Night
					31	

