he 507 Express

Regular Features:

- Community Report
- Key Contact Information
- Birthdays and Anniversary's How well do you know your country
- Recipe of the Month
- Trent Lakes Fire Rescue
- It's Part of our Heritage School News

This Month:

- Halloween Registry
- Halloween Pot Luck
- Halloween Safety Tips
- In Passing
- Autumn Fire Safety
- 507 Express Cookbook
- Covid-19 Risk Index
- **Transfer Station Fees** Covid-19 vaccine guidelines
- Council Update
- Horse testes + for EEEV

507 Express Policy re: Advertising and Subscriptions

- Subscriptions Renewals are \$30.00 per year or \$2.50 per issue.
- Submissions to be signed and submitted by the 15th of the month. Advertising as follows:
- Classified \$2.00 per month ½ page -\$10.00 per month

1/8th page -\$5.00 per month ½ page - \$15.00 per month

- the other:"you stay here; I'll go on a head Two hats were hanging on a hat rack in the hallway. One had said to
- I wondered why the baseball kept getting bigger. Then it hit me
- A sign on the lawn at a drug rehab center said:"Keep off the Grass." Two fish swim into a concrete wall.
- "Dam." One turns to the other and says
- I changed my iPod name to Titanic. It's syncing now
- When chemists die, they barium
- Jokes about German sausage are the wurst
- seasoned veteran. A soldier who survived mustard gas and pepper spray is now a
- any time. I know a guy who's addicted to brake fluid, but says he can stop
- How does Moses make his tea? Hebrews it.
- met herbivore. This girl said she recognized me from the vegetarian club, but I'd never I stayed up all night to see where the sun went. Then it dawned on me.
- I'm reading a book about anti-gravity and I can't put it down
- I did a theatrical performance about puns. It was a play on words
- They told me I had type A blood, but it was a Type-0.
- A dyslexic man walks into a bra.
- Why were the Indians here first? They had reservations

Editor: Katherine Warren Letters and articles are those of the writer and do not necessarily reflect the editor must be signed and include a telephone number for verification clarity or to avoid obscenity, libel or invasion of privacy. All letters to the opinion of this newsletter. purposes. (Phone numbers will not be printed.) Views expressed in columns. reserves the right to edit any submissions to meet space requirements, for and letters to the editor on subjects of interest to our readers. The editor The 507 express is a community based newsletter. It welcomes submissions



Donations towards publication are gratefully received!

Email: kathy507 @yahoo.ca

Phone Number:

705-657-8912

Mailing Address: 32 Community Complex Drive, Trent Lakes, Ontario KOL 1J0

ommunity Report

Progressive Euchre

Every Thursday Afternoon 1:00 pm until 3:30 pm

18 Community Complex Drive, **Cavendish Community Centre** County Road 507, Ontario Tel: (705) 657-1192

\$5.00 per person

Knit and Lit

Tuesday mornings at 11:00

Join us at the Buckhorn branch to resume our Knit and Lit program! Bring whatever project you are working on! Need yarn? Check out our yarn exchange program! We have lots of free patterns tool

If you make an item to donate to the Trent Lakes Outreach Centre or LAWS, TLPL will deliver iti

Please joi us every Tuesday morning for the program!

5 George Street Buckhom, Ontario KOL 1J0 | 705-657-3695 Trent Lakes Public Library

arrangements for pick-up. it would be greatly appreciated. Donations can be dropped off at the with fire wood, non-perishable food items or with the purchasing of propane or financially able to obtain wood for this winter. There are also times when he has to use his propane heater as a back-up. If you are able to help him to work at the Cavendish Transfer Station. At this time he is not physically Cavendish Community Centre or you can contact us and we can make needs our assistance. We are writing today to ask for help for a friend and neighbour who eds our assistance. Many of you will remember Dave Potter who used There are also times when

Thank You!

P.S. Woodbox will handle up to a 14 ½ block of wood.

Dates to Think About

October is Women's History Month

1st – World Vegetarian Day National Seniors Day

54

Teachers Day

9th . Thanksgiving Day

10th –

World Mental Health Day

11th -

International Day of the Girl Child

18th -

Persons Day

27th – World Day of Audiovisual Heritage 31st – Halloween

National UNICEF Day

Halloween Registry

There will certainly be others that we are not aware of as well. they are expecting trick-or-treaters to be arriving at their door on Halloween night. Our Halloween Registry is simply a list of those people that have let us know that 2

#334 - 340 County Road 507

Charlie Allan Road #42 Tate's Road

#1776 #1430 #1278 #1277 #1167 #2403 #2390 County County County County County County County Road Road Road 507 Road Road Road Road 507 507 507 507 507 507

Community Complex Drive

Cavendish Community Centre Cavendish Community Policing Building Cavendish Fire Station

#3325 County Road 507 #3326 County Road 507 #3368 County Road 507 #3385 County Road 507

Beaver Lake Road #5 Beaver Lake Road #18 Beaver Lake Road #55 Beaver Lake Road

#11 Fire Route #200 #144 Mississagua Lake Road

#4107 #3591 #3582 #3460 #13 Fire Route #277 #3691 County Road 507 #3590 County Road #3478 #4208 County Road 507 County County Road County Road County Road 507 County Road Road 507 507 507 507 507

Green's Lake Road

#12 Fire Route #2941

Bobbi & Ira Robertson

North Family

Dragonfly Ridge – Sharron Smith

Karen & Dave Harran Uzzell Family Marie & Al Mansel Sue & Bob Philpot Sherry & Kevin Blaney Stephanie & Chris Thompson Joanne O'Heron

Callan Family Warren Family Ginni & John Crowe The Catch – Mark

Colleen & Rick Jackie & Garrett Kukemueller Sheila & Al Asling Molly & Joe Cadigan Little Gull Marina – Leah & Rick

Michelle & Daren Botting Lorne & Luke Cadigan Sarah Mortimer/Marcus Schlechta Millar Family Donna Rufa Mary & Daryl Shearer Debra & Frank Pageot Gord Hay Flip & Cindy

you are finished with them. Treat as well – they would love to have your pumpkins and Jack-o-Lanterns when Don't forget that the animals at Dragonfly Ridge would love to have a Halloween



Mudge Cottage Care Bill and Marina Mudge Working and Living on the Catchacoma Chain of Lakes

.

Tree cutting and brush removed Lawn care, mowing and whipper

Snipping

Leaf blowing and raking

Gutter and eves cleaning

Marinamudge@gmail.com

Staining and Painting
 Waterfront cleanup
 Pressure washing of (

Pressure washing of decks/docks Mold removed on Boat upholstery



Volunteers Needed!

out treats at the Community Centre. There are 5 doors that the kids can come to anyone that would like to spend a couple of hours on Halloween Night shelling and we are hoping to have a volunteer at each door. Community Centre for our annual Halloween Pot Luck. We are also looking for Looking for volunteers interested in helping with the decorating of the Cavendish

kathy507@yaoo.ca or call her at 705-657-8912. Thank you! If you are interested in lending a hand please email: Kathy @



Cavendish Branch Library

Trent Lakes

Public Library

Library is James Patterson's 12 Months To Live, Linda Gromko's Where's My Book, Jance's Blessing of the Lost Girls, a fast-paced thriller. Also new to Cavendish Farmhouse Vegetables, "a vegetable-forward cookbook". Joanne's pick is J.A New fall books have started to arrive. Sue's pick is Michael Smith's cookbook and Leesa Cross-Smith's GoodBye Earl - with more arrivals each week.

Remember – winter hours now in effect. We are open Wednesdays and Saturdays LIBBY. online access to books, audiobooks, and magazines any time you want through 10 am to 4 pm. However, free Wifi available 24/7 plus your library card gives you

Storytime and crafts also available on a drop-in basis Happy Thanksgiving to all!

October	Oct 27-31	Oct 14-26	Oct 1-13	Dates	oo weath	Rundle, Marilyn Anne September 28 th , 1957 – It is with great sadness of Marilyn Anne Rundlu at home at the age of (Ryan) Le Grice and To Grandmother of Hudsc Deceased by her belo Sisters Karen Taylor and Parents Harry and Hele And remarkable wome Love of animals, and a Her love of waterskiing Shared interests with he early childhood in the h and her homes on the personality was simply was sure to make you was always there for h love, and support. If y please contact rundle	"The Soz The Cavendish Youth Group has t and it is finally finished and availat from the sale of this book will be a Culture and Recreation Committ publication of "The 507 Express". The cookbook is available at th Store and Little Gull Marina. Cos This would make a gre
temperature 11°C (1°C above avg.) precipitation 50mm (25mm below avg.)	A few showers, mild	Scattered showers, then sunny; mild	Sunny, then a few showers; cool	Weather Conditions	Weather predictions for this month.	In passing . Rundle, Marilyn Anne September 28 th , 1957 – October 3 rd , 2022 It is with great sadness that we announce the passing of Marilyn Anne Rundle (Taylor). Marilyn passed away at home at the age of 65. Loving mother of Lindsay (Ryan) Le Grice and Tanicha Nowack, fun and supportive Grandmother of Hudson and Noah. Marilyn was pre- Deceased by her beloved spouse James Rundle, her Sisters Karen Taylor and Carolin (James) Langer, and her Parents Harry and Helen Taylor. Marilyn was a fierce, fun And remarkable woman who had a passion for nature. Love of animals, and a deep calling to any water's edge. Her love of waterskiing, scuba diving, and boating were Shared interests with her family and friends; stemming from early childhood in the Kawarthas, to trips to Caribbean, and her homes on the Great Lakes. Marilyn's quirky personality was simply irresistible, and her distinct laugh was sure to make you smile! Strong and admirable, Marilyn was always there for her friends and family with compassion, love, and support. If you would like to reach out to the family, please contact rundlecelebration@gmail.com.	"The So7 Express Cookbook" The Cavendish Youth Group has been working on a cookbook and it is finally finished and available to purchase. Proceeds from the sale of this book will be donated to the Cavendish Culture and Recreation Committee to help with the publication of "The 507 Express". The cookbook is available at the Cavendish Library, Flynn's Store and Little Gull Marina. Cost of the cookbook is \$15.00 This would make a great Christmas gift!



Jason Bryce Faulkner unexpectedly passed away on September 7th, 2023, aged 53. Jason will be profoundly Emily, Claire, Lachlan, Kieran; and his former wife, Yvonne (Martin); his nieces and nephews, Stephanie, Connor, best friends. His greatest joy was being a wonderful dad and hanging out with his "Dudes" at Blueberry Point on missed by his sons, Jordon and Jack, who were his very Jason are his three sisters, Shari, Kristin (Paul), Rebecca Catchacoma Lake. His family is heartbroken. Surviving



made to the Heart and Stroke Foundation of Canada or to a local dog remembrance of Jason's life, the family asks that any charitable donations be Jason touched the lives of many friends and colleagues over the years. In infectious humour, quick wit and charismatic personality, Benefits Specialist in the financial services sector. With his rehoming charity.

Jason enjoyed a long and successful career as a Group

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SALES REPRESENTATIVE

Halloween Safety Tips

Follow these steps to celebrate safely and make sure the only thing to be scared of is the costumes.

measures from public health experts, and make good decisions based on your own unique situation. Halloween may look a little different this year, but it can still be a lot of fun. Follow public health advice and

Costumes

costume, choose material that won't easily ignite if it comes into contact with heat or flame. When choosing a costume, stay away from billowing or long trailing fabric. If you are making your own costumes labelled "Flame-Resistant" - nylon or heavyweight polyester costumes are best. Flame Resistant does not mean 'fire proof'. Look for

better visibility The best costumes are brightly coloured, flame resistant and reflective. Add reflective tape to costumes for

hands, and rolling over and over to put the flames out.) catches fire. (Have them practice stopping immediately, dropping to the ground, covering their face Children should stay away from open flames. Be sure they know how to stop, drop and roll if their clothing with

Swords, knives and similar accessories should be made of soft, flexible material.

Trick-or-treaters should wear sturdy walking shoes that fit properly

Trick-or-Treating



Have flashlights to carry for lighting or glow sticks as part of their costume

Wear a mask.

and don't run. Do not cut across yards or driveways. and then the other, and that it's best to cross the street only at intersections or crosswalks. Walk 1 an safety and rules of the road. Trick or treating should be made along one side of the

cause children to trip or fall. Turn your outside light on. Make your home safe for trick-or-treaters. Remove all objects around the outside of your house that could

out, so they'll be less tempted to eat their goodies along the way. Do not to eat any goodies until they are inspected. Make sure that your child eats dinner before they set

they are participating in trick-or-treating. Children should never go inside homes or cars. Stay in well-lit areas and only visit homes that have their outside lights turned on, and that you can be sure

the wrappers. Check toys or novelty items for small parts and do not allow children under three years to play with them. Throw out any treats that are not wrapped, those in torn or loose packages, or any that have small holes in

become over-excited in the presence of strangers Keep pets inside and away from trick-or-treaters and lit candles, especially if they are easily frightened or

alleyways with extreme caution. Avoid driving on Halloween, if possible. If you are driving on Halloween, be aware of children, drive slowly and enter and exit driveways and

Parties Should only be hosted within your household!!

Remember to keep exits clear of decorations, so nothing blocks escape Ensure that all children in your home know the location of the exits should routes.



705.930.8216	Ime	Malnfyre Electri	ATM Machine, ATV Trail Passes, Baked Goods		County Road 507 & County Dood of	FLYNN'S STORE	lights for broken or cracked sockets, frayed or bare wires or loose connections. Discard damaged sets, D not overload extension cords.
		$\overline{\bigcirc}$		· .	on Site ruck		maged sets. D



Ensure you have installed, working smoke and CO alarms, and practice

your home escape plan.

an emergency arise.

It is safest to use a flashlight or battery-

Decorations

anything that can burn and far enough out of way of trick-or-treaters, not leave it burning. doorsteps, walkways and yards. Ensure you extinguish the flame - c matches or a utility lighter. Be sure to place lit pumpkins well away from When lighting candles inside jack-o-lanterns, use long fireplace-style only. extreme caution. Tea lights are a safer option and should be outdoors operated candles in a jack-o-lantern. If you use a real candle, use Make sure children are watched at all times when candles are lit.

Avoid decorating with candles or torch lights.

kept well away from sources of heat, including light bulbs and heaters. Ensure that combustible Halloween decorations such as crepe paper, cornstalks, and dried flowers are

Keep all exits clear of decorating materials.

Canadian Standards Association (CSA) or the Underwriters' Laboratory of Canada (ULC or C-UL). Check If using decorative lights indoors or outdoors, use lights certified by a recognized organization such as the ts. D

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20 CE	Cawendish Community
	Ratepayers
	y Ratepayers Association Inc.
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Trent Lakes, Ontario, K0L 1J0		
Application for/Renewal of CCRAI Membership	Membership Fees	s i
LI I am RENEWING my membership for 2023	\$20.00 per household	
□ I am APPLYING for membership for 2023	\$ Additional Voluntary Donation	Donation
□ I am donating to CCRAI Lake and Water Quality Programs	\$	
Name of Member/Applicant:		
Additional Member in Household:		
Address:		
City: Postal Code:		
Home Phone: Cavendish Phone:		
Do you prefer to receive your yearly newsletter electronically via email?	nail?	
Email Address:		

topics that are important to property owners in Trent Lakes. notable speakers and subject matter experts provide presentations on The Cavendish Community Ratepayers Association Inc., (CCRAI) hold two public meetings every year, one in June and August. A variety of Waterfront:

Yes

No

Cavendish Address (Lake/Lot & Conc):

m

tax revenues are utilized in the most efficient manner possible. goal is to ensure that all projects are properly prioritized and that our track all large files and projects underway within the Municipality. Our The Board of Directors monitor Trent Lakes Council meetings as well as

always check our registry to confirm if you have renewed this year. your 2023 membership yet, there is still time. If you are not sure we can membership fee is still only \$20.00 per year. If you have not renewed Membership is open to any resident of Trent Lakes. The annual

For online payments, please email in the form and email/E-transfer the membership fee to <u>CCRAIMAIL@GMAIL.COM</u>. You can also mail this form with a cheque or money order made out to CCRAI to the address at the top of this application

Thank you for your continued support of the Cavendish Community Ratepayers Association.

Visit us at: https://ccraiassociation.wordpress.com

× ,





Customer Service is #1!

Welding

Every Chanksgiving

when the alarm rings each morning, Even though 9 clutch my blanket and grouvl Ehere are those who are deaf. Thank you, Lord, that 9 can hear

against the morning light as long as possible, There are many who are blind Even though I keep my eyes tightly closed Ehank you, Lord, that 9 can see.

the physical effort of rising, Even though I huddle in my bed and put o Ehere are many who are bedfast. Ehank you, Lord, that I have the strength to rise

Even though the first hour of my day is hectic There are many who are lonely Ehank you, Lord, for my family toast is burned and tempers are short,

magazines and the menu is at times unbalanced, Even though our breakfast table never looks like the pictures in There are so many who are hungry. Ehank you, Lord for the food we have.

Even though the routine of my job is often monatonous. Ehere are many who have no job. Ehank you, Lord, for the opportunity to work

my circumstances were not as quite so modest, Even though 9 grumble and bemoan my fate from day to day, and wish Thank you, Lord for the gift of life

It happened this Month....

October 1st, 1926 – Cartoonist Ben Wicks was born October 4th, 1869 – The Saxby Gale sweeps up the October 11th, 1929 – architect and planner Raymond Moriyama was born. October 14th, 1957 – Lester B. Pearson is awarded the Nobel Peace Prize October 8th, 1958 -October 20th, 1904 -October 17th, 1960 – satirist, comedian, screenwriter, and actor Rick Mercer is born in 1957 the Suez Crisis. The Saxby Gale sweeps up the Bay of Fundy, causing death and destruction along New Brunswick's cost and the inner reaches of - Lester B. Minas Basin and Chignecto Bay. a Canadian invention. A Swedish doctor successfully implants the world's first pacemaker, born. St. John's Newfoundland. Politician and father of socialized medicine tommy Douglas was Pearson is awarded the Nobel Peace Prize for resolving

October 26th, 1965 October 30th, 1930 metres, and the rescue of a hundred, some from levels as deep as 3,960 Actress Kelly Rowan was born the deepest rescue ever conducted in Canada

Springhill, Nova Scotia, results in the death of seventy-four miners

A so-called bump(underground earthquake) at a coal mine in

October 23rd, 1958 -

T Author and actor Timothy Findley is born in Toronto

Autumn Fire Safety

Outside the Home

- Never park your car or truck over a pile of leaves. The resulting fire could destroy your vehicle converter or exhaust system can ignite the leaves below. The heat from the vehicle's catalytic
- Flammable liquids should not be stored in inside the home or in an attached garage or shed. This includes any unused fuel still in the fuel tank. Store this equipment away from storing. This simple safety precaution will help prevent your home or drain excess fuel out of the tank before
- Remove fuel from lawn mowers before storing them for accidental fires from escaping fuel vapors.
- winter

Sanda Martin

M

Contact your utility company if trees or branches are not clear of power lines Prune back trees, and rake up leaves and debris. If you live in an open area with a lot of Don't store cardboard boxes, paper or other flammable materials in the backyard. These natural vegetation, consider creating a defensible fire zone around your home. Prune the materials provide ready fuel for a fire and all it takes is one spark bottom branches from trees and remove shrubs and trees within 20 feet of your home

Heating your Home

Most Important!

- the batteries. It is the law for all Ontario homes to have a working smoke alarm on every storey and outside all sleeping areas. This covers single family, semi-detached and town Check all smoke and carbon monoxide detectors to make sure they work, and change
- Have a useable fire extinguisher available homes, whether owner-occupied or rented.

Central Heating

- serviced by a certified HVAC (heating, venting and air Get your central heating system cleaned, inspected and
- If you have a gas heater, make sure that you have a detectors installed in your home. sufficient quantity of fully functioning carbon monoxide conditioning) contractor every year before using it.
- cardboard and more includes, clothing, paint products, toxic materials, Keep all flammable materials away from your furnace. This

Fireplaces and Woodstoves

- Have heating appliances serviced and chimney flues examined for defects
- Have fireplaces and fireplace dampers checked.
- Fireplaces should be equipped with an appropriate screen or glass enclosure to prevent sparks from flying out.
- buildup. Wood burning stoves should be examined and the flue and chimney checked for creosote fire Creosote is a deposit from smoke that can build up in a chimney and can start a
- Use only seasoned woods, and avoid soft woods like Pine, etc.
- Never use a flammable liquid to start a fireplace. Never overload the hearth with wood or artificial logs, the resulting fire may be too large
- Put all ashes outdoors and away from the house in a metal container for the unit.

Space Heaters

- Make sure that any space heaters are surrounded by at least three feet of empty space.
- Never place clothing or any other objects on a space heater to dry.
- Do not place space heaters near furniture or drapery.
- Turn space heaters off when you leave the house or go to bed
- Avoid storing any combustible items near heaters

In The Home

- Cooking fires are the number one cause of home fires and home injuries. The leading cause of fires in the kitchen is unattended cooking. Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove. If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking. Keep anything that can catch fire oven mitts, wooden utensils, food
- . . Do not overload electrical outlets or use extension cords in the place of additional outlets packaging, towels or curtains away from your stovetop.
- Check electrical appliances regularly for wearing cords and plugs. Do not leave electrical appliances plugged in if they do not need to be.







Lack of maintenance is the number one cause of dryer fires. That is why it is critical to accumulated around the drum. Perform periodic checks to ensure that the air exhaust vent pipe is unobstructed (lint accumulation) and the outdoor vent flap opens readily. Do not run the dryer without a lint filter. You are encouraged to not leave the dryer running if clean the lint filter before and after each use, and wipe away any lint that has you go out, in case it malfunctions.

12

Candles

- Extinguish candles when leaving the room or going to sleep. Keep lit candles away from items that can catch fire
- Place candles in sturdy, burn-resistant containers that won't tip over and are big enough to collect dripping wax.
- them Don't place lit candles near windows, where blinds or curtains may close or blow over
- Never let candles burn out completely. Extinguish them when they get to within two Don't use candles in high traffic areas where children or pets could knock them over
- inches of the holder or decorative material.
- accident is all it takes to start a fire Never leave children or pets alone in a room with lit candles. Do not allow older children to light candles in their bedrooms. A forgotten candle or an
- During power outages, exercise caution when using candles as a light source. Many destructive fires start when potential fire hazards go unnoticed in the dark.
- Never use a candle for light when fuelling equipment such as a camp fuel heater or lantern
- Be wary of buying novelty candles. Avoid candles surrounded by flammable paint, paper, Keep candle wicks short at all times. Trim the wick to one-quarter inch (6.4 mm)
- Extinguish taper and pillar candles when they burn to within two inches of the holder, and container candles before the last half-inch of wax begins to melt dried flowers, or breakable/meltable containers.
- When buying or using novelty candles, try to determine if they pose a potential fire hazard (if they contain a combustible component for instance). If they do, or if you suspect that they might, inform your local fire department.
- Use extreme caution when carrying a lit candle, holding it well away from your clothes and any combustibles that may be along your path.



Gardening Tips

- Transplant shrubs or young trees to new locations
- Cut diseased areas out of perennials. Do not compost.
- Rake and compost any fallen leaves

1

- Clan up garden debris. Remove all vegetable plants and fallen fruit.
- 1 Remove dead annuals from the garden, after a frost.
- I. with seeds for the birds. Cut back perennial foliage to discourage over wintering pests. Leave flowers
- Continue watering trees and shrubs until the ground freezes
- Sharpen lawn mower blades and pruners.
- Trim tall grass away from trees and corners of your home to discourage small
- material and store in a cool, dark place rodents from creating nests. Dig up tender bulbs such as dahlia, canna and gladiola. Wrap them in moist

Completely overhauled for \$250 by Hemings STIHL dealership 4 years ago Lightly used by one owner STIHL 025 Chainsaw For Sale: Asking price: \$225.00 (includes carrying case, 2 extra chains, all tools and

manual)

browndelarue@gmail.com Please call Shirl @ 705-657-2288 or cell 437-421-2843 or email

Recipe of the Month

CLAM CHOWDER

NNW

to 4 potatoes, cut up carrots, thinly sliced to 3 celery stalks, thinly

tsp salt 1/2 Tbsp chicken bouillon mix

onion, chopped sliced

2 Tbsp cornstarch 2 Tbsp margarine 1 can Carnation milk

can baby clams

to chowder, stirring until thickened; you may have to add more cornstarch, if not thick enough. Bring to a boil and add margarine and milk doesn't burn; bring to a boil. Mix cornstarch with warm water. Add to chowder, stirring until thickened; you may have to add more pepper to taste. Put vegetables in a pot with water. Add salt and boil until vegetables are cooked. Add baby clams and bring to a boil. Stir in chicken bouillon mix. Lower heat to medium and add Carnation milk, stirring often so the



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- Freshen your dog's coat by sprinkling the fur with cornstarch, then brushing out.
- Remove greasy stains on carpet by applying cornstarch to the stain. half hour, then vacuum. Let sit for a
- If your marshmallows are sticking together, sprinkle a little cornstarch into the bag and shake.
- working in the garden. A bit of cornstarch applied to your hands will help prevent blistering when
- hairs cling to the sheet. Wipe furniture and kitchen counters with dryer sheets – dirt, dust, grit and pet
- Tuck a sheet into toilet paper rolls for bathroom freshness
- with a used dryer sheet. Clean latex paint from brushes by soaking them in a can of warm water along
- and help prevent bad odors. Place a dryer sheet on the bottom of the kitchen trash can to soak up any spills
- Drop a sheet in the dirty laundry hamper, diaper bag, gym bag, and suitcase to Clean windows and blinds with used dryer sheets to easily remove dirt and dust





Peterborough Public Health COVID-19 Risk Index Moves to Moderate Risk

First Case of COVID-19 BA 2.86 Variant Confirmed in Region

and wastewater signal. The Respiratory Risk Index remains at low risk for community members in our region. Peterborough Public Health (PPH) COVID-19 Risk Index moves to moderate risk due to increase in case rates, outbreaks,

opportunities for close contact and we anticipate COVID-19 and other respiratory viruses will continue to circulate in our "The increase in COVID-19 indicators is a clear sign that transmission of COVID-19 is increasing in our region," says Dr. Thomas Piggott, Medical Officer of Health. "With students in schools and more people gathering indoors, there are more community.

able to escape the protection that previous COVID-19 vaccines provide. Fortunately, the new COVID-19 XBB vaccine strains. However, this variant does show signs of high transmissibility. of the COVID-19 and Influenza vaccines should be available shortly. COVID-19 vaccines in the coming weeks to help protect residents in our community. More information on the availability shows promising results in protecting against this strain." The team at PPH is working hard to plan for the arrival of Other reports of this variant do not indicate an increase in the severity of symptoms compared to other COVID-19 Dr. Piggott adds "This week we received confirmation of our first COVID-19 case with the BA 2.86 variant in the region. There are also early reports of this variant being

individuals at high risk of severe illness, but the overall health of our community. gathering outdoors, or in spaces with proper ventilation. In general, all residents who feel unwell should stay home to In the moderate risk level, we recommend wearing a well-fitted KN95/N95 style mask in high-risk indoor settings, prevent further spread of infection and practice respiratory etiquette. These protections are not only lifesaving for

19 and Respiratory Risk Index updates. Starting today, residents who sign up for the alerts will be able to receive the updated COVID-19 and Respiratory Risk Index to their email inbox weekly, which will be important information as we progress through the fall. To bookmark the Index or sign up for alerts, please visit Peterborough Public Health has also introduced a weekly alert system to help residents stay up-to-date with the COVIDwww.peterboroughpublichealth.ca/covid-risk-index





COVID-19 Vaccine **Fall Guidance** Released

SPIKEVAX XBB.1.5 Vaccine Will be Available to Residents 6 Months and

Older

least 6 months after the last COVID-19 vaccine dose, to receive their fall dose. previously vaccinated but have had a COVID-19 infection recently are asked to wait 6 months after the infection, and at and those who have not received a COVID-19 vaccine within the last 6 months (168 days). Individuals who have been better protects again the new Omicron XBB variant, can be received by those who have not received a COVID-19 vaccine SPIKEVAX XBB.1.5 COVID-19 vaccine will be available for all residents 6 months of age and older. This vaccine, which The Ministry of Health has released guidance for Fall COVID-19 vaccines. In the coming weeks, Moderna's updated

strongly advised to receive a booster dose with the XBB.1.5 formulation" Piggott, Medical Officer of Health. "Those who are at higher risk for complications related to a COVID-19 infection are current protection, even if they have previously had booster doses including the bivalent vaccine," says Dr. Thomas^{*} the dominant strain this season. This means that the new XBB vaccine should provide an important update to people's "At this time, sub lineages of the XBB COVID-19 strain are circulating in the country with predictions that it will become

Immunization Eligibility

Eligibility for the COVID-19 vaccine will align with eligibility for the Influenza vaccine

First eligible group:

- Hospitalized individuals and hospital staff
- Long-Term Care Home and Elder Care Lodge residents, staff, and caregivers

Next eligible group:

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- Individuals at high-risk for influenza and/or COVID-19 related complications or hospitalization:
- C Residents and staff of congregate living settings (e.g., chronic care facilities, retirement homes)
- 0 0 Pregnant individuals
- Individuals ≥ 65 years of age
- 0 All children 6 months to 4 years of age [influenza risk]
- 0 Individuals who are from a First Nation, Inuit or Métis community, and/or who self-identify as First Nation, Inuit, or Métis, and their household members
- 0 19) Individuals 6 months of age and older with underlying health conditions per NACI (Influenza & COVID-
- 0 Members of racialized and other equity deserving communities
- . Health care workers and first responders

Final eligible group

Administration for the general public will begin as soon as supply permits.

provider or local pharmacist who is administering the COVID-19 vaccine. protection this fall, individuals who wish to receive the bivalent BA.4/5 sooner should speak with their health care While data has shown that the XBB.1.5 COVID-19 vaccine will provide a stronger immune response and greater

residents can visit https://www.ontario.ca/vaccine-locations/ this season. Please confirm with the pharmacy what vaccine types they have available. To find a participating pharmacy, provincial vaccine booking centre website. Many local pharmacies will be offering both COVID-19 and influenza vaccines clinics will be offering COVID-19 vaccines and Influenza vaccines. Additional information will be available on the vaccine booking centre call line at 1-833-943-3900 or online at COVID-19 vaccines | ontario.ca. Some PPH immunization clinics across the county and at our office. Residents who are eligible can book an appointment through the provincial Throughout October and November, Peterborough Public Health will be holding community COVID-19 immunization

available at this time. Pfizer XBB and Novavax XBB COVID 19 vaccines are still awaiting approval from Health Canada and are therefore not

questions Join Dr. Piggott on Thursday, September 28 at 5:00 p.m. on Instagram LIVE (@ptbopublichealth) to learn more and ask about the upcoming respiratory season, and the COVID-19 and Influenza vaccines

For more information about COVID-19, vaccine eligibility, and clinic availability, visit https://www.peterboroughpublichealth.ca/novel-coronavirus-covid-19/



Name:

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507 Express Subscription If you would like to receive the "507 Express" at home or at another destination, please complete this form. Cost for a subscription is \$2.50 per month or \$30.00 per year.

All loads brought to the Transfer Station must be tarped/covered.

Mattresses are accepted at Peterborough Waste Management Facility, 1260 Bensfort Road, Peterborough or Waste Connections, 348 County Road 6, Douro-Dummer, subject to their fees. Also watch for any mattress collection events.

Note: Mattresses are not accepted at Trent Lakes Transfer Stations.

Textile Diversion Program	WEEE		Metal Recycling	Tire Stewardship Program	Program	Blue Box		Limited HHW		Household Hazardous Waste (HHW)		Yard Waste	Food Waste		Materials					Bulky Waste	Furniture/	(0)		<u>s. </u>	Household Garbage	
Textiles	Electronics	Scrap Metal	White Goods Appliances	Tires	Containers	Fibres	Fluorescent Tubes	Car Batteries	Household Batteries	HHW	Yard Waste	Brush	Organic Composting	Mixed Load	Concrete/Bricks	Demolition Material Shingles & Drywall	Hot tubs Construction &		Boats	1	Plastic Outdoor Furniture	Small Bulky Furniture	Upholstered Furniture	Large or commercial size clear garbage bag	Standard size clear garbage bag	
Clothing, footwear, linens, books, disposal at all Transfe	Free dispo	Free dispo	Free disposal at all Trans: \$20.00 charge for Freon removal for A/C Units, dehumidifiers and All doors on refrigerators and freezers disposal.	Free dispo (maxir	Free dispo	Free dispo	Free disposal – Bobca Trar	Free disposal – Bobca Trar	Free dispo	Free disposal - Buck seasonal HHW ho	Free dispo	Free disposal at all Tr stem/branc	Free disposal of kitche Backyard C	Increasing to \$110	\$10 Minimum charge	\$5 Minimum charge	¢5 Minimum charge	Aluminum boat	Paddle boats/canoes/kayaks	Fibreglass boats - \$100 thereof \$7 !	\$2 pe	Wooden chairs, coffee table, etc (Two marked	26" x 36" which may include one privacy bag square or \$1.00 per bag Privacy bags (no larger than 12" x If privacy bag not included in clear garbage bay square or \$1.00 per bag	
wear, linens, books, kitchenware, etc disposal at all Transfer Stations	Free disposal at all Transfer Stations	Free disposal at all Transfer Stations	Free disposal at all Transfer Stations charge for Freon removal for refrigerators, freezers, A/C Units, dehumidifiers and water coolers. s on refrigerators and freezers must be removed before disposal.	Free disposal at all Transfer Stations (maximum 10 tires per day)	Free disposal at all Transfer Stations		Bobcaygeon, Cavendish and Crystal Lake Transfer Stations only	Free disposal – Bobcaygeon, Cavendish and Crystal Lake Transfer Stations only	Free disposal at all Transfer Stations	Free disposal - Buckhorn Transfer Station only during seasonal HHW hours (or year-round at 400 Pido Rd. Peterborough)	Free disposal at all Transfer Stations	Free disposal at all Transfer Stations – maximum diameter stem/branch is 6 inches. No stumps.	Free disposal of kitchen /organic waste - Buckhorn Transfer Station only Backyard Composting is encouraged.	\$55 per yd ³ Increasing to \$110 per yd ³ effective October 1, 2023	1	wood, flooring etc. \$50 per yd ³	Suilding materials; Toilets, sinks	Aluminum boats are Free under scrap metal.	anoes/kayaks - \$50 per item	Fibreglass boats - \$100 up to 12 ft , each additional 3 ft or part thereof \$75 . Gas must be removed.	\$2 per item if not bagged	Wooden chairs, coffee table, etc \$10 per item		Two marked squares or \$2.00 per bag	26" x 36" which may include one privacy bag – one marked square or \$1.00 per bag Privacy bags (no larger than 12" x 14"). If privacy bag not included in clear garbage bag – one marked square or \$1.00 per bag	1000

Fees and Charges for the Disposal of Waste Municipality of Trent Lakes Transfer Stations

Note: Maximum Load Size 2 yards³ (per visit)



okes, Ontario

Ryan Wickett Owner/Operator Rwickett 1976@gmail.com

ock building services to fit your needs le build, install, remove, and store. ustom Docks





How Well Do You Know Your Country?

- WN-In which Canadian Province is Dinosaur Provincial Park. A location rich in fossils?
- Which is Canada's second-largest city?
- What is the name of the quiz-based board game that was created in Montreal and released in 1981?
- 4 Which Canadian city was known as Bytown until 1855?
- 5
- 20 Whistler Blackcomb, Revelstone and big White are all ski resorts in which Canadian Which Canadian Force began accepting women in 1974? The French-Canadian dish poutine features French fries covered in what?
- 8 In which Canadian city it the Empress Hotel, which dates from 1908? Province?
- 9 In Canada, what type of clothing is known as a toque or tuque?
- 10 Coast? True or False – Canada's East Coast is closer to London than to its own West

Horse in Peterborough Region Tests Positive for Eastern Equine Encephalitis Virus (EEEV)

Residents Reminded to Protect Themselves from Mosquito Bites

in our region and the sixth confirmed in Ontario this year. horse case of Eastern Equine Encephalitis Virus (EEEV) in the Peterborough region, last week. This is the first equine case Peterborough Public Health (PPH) is reminding residents to protect themselves from mosquito bites following a positive

to prevent mosquito bites. EEEV is extremely rare, the symptoms can be severe and life threatening. The best way to prevent an infection of EEEV is through mosquitoes carrying the virus. It is important to note that humans cannot acquire the virus from horses or other humans, it is only the bite of an infected mosquito that can transmit the disease to humans. While human infection of EEEV is transmitted to horses through mosquito bites. Like West Nile Virus, EEEV can also be transmitted to humans

Preventing Mosquito Bites:

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- to protect you from bugs Wear long sleeved, light coloured clothing, or special clothing (e.g., clothing treated with permethrin) designed
- home Use mesh screens and close routes of entry (e.g. windows, doors) to prevent mosquitoes from entering your
- Stay indoors during dusk and dawn, when mosquitoes are most active
- . Use insect repellent containing DEET or icaridin
- Remove sources of stagnant/standing water from your property to prevent mosquito breeding

Learn more about EEEV and preventing mosquito bites at \underline{https} health/insects-rodents-other-pests/eastern-equine-encephalitis-virus-eeev/ /www.peterboroughpublichealth.ca/your-



Answers to: Puzzling Times



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born on August 26th, 2023 weighing in at 8 pounds 10.6 ounces safe arrival of their beautiful baby girl. Madison Elizabeth was We would like to congratulate Rachel and Blake Lambshead on Congratulations!

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this term of Councill Welcome to the 4th newsletter for opportunities. Putting our heads many common issues and Trant Lakes. We share borders and Council meeting with selwyn: and laking with residents visiting local events and activities cottage and ratepayer meetings Ratepayer meeting, attending holding 5 Saturday Town Hall summer shows, or paddling adventures this tal fairs, nature hikes, art and craft nights, farmers markets, studia tours concerts, yoga in the park, cruise summers of COVID restrictions. busy summer if has been! After 3 Summer is nearing an end. What a Curve Lake, North Kawattha and This Fall we will be hasting a Quad meetings and a Special Saturday east one of the many outdoor logeiner. to be out, around and getting Deaple were anxious and excited EMAIL solutions is an exciting prospect. together and looking for ideas and Your Council has been busy as well hope you were able to enjoy at PHONE carnistrong@trentlakes.ca Carol Armstrong 705-657-7518 V V V V V V V V V V **NOTE:** These are updates selected by me to keep the public informed. Any errors or omissions are mine alone. For more, and to see video recordings of past Council meetings, go to www.trentlakes.ca/council/meetings-agendas-minutes/ V V sustainable and environmentally friendly community. Staff are directed to expedite the relocation of the cell tower at Flynn's questions is available at: Ratepayer Presentation 09.16.2023 Saturday September 16th The Annual Special Ratepayer/Association/Resident meeting was held Corners prior to lease expiration March 31, 2024. 0 0 0 Trent Lakes is proud to be a vibrant, resilient,

AKES

Highlights of Trent Lakes Council Meetings July, August, September 2023 COUNCIL UPDATE

- The Mayor and Deputy Mayor held 5 Town Hall meetings this summer. A summary of these is included on page 2.
- completed in the Catchacoma area for Water Access Only properties. Inspection results for 2016 2022 are shown on page 2. Nearly 200 Peterborough Public Health septic inspections were
- better than the County average of 54% management report. In 2022, Trent Lakes diverted 61% of its waste, highest in the County and
- Trent Lakes disposes 185 kg of garbage per household vs. 311 kg average for the County. Go to: Trent Lakes 2022 Waste Management Report.pdf (civicweb.net)
- The Municipality is applying for a grant from the Rural Transit Fund to establish a "Mobility Hub" in Buckhorn to support alternative modes of transportation.
- as a trail head, performance space, and/or other use The Municipality is exploring development of the Lakehurst Hall property
- to the Provincial Planning Statement, requiring revisions to our Official Plan. One good change will remove Trent Lakes from the Growth Plan for vs. the Greater Toronto area. the Greater Golden Horseshoe, recognizing the rural nature of Trent Lakes Lake, going forward) has been further delayed. Changes are being made Approval of the new County Official Plan (which will encompass Trent
- and The Greer Galloway Group Inc. for construction of the shared Public Works / Recreation & Facilities Building on County Road 49; funding will be through a Construction Loan with Infrastructure Ontario. A tender has been awarded to MVW Construction and Engineering Inc.;
- Staff provided a Q2 operational report, available at:
- implemented. Go to DRAFT Communications Strategy. The goals are to: A comprehensive Communications Plan has been approved and is being https://www.trentlakes.ca/en/news/trent-lakes-q2-2023-report-card.aspx
- Inform
- Engage

- Promote

. An excellent presentation to answer resident

*Ontario Onsite Wastewater Association (2018)	 Working Group reconvened with direction to create a draft Short Term Rental Licensing by-law for Council consideration in
on their resolution	Phase 3 (to be completed in 2024)
 11% of Inspections reveal serious issues with septic systems and PPH follows up on their resolution 9% of Inspections reveal serious issues with septic systems and PPH follows up 	 Implementation of an Administrative Monetary Penalty (AMPS) which includes new By-laws for Nuisance, Noise, Open-Air Burning, Fireworks and Hearing Officer. <u>AMPS (civicweb.net)</u> Hiring of Maxama for additional by-law enforcement for evenings and weekends on a three-month trial.
Key Messages:	 Mailout of Good Neighbour Approach document. Tracked complaints/warning letters and reported repeat offenders.
d Phase 1 Phase Failed . I Inspections Inspections 1 Seriousissues R	• Mailout of Coord Mail
143 143 143 1435 1435 1435 1435 1435 143	With the increased number of municipalities adopting STR control programs (including our neighbors to the north and west – Haliburton and City of Kawartha Lakes) we don't want Trent Lakes to be the "preferred" or "default" destination for investors and corporations who run STRs as commercial businesses or ghost hotels.
2154 85% 100%	 Give permanent residents the option to occasionally utilize their properties to generate extra income from short-term rentals
7 vertotal Cantic Inspections	 Minimize public safety risks and the noise, trash and parking problems offen associated with short to be the start of the
WHY do we do this? <u>In Ontario, 70% of on-site</u> sewage systems aged 7-15 years are failing and 55% of these failures are related to poor maintenance and management*	 Ensure any regulation of short-term rentals does not negatively affect property values Ensure that homes are not turned into pseudo hotels or "party houses"
inspected every year – rotating locations throughout the municipality	 Ensure that traditional residential neighborhoods are not turned into tourist areas to the detriment of residents
Glen, Buckhorn Lake Estates) inspected every 5 years Discretionary - 1 In to 200 shoreline proportion	vocal issue in every Town Hall. Go to https://www.trentlakes.ca/en/government/short-term-rentals.aspx The intent of municipal actions is to ensure a Safe and Incident- Free situation for residents and renters. Specifically:
Mandatory – 64 properties in communities with Municipal water systems (Alpine Village, Pirates	I will just touch on Short Term Rentals here, as this was <u>the</u> most
Two inspection programs are managed by Trent Lakes, and currently performed by Peterborough Public Health:	We addressed these directly at each session, and Staff has prepared an excellent status on each of these at: <u>Your concerns</u> 2023
Municipality has a role in supporting these actions through education, bylaws and inspection programs like septic inspection.	 Short Term Rentals Road Safety Waste Management Building & Planning
septic system. Both are responsibilities of	The topics most often raised were:
important actions that ensure continued healthy water quality are maintaining a natural shoreline (to prevent erosion and filter runoff) and maintaining a property operating	Community Centre, Lakehurst Hall, Buckhorn Community Centre and Oak Shores Community Centre. Over 60 people came by to share concerns, ideas and even thank yous.
We have over 50 lakes and many rivers and watersheds in Trent Lakes. The two most	The Mayor and I held Five Town Halls in June and July. These were informal, drop-in sessions (Thanks to Councillor Franzen who subbed in for one) I postions were Column that for one informations were column.
SEPTIC PROGRAM	TOWN HALLS

- Short Term Rental Licensing by-law for Council consideration in 2024.
- Consideration of budget and staffing resources required under licensina.

Maggies

Zondervan and Riley Lambshead exchanged wedding vows with their family and friends present to witness this special Saturday, September 23rd, 2023 was a beautiful day and it congratulations to the new bride and groom. At 4 p.m. Zanna an amazing day to have a wedding on Green's Lake. Our occasion.

Congratulations Mr. & Mrs. Lambshead!



If your ad is not in be because it		For Sale: BERKSHIRE 20ft. Pontoon Boat Trailer included 60 HP Mercury Outboard Asking \$19,000 Gold Lake 705-657-2828		Contact Lauren @ 705-977-1886	\$2.50 each \$12.00 fór six \$24.00 for a dozen		BUTTERTARTS Made Special just for You!	To register ads please contact Ka	
in this issue it may it has expired!	0 14	CARPENTERY STAIRS SHEDS RENOS DOCKS DECKS CALL JR 705 657 2143	Tel: (ZOS) 748-2050	KAL GRANT INSURANCE BROKERS BUSINESS - LIPE - AUTO - HOME SCOTT BAKER, RIBO	Wyour commanded Buddeser Sectors Pullicy Mends a turne up and you need someone You con half to I'm the puy to call Email - state Progins.co	Please call: 705-761-5216	Cleaning Available	Cavendish Classifieds contact Kathy @ 705-657-8912 or kathy507@yahoo.ca	

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All the second sec	EMERGENCY NUMBER: 911 Police Non-Emergency 1-888-310-1122	
	705-930-5159 705-657-1942 705-808-2353	Babysitters:70Ethan Harran70Desiree Callan70Clover Parent70Pet Sitting:70
: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. 301 available on line or by calling Trent Lakes Fire Rescue @ 705-738-3800 Ext. 230	Ext. 301 or 1-705-73 by calling Trent Lakes Fir	Burn Hot Line: 1-800-374-4009 Ext. 301 or 1-705-738-3800 Ext. Burn Permits: available on line or by calling Trent Lakes Fire Rescue @ 7
tion Saturday 8-4, Sunday 11- 7, Monday 8-1 (except on a Holiday Monday Saturday 8-4, Sunday 11-4, Wednesday 8 -12 Ily Day & Easter Monday	of Operation Iber 15 th : Saturday 8-4, S 12 noon pril 14 th : Saturday 8-4, Su Day, Family Day & Easter	Cavendish Landfill Site Hours of Operation Summer Hours: April 15 th to September 15 th : Saturday 8-4, Sunday 11- 7, Monday 8-1 (ex than they are 12-8), Wednesday 8 to 12 noon Winter Hours: September 16 th to April 14 th : Saturday 8-4, Sunday 11-4, Wednesday 8 -12 Closed: Christmas Day, New Year's Day, Family Day & Easter Monday
705-657-9128 705-657-2573	Greg Harper Jamie Langer	Gold Lake Road Association Ratty's Narrows Road
brywest3@gmaii.com	Darren Wilcox	Greens Lake
mglakeroadgroup.com		Mississagua –Gold Lake Road
pstenton@ryerson.ca carolt@golden.net	Paul Stenton Carol Thomson	Mississagua District
mackey@bell.net		Catchacoma Lake
T_ATA_AAA	Contacte:	Cottage Association Dresidents
1-905-472-6816	Gary Jarosz	Vice President
	tion Inc. (C.C.R.A.I.):	Cavendish Ratepayers Association Inc. (C.C.R.A.I.):
705-657-2743	Molly Cadigan	King Sports Pad – Rink
705-657-8912 kathy507@yahoo.ca	(atherine Warren	Cavendish Youth Group
05 760 3500 https://tlocfoodbank wordproce com/	ue Warren	Helen Bowen Branch Library
705-657-8912 kathy507@yahoo.ca	Katherine Warren	507 Express – Editor
	Katherine Warren	CCC Rental Inquiries and Bookings
705-657-8912 <u>kathy507@yahoo.ca</u> 705-657-1192	Katherine Warren	Cavendish Culture and Recreation Cavendish Community Centre
		Community Service Contacts:
705-657-2490	Don & Blaine	Cavendish Transfer Station
1-705-738-3800 ext. 225	Barbara Waldron	Chief Building Official
1-705-738-3800 ext. 230	Shaun Moore	Deputy Fire Chief
	Steve Brockbank	Fire Chief
		Municipal Website
1 705-738-3800 or 1-800-374-4009	fax: 1-705-738-3801 1	Municipal Service Contacts: Municipal Office
::00 p.m. @ the Municipal Office	tings are held Tuesdays, 2	Regular Council and Planning meetings are held Tuesdays, 1:00 p.m. @ the Municipal Office
	John Braybrook	1
	Peter Franzen	Councillor – at large
705-657-7518 carmstrong@trentlakes.ca	Carol Armstrong	Deputy Mayor Councillor –Galway Cavendish
	Terry Lambshead	Trent Lakes Municipal Council: Mayor
Information	Cavendish Key Contact Information	

